



NEWS

JULY 2014

EDITION 152



Celebrate
INDEPENDENCE



AN AGE-RESTRICTED COMMUNITY

MASTER ASSOCIATION BOARD OF DIRECTORS

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HERITAGE EAGLE BEND NEWS

is the official publication of Heritage Eagle Bend
Master Association, Inc. Published 12 times a year.

Deadline for submission of articles is the 8th of each month.

For information on advertising:

Contact Wendy Stofa at 720.235.1831

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Heritage Eagle Bend is a covenant controlled community.
Almost all changes to the exterior of your home and property
require pre approval. Please refer to the regulations and
application form on the HEB website, or at the
clubhouse welcome desk.

There are specific rules for use of the clubhouse, pool, tennis
courts and other amenities. These are found on the Heritage
Eagle Bend website and at the clubhouse welcome desk.

HERITAGE EAGLE BEND CLUBHOUSE

303-693-7788 fax 720-870-5905
www.heritageeaglebend.com

WELCOME DESK

Ext. 120

welcomedesk@heritageeaglebend.com
The Welcome Desk is open daily from 7am-7pm

The operational hours at the Welcome Desk provide an excellent
opportunity to ensure you do not miss out on purchasing tickets
for the variety of fun events carried out at the
Clubhouse, as well as the opportunity to sign-up for
the many Landscaping Services available.

The Gatehouse is manned daily from 7 am - 9 pm

Eagles Nest Restaurant
Reservations

Welcome Desk 303-693-7788 ext. 120

Seasonal Hours of Operation

Bar Opens 8:00 am Daily

Monday

All Day Menu 11-8 pm

Tuesday-Saturday

Lunch Service 11 am
Dinner Service 5 pm - 8 pm

Sunday Brunch 10-1 pm
Sunday Menu 1-6 pm

Pool Hours

6:00 am - 9:00 pm Daily

Pool Hours for Guests 19 and Under

Monday, Tuesday, Wednesday 2:00 pm - 5:00 pm
Thursday 2:00 pm - 9:00 pm
Friday and Saturday 2:00 pm - 5:00 pm
Sunday 2:00 pm - 7:00 pm

Snack bar in the Eagles Nest Restaurant is always open
when the golf course is open.

IN THIS ISSUE

CLUBHOUSE AND STAFF 2
HERITAGE EAGLE BEND 3
BOARD ROOM 4
UPCOMING EVENTS 8
CLUBS AND GROUPS 13
SPORTS CORNER 18
PHOTO ALBUM 22
SERVICE DIRECTORY 24
ADVERTISEMENTS 25
CONTACT INFO 39
UPCOMING EVENTS 40

VISION STATEMENT

HERITAGE EAGLE BEND will be recognized
as a premier age-restricted community in
Colorado.

MISSION

Preserve and enhance the value of our community
by operating and maintaining our common
elements and offering services to standards that
support our vision.

NOTICE OF PROPERTY TAX EXEMPTION FOR SENIOR CITIZENS

Senior Citizen Exemption: If you are at least 65 years of age as of January 1 of the year of the application and have
owned your home for at least 10 years as of January 1, you may be eligible for a property tax exemption.

The application deadline for 2014 is July 15, 2014.

Please call the Arapahoe County Assessor at 303-795-4600 or email Assessor@arapahoegov.com
for information and details.

BREAKFAST SERVED IN THE EAGLE'S NEST
MONDAY - SATURDAY, 7:00 AM - 10:00 AM

For updates and additional information, visit the Heritage Eagle Bend website at www.heritageeaglebend.com.
If you would like to receive the Friday eblasts, please email your email address to jstoneking@heritageeaglebend.com.

www.heritageeaglebend.com

UPCOMING MEETINGS

- Delegate Meeting
Thursday, July 24th at 6:30 pm
Board Work Session
Thursday, July 24th at 9:00 am
Board of Directors Meeting
Thursday, July 31st at 2:00 pm
Architectural Advisory Committee
Monday, July 21st at 4:30 pm
Emergency Preparedness Committee
Thursday, July 3rd, 2014 at 6:30 pm
Facilities & Grounds Committee
Wednesday, July 2nd at 4:00 pm
Finance Advisory Committee
Thursday, July 17th at 2:00 pm
Golf Committee
Wednesday, July 16th at 2:00 pm
Legal & Compliance Committee
Wednesday, July 16th at 2:30 pm

If you change your meeting time and date, be sure to notify
Jennifer Stoneking at jstoneking@heritageeaglebend.com

*Notices presented in this publication are intended for legal and
informational purposes and cannot be used as a platform for
particular religious, political or philosophical points of view.

Management reserves the right
to make editorial decisions on content.

Inclusion of any advertisement in this magazine shall
not be deemed to be an endorsement of the advertiser
by the Master Association.

President's Message

Mary Lou Lundberg, better known as "Bunky"

Hello to the Community of Heritage Eagle Bend!

Ah, summertime! As I write this message, we have seen little summer and so much rain. Tornado warnings galore have sounded and the golf course, while greener than ever, has not been able to host the golfers nearly as often as they would like. I am hopeful that as you read this message, the golf course is still beautiful and the golfers are playing! The weather affected bocce, tennis, pickle ball, the pool – all of our outdoor sports and activities. I hope everyone is enjoying Colorado, out-of-doors.

I joined the Board of Directors a year ago after having served three years as a Delegate and participating on committees. What I have learned is extraordinary. I am not a newcomer to the responsibility of volunteerism at the highest level, but each and every organization has different goals, concerns, and obligations. Homeowners associations are quite unique. We are governed, not only by the Board of Directors, but also by Federal, state, and community laws. We have Covenants, By-Laws, Rules, and Guidelines. Most of us had nothing to do with creating the rules but we accepted them when we signed the closing papers as we purchased our homes.

All that we can say honestly about membership in our HOA is that each member owns a home: we can expect to share nothing else in common. Other organizations and associations beckon us with activities we enjoy, shared business interests, services provided locally or internationally, even heart-felt values. While owning a home is the one and only element which brings us together here, we are lucky at HEB because we have more than just home ownership in common. Age restriction insures that our ages are similar, our life experiences include the same historical parameters, and we all made the choice to live here.

I have been troubled, ever since I moved to our community, about the fact that the Board of Directors is viewed as an evil force with which to be reckoned; a "we" versus "they". The fact is, people become members of committees and of the Board because they want to make this a better place to live. It should be no secret that we as your Board are charged with "managing the community and running the affairs of the Association to preserve, protect, and enhance the value of homes in the community." In so doing, we are also expected to do our jobs with a "duty of care" and a "duty of loyalty". We are required to "act in good faith, with the diligence, care, and skill of the ordinary prudent person in the same or similar circumstances." This standard is commonly known as the business judgment rule.

This is absolutely what you are entitled to expect from your current Board of Directors. I would like to change our culture. I would like to move us from distrust and anger to joy in living in a wonderful community.

In last month's article, I ended by saying that our General Manager wants to make this a fun place to live and that I seconded his motion. With that in mind, I would like to personally invite you to enjoy the 4th of July here at HEB. The plan is the most exciting ever provided. There is something for everyone! I hope you have your plans in order to celebrate the holiday and to be a part of the fun. I, for one, would like to spend the day at the pool, enjoy a great barbeque, dance at the Street Dance, and watch a giant movie, drive-in style at the driving range. "Drive-in" style brings back many a memory and the movie we will see, Top Gun, is certainly apropos for the 4th of July. The best of all is, with our great management team, that we can count on the 4th of July being an outstanding event. See you there!

News Flash!!

We know those residents near the new development of Rocking Horse have many questions. The Association has been and will continue to be in contact with the city to follow the progress.

For your use we have identified a great resource to provide you with on-going answers to your Community Questions. Please take a moment to visit the following website: <http://aurora4biz.org/developmentplanreviewpub/>

When the site pulls up please select PROJECT LIST in the top left hand corner. Once the list appears you can open all the ROCKING HORSE applications. The site will allow for comments on the project when the plans are submitted.

Traditions Talking by Pete Smit, Traditions Vice President

This month we are taking a break from introducing you to some of the many special people who live in HEB. Since Spring and Summer is upon us, we felt it would be a good time to remind you of some of the wonderful services that you receive as part of your dues in Traditions.

Cox Professional Landscape Services has provided all of our landscaping needs for the past 6 years. We have been very pleased with the services that they have provided. Below is a snapshot of the mowing, irrigation, aeration, fertilizing and pruning programs that we receive in our Traditions neighborhoods.

First of all, mowing of the turf areas is done on Mondays, sometimes finishing on Tuesday. Irrigation staff is in the area on Tuesdays to check for leaks and breaks. Cox responds to any irrigation issues from the HOTLINE within 2-3 business days of getting the message. Weed control is ongoing and is done bi-weekly. Shrubs are pruned early spring and late summer. Aeration of the turf areas is done spring and fall. Fertilization is done every 6-8 weeks and we use an upgraded organic fertilizer that is safe for people and pets, but also conditions the soil so it retains water for longer periods of time. The Traditions Board encourages residents to give us feedback (good or bad) via the HOTLINE or an e-mail to one of the Board members. We take your concerns and suggestions seriously and appreciate your input.

In addition to the services provided by Cox, we would like to remind you that as part of your defined services, we will replace any dead trees or shrubs. We ask that you submit all requests for replacements to the HOTLINE. We are compiling the list and all requests must be in to the HOTLINE no later than July 31st. We will be reviewing each request and expect to plant replacement trees and shrubs as well as removing dead items not being replaced at the owners' request sometime in August of early September. Any dead items to be replaced or removed not requested by July 31st will be placed on the 2015 list.

