



High Meadows "Hummer"

Roaring Gap, NC

November 2015

General Managers Message

Now that November is upon us it always brings back memories of friends and family! For the last 20 years, I have had a tradition of being with my children every Thanksgiving. This year will be no different, I will travel to Florida and join them in Pensacola. Over the years, Max, 23 and Afton, 25, have always traveled to me for this very special time but now that they are older and Afton has accepted a job in the ER at a hospital in Pensacola, it is our turn to be the road warriors and I gladly do it just to have that special family time! I know as I look at all the things to be thankful for this coming season, I will always count the blessings of my wonderful family, great friends, all of you who have touched me and a life that is ever growing. For all of that and more I am thankful! Happy Thanksgiving!

Winter is coming soon and we are heating up at your club! Check out some of the things going on and save those dates to join us or call today for reservations:

- ✂ Make sure to get your reservations in for dinner Wednesday, Friday or Saturday from 6:00 - 8:00.
- ✂ Grille will be in service weekends only starting in November.
- ✂ Wine & Tapas Saturday, November 21.
- ✂ Thanksgiving-To-Go! Thanksgiving Dinner pick-up available Wednesday November 25. See menu in this Hummer.
- ✂ Holly Jolly Cocktail Party Saturday, December 5. See flyer in this newsletter.
- ✂ Save the date: New Year's Eve Bash 2015 - Thursday, December 31, starting at 7:00 with snacks and drinks, formal dinner around 8:00, dancing and more till midnight. Build your table of 8 today and bring in 2016 in style!
- ✂ **Have you made your Holiday Party plans? Why not let the club do all the work and clean up? Give Mark a call and let's plan the next grand private party just for you and all of your guests!**

Business at the club has been strong with lots of golf and dining going on! Your new Board of Directors and committees are in place and already working hard to continue the work started by all of the past members who have served. I want to thank everyone that has served on a committee and look

(See *GM Message* continued on page 2)

A Word From The President

We have a terrific Board that is excited about the future of our Club. They are committed to working to improve your experience as a member of High Meadows Golf and Country Club. Our golf course is challenging and is a new experience to play everyday. Your board and their committees will look for ways to improve our golf course and golfing facilities. Whether you are a golfing member or a social member we will try to provide more activities that enhance your overall member experience.

As we look forward to 2016 we find ourselves facing two challenges that all of our Boards have faced in recent years; and that is membership growth and a plan to increase our capital funds.

Mark Stephens, Mark Updike, Paul Perlik and his committee have done a outstanding job in 2015. Paul and his Committee have plans that will continue the momentum for the 2016 season. All of our Committees are already planning for ways to improve our amenities and operations for our members.

It is imperative that we strengthen our reserves. We need to establish funds to update and enhance our existing facilities. This will help us maintain existing members and attract new ones. We are already in the enviable position of having very little debt. A successful capital campaign will allow us to enhance our facilities and increase our reserves for future needs.

One unique feature about High Meadows is that we have a special membership that is truly all for one and one for all. Lisa and I have been overwhelmed by the genuine support that we have received from the entire staff and the High Meadows family.

Your President and your Board of Directors wish you a safe and Happy Thanksgiving.

Brad Bishop
President HMCC

Attention LGA & MGA

Remember the Points Chase! We've had some good turn out so far!

Let's see if we can continue to have good turnouts! As always, please call the Golf Shop to sign-up.

Tommy Thompson

Pros Corner

Golf Shop Reminder

As the season winds down and we start thinking of the holiday season, now is the time for members not to forget any credits in the golf shop. It would be a perfect opportunity to pick up some gifts or that one item needed for your golfing needs. Please check with the golf shop staff for any assistance or a special order. All Golf Shop credits will expire at years end!!

