

SCHEDULE

Tuesday, September 2—Sunday, October 26

Premier/Select—Invitation Only - contact Denise Dy

Classes are scheduled Monday—Friday

Championship Team

Tuesday	4:00 - 5:30		
Thursday	4:00 - 5:30		
Sunday	2:30 - 4:00		
# Per week	1x	2x	3x
Member	\$132.00	\$244.00	\$330.00
Non-Member	\$196.00	\$372.00	\$522.00

Challenger Team

Monday	4:00 - 5:30	Fitness 3:30-4:00	
Wednesday	4:00 - 5:30	Fitness 3:30-4:00	
Sunday	1:00 - 2:30		
# Per week	1x	2x	3x
Member	\$132.00	\$228.75	\$316.25
☆Non-Member	\$196.00	\$348.75	\$500.25
Add Fitness	+\$70.00	+\$150.00	

Rookies Team I

Tuesday	5:30—7:00 (limited to 14)		
Friday	4:00 - 5:30		
Sunday	11:30 - 1:00		
# Per week	1x	2x	3x
Member	\$132.00	\$244.00	\$330.00
Non-Member	\$196.00	\$372.00	\$522.00

The Details

- **Member Only Discounts:** Every extra child from the same family receives 10% off.
- Payment and your planned days per week must be determined by **Friday, August 22nd**.
- Each group is limited, so sign up early!!!!
- There is no Pro Rating for missed days!
- **Non-Members are NOT GUARANTEED a spot in Junior Team. A CPTC Tennis Professional will contact them by Friday, August 22nd, IF THEY HAVE BEEN PLACED ON A WAITLIST. If you have NOT received a call, you are a YES for this session.**
- Extra groups may be added at different times to accommodate more juniors. This scheduling change is at the discretion of the Tennis Staff and approval of the Club Manager. A member to non-member ratio is what determines number of spaces available to non-members. Junior Team will be cancelled due to inclement weather if the LWSD is closed. Make up classes will be determined by court availability. You must have Pro approval to attend a makeup class.

Shooting Stars

Friday	5:30- 7:00 (pro select)		
Sunday	4:00- 5:30		
# Per week	1x	2x	
Member	\$132.00	\$244.00	
Non-Member	\$196.00	\$372.00	

Future Stars

Sunday	10:30—11:30		
Member	\$96.80		
Non-Member	\$160.80		

Rock Stars

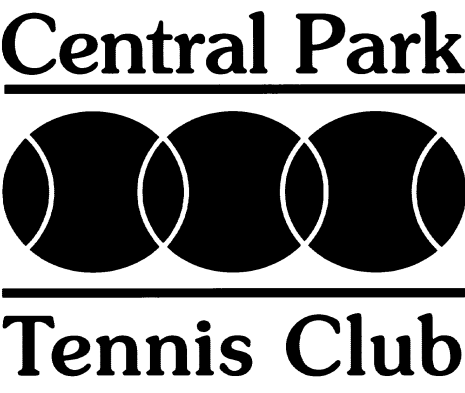
Sunday	9:45—10:30		
Member	\$84.00		
Non-Member	\$148.00		

Little Stars

Sunday	9:00—9:45		
Member	\$84.00		
Non-Member	\$148.00		

Have you checked out the CPTC website?  
www.centralparktennisclub.com

Junior Tennis & Fitness Program at



Fall Session 2014

Tuesday, September 2—Sunday, October 26

Telephone: 425.822.2206

Need to Contact a Pro?

Premier/Select	Denise Dy	Ext. 117
Premier/Select	Justin Bower	Ext. 142
Champs	Lisa Moldrem	Ext. 121
Challenger	Kathryn Osborne	Ext. 116
Rookies	Chad Smith	Ext. 125
Future Stars	Phil Ansdell	Ext. 120
Rock/Little Stars	Connor Vordale	Ext. 124
Fitness	Clay Runnels	Ext. 126

Interested in lessons or personal training? Contact Samantha at Ext. 119.