Finally please remember that our next quarterly Board Meeting will be held at 5:30 on July 15th in the Antero Room. We encourage you to attend to be better informed as to what is happening in your neighborhood.

Village Voice by Valerie Ness

The following is important information for Villages homeowners. You will soon receive letters and documentation for three items of business to be addressed within the next few weeks.

- Official notice of the July Quarterly Meeting
- Information on a Proposed Limited Amendment to the Village Bylaws
- Information on a Proposed Limited Amendment to the Village CC&R's.

When you purchased your Villages home you were charged two months of assessments for the Working Capital Fund of the Villages HOA. The funds were transferred to our Working Capital Funds and used as described in the Declaration at Article IV, Section XIV.

The HEB Master Board amended their Declaration to reflect the collection of three months of assessments (not two) to help defray expenses and ultimately help to control the amount of monthly dues. We are now asking for your consideration and approval of our Limited Amendment regarding these funds so that we match the HEBMA. This change regarding Working Capital Funds will NOT impact any current homeowner...Only those

who purchase new homes within the Villages from this point on. The vote on this issue will be later this summer.

The change to the Bylaws came as a result of our last Quarterly Meeting where a homeowner questioned the precedent of financial reimbursement of HOA dues to sitting Villages Board members. This reimbursement has been used as an incentive to encourage participation on the Villages HOA Board.

We are thankful this issue was brought up as it caused us to review our existing paperwork and identify issues that could use some attention. This change to the Bylaws was voted on and approved by the Villages residents in 2008, but with changes in Management Companies, personnel, and time, paperwork has been either misfiled or lost. In the interest of Board transparency we want to have another vote in July to clarify and allow residents a voice.

**Our July Quarterly Meeting will be held on
22 July, 5:30, in the Clubhouse Antero Room.
Hope to see you there.**

SUMMARY TREASURER'S REPORT - APRIL 2014 (UNAUDITED)

	Operations			Reserve (Replacement)			Property and Capital Improvements			Total		
	Actual	Budgeted	Prior Year	Actual	Budgeted	Prior Year	Actual	Budgeted	Prior Year	Actual	Budgeted	Prior Year
MONTH OF APRIL												
Revenue:												
HGA Assessments	\$ 267,106	\$ 273,796	\$ 279,119	\$ 82,194	\$ 82,194	\$ 60,564	\$ 21,630	\$ 21,630	\$ 7,671	\$ 370,980	\$ 375,620	\$ 341,354
Interest Income										7		
Golf	96,449	93,596	88,087							96,449	93,596	79,052
Food & Beverage	89,771	91,006	55,799							89,771	91,006	55,799
Subtotal	453,326	458,398	407,000	82,201	82,194	60,564	21,630	21,630	7,671	557,138	560,222	475,235
Cost of Sales:												
Golf (material cost)	5,679	7,783	7,186							5,679	7,783	7,186
Food & Beverage (consumables)	37,717	30,167	25,070							37,717	30,167	25,070
Subtotal	38,396	37,950	32,256							38,396	37,950	32,256
Gross Profit	414,930	420,448	374,744	82,201	82,194	60,564	21,630	21,630	7,671	518,742	522,272	442,979
All Payroll and Benefits	178,187	212,307	213,273							178,187	212,307	213,273
All Other Expenses-Note 1	242,354	281,835	218,742							242,354	281,835	218,742
Net Income (Loss)	\$ (5,612)	\$ (75,684)	\$ (57,271)	\$ 82,201	\$ 82,194	\$ 60,564	\$ 21,630	\$ 21,630	\$ 7,671	\$ 98,226	\$ 28,130	\$ 10,964
YTD APRIL												
Revenue:												
HGA Assessments	\$ 1,069,335	\$ 1,057,954	\$ 1,101,657	\$ 328,776	\$ 328,776	\$ 242,256	\$ 86,520	\$ 86,520	\$ 30,684	1,484,631	1,473,250	1,374,597
Interest Income	110			211						326		
Golf	176,205	164,992	114,708							176,205	164,992	114,708
Food & Beverage	205,639	215,866	220,222							205,639	215,866	220,222
Subtotal	1,452,289	1,442,812	1,436,587	328,987	328,776	242,256	86,520	86,520	30,684	1,867,801	1,858,108	1,709,527
Cost of Sales:												
Golf (material cost)	14,087	13,276	12,306							14,087	13,276	12,306
Food & Beverage (consumables)	71,450	72,821	67,521							71,450	72,821	67,521
Subtotal	85,537	86,097	79,827							85,537	86,097	79,827
Gross Profit	1,366,752	1,356,715	1,356,760	328,987	328,776	242,256	86,520	86,520	30,684	1,782,264	1,772,011	1,609,700
All Payroll and Benefits	635,240	751,994	740,477							635,240	751,994	740,477
All Other Expenses-Note 1	683,272	809,999	673,730							683,272	809,999	673,730
Net Income (Loss)	\$ 42,239	\$ (205,268)	\$ (77,447)	\$ 328,987	\$ 328,776	\$ 242,256	\$ 86,520	\$ 86,520	\$ 30,684	\$ 457,751	\$ 218,108	\$ 195,493

Note 1 - Expenses related to the Drainage Motion are not included in operating results for 2014 or 2013.

Executing the Vision

Steve Hungerford, Chair; Bob Holtschlag, Bunky Lundberg, Gene Blum

The Vision 2020 ad hoc committee is continuing to move forward with our assignment from the Board of Directors to “study and research the cost through the design phase of projects identified for capital improvement of HEB.” The original five projects include (1) the fitness center, (2) the locker and shower rooms, (3) the expansion of the Eagle’s Nest to the patio, (4) a deck located above restaurant expansion, and (5) stand-alone pickle ball courts. A sixth project, removal of the current administrative building and expansion of the clubhouse to house certain administrative functions, has been added following the Board and the committee being made aware of this potential need during the March-April comment period. Study of all of the original projects are on hold pending confirmation from the City of Aurora that there is no imminent need (within the next two years) to remove/replace the current structure. Again, please remember, there will be no money allocated or spent during this study and research phase.

Our team met with the Board during its May work session to address a major concern received from residents during March and April; a lack of trust of the Board to exercise discipline in the expenditure of any funds for capital improvement purposes. Be assured that during all of our meetings with the Board to date, there has been an emphasis on ensuring that this trust is earned and continually demonstrated to the residents of HEB.

To this end, we are committed to an open dialogue to ensure a transparent process during this study and research phase. We will continue to publish monthly updates in this monthly Newsletter, report on discussions of capital improvements at each monthly Board meeting, and routinely confirm with the Board that we are proceeding in accordance with their wishes at the Board’s monthly work sessions. Our intention is to “go slowly” and to ensure that the community is fully informed at each step along the way as we evaluate each project.

TREASURER'S REPORT • APRIL 2014

Cash Balances	April 30, 2014	January 1, 2014
Operating Cash:		
Available and unrestricted	\$910,542.00	\$699,396.00
Due to other funds	\$4,320.00	\$5,400.00
Contingency	\$178,090.00	\$177,915.00
Working Capital	\$150,035.00	\$150,029.00
Total Operating Cash	\$1,242,987.00	\$1,032,740.00
Drainage	\$262,496.00	\$310,428.00
Capital Improvement Reserve	\$389,803.00	\$290,613.00
Total Cash	\$3,045,448.00	\$2,564,993.00

Celebrate July 4th in HEB Style

We will begin our Independence Day celebration with our traditional **GOLF CART PARADE**. All participants will meet at the entrance of the Clubhouse at 5:00 p.m. on Thursday, July 4. Show your Patriotism with RED, WHITE and BLUE theme. Winners will be announced for 1st place, 2nd place or 3rd place.

Following the Golf Cart Parade, we will enjoy an **OLD FASHION BARBECUE** at 5:30 p.m. on the club patios. Tickets will be available at the Welcome Desk for \$15 adults and \$10 for children under 10 years of age.

Tony David and Wildfire will take the front patio of the clubhouse for our first HEB Summer Street Dance. Enjoy the music from 6:00 - 8:00pm. There will be no reserved seating. Please bring your chair for this and the movie.

Following the HEB barbecue, we will move to the Driving Range for our **DRIVE-IN MOVIE**. Bring your blankets and/or lawn chairs to enjoy a MOVIE under the stars. The movie is free for your enjoyment. Concessions will be available for purchase along with a cash bar. TOP GUN is our feature presentation. This PG movie will begin at 8:30 p.m. and runs 110 minutes.

If you need additional information regarding our July 4th Celebration, please contact Julie Hawkins at 720-235-1826.

Spend



with Tony David and Wild Fire



D.J. at the Pool
1:00pm - 4:00pm

Thank You

by Carolyn North, RN
HEB, 9HealthFair, Medical/Site Coordinator

What an amazing and successful 9Health Fair we had at Heritage Eagle Bend on May 4, 2014. We could not have accomplished such a feat without the help of The Lions Club, over 110 community Medical and Non-Medical Volunteers, who gave of their time, talents and energy to make this year successful. Over 600 participants passed through our doors to "OWN YOUR HEALTH".

I want to thank Phyllis Matthews, NP, Co-Medical/Site Coordinator who was there daily monitoring volunteer registration, supplies from 9 Health Fair and Quest Lab, constant telephone and email messages to confirm screeners and most of all her genuine interest in community health education.