Tip of The Month: "Cold Weather Play"

With cool crisp mornings and winter just around the corner, cold weather golf has arrived! Remember, the ball typically will travel about 10% less when the air is cold and dense. Try to concentrate on solid contact and swinging within yourself. Over swinging, trying to hit the shot hard will only result in mishits and frustration! Swinging within yourself, using a little more club should produce favorable shots and a more enjoyable round! Also, dressing in layers will provide you the opportunity to adjust as the weather changes throughout the day.

Thanks, Todd

GM Message

forward to your help again in the future. Remember that I am here to help grow our club; my door is always open and I want to hear your feedback and a great story or two!

We have begun to cut the staff down to just our winter folks. I want to thank the golf course grounds and road crews for all of their hard work as they finish getting us ready for the winter. Before it gets too late I would like to remind all of you that David, our head mechanic, will be retiring this winter. David has been such an asset to our team and members, keeping 30+ year old equipment running for all of these years and helping with golf carts when needed and always being the first guy called when we need a backhoe operator. What a great, honest and hardworking man and he will be missed! David has helped us find his replacement here in the area and we will introduce him to you early next year. Finally, we are proud to say that we are here all winter long just to serve you and your guests. Come see what we are up to around your club.

See you around the hearth at the club,
Mark

Around the Meadow

As we head into winter here on the mountain we may have several frost delays in the next few months. Playing and driving carts on frost can damage our golf course. I urge everyone to call the pro shop for frost delays before just jumping onto the course. I am including an article from the Golf Course Superintendents Association to better explain frost and the damage that can be done. I hope everyone stays warm and has a great winter.

Nathan Biggs

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Understanding Frost Delays Presented by the Golf Course Superintendents Association of America: As winter starts it signals a change in golf course management activities that can affect one's game and the conditions found on the course. In many regions of the country, golfers occasionally face frost delays, thus losing starting tee times. When frost is present golf course superintendents delay play until the frost has melted. This is done to prevent damage that affects the quality of the playing surface and could potentially be very expensive to repair. Frost is basically frozen dew that has crystallized

(See *Meadow* continued on page 4)

Ladies News & Notes

Fall has arrived and leaves are sporting their vibrant colors. While many of you have departed for warmer climates, others will continue to enjoy the warmth by a cozy fireplace, golf on sunny days, and fellowship with neighbors and friends. On behalf of your new officers Janet Knott – President, Dian Ramey – Vice President, Peggy Cooper – Secretary, and Cindy Lee Middleton – Treasurer, we are excited about working with you to make your golf and social experiences fun, relaxing and inclusive. Come out and play 9 holes, 18 holes, or simply enjoy the socials.

Thanks to so many of you who have already signed up (or have been signed up!!) for roles next year. For others, please think about signing up to assist in any areas below and just e-mail me, Janet Knott at: jcknott@nc.rr.com.

Let us know your ideas and let's have a fun-filled year.

Committees:

Par Stars.....	Pat Green (2015 winner)
Chip-Ins	Glenda MacKeen (2015 winner)
Ringers	Frances Buckle (2015 winners)
Birdies.....	Dian Ramey (2015 winner)
Saturday's Quota Points	Dian Ramey
Hole-In-One	Cindy Lee Middleton
Golf Committee Rep	Janet Knott
Greens Committee Rep	Dian Ramey
Rules.....	Penny Burleigh
Sunshine.....	Cathy Williams/Eileen Franklin
Librarian.....	Barbara Martin
Nominating.....	Pat Green plus 2 more

Tournaments:

Queen Bee.....	Jerry Parsons (2015 winner)
HMLGA Invitational.....	Glenda MacKeen
Ladies Member Guest	Teresa Braswell
President's Cup	Janet Knott
Ryder Cup.....	Helen Williams/Lisa Bishop
Match Play Ladder.....	Cindy Lee Middleton

Miscellaneous Events:

Artisans Day	Caroline Cowan, Cathy Benjamin
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Thank you, Janet Knott

LGA President



New Year's Eve will be Spectacular!
 Start putting your table together for a night of great food & dancing while we ring in 2016 with friends & neighbors!

