



# The Baseline

## Newsletter

**President**  
**Randy Gerth**



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I would like to introduce myself as your next President of the Board for CPTC. This is my third year on the board which included the role of VP from last year. I am married to Andrea Gerth and we have two sons, Nicholas (14) and Connor (19). Andrea and I have both been involved in a variety of teams and committees at CPTC since joining in 2010. Our first official trip to CPTC was the volunteer cleanup day in May where our decision to join the club was reinforced with the wonderful members we met that day. I still remember that day of driving home and Nick had this raggedy, old tennis ball he found by the pool and he asked sheepishly if someone would mind if he took it home. I told him he could keep it which he did. That yellow ball entertained him for hours and it has become an integral part of our family's lives today.

Our oldest son, Connor, is the head lifeguard at the pool and he is lucky to have Julie and Vlad as his first bosses (I remember my first boss and I won't describe him here as this is a G-rated newsletter). Julie and Vlad set the tone and culture of the club which helps make CPTC so special.

My wife grew up in a small town in MN and caught the tennis bug early on. She quickly caught on and played through high school and picked it back up when we moved to Seattle in the early 1990's. I (on the other hand) thought tennis rackets were only for hitting the crabapples into the neighbor's yard when they were not looking. Even though it was played with a ball it wasn't a sport. One day on a family vacation in Montana, Andrea suggested I take up tennis so I did on the spot. I headed to the store and found an AWESOME racket that was normally \$500 on sale for \$30 so I was set. After hitting for a few weeks I quickly realized: 1. Singles is tough 2. Doubles you can blame your partner for a bad shot 3. Never play Andrea in singles. I am happy that Connor and Nick inherited their athletic ability from Andrea and I could supply the intelligence to marry someone like Andrea if they ever want to have kids.

I want to thank Petra Carl and John Barnes for volunteering for the past 3 years on the Board. They have dedicated two to three nights per month for various meetings and activities for the club and I hope they can use those same nights to now play more tennis. They officially have a presidential pardon from all work to their spouses to do this.

I want to thank Molly Lammers for her dedication to being President this past year. She did an exceptional job of keeping the meetings on task while assuring all issues were discussed and no voice was unheard. With feedback from the members she created multiple committees to look at the issues members identified and held them accountable to report back in a timely manner, which they did. This is a sign of a true leader and the club was lucky to have her in charge. We are lucky to have her on the Board for another year, too, as the Past President member.

And finally, welcome to the three new Board members: Russ Nomi, Tony Martin, and Susan Fascitelli-Finke. Your dedication and willingness to step up is greatly appreciated.

I am looking forward to hearing from the members what is working well and what can be improved to make CPTC an even better club. Thanks for reading and I will see you at the club!

-Randy Gerth, Club President

# JULY IMPORTANT DATES

Saturday, July 4	Happy 4th of July! - Club closes at 5:30 pm
Tuesday, July 7	July Super 60's starts
Wednesday, July 8	Summer Women's Team Tennis Starts
Wednesday, July 8	Washington State Junior Champs—Entries Deadline
Friday, July 10	Mix Up Friday Night—5:30 pm
Friday, July 17—19	Washington State Champs Tournament
Monday, July 20	1st Day of Summer Camps that include Swim
Thursday, July 23	Summer Nights Party—5:30 pm
Friday, July 24—26	MXD Championship
Saturday, July 25	MXD Player Party & Social—6:00 pm at Bellevue Club
Sunday, July 26	MXD Finals at Bellevue Club
Tuesday, July 28—2	Washington State Open at Seattle Tennis Club



## MANAGER'S MISCELLANY

Was that just June we had or was that August? Amazing weather and it looks like it will be around for most of the summer. Please make sure you are drinking plenty of water and taking breaks during your tennis. We have seen too many cases over the years of dehydration so remember to HYDRATE while you are out there taking it all in.



The first of the month we started with the Women's Benefit Challenge. While CPTC was not the overall winner – we did score big in giving/raising the most money for a great charity, Northwest Behavioral Associates. Lisa and her team did a great job procuring donated items and as always, our members supported the cause! Thanks to everyone.

Following that event, a few of us attended the USPTA convention at Stafford Hills Club in Tualatin, Oregon. With Chad on the USPTA board, Mike presenting junior program concepts, Lisa co-running a Tennis Director meeting and I was able to co-run a Club managers meeting, I would say CPTC was well represented.

The sunshine and heat made for an incredible weekend as we hosted the USTA 18 and Over Adult League Playoffs June 10-14. Thanks to all the staff for making sure the club looked good, staying open really late to accommodate those late matches and for serving up plenty of beer and wine to a very large crowd. Our teams represented us well and played their hearts out to “sold out” crowds. CPTC fans were once again, here to support.

