Central Park - The Tennis Players Club

Baseline Newsletter February 2018



OTHER NEWS

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This past month was an important one for Central Park. At a January 10 special meeting, we announced the results of the special election:

The membership voted overwhelmingly in support of the new equity membership proposal. As a reminder, all current members and those on the waitlist as of January 2018 remain under the prior plan (spelled out in the June 2014 bylaws), but will have a one-time option to convert to the new structure. At the Board's January meeting, it approved the monthly dues for the new structure: \$175 for the first equity member; \$25 for a spouse/partner; \$10 for the first dependent child aged three or older and \$5 for each additional dependent child aged three or older. No changes are planned for the "old" dues structure in 2018.

The Club will be holding an "open enrollment" period from April 1 – May 15 when current members can opt into the new structure, with a June 1 effective date. We will cap the number of members able to move to the new structure at 50 per year based on the lowest club membership number. Additional implementation details will be forthcoming and communicated to all current, waitlist and prospective members.

The Roberts Building was selected as the name of building housing courts 9-12 (formerly known as the "new" building). A heartfelt and warm congratulation to Neil Roberts on this honor and thanks to Joel Iseman, Steve Coleman and Pat McGowan for submitting the winning name. Each of them receives one month dues free and two months of a dedicated parking spot. With their dues savings I am sure each of them will now be willing to pay for a round or two for their tennis friends. We will be hosting a celebratory ceremony later this year (date to be determined).

At the January special meeting, we also heard more from Matt Osborne, Chair of the Ad Hoc New Building Committee regarding the project. See Matt's comments later in this newsletter.

Thanks to all of you who voted and attended the special meeting, and again, more information on all of the above will be shared as soon as possible.

At the Board of Director's January meeting, it approved a streamlined approach to tennis policy violation penalties. The Tennis Committee, under the leadership of Chair Nancy Goldberg, has been working on this issue for some time. None of us likes to get the dreaded letter informing us of an infraction, and I know Julie and staff would prefer not to have to send them. However, we have been noticing an uptick in violations, which needs to be addressed. To provide a consistent methodology for tackling this issue, the Tennis Committee completed its on-

going work and developed (and the Board approved) a standard approach to imposing penalties and fines on members who continue to stray. Here's the link for your reading enjoyment. I encourage all of you to take the time to review. The reason we have tennis policies is to ensure the enjoyment of all members and to establish a set of rules for court reservations, usage and play. Court usage and availability is of paramount importance to our membership and we all need to respect the rules governing our tennis community. Also, remember that the staff is merely enforcing the rules established by the membership via the Tennis Committee and the Board, so please be nice to them. Should you have any questions on this work, please contact Julie Wheadon

(juliew@centralparktennisclub.com) or me at dundean-adoyle@gmail.com.

Happy February,

Dundeana Doyle



President Dundeana Doyle



FebruaryImportant Dates



Thursday, February 1 Sunday, February 4 Sunday, February 4

Wednesday, February 7-18

Monday, February 12 Monday, February 12

Wednesday, February 14

Thursday, February 15

Sunday, February 18

Monday, February 19 Tuesday, February 20

Wednesday, February 21

Wednesday, February 21

Monday, February 26

Monday, February 26

Wednesday, February 28

USTA Team Confirmation Forms Due (weekday & 65+)

Clothing Swap for Charity - 10am - 2:30 pm

Super Bowl Sunday

BC/ CPTC Tennis Tournament

Cup Committee Meeting - 1:00 pm

Tennis Committee Meeting - 6:00 pm

Valentines Day

USTA Team Confirmation Forms Due (weekend 18+)

Last day of Winter Junior Team

President's Day

Facilities Committee Meeting - 4:30 pm Finance Committee Meeting - 6:00 pm

Registration Deadline for Early Spring Junior Team

First day of Early Spring Junior Team

Membership Committee Meeting - 5:30 pm

Board Meeting - 6:00 pm

Don't Miss This!