Membership Committee Updates

I am happy to announce the addition of Ricky Shore, and the continuation of Kim Brown, Lou Garner and Maggie Styers on the Membership Committee. Many thanks to Mike Carlton for his service last year.

We are excited to announce three significant steps in the promotion of High Meadows real estate and membership.

1. Check out the ad in the October issue of Our State Magazine. We are hopeful this will generate interest across the state.
2. Secondly, as announced at the Fall Member Meeting, the Board has approved the use of a generic marker to denote available properties. As of October 9, they are now available! Make sure your realtor has yours installed.
3. Lastly, the Board has approved the purchase of a "Real Estate Information" display. It is on order, and should be installed in the near future.

While we are optimistic that these measures will increase our visibility and marketability, our greatest marketing tool remains our membership. Please help by bringing your friends and colleagues up for a look around.

Paul Perlik
 Membership Chair

Employee Appreciation Dinner

This year the Employee Appreciation Dinner will be held on Sunday, Dec. 13th from 5:00 to 7:00 pm in the dining room. This dinner is a wonderful way for our members to show the employees how much we appreciate all they do for us and what they mean to the club.

In order to have the dinner we need your help in preparing food or working before, during or after the party. Please sign-up to bring food or for the time you can volunteer on the sign-up sheet outside the Pro Shop. If you are unable to sign-up on the board and would like to help in some way, you may call Peggy Cooper at 336-363-2961 or Judy Ann Deal at 704-212-7481 and they will add your name to the list.

If you volunteer to work we ask that you wear black slacks and a white shirt during your shift. Your participation is a great opportunity to show the employees how important and special they are to the overall operation of our club.

Emergency Medical Info

We wanted to take a minute to share some 911 Emergency information with you that you may or may not know.

1. **First Responders** - Although we here on the news all the time, "The First Responders are on site..." etc. There is not really any such thing, state wide, as a group called "First Responders". However, Allegheny County has recently implemented a First Responder's Unit. They are trained in CPR and basic first aid. Beyond that, there are Medical Responders, EMS, Etc.
2. **911 Calls** - All 911 calls are routed through Allegheny County dispatch. When a call comes in, all First Response, Medical Response and EMS are dispatched. All these people are volunteers, and some of them could be working right here in Roaring Gap so they may arrive in a personal car, rather than and the rescue vehicle.
3. **Training** - Everyone that responds to an emergency call is and will continue to be trained. No one will ever be dispatched that is not trained.
4. **Hospitals** - You will be transported to Allegheny Hospital, which is the closest. You can not request to be transported to the hospital of your choice. However, if the EMS Technicians know that your needs are greater than what Allegheny Memorial can provide, then they may transport to another hospital.
5. **Helipad** - There is a Helicopter pad located at Roaring Gap Club that is available to the Emergency Medical Staff if required. In addition, there are 3 more helipads in this area.

Additional Programs

1. **Are You Ok? Program** - Sheriff Bryan Maines has started a program to stay in daily contact with seniors and the homebound. This is done through an automated phone program, at no cost to you. Contact Sheriff Maines at: 336-372-4455 to sign-up.
2. **Hands Only Program** - this is a program to teach people how to do "Hands Only" CPR. This procedure could aid in a positive outcome in some emergencies. The training is only 10 to 15 minutes and you can call Carroll Royal with EMS at 336-372-2187 to inquire about training for yourself or a group.



House Committee Update

Sept Dining Numbers			
Wed	Thu	Fri	Sat
25	5	87	84
83	4	77	14
113	5	79	84
51	11	77	27
46			
872			

Oct Dining Numbers			
Wed	Thu	Fri	Sat
	x	45	4
68	x	49	45
69	x	84	19
35	x	97	37
35	x		
587			

Thank you for continuing to support your club!