I would like to acknowledge Dick Hartley for an outstanding job again this year for his attention to detail, the site map, setting-up, tearing down and being involved from beginning to end. A big thank you to all the men (Leo Allison, Steve Barash, Richard Daniel, Jim Kling, Roger Larson, Tom Ledgerwood, Marty Sinnott, Bob Smith, Jim Weekes and Roger Wilson) who volunteered to pick up the panels, setting-up and tearing down. It was great to see such integration of expertise and personalities to accomplish this in a timely manner. What a TEAM!!

Our non-medical volunteer Coordinators, Inez Wilson and Sharon Anderson spent hours working the 9HealthFair from calling the non-medical volunteers, data entry into the 9HealthFair computer, placing everyone in the right position, creating all the name tags, and 9 Health Fair Certificates.

A special thank you to the Eagle Nest staff for box lunches on Saturday and a super Volunteer luncheon on Sunday.

David Finch, we all enjoyed your soup on Sunday. It is always a treat.

I also want to thank the Friends of HEB for their financial support.

Last but not least thank you to Gene Blum, Jenna Broce, Josh Sullivan, Anne Kelly-Main, Roe Sherbert and the porters for their extraordinary support to help make this fair another huge success.

Saturday, April 25, 2015 has been tentatively scheduled for the HEB 9 Health Fair.

Cast For Bullfeathers to Begin Rehearsals

by Ellen Pesavento

With a great cast being chosen for our fall play "BULLFEATHERS," we are starting our rehearsals and getting ready to bring you a fantastic comedy, country western musical coming to the HEB Stage on September 28, 29, and 30. It may now be July, but you can pencil us in on your September calendar and make plans to get your tickets early when they go on sale. This play was written and directed by our own HEB resident Suzie Wright 10 years ago. With a few updates, Suzie is ready to reprise the show in honor of the 10th anniversary.

If you missed getting in on the "NAME THE BULL CONTEST" we began last month, you still have a chance to submit your suggestion to the production team. So far, we have received many ideas on what to name our "little guy", so if you have an idea you would like to submit, you can email one of us at the following addresses: suzie.wright@comcast.net, Roger Pelot at rpxmayor@gmail.com, Marianne Johnson at osprey3@q.com, or Ellen Pesavento at emptad@msn.com. Remember, a prize awaits the winner of this contest.



Texas Hold Em
All Welcome! 6 pm :: \$25

JULY 30
AUGUST 27
SEPTEMBER 24
OCTOBER 29
NOVEMBER 19
DECEMBER 17

Ed Criss 303-400-0347
Jim Martindale 720-876-0569
Mona Miller 303-617-4539

GAMBLING DATES

MARDI GRAS CASINO - \$10
Includes \$10 food voucher, \$5 player credit,
plus a candy bar!
Dates: August 21st, September 18
and October 16, 2014

CRIPPLE CREEK - OVERNIGHT
July 24-25, 2014 • \$55 (Limit of 22 people)
CONTACT Mona Miller at 303-617-4539 for information!

*New Residents are required
to register at the Admin Office with
Wendy Stofa*

**IN THE GOOD OLE'
SUMMERTIME**

Celebrate a summer evening on the Eagles Nest Patio
on Friday, July 18

by coming and listening to a local band play some
blue grass and folk music for your enjoyment. You
will remember these guys if you attended one of our
Hootenanny shows
here at HEB. They've been together for many years
and are extremely talented musicians.

This is a free event—no tickets required—
just come and join us on the Patio, have some dinner and
drinks, and just enjoy some good old fashion music.
The band should start playing around 6:00 pm.
You can even sing along with the guys since they will be
playing many songs you already know.

Now is the time for
YARD CLEAN-UPS
and **DEAD TREE**
replacement.



*Have a group of more than 13 for lunch or dinner here at the Club?
Please call Jenna Broce, our Director of Catering at 720-235-1823.
That way we can keep the Eagle's Nest available for open seating!*

Friends of HEB by *Kathy Taylor*

The Friends of HEB is an organization whose mission is to support the needs of the HEB Community. Membership is open to all residents of HEB. Monthly meetings are held on the 3rd Wednesday at 9:30am, in the Humboldt Room in the Clubhouse. The activities of the Friends of HEB are:

1. To provide occasional meals in times of need. Contact Susie Dalton at 720-851-9445 or Amy Decolati at 303-790-1888.
2. To conduct a community Garage Sale in May.
3. To provide financial support of the annual 9Health Fair.
4. To provide medical equipment for loan within our community. Contact Tom Ledgerwood at 303-861-0880 or Margie Tobin at 720-875-0172.
5. To provide children's equipment for loan within our community. Contact Fran Krueger at 720-328-3080
6. To sponsor the Support Group. Contact Peg Crandall at 303-766-1670 for information.
7. To sponsor the Losing a Loved One Group. Contact Judy Gillum at 303- 690-0229 for information.
8. To welcome new residents of the HEB Community, who have registered at the Administration Office. A Welcome Packet of Information has been prepared for distribution to these new residents.
9. To sponsor at least one social event each year.
10. To assist in the Holiday decorations in the Clubhouse.
11. To provide for special needs of the Community. Funds request forms are available at the Welcome Desk in the Clubhouse.

The Friends of HEB meet on the third Wednesday morning at 9:30am, at the Clubhouse. If you live at HEB, you are welcome to join us.

YOUR SUPPORT GROUP

Are You Facing Health Challenges OR Are You a Caregiver?

If you are in either one of these situations, or know a neighbor who could gain from this group, come to our meeting. Bring your neighbor. You will find that it is exceptionally helpful to talk or listen as others share their knowledge and experiences. You are always welcome to ask questions and express your needs. You will find the learning you gain, plus simply an opportunity to speak up and release weights you may be carrying, lightens your load.

Join us on Wednesday, July 2nd, in the Windom Room, 4:30-6:00.

This group continues to provide a safe and confidential environment in which you are invited to share your story and to learn from others' experiences.

During the past ten years, numerous HEB residents have participated in *YOUR SUPPORT GROUP*, contributing knowledge and how to handle related emotions, needs, support and inspiration.

Questions? Contact
Peg Crandall
Your Support Group Facilitator
303-766-1670
peg.crandall@comcast.net

A Daily Measure

by *John H. Buck*

A day should be so much more than the mere elapse of minutes, hours and days. Time feels not the joy of birth, the anguish of lose or the revival of spirit.

There is no counting the time it takes to care for someone, to appreciate nature or to grieve the pain of a passing.

Count nothing!
Feel everything!

“Whirlwind” Exercise -- A Success

by *Marilyn Trainor - HEB Emergency Preparedness Committee*

A mock tornado hit HEB on May 10. It was the annual exercise of the HEB Emergency Preparedness Committee. The “Whirlwind” field exercise involved nearly 80 participants plus another 35 role players who served as the tornado victims.

The main purpose of the exercise was to provide realistic training for the EPC Incident Command System team. Some of the team's members were new volunteers while others have participated in previous field exercises, the last of which was four years ago.

The scenario was based on a tornado hitting HEB on Mother's Day weekend, disrupting planned activities, etc. The scenario included sheltering the “victims” in the lower level of the clubhouse as well as the maintenance area on the HEB east side.

According to Bill Tolbert, a member of the Colorado Voluntary Organizations Active in Disasters, known as COVOAD, said, “Even though you practice for that scenario or the real event, there will, at best, be organized chaos.” Mr. Tolbert served as an official evaluator and told the exercise participants that Heritage Eagle Bend is far ahead of similar communities in Colorado and the nation because of the dedication and planning of the local HEB EPC.

The exercise was planned in conjunction with the City of Aurora who used the forum to conduct the final Community Emergency Response Team (CERT) training for more than 20 citizen volunteers, some of whom were HEB residents. In addition to the CERT training, previously trained HEB CERT members were also exercised as they conducted search and rescue activities for the victims.

In the HOA office building, the ICS staff gathered and was led by General Manager and designated “Incident Commander” Gene Blum. The ICS is the cornerstone of the activities during any emergency situation and is staffed by resident volunteers. The Public Information Team, the Situation-Statistics Team and Radio teams and Recorders worked to stay abreast of the scenario and to work out solutions to the many “injects” which changed the scenario and challenged the ICS team. Outside of the command area, “victims” in two locations had to be located, rendered aid, and transported for further care. The Security Team practiced how they would handle external visitors, media and the concerned HEB family members. The Medical Team provided needed care to the “victims” in the Antero Room. In addition to exercising internal HEB radios, an external amateur radio link also was activated to simulate communications to Aurora first responders, assuming normal communications were disrupted.

The new Saddlerock Emergency Room participated in the exercise and several of the “victims” were taken to the ER by the HEB Transportation Team during the exercise.

Mr. Tolbert, along with EPC planners and organizers Orv Wick and Bob Fanning, said the exercise was a good test of the EPC team and they look forward to using the feedback to continue to streamline the functions of the organization and to plan future exercises.

If residents are interested in becoming involved in one of the many teams for the EPC, please contact Orv Wick at orwick@aol.com.



More than 35 residents received realistic wounds for the May 10 exercise, “Whirlwind.” Mick Mielke (l) and Patsy Wagner (r) examine their wounds before the exercise began.



Kay Hannon receives assistance from two CERT trainees. Volunteer “victims” were located in various areas of the clubhouse and HEB maintenance facility. The search and rescue teams had to locate them and assess their injuries and get them assistance.



(l to r) Maralyn Heckman, volunteered to be a reporter, and is asking Beverly Petry questions about the tornado event. Bev is a member of the HEB EPC Public Information Officer team for the Incident Command Staff.