BELLEVUE CLUB / CENTRAL PARK TENNIS TOURNAMENT

February 7-18, 2018



Mark your calendar for the annual Bellevue Club / Central Park Tennis Tournament! This is one of the most exciting tournaments of the year. Matches will be held at both locations.

Come out and support your fellow members as they compete for the WIN!

CALLING ALL JUNIORS!

Meet & Greet with the UW Women's Tennis Team. February 25th at 10am at the Nordstrom Tennis Center. Let's support the team as they take on Baylor. Bring your tennis shoes & racquet! We can hit on the beautiful team court after the match and then meet the team, Please email Deas@centralparktennisclub.com so we know how many are coming.



MANAGER'S MISCELLANY

We start the year off with some exciting outcomes – The Cup Committee was able to raise \$5,591 benefitting Rainier Athletes. Generous membership – thank you! And thanks to all the Cup teams for gathering some awesome baskets – Lynda, Laurie, Lisa, Elizabeth Lindsay and all the other helpers – wow! The naming of courts 9-12 as the Roberts Building was a great way to recognize a long time tennis playing fanatic and supporter of Central Park. Neil Roberts has always had the best interest for the Club and has spent numerous years sharing his ideas and thoughts on how to make CPTC the premier Northwest Club. One of his main kudos was the



addition of the covered walkway to courts 2-4. Congratulations Neil, obviously your impact has been far deeper than just a covered walkway. The other overwhelming outcome is the Equity Dues Structure Bylaws Amendment. A solution for our true single members who have been asking for an alternative to the 52 guest passes in the way of a dues reduction has been realized. The Board and Committees heard and thank you to Dan Stumpf, Matt Osborne and everyone that pitched in to get this to a vote! As Dundeana mentioned in her article we are working through the details and will do as much notification as we can to ensure that everyone has an opportunity to switch based on their needs and the quantity allowed. Don't hesitate to ask questions – I am happy to share what ever answers I have.

Mid-January we hosted the Northwest Washington tournament for 35, 45 and 55 year old players. Many of our members participated and some were victorious (check the results posted on page 6). This is one you want to mark your calendar for at the beginning of each year. Congratulations to everyone that participated and to Lisa and the tennis staff for pulling off another great tourney.

And another tournament is on its way! The Bellevue Club/Central Park Tournament will take place from February 7-18. Good luck to everyone, have fun and we will do our best to update our website with all the results as quickly as we can. As soon as we have all of the details we will post what link you will want to follow for the updates.

From what I understand the Karaoke Mix up was a blast! Some even suggested we do this every month! Laurie and Laura threw another great party! We do have some very talented members that came to sing! Thanks to everyone that participated. Check out the pictures on Facebook, you might see a star in the making.

Our USTA Adult Season is underway! How do you find out who is playing when? On your website calendar, in your weekly emailer and included in your monthly statement, we announce the gender and level of play that will be at CPTC for that month. There are some amazing matches to catch, so please come out, grab a beer and check out the tennis!

For those that are playing, please remember USTA matches (except those scheduled for 8:30 pm) are considered **RESERVED** courts. If you are playing a match at CPTC, you **cannot** play on any other reserved court for that day. Which means you are not able to reserve a warm up court or an overflow court, walk on only – and just remember, members are allowed to call after 6 pm the night before to take an open court for the next day as a walk-on. Good luck this season and have fun!

<u>This is one to pay attention to:</u> The Tennis Committee has reviewed the on-going issue with court violations and the continued uptick of no-show and late cancel problems. With the support of the Board, the Committee has reviewed and updated the tennis policies, violations and penalties.

MANAGER'S MISCELLANY CONT'D

We have included a <u>link</u> in this newsletter but I have highlighted some that are new or have been clarified for enforcement. **RESERVATIONS:**

The member with the court reservation must check in at the Desk and remain on the court during the court time for a minimum of 45 minutes.

FAILURE TO USE THE COURT:

It is considered Failure to use the Court if the member with the court reservation fails to remain on the court for more than 45 minutes or during the entire time of play. Once the member with the court reservation vacates his/her court, that court is available as a walk on court. Member must give prior notification to the Front Desk that they will be vacating prior to the end of court time. A penalty fee will be imposed and charged to the reserving member's account (see Violations & Penalties.)