Sally Earnhardt, House Committee Chair

November 2015

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1	2	3	4 Co-Ed Skins Game 11:00	5	6	7 Co-Ed Points Chase 9:00
8	9	10	11 Co-Ed Skins Game 11:00	12 3:00 Deadline to Order Thanksgiving Dinner	13	14 Co-Ed Points Chase 9:00
15	16	17	18 Co-Ed Skins Game 11:00	19	20	21 Co-Ed Points Chase 9:00 Board Mtg. 3:00 Wine & Tapas
22	23	24	25 Co-Ed Skins Game 11:00 Thanksgiving Pick-up 3 - 5	26 	27	28 Co-Ed Points Chase 9:00
29	30	Grille open Friday, Saturday and Sunday only for the month of November.				

Coming Events December

Dec 5.....Holly Jolly Cocktail Party
Dec 13.....Employee Appreciation Party

November Dining Hours

Wed, Fri & Sat.....6:00 - 9:00

Side Door Lounge Hours

Sunday12:00 - 6:00
Bar opens at 12:00; Food Service at 3:00

Meadow

on the grass, making it hard and brittle. A grass blade is actually 90 percent water, therefore it also freezes. Because of the short mowing height (sometimes as low as 1/8 inch) and fragile nature of the turf, putting greens are most affected by frost. Walking on frost covered greens causes the plant to break and cell walls to rupture, thereby losing its ability to function normally. When the membrane is broken, much like an egg, it cannot be put back together. Golfers who ignore frost delays will not see immediate damage. The proof generally comes 48-72 hours later as the plant leaves turn brown and die. The result is a thinning of the putting surface and a weakening of the plant. The greens in turn become more susceptible to disease and weeds. While it may not appear to be much of an issue if a foursome begins play early on frost covered greens, consider the number of footprints that may occur on any given hole by one person is approximately 60. As golf enthusiasts Superintendents do not like to delay play, but they are more concerned about turf damage and the quality of conditions for the golfer. Frost also creates a hardship on a golf facility's staff as all course preparations are put to a halt until thawing occurs. Golf carts can cause considerable damage, therefore personnel cannot maneuver around the course to mow, change cup positions, collect range balls, etc. Key points: * Frost is basically frozen dew that has crystallized on the grass, making it hard and brittle. A grass blade is actually 90 percent water, therefore it also freezes. * Walking on frost-covered greens causes the plant to break and cell walls to rupture, thereby losing its ability to function normally. * When damaged, the putting surface weakens and becomes more susceptible to disease and weeds. * One foursome can leave several hundred footprints on each green, causing extensive damage. * A short delay while the frost melts can preserve the quality of the greens and prevent needless repairs.

High Meadows Golf & Country Club
Presents...

Thanksgiving Dinner

For Carry Out Only

Order Form
On Back

Roast Turkey

Whole Tom Turkey
(20– 24 lb.)
Feeds Approx.
15-20 people

Includes:

32 oz. Cranberry Relish
128 oz. Whipped Potatoes
64 oz. Giblet Gravy
128 oz. Green Bean
Casserole
128 oz. Stuffing
36 Yeast Rolls & Butter
1 Pumpkin Pie
1 Apple Pie

\$295.95 plus tax

Order Form
On Back

Roast Turkey

Small Young Turkey
(10– 14 lb.)
Feeds Approx.
8-10 people

Includes:

32 oz. Cranberry Relish
64 oz. Whipped Potatoes
32 oz. Giblet Gravy
64 oz. Green Bean
Casserole
64 oz. Stuffing
18 Yeast Rolls & Butter
1 Pumpkin Pie
1 Apple Pie

\$123.95 plus tax

Additional Portions Must be Reserved with Meal

10—14 lb. Turkey.....	\$45.95
20—24 lb. Turkey.....	\$75.95
16 oz. Cranberry Relish.....	\$ 8.95
64 oz. Whipped Potatoes.....	\$14.95
32 oz. Giblet Gravy.....	\$10.00
64 oz. Green Bean Casserole	\$16.95
64 oz. Stuffing.....	\$13.95
18 Yeast Rolls & Butter.....	\$ 8.95
1 Pumpkin Pie.....	\$ 9.95
1 Apple Pie.....	\$ 9.95