Encouraging More Blossoms on Your Flowers, Shrubs and Trees

by Karen Brown- Busy Bloomers Garden Club

The secret to making more blooms is in the numbers. All gardeners need to know fertilizers and how to apply them effectively. It is as crucial to vigorous plant growth as knowing a plant's hardiness zone. Most commercial fertilizers have three numbers on the front label, separated by dashes. For example: 5-10-5. This is the fertilizer percentage by weight of the major nutrients: nitrogen, phosphorus and potassium, in that order, or it's also known as NPK.

Say you purchased a 10 pound bag of fertilizer labeled 5-10-5. It would contain 5% nitrogen, 10% phosphorus and 5% potassium. The remaining 80% would be comprised of other nutrients and filler. A 5-10-5 fertilizer has a ratio of 1-2-1. This ratio is often recommended for vegetables and flowers because they need more phosphorus. Lawns benefit from a fertilizer higher in nitrogen.

Fertilizers made from natural ingredients often have lower concentrations of the three major nutrients, so you will need to use larger amounts. However, they do contain many other nutrients that feed both the plant and the soil. When using a synthetic fertilizer you should supplement with some type of organic matter such as compost or manure, to maintain soil health.

Test your soil to know what is needed for your growing conditions. Garden supply centers, farm suppliers, and county agriculture agents can have soil samples taken and analyzed free of charge or at low cost. Failure to use an analysis means you will likely use too much or too little fertilizer.

Always water after fertilizing to help move it into the root zone. Unless your flowers need immediate nutrient boosting, dry fertilizers are helpful for busy gardeners. If your flowers appear to be stressed for nutrients, use a liquid fertilizer. Follow the package directions to determine if it needs to be diluted with water, and how much should be applied per plant or square foot.

Knowing when to fertilize is as important as using the right fertilizer. Most perennials, annuals, vegetables and lawns will reward you if fed with a balanced granular fertilizer in early spring. Annuals like to be fed an additional three to four times during the growing season. Roses need to be fertilized every week during their blooming season, while lawns benefit from a second granular application in early fall.

Congratulations to the new board members who were installed at our fabulous June luncheon. We were all delighted to have Grandma Gertie with us. She never fails to entertain us. In our July meeting, we plan on going to the Fairmount Heritage Rose Garden with lunch to be announced later. Carpools will be formed after the meeting. We meet the 3rd Monday of the month with hands-on demonstrations, lectures or outings followed by a fun lunch afterward.

More HEB Community blood donors give a Power Red donation!

by Clinton Smythe

What is a Power Red donation? Our donors may have seen the brief article on page 3 in the Fall 2013 Edition of Bonfils "Heart Beat" Newsletter received in their mail, and under the Bonfils pilot program at HEB since last October, have certainly seen the two new automated collection system machines called ALYX at our blood drives in the Craft Room. Donors with certain blood types and who meet certain eligibility qualifications can double their impact while making the most efficient use of their time (regular Power Red donors would donate three times per year rather than Whole Blood six times per year, i.e. at every second blood drive). ALYX allows donors to safely and comfortably donate two units of red blood cells helping Bonfils to have the right blood components on the shelf to meet local patients' critical transfusion needs. For example, a premature newborn may need one to four units of red cells. This option may be presented to eligible donors as a choice when they are in the teching interview area. A Power Red donation takes 25-30 minutes in length (Whole Blood is currently 7-10 minutes). For more details, please consult the ALYX technician at our drives.

Please call the Welcome Desk (303-693-7788) to sign up for our August 8 drive and please remember to call me (303-501-7444) rather than Bonfils to cancel your appointment if for any reason you are unable to donate. Please check the HEB E-blasts for more information and details about our blood drives; also, feel free to call me with any questions too!

"The best fertilizer is the gardener's shadow."

Author Unknown

CLUBS and GROUPS

Art Club

For everyone interested in creating arts and crafts. Meets four times a month. Please send an email to hebartclub@gmail.com for meeting times, dates and activities.

Alzheimer Resource/Support Group

3rd Monday, 4:00 pm - 5:00 pm Windom Room. A support group for caregivers and relatives of loved ones with Alzheimer's living in HEB. Call Sue Owsley at 720-533-9595 for information/resources.

Bible Study 1st & 3rd Tuesdays, 7:00 pm

Ladies Bible Study 1st & 3rd Thursdays. Meeting time is 10:00 - 11:30am. We study the scriptures and discuss. A great way to meet your neighbors. Any Questions: Call Jeanine MacDougall at 303.537.5336

Book Club 3rd Thursday, 7:00 pm

Men and women who like a variety of genre are welcome to join in our book discussions!

Busy Bloomers Garden Club meets the 3rd Monday of each month at the HEB Clubhouse

The Busy Bloomers Garden Club is a resource of information, increasing the knowledge of its members on outdoor and indoor horticulture in Colorado. The members plan and implement tours, speakers, fundraisers and projects to benefit its members and the Heritage Eagle Bend community. The Busy Bloomers Garden Club is affiliated with the CO Federation of Garden Clubs. For additional information, please contact Pat Goodman at (303)400-4741 or by email at patsygood@msn.com

Car Club 2nd Saturday, 9 am at the Clubhouse

Informal meeting of guys and girls who enjoy seeing and discussing the cars of our youth. Organizers of the Heb Summer Car Show. No dues. No rules. Just Fun.

Duplicate Bridge Every Wednesday, 5:45 pm - 9:00 pm

Fee: \$2 per person for prizes and supplies. Reservations are required! Carol Finnin 303-400-6016. Janet Dean, 303-693-3144.

Eagle Bend Community Church Every Sunday, 10:00 am

Ladies' Bridge Mondays, 12:30 pm - 3:30 pm

\$1 for prizes. Please call first. We have six tables of regular players and always need substitutes. Samie Quick, 303-699-0840.

Relax and Laugh Bridge Tuesdays, 9:00 am to 11:00 am - No fees

This non-competitive bridge group is for those who want to get back to a really fun, thinking game. For more info call Kathy Taylor, 720-205-2920, Carrie Sharp, 720-479-8414, or Gloria Sankel, 720-870-7776.

Partner Bridge Thursday, 9:00 am - noon

\$1 per person for prizes. Sign up in the Partner Bridge Notebook in the Library by Tuesday am. Kathy Taylor, 720-205-2920 or Betty Lewis, 303-972-3851.

Mexican Train Dominoes Every Thursday, 6:00 pm

Questions; call Lois Keller 720-870-5733.

Poker Every Tuesday, 6:00 pm Ladies' Poker Every Tuesday, 12:30 pm

Mah Jong Wednesdays, 6:00 pm - 9:00 pm

Fun, sociable Mah Jong evening for those familiar with the game. To get on our email contact list, call Doris Robbins, 303-617-7963 or Judi Braunstein, 303-537-4172.

Heritage Gun Club 1st Saturday, 9:00 am

Join us to help promote and encourage understanding in safe use, maintenance practices, and training regarding firearms. We provide informative training programs for all levels of expertise. We conduct field trips to local ranges for competitions. Contact Carol Ambrose, 303-680-3144 or Teri Chavez, vice president, 303-435-2288 for further information.

Decorative Painting First and Third Wednesdays, 9:00 am to 12:00 pm

No month fee. Patterns are used to complete a variety of projects, including some seasonal, home or gifts, on paper, wood, metal and glass. To register and for more information, please call instructor Karon Sorenson, 303-617-3490.

Mah Jong Fridays, 1:00 pm - 3:00 pm This is a "just for fun" group that has all levels of players. Judy Johnson 303-777-8540.

Singles Club Second Thursday, 4:45 pm Join the EB singles group for friendship, social activities, and support. Visit our website for a list of activities. www.eaglebendsingles.com. Questions call Jackie Yanker, 303-275-9674

Gentle Yoga Mondays & Wednesdays, 9:30 am - 10:30 am

\$11 per class. First class FREE! This multi-level class will utilize movement, stretches and breath to enhance flexibility, strength, balance, coordination and greatly aids in reducing stress. Angie Cassola, 303-693-2411.

Jazzercise Tuesday/Thursday, 5:30 pm - 6:30 pm

Saturdays, 8:30 am - 9:45 am Get a well-rounded workout which includes aerobics, strength and flexibility components. Each class includes a warm-up, 30 minutes of low-impact aerobics, muscle toning, strengthening using weights and full body stretching. Bring a mat if you have one.

Watercolor Classes Thursdays, 12:30 pm - 3:30 pm

Paul, 303-870-5586, pjv7676@comcast.net.

Losing a Loved One Support Group 2nd Tuesday, 4 pm - 5:30 pm

Windom Room. Judy Gillum 303-690-0229.

Pinochle Club Days: 2nd & 4th Wednesdays, 12:30 am - 3:30 pm

Questions, Call Barbara Pedersen, 303-690-3451 Come Join Us. If you haven't played, we will teach you!

Group Strength Training Tuesdays/Thursdays, 7:00 am

Join certified personal trainers for a group fitness class.

Mondays/Wednesday, 5:30 pm - 6:30 pm

Learn a variety of exercises using machines and free weights that will help improve muscle strength and flexibility. Price is \$64-\$72 per month (based on number of classes held per month) Stacy Montgomery, 303-898-5945.

Men's Billiards Open Pool every Monday evening at 6:00 pm and every Thursday at 1:00 pm. Everyone welcome.

Women's Billiards Open play Mondays at 1:00 pm

Everyone Welcome! If you have questions, please contact: Rose Marie Duran 303-693-7832 Email: rm.duran@comcast.net

HEB Cribbage Club New date and new time!

2nd & 4th Tuesdays, 3:00 pm - 5:00 pm.