PENALTY/FEES:

All Violation Types are outlined with attached fees and/or suspensions.

Violations and penalties of any type are cumulative and are counted/assessed on a rolling year basis Violations are counted "per membership."

So please review the document in full – ask questions if you have them – and remember the staff is here to enforce, however your fellow members have made these rules, penalties and fees.

Happy Valentines and Happy Tennis! Julie Wheadon ~ Club Manager

COMMITTEE REPORTS

TENNIS | CHAIR NANCY GOLDBERG

"Failure to Use Court" vs. "No Show"

As you read in both Dundeana's & Julie's articles, the Board recently enacted new and stricter penalties for non-compliance with the Club's tennis policies following a recommendation by the Tennis Committee. Why? Over the past year there has been a significant rise in reserved, waitlist, and walk-on courts that remain empty and unused. These are courts that are "taken" but that you and I could be using because a fellow member has decided not to show up - leaving the court booked, but empty.

To distinguish between a true "No Show" and other situations, a new violation category, "Failure to Use Court" was created. Previously under the "No Show" auspices, this category addresses three significantly recurring situations:

- A member checks in for their reserved, waitlist, or walk-on court but goes to the viewing area, gym, café, or simply
 leaves while allowing family or friends to use the court. Any member with a booked court in his/her name must remain on the court during the entire period of play. It is still a "failure to use court" if you go to the court for a few
 minutes and then go to the gym while your family members play.
- A member arrives after the 15-minute grace period. The court will be considered a "Failure to Use" if arriving after 15 minutes after the start of court time or 30 minutes if the player calls the front desk in advance to alert them of their tardiness.
- A member vacates the court with more than 45 minutes of court time left. So if you are warming up for a match or playing with your small children and know you will only need the court for a short, limited time, you must stay at least 45 minutes and notify the front desk of your early departure. This way another member may be able to use your remaining court time as a walk-on.

The front desk, Julie, or members of the tennis committee can clarify any questions you have.

AD HOC NEW BUILDING COMMITTEE | CHAIR MATT OSBORNE

At the January 10 open meeting the Clubhouse Planning Committee brought everyone up to speed on the progress of the Clubhouse Planning Process. Based on member feedback, the Board authorized development of conceptual drawings for a remodel option. Also, regardless of which direction we eventually go the committee decided it would be prudent to assess the structural integrity of the existing foundation. Accordingly, based on committee input, the Board has also approved a structural inspection of the existing foundation.

During the meeting we reviewed remodel conceptual drawings, comparison information for existing vs. remodel vs. new (can be viewed here), discussed schedule, owner management, and financial considerations **and** reviewed next steps:

- o February: Member meeting re: remodel option (similar to January meeting)
- o March: Member meeting re: financial considerations
- o April: Member meeting re: financial considerations

If you have any questions, feel free to contact me at matt_osborne@hotmail.com.

COMMITTEE REPORTS

FACILITIES | CHAIR BRIAN DARROW

Happy New Year everyone from the Facilities Committee. We have a lot of projects slated to maintain AND improve the Club this year. Work will soon begin on replacing the recently upgraded lighting fixtures that have failed in all of the tennis buildings. Temporary replacements were made in the Reed Building for the recent tournament the Club hosted, but the permanent fixes are on the way and the lighting manufacturer has agreed to pay for the replacements. Great news!

You will also see work beginning on the existing wood fence around the gravel parking lot which will ultimately be replaced with vinyl fencing to match. The committee is also considering several other projects for the year including updating existing signage around the Club, replacing the old pool cover, resurfacing/restriping the parking lot, repairing the failing brick pavers at the Club entrance, upgrading the doors from the lounge area to the patio, replacing some of the fitness machines with more modern equipment, and enhancements to the Reed Building viewing area to facilitate better entertainment options. We are excited to provide more information on all of these projects in the near future!