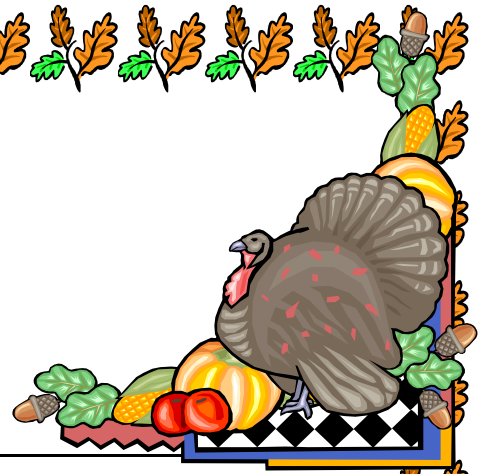
Meals must be reserved by 3:00 pm on
Thursday, November 12, 2015

Meals must be picked up on
Wednesday, November 25, 2015
3:00 pm—5:00 pm

No last minute changes please!



Thanksgiving Dinner Order Form



Member Number:

Name:

Phone Number:

Which Dinner:

Circle One

Whole Tom
\$195.95

Small Young Turkey
\$123.95

Additional Portions:

NEW YEARS EVE

High Meadows will say goodbye to 2015
& Roar into 2016 in 1920's style!

Join us...You'll be glad you did!

7:30pm to 12:00pm

Dinner service starts at 8:00

Dancing to the Music of "Continental Divide"

Free Bottle of Champagne & Party Favors

\$159 per couple; \$79.50 per single

Menu

Appetizer

Cheese Platter

Soup

Creamy garlic soup topped with truffle oil and parmesan crisp.

Tournedos Rossini

*Pan seared beef tenderloin filet topped with foie gras over buttery crouton in a pool of red wine jus, served with Yukon gold and sweet potato au gratin and seasonal mixed vegetables.

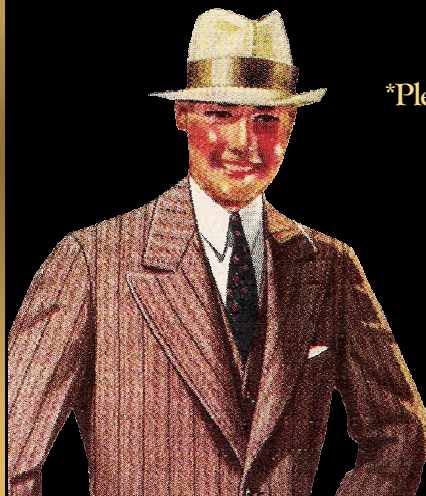
Dessert

Petite dessert buffet complete with fresh fruit, cheese cake bites, short bread cookies, chocolate fondue, mellow fluff and so much more house made goodness.

New Years Toast

Champagne Toast & Favors.

*Please contact Nicole with dietary restrictions
Call the Office for Reservations!





Holly Jolly Cocktail Party!

Saturday, December 5, 2015

Cocktails 6:00 - 9:00  Dinner 6:30 - 8:30

\$22.00 ++

Carving Station

Grilled Beef Tenders
Cranberry Glazed Slow Roasted
Turkey Breast

Sauces

Au Jus
Horseradish Sauce
Cranberry Orange Relish
Rolls and Butter

Sauté Station

Shrimp & Grits

Vegetable Station

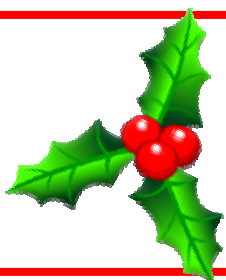
Red Onions & Spinach
Loaded Mashed Potatoes
Corn Soufflé
Steamed Broccoli w/Olive Oil & Garlic
Roasted Vegetable Medley

Salad Station

Caesar Salad
Smoked Salmon w/Capers

Desserts

Red Velvet Cake
Coconut Cake
Chocolate Cake



Please call the office for reservations

363-2622