We meet in the Eagle's Nest. New players are welcome and encouraged. No experience required. Drop in participation and no signup required. No need to bring your own board or cards. For more information, contact Larry Place 303-617-5419 or email to lj_place@msn.com

Women's Canasta 2nd & 4th Thursday, 12:30 pm - 3:30 pm

Traditional and "Hand and Foot." Please call Bonnie Shapiro, 303-693-1212 to sign up.

Crazy Quilters 3rd Saturday, 10:00 am - 5:00 pm

We always welcome new residents. We will be meeting on the 3rd Saturday of each month from 10 am to 5 pm in the HEB Clubhouse Craft Room. Phyllis Miller, 303-374-9705, e-mail pjmom70@centurylink.net

Genealogy 3rd Thursday, 1:00 pm - 4:00 pm - Humboldt Room

"To forget one's ancestors is to be a brook without a source, a tree without a root." - Old Chinese saying -

We welcome beginning to advanced family researchers to our fun, informal group. We have great speakers and share many, helpful tips to aid you in finding your great-greats! Questions? Sherrill Kerbaugh 720-870-2343 or John Holthaus 303-680-1265.

Photo Club 3rd Monday, 7:00 pm

Our photography club provides information for all levels. We "focus" on digital techniques and help you to learn to get the final product you want. Just come to the meeting, or for more information, call Roy Messmore, 720-842-1933 or email rocker123@q.com

Pickleball Club Saturdays & Sundays 1:00pm-3:00pm or 7:00pm-9:00pm (weather permitting or summer heat permitting)

Please join us for one of the fastest growing sports in the country. Pickleball is a mixture of tennis & ping pong. We welcome all skill levels.

We have both competitive and non-competitive courts to enable you to play with players of your same skill level. We will teach you if you haven't played. We are playing on 4 courts on Court #4. Check out our Friday Eblast each week for more updated information. Questions? Contact: Ron or Joyce Riedesel 303.693.7667 or rriedesel@yahoo.com

SEE YOU ON THE COURTS!

CLUBS and GROUPS (continued from page 13)

Pray for HEB and America! 2nd Wednesday of each month, 5:30pm
Starting in June, we invite you to join us as we pray for our neighborhood community...and for our country. This will be a monthly event. On the 2nd Wednesday of each month, we will meet at 5:30pm beside the main parking lot. If you would like us to include a specific prayer for you, your family or friends, please email your request to: Pray4HEB@gmail.com. We hope you join us! Contact Mary Galvin (303-807-3699) if you have any questions.

Film Review Club 3rd Tuesday, 7 pm
The club reviews and rates films currently showing in theaters in the area. If you enjoy going to the movies and like to discuss and hear other viewpoints on the acting, directing, cinematography, etc., this could be a good place to spend some time with like-minded people. We meet at the Clubhouse for open discussion once a month. Contact: Rose Marie Duran @ 303-693-7832

Fitness Walking Group Monday - Friday, 8:00 am
This is a new group that offers not only walking, but you will also learn some techniques that will increase your balance, flexibility and endurance. We will be meeting at 8 am in the lobby of the clubhouse. We usually walk 45-60 minutes Mon- Friday, but you are encouraged to walk whatever works for you. Listening to your body is key. If you have never been a walker, we encourage you to come and try it out. We also hope to have some lively discussions along the way. Having a healthy body and mind is our goal!
The "journey" is far more important than the destination.
Char Hostetler (303-779-4509)

Water Volleyball Thursday 12:00 - 2:00pm
Steve 303-526-5177 sjacquinn@comcast.net

Yoga with Len: Beginner - Intermediate
Tues. and Thurs. 9:30 - 11am in the Craft Room.
Hump Day Yoga Wednesdays 6:00 - 7:30pm in the Craft Room. \$10.
Len Brady, 303-807-5985 lbradyyoga@gmail.com

Your Support Group 1st Wednesday of each month, 4:30pm - 6:00pm
in the Windom Room. Your Support Group is for men and women facing Health Challenges and Caregivers. Call Peg Crandall, 303-766-1670 for more information.

HEB Tennis Club
Men - Drop-in tennis Tuesday and Saturdays, 9:00am to 11:00am. All levels of doubles play. Times may change with warmer weather.
Women - Drop-in open doubles for all levels. Mondays and Thursdays 9:00am to 11:00am. (Subject to change as weather warms). Join us for mixers and interclub play. For information, call Don Bevis at 303-766-3663 or Carrie Sharp at 720-479-8414.

Eagle Book Club: Contacts: Bernadette & Jim Shook 303-600-9003

Meets the third Thursday of the month, 7 p.m. at the Heritage Eagle Bend Library.
Men and women who like a variety of genre are invited to join in book discussions.
All are welcome.

July 17 The Shadow of the Wind by Carlos Ruiz Zafon. In post-World War II Barcelona, young Daniel is taken by his bookseller father to the Cemetery of Forgotten Books, a massive sanctuary where books are guarded. Told to choose one book to protect, he selects The Shadow of the Wind, by Julian Carax. He reads it, loves it, and soon learns it is both valuable and very much in danger because someone is burning every copy of every book written by the obscure Carax. The setting--Spain under Franco--injects an air of sobriety into the plot. Fiction.

August 21 Sailor on Horseback by Irving Stone. This is a biographical novel about Jack London. Stone, in his insight and convincing recreation of historically influential people brings them once again alive and present, brought Jack London's life, family, physical surroundings and love of adventure to the reader reminding us to explore London's novels and short stories. Biographical Novel.

September 18 The Kitchen House by Kathleen Grissom. On a tobacco plantation in Virginia, young, white Lavinia, who was orphaned on her passage from Ireland, arrives on the steps of the kitchen house and is placed under the care of Belle, the master's illegitimate slave daughter. This novel unfolds a heartbreaking and ultimately hopeful story of class, race, dignity, deep-buried secrets and familial bonds. Fiction

October 16 Behind the Beautiful Forevers: Life, Death and Hope in Mumbai Undercity by Katherine Boo. The author spent three years among the residents of the Annawadi slum, a settlement of more than 300 tin-roof huts and shacks near Mumbai India's Airport. Boo unearths stories both tragic and poignant - - about residents' efforts to raise families, earn a living, or simply survive. These unforgettable characters all nurture far-fetched dreams of a better life. Katherine Boo is a recipient of a Pulitzer Prize and a MacArthur "Genius" grant. Non-Fiction.

November 20 Dreams of Joy: A Novel by Lisa See. The main character, Pearl is in Shanghai in pursuit of her daughter, Joy, whose flight to China from Los Angeles is propelled by anger, idealism, and a desire to find her true father. Joy goes with her father to the Green Dragon commune in the countryside, where they take part in the inception of Mao's Great Leap Forward. But their collective dream of a communist paradise is soon overshadowed by hunger as the government's bizarre agricultural mandates created a massive famine. This story shows the power of the love between mothers and daughters as well as telling of the 45 million death toll from China's Great Leap Forward. Fiction.



Red Hatters by Kathi Baerns

We have a very active Red Hat Society Group, officially chartered as The Red Hot Momma's here at Eagle Bend. We meet for lunch, fun and conversation on the 2nd Friday of each month. We keep a sign up book in the in the library, where you can see what's to eat and where our next lunch will be held. We do "in-house" events - through the Eagle's Nest - including a special Christmas program with a local grade school choir entertaining and a fun Fashion Show and sale with items from the Assistance League of Denver's Consignment Shop and a Pajama Party Brunch, where we show dvd's of I Love Lucy or other 50's TV. - We also do a few "outhouse" events where we take a trip to someplace special in the area, some close and some a day trip. A few of our past "outhouse" events have been to The Brown Palace and The Molly Brown House for High Tea, tour and lunch at the Celestial Seasonings near Boulder, and a bus trip to Manitou Springs - through the Garden of the Gods - then lunch at the Cliff House and shopping.

Everyone is welcome to join our group for any or all events throughout the year. You just need to sign up in the book in the library by the 2nd Monday of the month. Some events will require a pre-payment which you will give to the attendant at the front desk. Wearing a Red Hat and Purple clothing (pink and lavender, if you're under 50) is suggested but definitely not required.

If you would like more information, please contact the "Queen Mum" Kathi Baerns. kathibaer@gmail.com or 303-263-6931.

Are You Single???
by Jackie Yanker, HEB Singles President

Where did the spring go??? If your days and weeks seem long, why not try out our EB Singles at HEB?? There is always something going on and people to do things with. We have some great things lined up for the month of July.

Our group meets at the clubhouse on the second Thursday of every month at 4:40pm. This gives us time to sign up for activities, dinners, cultural activities etc. before a short meeting. Many of us go into the Eagles Nest after the meeting for dinner and to socialize and get to know one another a little bit better.

Our purpose is to promote camaraderie and participation in social events both here and in local venues.

We have some exciting and fun activities planned and we hope you will consider attending a meeting, particularly if you've come in the past and haven't been in a while.

Hope to see you at our next meeting!

ATTENTION!

Len Brady Hatha Yoga suspended in Mid-July

Len Brady Yoga will not be available in the clubhouse on the following dates: July 8, 9, 10, 15, 16, 17, 22, 23, and 24. Len is spending most of July in Ireland and Scotland, playing golf, touring, and otherwise enjoying the cultures. The last class before hiatus will be July 3 and the first class after he returns will be July 29. Len Brady - Yoga Instructor • Cell: 303.807.5785

Becoming the Best You
by Peggy Williams

Please join us on Wednesday, July 2nd from 1 - 2:30 pm in the Culebra Room for our next group session. Our guest speaker, Ginny Epen, has had a counseling career in the Denver area for over 29 years. With her experiences in private practice, the public school system and teaching at the college level, Ginny will present the topic - Are you Living a Fully Engaged Life? Everyone is welcome to join us to examine this interesting topic. Have a suggestion for a future discussion? Please contact Char Hostetler at charharmony@aol.com or Peggy Williams at peggy@hebconnect.com with your ideas or questions.