MEMBERSHIP | CHAIR CAROL BUCKINGHAM

The Membership Committee started off the year with a continuation of fun and charitable activities for the club. Collections are currently underway for the first ever tennis gear swap. What is a tennis gear swap, you ask? Well, if you have new or gently used tennis items that you don't want or need anymore, just put them in the bin in the lobby by the front desk. Then on February 4th there will be a sale where those items will be available to purchase. All proceeds from the sales will go to the Red Cross. Easy way to get rid of things you don't want any more and pick up some "new to you" tennis items while supporting a worthwhile cause. Thank you to Traci Lynch for spearheading this and making it happen!! We also brought back the popular Karaoke Night on a special Saturday night Mix Up.

Do you remember what it was like to be a new member trying to find groups and people at the club to play with? We are looking for members who are willing to be mentors to help connect new members to players and activities at the club. We could especially use MEN in the mid-level ratings. Please contact Laurie at member-ship@centralparktennisclub.com if you are willing to add your name on the list.

CUPS | CHAIR LYNDA CARLSON

The Cups Committee is deeply grateful to the Central Park Tennis Club membership for making our annual fundraiser a smashing success! And thank you to our Pros for their generosity in donating two baskets to our silent auction! The fundraising goal of \$5,000.00 was exceeded by \$591.00.

Cups Committee members hosted a luncheon on January 10, 2018 following a morning round of tennis. Guests enjoyed a variety of homemade quiches, salads and cookies while purchasing raffle tickets to win a phenomenal themed gift basket (9 total) put together by Cups tennis teams.

Rainier Athletes was the beneficiary of our efforts and representatives presented an informative program to describe their unique student mentorship services within the Bellevue school district. Students are paired with adult mentors who encourage them to excel in academics, leadership and sports within their schools, families and broader Eastside community. We congratulate Rainier Athletes for the work they are doing in our community! See Rainierathletes.org for more information or ways to get involved.

FINANCE | CHAIR ROSS LAURSEN

The Finance Committee did a focused review of 2017 year end financials as its first and primary agenda item in our monthly meeting. Everything looks healthy, with preliminary net income coming in approximately \$40k ahead of budget. Next, we received updates from Julie on a few key topics including the new equity membership fee structure and a few building maintenance projects. It was appropriate to talk through some of the logistics and timing of financial activities associated with the approval of the new fee structure, including the open enrollment dates. Information will be made available by the Board in the coming months. Additionally, we level set the committee on the review and approval process for maintenance expenses. We finished with agenda planning. Our newly posted purpose statement and committee responsibilities serves as our North Star and will drive our efforts in 2018. It was useful to hear everyone on the committee's thoughts related to agenda planning for the coming year. Happy 2018 everyone; CPTC is in a good place financially.

NOMINATING | CHAIR JACK GOLDBERG

As the newly appointed Nominating Committee Chair and in accordance with the Club Bylaws, I am pleased to announce the Nominating Committee for the 2018-2021 Election of Directors. Anne Glenny, Molly Lammers, Kerry Levine, (Current Board member) Jim Muenz, and Tad Rolfe and I will be working hard to select at least one person (and not more than two) to run for the three Board vacancies. If you are interested or know of someone that would be an asset to the Club and the Board of Directors, please feel free to contact me or any of the committee members.

PRO'S COURT

Doubles: The Middle is Key

Doubles is a great game but its even more fun when you play with an understanding of what gives you the best opportunity to play your best. High percentage tennis is a lot of what makes some doubles teams have an edge over others. Good doubles teams understand high percentage shots and when to protect certain areas of the court making it very tough on their opponents.

There are many reasons why hitting down the middle in doubles is important. One is the fact that it is the center of the court which means there is less margin for error. You have a big open space that usually has no player standing there. The other reason is that the net height is lower in the middle which again makes it a little bit of a safer shot than trying to hit the oppo-

nent's alley. I see a lot of players who get in trouble during a point and want to be aggressive and go for a big shot out wide, down the alley, or right at someone when actually the easiest shot was right in front of them: the middle of the court.