# Sign Up

Please detach and return by  
Friday, August 22.  
NAME OF JUNIOR (S)

Name \_\_\_\_\_ Age \_\_\_\_\_  
Group \_\_\_\_\_  
Days per week (Circle)  
MON TUES WED THURS FRI SUN  
ADD FITNESS: MON WED  
Paid \$ \_\_\_\_\_ Check# \_\_\_\_\_  
Club # \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_  
Group \_\_\_\_\_  
Days per week (Circle)  
MON TUES WED THURS FRI SUN  
ADD FITNESS: MON WED  
Paid \$ \_\_\_\_\_ Check# \_\_\_\_\_  
Club # \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_  
Group \_\_\_\_\_  
Days per week (Circle)  
MON TUES WED THURS FRI SUN  
ADD FITNESS: MON WED  
Paid \$ \_\_\_\_\_ Check# \_\_\_\_\_  
Club # \_\_\_\_\_

HOME PHONE: \_\_\_\_\_  
WORK PHONE: \_\_\_\_\_  
CELL PHONE: \_\_\_\_\_  
EMAIL ADDRESS \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

I/we assume all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and agree to hold harmless Central Park Tennis Club, and it's instructors, agents, employees, directors, officers and persons for any claim arising out of any injury to myself and/or my children.

PARENT SIGNATURE \_\_\_\_\_

## NEW JUNIOR TEAM STAFF AT CPTC

### JUSTIN BOWER

We are pleased to announce that Justin Bower, Tennis Professional has agreed to join our tennis staff with devotion to the Premier program. Justin has been part of top level tennis as a pro on the ATP, making it as high as 158 on the circuit. As a competitor in Grand Slam events and representing his homeland of South Africa. Justin understands the commitment a player must have to reach the success they desire with their tennis game. He and Denise both feel they have much to offer the Premier program and getting to work with all levels, believe the CPTC junior program will continue its growth of developing players to compete at all stages of the game.



### FITNESS CLASSES



Clay Runnels, C.S.C.S. is now offering a 30 minute class before your Junior Team session that is designed to increase speed, endurance, agility and core strength. Strong emphasis on strength training and cardio for the Challenger player that will make you Stronger Faster Better. Must have a minimum of 6—maximum of 12 participants.

## THE PROGRAM

The Fall session of the Junior Tennis Program will run from Tuesday, September 2 through Sunday, October 26. (8 weeks) Teaching Professionals include: Phil Ansdell, Justin Bower, Denise Dy, Lisa Moldrem, Kathryn Osborne, Chad Smith and Connor Vordale. As you will see from the schedule, juniors are placed into groups of ability – for the benefit of the entire program, the pro staff reserves the right to place your child as they see fit.

Premier National Tournament player or a proven track record in your section.

- Invitation Only – Contact Denise Dy at Denise@centralparktennisclub.com

Select For our dedicated Champ/Challenger Player

- Invitation Only – Contact Denise Dy at Denise@centralparktennisclub.com

Championship Team Champ level Tournament player

- Strong effort, attitude and desire
- Exhibits strong, stable technique, all-court skills, and knowledge of strategy
- Consistent commitment to tennis and tournament play

Challenger Team High “Challenger” level & Low level “Champ Tournament player

- Varsity High School tennis player
- Strong stroke foundation and concepts of basic strategy
- Solid effort, attitude and desire
- Consistent commitment to tennis

Rookies Team I “Rookie” Level Tournament player

- Junior High Player /intermediate level
- Exhibits basic stroke technique and footwork
- Consistent effort, attitude and desire
- Can consistently concentrate and listen

Shooting Stars Intermediate level

- Can rally, serve and track
- Understands basic concepts of tennis and movement
- Can consistently concentrate

***Please wear appropriate tennis attire with Non-Marking tennis shoes.***

*Payment for Non-Members must accompany sign up, and desired times per week must be indicated at time of sign up.*

*CPTC Pro Staff and Management encourage parents to be a part of their child's tennis game and development. However, we reserve the right to excuse a parent or a child that is disruptive to the program and the benefits that we have to offer .*

**LIMITED SPACE – SIGN UP NEEDED BY  
FRIDAY, AUGUST 22**



Future Stars Advanced beginner level

- Needs to learn basic stroke production
- Is eager and able to concentrate
- Experience needed, has the ability to keep the ball in play
- Age 10 and younger

Rock Stars Beginner level

- Introduction to all strokes
- Learn to rally using games and drills
- Continued growth in agility, tracking and hand eye coordination
- Age 6 and older

Little Stars

- Hand eye coordination
- Agility skills
- Basic tennis skills
- 4-5 years old