RummiKub/Rummy-O

When: Every Sunday in July
Time: 2pm - 6pm
Where: Clubhouse - Room as posted

This tile game is usually played four to a table, but can easily be adapted to accommodate as needed. For now, if you have a spare game set please bring it with you on game day.

This is a tile game that is very similar to the rummy card game. Beginners are welcome. Printed rules will be provided.

For questions please email Cynthia at schuller.cynthia@gmail.com



Center for Active Learning

CAL Fall Event Information.....ROUNDUP FOR CAL

by Kay Hayes - kay.hayes@comcast.net

Our mission statement: to provide educational opportunities for HEB residents who share the desire of pursuing lifelong learning.

CAL is pleased to inform all HEB residents about our Fall Kickoff Event to begin the 2014-2015 learning opportunities.

Please save the date for the "Roundup for CAL."

August 7, 2014 • HEB Clubhouse, Antero Room

5:30 p.m. – Tickets will go on sale July 17, 2014 at the Welcome Desk. \$10 covers cowboy appetizers and the program. There will be a cash bar. Phil Dinan, from the Aurora Police Department, will be our featured speaker discussing personal safety tips. Also included in the roundup will be fall facilitator presentations and registration procedures.

Course descriptions will be available online and in the library beginning July 20, 2014

Please contact cowgirl Judy Bynum: rjbynum@att.net. or her sidekick Jane Harris: janeharris202@gmail.com.

So saddle up and show up on August 7 at HEB for our first ever CAL Roundup!

See ya there cowboys and cowgirls.



The Chavurah

The HEB Chavurah invites you to get acquainted with our Circle of Friends, a Jewish-oriented social group here at HEB. The word Chavurah means group of friends in Hebrew. We welcome anyone interested in traditional and social Jewish activities. We meet monthly in a member's home (a different home every month.)

Among our activities during the past year were a Chanukah potluck party, a Passover Seder, Sabbath dinners, various social get togethers, an annual summer picnic, and tours of various places of interest. We also lend support to our members when they need care and comfort in difficult situations such as illness and/or the loss of a loved one.

If you are new to HEB and/or if you have been procrastinating about joining our Chavurah, please contact one of the people listed below.

President, Steve Braunstein, 303-537-4172
Vice President, Gordy Landsman, 303-953-0745

Photo Club

by Roy Messmore

Come join us on Monday evening, July 21st at 7:00pm in the Humboldt Room.

Name of Program: The Falkland Islands: All British and Lots of Wildlife

Bio: Brenda and Sam Fletcher - Retired from the Federal Government and started a Photography Business which specialized in youth sports. After 10 years retired again and expanded their Wildlife and Nature Experience. Numerous photo trips have been made to Alaska, Africa, Falkland Islands, and all over the U.S. They have sold numerous images to individuals and magazines along with having winning images in shows.

HEB Pickleball Club News by Ron Riedesel

Please join us in July to learn and play Pickleball. We will play every weekend from 1-3 PM or 7-9 PM depending on the summer heat. We will also play several weekday mornings from 8-10 AM. Please stay tuned to our Friday Eblast each week for more information.

We have 4 Pickleball courts for you to play on. We also have competitive and non-competitive courts to enable you to play with players of your same skill level. We have extra paddles for you to try as well.

SEE YOU ON THE COURTS THIS SUMMER!

Check out our listing under CLUBS and GROUPS each month for more information.

HEB Car Club

The July meeting of the Heritage Eagle Bend Car Club will be on the 12th at 9:00am at the Clubhouse. Pictures of the 2014 Car Show and Parade will be in the August Newsletter including the 1950 Jaguar MK5 shown by Stan Reynolds. The trophy winners will be listed that newsletter. Thanks to all who participated!



PLEASE SUBMIT YOUR ARCHITECTURAL FORMS AT THE ADMINISTRATION OFFICE

IF AT ALL POSSIBLE, MONDAY – FRIDAY, 8:30am– 5:00pm

WE HAVE 45 DAYS TO APPROVE YOUR SUBMITTAL BUT TRY TO GET THEM RETURNED WITHIN 14 DAYS.

PLEASE SUBMIT YOUR PROJECTS TO WORK AROUND THIS SCHEDULE.

DEADLINE 8TH OF EACH MONTH

REMINDER

All future articles and advertisements for the Monthly Newsletter need to be submitted no later than the 8th of each month. If the 8th falls on a Saturday or Sunday, please submit all information the Friday before.

Articles and Advertisements received after the 8th will be featured in the following Newsletter.

Thank You

Interested in ADVERTISING

Call Wendy Stofa

720.235.1831

Arapahoe County assists seniors with transportation.

Please call

FIRST RIDE 720.540.5566

HEB Men's Golf Association
by Larry Place

To sign up for events, go to the pro shop before 5 PM on the Sunday before the event and sign up in the MGA book.



The July events are:

- July 2 – Individual stroke play
- July 16 – Best ball of twosome
- July 23 – 2 Best Balls of foursome with Stableford scoring. Free beer will be available that week.
- July 30 – 6-6-6 – This event is rescheduled due to the 5/14 cancellation. You will need to sign up again.

We will be taking the week of July 9th off due to the Golden Eagle Classic that the pro shop is running that week. See the pro shop for special sign-up forms.

We have more information on the HEB website. Go to heritageeaglebend.org. Hold your mouse over “golf” and then click on Men’s Golf Association.

If you have questions, call me at 303-570-5639 or send an email to hebmga@gmail.com.

HEB Women's 18-Hole Golf Association
by Linda Jeannelle

July is filled with many events for HEBWGA. July 22 is our cowgirl inspired member guest tournament. Deadline to register is July 8. If you need a partner, call Jackie DeGlee at 303-526-5177. We have over 80 registered and expect up to 120 so get your registration in quickly. Our sponsors have provided wonderful prizes and treats on each hole. Thanks to those sponsors for all your support.

Match play has begun with 24 participants. Good luck to all! Our weekly tournaments are lots of fun. Thanks to Bonnie Catalano for her choice of tournament games.

We thank our course superintendent, Roe Sherbert, for the excellent course conditions. He has been short several folks on his maintenance staff yet he is getting all the work done. Finally, we are very appreciative of all the ladies who have joined HEBWGA. Unfortunately, some are moving away or have become unable to play because of changing family demands, work schedules, or illness or injury. We cannot refund any fees that have been paid. July is a star spangled time for golf! Enjoy!

Ladies' 18-Hole Golf League
by Suzanne Vaughan, President (720-886-9236)

June is heating up and we are enjoying fun times on the course. We are looking forward to sharing our beautiful course with our friends on June 17th, our League Member-Guest Day. This year we are playing fun games on the 2nd and 4th Tuesdays of each month. (If you want to be a part of the game, make sure you check the game column in the sign up book and bring \$2 to give to Elsi that morning.) Our first game day winners were Barb Harris (1st), Anne Bunce (2nd), and Gayle Meissner (3rd). Congratulations ladies...good golfing!

In July there will be a small schedule change. July 1st, 8th, and 15 will be regular play days. On July 22nd our course will be occupied by a tournament all morning so our tee times for regular play will be afternoon tee times instead of morning. When you sign up for the 22nd, keep that in mind.

Our summer social will be Wednesday, July 16th from 3:30 p.m. to 5:30 p.m. in the lower lobby of the clubhouse. Our social committee has been meeting for months planning a fun time for us and even a bit of competition. You won't want to miss it. We are looking forward to seeing all of you, our regular and social members both.

It is not too late to join our league if you would like to do so, or have just moved into the community. Feel free to call me at 720-886-9236 or Gayle Meissner at 303-649-9549. *We would love to have you!*

E.B. Ladies 9-Hole Golf League (and Exchange) by Mary Galvin - President

Hello, Ladies!

We had a wonderful turnout for our Friends Day this year, on June 12th. We also played two more courses for our Golf Exchange during the month of June. Along with some golf clinics.

Next up for July is Exchange Golf at Red Hawk Ridge on July 9th, followed by July 29th at Lone Tree. There are two more “members only” golf clinics: July 7th – Full Swing, and July 21st – Bunkers. Both are at 9:30am. Sign up for both in our notebook. We begin our Club Championship at the end of the month. Play will be on July 31st and August 7th.

A few of our members have entered the category of “walking wounded” – with assorted illnesses and injuries. On behalf of all of our members, we wish each one a speedy recovery!

See you on the golf course!

The Eagle Bend Golf Association (EBGA) Couples Club Championship is fast approaching!
by Jan Sarahs

The EBGA is open to all homeowners and/or residents residing within the boundaries of Heritage Eagle Bend and has a current USGA Handicap Index. We promote a series of golf events that will provide a maximum opportunity for ALL residents to participate.

In order to participate in this event, you must sign up in the Pro Shop by July 13th (one week before the event) Sign up as a couple or as a single. If you do not have a partner, we will find one for you. If you intend to invoke the rule of 83, indicate this in the sign up book. GHIN numbers are required.

SIGN UP EARLY – THE EARLIER THE BETTER – AS WE ARE LIMITED TO 144 GOLFERS!

If you have not paid your \$5 membership fee yet, it can be paid when you register to play the day of the event.

We would like to ask everyone who is golfing to **PLEASE** notify the Pro Shop if you have to cancel after signing up, for any reason. Please try to do this by Monday of the event week as the pairings will be done on Tuesday.