The other big reason the middle is the right shot for doubles is the amount of angle you can take away from your opponent. When your opponents are on the attack and coming to net, your ability to go low down middle will neutralize them and not give them the ability to hit as many angles to hurt you and your partner. On the flip side when you and your partner are attacking and get that high volley, moving forward down the middle is a offensive high percentage play.

That also is true if you decide to lob an aggressive team to get them off the net. You play a higher percentage shot going down the middle then trying for the wide lob. Though there is a time and a place for different lob locations, the center of the court is usually a good plan.

It's even a good tactic when we start the point. The down the "T" serve is great for doubles for the same reasons. If you can hit the T you have eliminated a lot of the opportunity for your opponents to find angle. It allows you to dictate play from the first ball because your partner at the net might be able to take advantage from the lack of angle you have given your opponent and crush some volleys.

We also have to think about the middle when we are on defense. Sometimes when the action gets going fast, all we have to think about when we are in trouble is what is the opponent's easiest shot. A lot of the time it's right down our middle for them as well. So we have to get over there and guard that territory. Make it tough on them to hit the easiest shot!

Doubles is a game of speed and precision but it's also a game of smarts. With all the thoughts going on in our heads, sometimes the simplest ones are the most effective: Middle solves the riddle!

See you on the courts,

Jeff Eicher

EARLY SPRING JUNIOR TEAM

Early Spring Junior Team signups are now available on our <u>website</u> and at the front desk. The current session ends Sunday, February 18.

Early Spring Junior Team

Session Dates: February 26 - April 8, 2018

Registration Deadline: Wednesday, February 21, 2018

NORTHWEST WASHINGTON RESULTS

Congratulations to all of our members who competed in this year's Senior Northwest Washington Tennis Tournament!

Below are our CPTC WINNERS!

Men's 45 Doubles

1st - Greg Skaggs & Mike Walter 2nd - Hunter Liggett & Ross Laursen

Women's 35 Singles 2nd - Christina Bowden Women's 45 Singles

1st - Marne Whitney 2nd - Leah Gray

Women's 55 Doubles

Ana Tessadro

FITNESS COURT

Are you **READY** for **ADVENTURE!!**

We are looking ahead to warmer weather and all the Pacific Northwest has to offer! There are so many activities to get out and do, below are some activities that are coming up! Hope you check them out!

Spring Tune Up Ride

What: Gravel bike ride from North Bend to Cle Elum and back(55 miles each

way)

Where: Iron Horse Trail

When: May 4-5th (overnight night stay in Cle Elum)

Difficulty: Easy to moderate

We start at Rattlesnake Lake parking lot, just out of North Bend. Ride through lush forest, over ravines and through the 2 mile long Snoqualmie Tunnel; then descend along the arid eastern slopes of the Cascades past rivers and lakes to Cle Elum; after a relaxing meal and overnight stay, we head back while taking in the scenery in reverse! **Trip weather dependent.



TRIPS AND EVENTS ON THE CALENDAR

February 21st: Brawn'n'Brew//6:00PM

June 16: *Team event*//BikeN'Hike Redmond Watershed to Tiger Mtn. Summit July 16-17th: Hike Lake Shore Trail on Lake Chelan//Stehekin to Prince Creek

August 12-13th: Enchantment Crossing Hike

STAY TUNED.....MORE trips to be scheduled for September and October!







Clay has a **BS** in Exercise Science and is a **NSCA CSCS**(Certified Strength and Conditioning Specialist) and lover of all things outdoors; hiking, biking, snowshoeing, kayaking.....It's always a good day to get out and play.

SERVICES: Performance training, Health & Wellness Coaching, Small Group Training, Personal Training, Boot Camp am & pm, Fit'n'45.

COME JOIN US!! Have FUN, LAUGH with friends AND get FIT2PLAY!

"I'm not here to be average, I'm here to be awesome"

Contact Vicki: vicki@thewellfitlife.com or (425) 822-2206 ext 122

Contact Clay: clay@fit2playnw.com or (206) 595-3021

WELCOME NEW MEMBERS





Good luck and well wishes to our resigning members.
We will miss you!

Stephen Stchur

James Reid (moving to Social)

Freeman & Andrew Held

Sharon Lee & Anthony Arthiabah Family Membership

Anthony and Sharon, along with their twins Stella and Noah, are excited to join Central Park. They look forward to meeting everyone and for Stella and Noah to learn and enjoy the game of tennis as much as they have. Cheers!

Young & Christopher Suh Family Membership

Young Suh is a general dentist who enjoys working part time and playing tennis on her days off. She's been playing tennis at the Pro Club for 10 years and currently ranked 4.0 level. She's married to Chris Suh who works at Microsoft. He's also ranked 4.0 level. They have 2 sons who play tennis. Her oldest, Jackson Suh (18yrs) plays for Cal Berkeley men's team. Her younger son, Charlie Suh (14yrs) plays locally Champs tournaments and is a nationally ranked player.

John Dwight Single Membership

John learned to play tennis with his siblings in Baltimore followed by dabbling on high school and college teams in Wisconsin. The move to Seattle in 1990 and the gravity of work pulled him away from a game he enjoys. After a several decade break, he got back on the courts in mid-2017. Working at Evergreen Health provided the convenience to join CPTC, meet new folks and work on getting the rust off his not quite 4.0 game. Of late, playing men's doubles and cardio Tuesday but also interested in singles.

Antonio Skilton - Intermediate Membership

Jim & Sonja Reid - Social Membership

USTA TEAMS TO DATE

USTA 18+ weekday & 65+ team forms are due Thursday, February 1. USTA 18+ weekend team forms are due Thursday, February 15. Please email your team roster to Juliew@centralpraktennisclub.com to receive the link to sign up.

Interested in playing on a team? Please contact the captains listed below.

18+ Weekend teams: - Deadline Feb 15

4.5 Women – Jenny Schell

4.5 Women – Deb Murray

4.0 Women - Kim Skorupa

3.0 Women - Tara Darrow

4.0 Men - Barry Katz

3.5 Men – James Moreno

3.5 Men - Walt Paulson

18 + Weekday teams: Deadline Feb 1

4.0 Women - Anne Glenny

4.0 Women – Laura Laun

3.5 Women – Denise Stumpf

3.5 Women - Linda Greenlaw

3.0 Women – Lynda Carlson

2.5 Women - Anne Ottesen

65+ Weekday: Deadline Feb 1

7.0 Women – Karen Schmitz

6.0 Women - Coni Essinger

CENTRAL PARK TENNIS CLUB

CLOTHING SWAP FOR CHARITY

Sunday, February 4 from 10 - 2:30pm

100% OF THE PROCEEDS GO TO THE RED CROSS



DONATE

until Feb 3.

1) Donate New /Like New
Tennis clothing,
tennis bags,
racquets, tennis
accessories, etc.
2) Donation bins are
located in the lobby

SHOP

Come shop new &
 like new tennis
 clothing/gear - Feb. 4
 from 10 - 2:30pm.
 100% of proceeds
 go to the Red Cross.

CUPS FUNDRAISER FOR RAINIER ATHLETES













MASSAGE

Hello Members,

I thoroughly enjoyed the USTA tournament where I provided Sports massage for players before their matches, as well as when they came off the court to cool down. I was busy.

If you would like to sample my Sports massage you can find me fireside in Bldg. 1 on the following dates and times:

- Wednesday, February 21 from 3pm-8pm
- Saturday, February 24 from 3pm-8pm

I believe in Resolutions. They spur me on to be a better person. This year my resolution is to take care of myself with a monthly massage and I invite you to do the same. Enter your name at the front desk and you can win:

- Prize #1. 2-90 minute massages in your home
- Prize #2. 1-60 minute massage at the club
- Prize #3. Everyone receives free chair massage

Prizes will be drawn February 28th.

Be well, Freeman



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