Our dinner menu for this event is Burgers and Brats. The cost is \$17 per person and will be paid to the Pro Shop when you sign up. We encourage spouses and significant others, friends, etc. **who DO NOT GOLF** to sign up for dinner. We would love to have you.

**THE COUPLES CLUB CHAMPIONSHIP IS SCHEDULED FOR JULY 20!
MARK YOUR CALENDARS NOW!**



PROCEDURE FOR SUNDAY, JULY – 20 THE COUPLES CLUB CHAMPIONSHIP

Registration begins at 12:00 and continues until 12:45 when we will meet on the putting green and get our instructions for the game. A prize money fee of \$5 per person will be collected at the registration table on the day of the event.

Men will have the option to play the white or gold tee boxes based on the rule of 83. To qualify for this rule you must be at least 65 years old. If you qualify, your age + your course handicap from the Gold Tees must add up to 83 or more. This will allow you the option to play from the White Tees.

Ladies will play from the green tee boxes.

Handicaps will be capped at 40. If your handicap is higher than 40, your handicap for the tournament will be limited to 40.

Bocce News by Rose Marie Duran

By the end of this month we will have completed the spring bocce league play. It's time to take a little break from the heat. On the subject of the weather, our spring session was a grab bag full of extremes. We played in driving wind, rain, cold, dry heat and then some absolutely beautiful Colorado days. Postal carriers have nothing on us.

We will have league play on July the 4th. Both leagues that play on Friday are Mix and Match so whoever shows up can play or not. It would be a good day to get in a make-up game if you're at HEB and the time does not interfere with your BBQ.

The participation in league play has been robust with 11 leagues competing. The stats and results will be posted at the bocce court bulletin board. And, we will name the spring league winners in the next issue of the HEB News magazine for bragging rights. Congratulations to all players for having a good time!

Already, we're talking about the fall league play. Just a heads up for new bocce players - we take a summer break, then come back, establish new leagues, and play bocce in the fall. The fall leagues start mid-August and finish up the beginning of October. Look for updates in the August HEB News and E-Blasts.

HEB 2014 PHOTO ALBUM

MAY FASHION SHOW



EMERGENCY PREPAREDNESS EXERCISE



Please think of Heritage Eagle Bend for your next event!
Please call Jenna Broce at 720-235-1823



Photo by Bob Sullivan

HEB Tennis Club News by Don Bevis

Men's Tennis

Interclub matches will start in July. HEB plays at and hosts clubs from Castle Pines, Willow Creek, Cherry Knolls, Greenwood Athletic Club and others. HEB fields both men and women's teams. Drop-in tennis is on Tuesdays and Saturdays. All levels of play welcome. 9:00am till 11:00am at press time. Check your email or call an officer; we may start earlier as the weather gets warmer.

Women's Tennis

HEB's women's interclub teams have a great record of success in USTA local and regional playoffs. Drop-in tennis is on Mondays and Thursdays from 8:00am till 10:00am.

Officers/Contacts

President- Patrick Brisch. 303-378-8051
plbrisch@comcast.net
 Treasurer - Bill Brown. 303-688-4888
bkbrown@msn.com
 Secretary - Don Bevis. 303-766-3663
donmbevis@aol.com

**“Singles matches are work;
 doubles matches are play”**

Gene Mayer - US tennis champion from the '50's



**HEB Friends of the Library Featured Artist
 by Audrey Ledgerwood**

Judy Johnson is our Friends of the Library Featured Artist for the Month of July. Please view her work on the upper shelves of the west wall of the HEB Library.

Here's Judy's Story...

I come from pioneer stock. My great grandparents homesteaded near Akron, Colorado in the 1880's. I was born and raised in Denver and had all my schooling here – Stedman Elementary, Smiley Junior High, East High and finally Colorado Woman's College. I have two sons and three grandchildren.

My working years included being secretary to two sales managers at Shwayder Brothers (Samsonite Luggage) and before retirement, for 22 years, I was secretary, office manager, computer operator, etc. for my CPA husband and several other CPAs who shared office space with Marv.

Art has been a fun pastime for me, not a serious study, although my husband, Marv, and I took drawing and watercolor classes at the Denver Art Museum for a couple of years, and also attended classes here at HEB for several years. The most recent fun art has been in Karon Sorensen's Decorative Painting class, where I met Audrey Ledgerwood. Art continues to be my spare time hobby when I'm not playing Mah Jongg or being busy with P.E.O., family and friends.

So please enjoy Judy's work in the HEB Library.



Judy Johnson

We are always looking for HEB Artists who would like to show their work in the Library. If you are interested, please contact Audrey Ledgerwood, alwood2@gmail.com, 303.861.0880. We would like to feature as many of our talented artists as possible in the upcoming months.

Did You Know?

by Wendy Stofa – Assistant Community Manager

Traditions and Village residents should report all issues with their lawn maintenance or issues they wish to report regarding their neighbors lawns to the Traditions/Village Hotline Number 303-343-4011. The respective Hotlines will report your issues directly to Cox who handles your property maintenance. The HOA Office does not hold the contract with Cox so it is important that you report these issues directly to your Hotline.

Please remember, only holiday decorations are allowed on mailboxes and need to be removed after the holiday. **Permanent mailbox decorations are not allowed.**

We have many new residents in HEB. Please realize that registering at the Admin office is a requirement of living here. We give out excellent information on how things work and make your transition a smooth one! Please call me at the Admin office to set up a time to come and go over things.

Questions about submitting an Architectural Form? Please call me at the Admin Office. It is always easier to ask in advance of beginning any project!

Just a reminder that no one under 19 years may reside in the community. If you have adult children or adult grandchildren living with you, you will need to bring them in to the Admin office with their ID's to register. Please be certain that they understand the rules of the community including parking, speed limits and pets as many complaints are as a result of the extra people living in the HEB homes.

Trash Bins must be stored in your garage and not along the side of your home or on the porch. Trash should not be put out prior to 5pm the evening before trash day. ☺

It is time! All dead trees, particularly in your tree lawn, are the responsibility of the homeowner. Also, it is time to spruce up those yards. Please be certain to get your yard ready for summer by trimming, weeding and mowing.

Anything beyond the minimum number of flower pots or décor items need to be submitted for approval in terms of “yard art”. I receive many calls regarding too much décor in resident's yards.

Please SLOW DOWN as you are driving in the community. Remember the safety of others.

Contractors working on your home should not put up advertising signs in your yard. I do call the companies directly when I'm driving the community to ask them to take them down.

If you are selling your home, it is your responsibility to let your realtor know our regulations on for sale signs (if you use someone that isn't familiar with HEB). The signs need to be 3 feet from the home (not down by the street) and parallel to the home. Thank you to HEB Realtors for assisting with our project to get the signs turned parallel!

Please do not park your cars in the Clubhouse Parking Lot parallel to the golf course as this area is reserved for RV's. And if you are parking an RV, remember the 48 hour limit and park parallel to the golf course. Also remember the 48 hour rule for RV's in front of your home. I get many calls from neighbors upset when you have your RV in front of your home for more than the 48 hour limit.

The www.heritageeaglebend.com website has great information including the HEB Newsletters if you are traveling and would like to see them and does not require a log-on.

The www.heritageeaglebend.org site requires initial logging on. This site is for residents only and has a great deal of community information. If you have trouble getting on it, please let me know. You will want to access all this site has to offer!

Please only use the Van Accessible Handicapped Spots if you need them. There are those that can only use those spots. Also, please be certain to park appropriately next to them and not cross over the lines.

For those wishing to spruce up your lampposts, Rust-oleum Rusty Metal Primer matches the original color of the lampposts and can be purchased for \$3.76 a can from Lowes. If your lamppost is currently painted a different color, please get it painted with this to match the community.

Please clean up after your dogs and keep them on a leash. Both are not only required in HEB but by the City of Aurora. Also as we are working to beautify the yards in HEB, please keep your dog off other's yards.

THANK YOU ALL FOR CONTINUING TO HELP KEEP HEB THE BEAUTIFUL COMMUNITY IT IS!

Assisted Living

Parker Assisted Living by Morning Star.....303-805-0818
Now this is living. Assisted Living. Memory Care. Respite Care. Day Program. 18900 East Mainstreet Parker

Accounting and Tax Services

Patty Montoya, CPA, Montoya & Co., P.C., Certified Public Accountants.....303-437-8340
Full service CPA firm with over 30 years experience providing accounting, bookkeeping and tax services for small businesses (S Corporation, C Corporation, LLC, LLP) and individuals. HEB resident – pmontoya@montoyacopc.com.

Barber

Roosters Men's Grooming Center303-955-4183
Full service Barber Shop offering precision haircuts, hot towel shaves, and more. Located at 24300 E Smoky Hill Rd. at Eagle's Nest Village Ctr. Mention our HEB Club Cut and receive our Signature haircut at a special price!

Cleaning and Errand Service

Bobbie's Cleaning and Errand Service.....303-587-0549
House cleaning, run your errands and take you to your appointments. Fully insured & bonded. Will match what you are paying your cleaning service. Your home cleaned by owner.

Concrete

Leonard Concrete.....303-919-4145
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Dentists

Southlands Dental, Dr. Looze.....720-886-0606
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Ken Westra.....720-870-5660
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Financial/Investments

Randy James (HEB Resident).....303-933-9697
Investment Advisor Representative. Call for investment newsletter. Securities offered through Cantella & Co. Inc. Member FINRA/SIPC.
Mark E. Massa, Universal Lending Corporation.....303-680-7931
Purchase or Refinance – Free, No Obligation Consultation – 20 years Experience HEB Resident – mmassa@ulc.com
Paula Lueske, New York Life.....303-868-2307
Providing financial planning including estate conservation, college funding, mortgage protection, and retirement funding. Contact us for free newsletters! New York Life Insurance Company: The Company You keep. plueske@ft.newyorklife.com. HEB resident references available.

Golf

Golf Carts of Colorado, Tom Coker.....303-400-9594
New/Used Car Sales & Golf Car Accessories
"Club Doctor Jim", Jim Shook.....303-600-9003
Building custom golf clubs to fit your swing and size (men, women & juniors). Repairing damaged clubs & shafts, including replacing old, worn grips.

Handy Man Services/General Contractor

Licensed General Contractor: John Lewis, JW Contractor.303-886-6304
Interior remodeling, Exterior and Interior house painting, decks, patios, storage systems and much more. HEB reference upon request.
Jack of all Trades, Aaron Cain.....303-885-9425
Lamp Post repair, Snow Removal, Lawn care, Painting, Decks and Patio repair, Laminate/Wood flooring. No Job too Small some too Big. Free Estimates.

Hair Care

Hair Styling Connections.....303-841-5333
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In-Home Care Services

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Insurance

Jeff Uscier, Jeff Uscier Agency, Inc......303-680-9858
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Ray Smith, The Long-Term Care Specialist.....303-699-4172
HEB resident. Independent broker. Affordable. Pays for home care in HEB & much more. www.ray@LTCinsuranceguy.com
Paula Lueske, New York Life.....303-868-2307
Providing individual life insurance, long term care, and disability insurance. Contact us for free newsletters! New York Life Insurance Company: The Company You keep. plueske@ft.newyorklife.com. HEB resident references available.

Interior Design

Pamela D. Earnest Interiors, Inc......303-690-9467
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Landscaping

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Law Office

Jeffrey H. Katz, P. C., (HEB Resident).....303-773-9082
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Kirch and Rounds, P.C., Attorneys at Law.....303-671-7726
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Medical

The Medical Center of Aurora.....720-376-6400
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Pets

Susan's Pet Sitting (HEB Resident).....303-941-0617
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The Pet Sitter Lady, Linette Burke.....720-982-3877
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Pilates and Gyrotonic

Barbara Huttner.....303-942-1541
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Plumbing

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Real Estate

Gary & Gwen Arnold, Re/Masters, Inc......303-766-6801
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Cynthia McGann, Brokers Guild Real Estate.....303-514-3437
HEB Resident. Call Cynthia for all your real estate needs!
Andrea Bunker Marrese, Brokers Guild.....303-870-2689
Your Arizona and Colorado Realtor
Fred Smith, Re/Max Masters.....303-930-5132
Your Heritage Eagle Bend Specialist. www.Fred-Smith.net, FredSmith@Remax.net
LaVonne Lydin, Lydin Group Realty.....303-946-7772
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Chuck Strauss/Your Castle Real Estate.....720-318-7598
HEB Resident, Seniors Real Estate Specialist (SRES) denverhomeguru@gmail.com
Carrol J Howard.....303-883-1369
HEB Resident, McKean Real Estate Inc. cjhoa67@aol.com
Richard (Dick)Kelley, Provident Real Estate.....720-870-1959
Metro Brokers - Real Estate my entire career, full time broker & HEB Resident Property Management also available. RBKrealestate@gmail.com – www.ProvidentREColorado.com

Remodeling and Repair

Mark's Remodeling and Repair.....720-628-1033
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Technical Services

JWSTechServices, LLC Technical Services and Training.....303-766-2520
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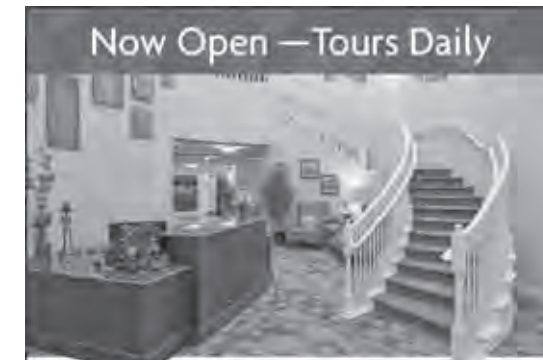
Travel

Cindy Brewer, Travel Agent with Travel Travel.....949-212-0120
Call for cruises, tours, hotels, cars, air, and rail prices...Group Cruise/Tour Specialist cindy@travltravl.com Office Website: www.travltravl.com HEB Resident

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What's Happening . . .
Kevin Cox

Summer has arrived and annual flowers can now safely be planted. Annual flowers provide a dramatic color splash to your landscape. There are many places in your existing landscape that could be converted to these beds.

One option is removing some turf areas and converting them into annual or perennial flower beds. Annuals planted in containers or pots can be very dramatic—both because of the style and color of the pots and the flowers. Place them in strategic spots so people can see them entering or exiting your home and also in areas where you can enjoy them.

Our team of design experts can show you how these options would look in your landscape. Even if you have areas that have too much or too little sun, we can make recommendations to you.

Just call or email, and we can schedule an appointment to discuss what you would like to see. While we are there we will take pictures of your existing landscape and apply the new ideas into the photograph. This gives you a great visual to see how it would look.

We also do water features that will fit even the smallest areas. The sound of a bubbling rock or pot on your patio or porch can help relax you and may even bring a small bird or two for a drink of water.

Always remember that we are here for you and your landscape. We are dedicated to see your project come together and your complete satisfaction is our ultimate goal.

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- Xeriscape Design
- Landscape Construction:
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 - Lighting/ Walks/Patios/Walls Brick & Stone/Pavers
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 - Free-flowing
 - Bubbling Pots/Rocks
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Contact me for a complimentary market analysis.

For Sale - 7854 S. Zante Ct. - 802 - \$319,000

Beautiful home a short walk from clubhouse & golf course! 42" cabinets, granite & hardwood floors. Vaulted ceilings & walk-in closet in master. Hardwood floors, built-in desk in 2nd bedroom. Extended back patio with natural gas.

For Sale - 7903 S. Algonquian Way - 601 - \$360,000

Gorgeous complete remodel on the golf course! Brazilian Cherry hardwood floors, granite counters, stainless steel Electrolux appliances, 42" cabinets, & on & on. Plus extended back deck, new windows & golf cart storage.

For Sale - 23718 E. Clifton Pl. - 601 - \$369,900

Amazing home w/\$35,000 in upgrades! Brazilian Cherry hardwood floors, refinished cabinets, crown molding & upgraded stainless steel appliances. South facing back patio on 2nd fairway & green. Golf cart storage too.

For Sale - 8011 S. Shawnee St. - 703 - \$525,000

Stunning home overlooks open space & golf course! 42" cabinets, granite counters, hardwood floors, center island & more. Hearth room & main floor on 1st floor. Finished walk-out basement w/wet bar & family room w/fireplace, entertainment center & built-in bookshelves + 2 beds & much more!

SOLD - 8254 S. Catawba Ct. - Model 701

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CONTACT INFORMATION

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4	Mary Procaccio	303-690-2076	procacme@comcast.net
5	John Kerbaugh	720-870-2343	jskerbaugh@comcast.net
6	Peggy Calhoun	303-699-7420	peggycalhoun85@q.com
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9	Bob Moore	303-220-9572	romoreco@msn.com
10	John Wright	303-766-3933	wrightplace@centurylink.net
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14	Connie Smith	303-617-9332	connie.pryor@hotmail.com
15	Laurel Neher	303-690-0222	lolneher@msn.com
16	Diana Renn	303-617-6139	dianalouise.anagni@yahoo.com
17	Irv Reinke	206-227-9581	sunshineirv@gmail.com
18	Samie Quick	303-699-0840	samieq@comcast.net
19	Maxine Nelson	303-400-3134	maxnsy@aol.com
20	Susan Bosold	303-845-0595	susanbosold@gmail.com
21	Roy Messmore	720-842-1933	rocker123@q.com
22	OPEN		
23	Diane Rae	303-530-4147	jackdianerae@comcast.net
24	Carrol Howard	303-400-4519	premdist24@aol.com
25	Marilu Trainor	303-907-6627	marilu01@msn.com
26	Dave Burnett	303-699-4997	Dave_Burnett_88@msn.com
27	Russ Randall	303-766-8662	russ_randall@msn.com
28	Barbara Cahill	303-955-1397	babshill50@yahoo.com
29	Cherie Bare	301-742-3848	cherie.bare@gmail.com
30	George Wagner	303-731-9391	george.r.wagner@gmail.com
31	Bonnie Shapiro	303-693-1212	oldcamerabag@gmail.com
32	Roy Smith	303-617-0354	rsmithx2@aol.com
33	Diane Maywhort	303-680-1569	buchanan-maywhort@msn.com
34	John Villyard	720-379-5052	jjvillyard@msn.com
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Traditions Board Contact Information (for emergencies only)

- Traditions Hotline: 303.343.4011
- Traditions Snowline: 303.343.3063
- Steve Hungerford, President: 303.888.9884
- Pete Smit, Vice President: 303.771.1083
- Thom Dorr, Secretary/Treasurer: 303.349.6924
- Joel Glenn, Director: 303.680.2230
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Tuesday, July 22

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Celebration at Clubhouse 5pm
Traditions Quarterly Meeting 4:30pm
Blue Grass and Folk Music
Village Quarterly Meeting 5:30pm

AUGUST

Friday, August 8

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*Watch for more details in future news magazines,
eblasts and on the website at www.heritageeaglebend.com*

Photo taken from the back porch of Dale & Judy Snyder