With the nice weather it was wonderful to gather for the President's Reception and Annual Meeting on June 16. Molly shared plenty of kudos to her Board and the Committee chairs as they gave summaries of their accomplishments for this past year. We also honored Frank Alexandro for his outstanding service (Board member, Club President and Tennis Committee member for many years), and 2 new Equity members that have been part of CPTC for over 40 years (Bill and Pam Hay and Tom Seherer). Outgoing Secretary-Treasurer Petra Carl welcomed Susan Fascitelli-Finke, Tony Martin and Russ Nomi to the Board.

With the summer season and nice weather here for a long period, people are starting to schedule private events at the Club. If you are interested in doing this, contact Kelly at [Kellyh@centralparktennisclub.com](mailto:Kellyh@centralparktennisclub.com). And just a reminder, we do not close down the facility or areas, but we do ask that you are respectful during these events and allow the members their privacy. They are paying to use the space so let's help them make their event as special as possible.

Check our website for all the activities coming in July and August. Things will be busy for the remainder of the year... and then we will start all over! If you have ideas for events or activities let us know and we will see if our Membership committee can take them on. Speaking of Committees – now is the time to sign up for our next session. With our new directors and new Club President, Randy Gerth, it is time for you to consider getting involved. Meetings will start in September.

Enjoy the sunshine!

# COMMITTEE REPORTS

## MEMBERSHIP | CHAIR KIM SKORUPA

I would like to say a big thank you to the Membership committee members:

Carolann Castell, Janice Denney, Kirsten Barnes, Jolene Lotzerke, Dave Stafford, Elsa Brodin, Andrea Gerth, Susan Furst, Kelly Hurney, Julie Wheadon, Dan Stumpf



We are lucky to have such a wide range of experiences to represent the membership committee!! Signups for the committee will be available in July – we would love to have a few new faces.

The membership committee would like to recognize Larry Hoyt this month. Larry is 90+ and that doesn't stop him from playing tennis three times a week and for the most part beating his much younger challengers. He also runs a few times a week and always has time to chat with the early bird players. He has a world of knowledge to share and an incredible sense of humor.

## FACILITIES | KRISTEN GROBSTOK

Annual Meeting Recap: Kristen Grobstok noted appreciation for the outgoing committee that was involved in new lounge chairs, readjustments behind the new building, roof repairs on the Reed Building, pool fix-up, etc. For the future they wonder about lighting of the champ court, and a lavatory in the Reed Building. Court resurfacing and new fans are on the docket.

*Central Park is a member owned club! Join a committee and help make the club a better place! Sign ups will be available July 1st.*

# COMMITTEE REPORTS

## TENNIS | CHAIR BETH HOM

The tennis committee had a productive year. We would like to thank Nancy Goldberg for giving the tennis committee report at the annual meeting. The committee will reconvene in September with vacancies for new members and a new committee chair. Responsibilities of the tennis committee include, but are not limited to, helping set policy by review of club survey and listening to member suggestions and forwarding recommendations on to the board and assisting club administration setting calendar of tennis events. If you are interested in sitting on the tennis committee for the upcoming year please sign-up at the front desk.

## CUPS | CHAIR TRICIA SCHROTH

The Cups Committee will have their first meeting on Monday, September 14th at 1:00pm in the Junior Lounge. The goal of the committee is to work to ensure a fair and positive experience for all participants in Cups. The Cup Committee is comprised of a representative from each cup level: Kingco, Challenge, Rainier, Classic, Emerald, Evergreen. During the fall months of the season, the Cup Committee is determining what changes need to be made to Cup Guidelines for the following year.

### 2015-2016 Cup Representatives:

Kingco: Reps: Nan Meyers and Michelle Burns

Challenge: Reps: Merrie Vieco and Tricia Schroth

Rainier: Reps: Connie Ballou and Mistie Anderson

Classic: Rep: Christine Garnett

Emerald Rep: Marilyn Pederson

Evergreen Rep: Elsa Brodin

## FINANCE | CHAIR MARTY MCCURRY

The financial results for the month of May were very good. Net Ordinary Income (before Capital Assessments, Depreciation, and Interest) for the month was \$21,981: budget for the month was \$14,852. yielding a surplus for the month of \$7,129. The Club's financial position remains sound with Total Cash of \$334,559, and an excellent current ratio of over 3.6 to 1.

Central Park Tennis Club continues to be fully subscribed with 500 members, and with a growing wait list to join of 47. Again, due to strong demand, the Equity Member Initiation Fee has been increased to \$6,000.

The next month's committee meeting will be Wednesday July 15th at 6pm.

## PRO'S COURT

Wimbledon is on T.V., summer is here, and we're in the second week of our junior program, 2015. It has been going well... Our pro staff is strong and there are a lot of promising young players around the club! It's fun to see the "I can do this" attitude in their eyes, and to see each one improve! You never know which one will blossom into the next great champion!

I came across this anonymous quote the other day and instantly related it to tennis: "Remember that you are unique, just like everyone else."

All of us have our own take on this game of tennis. It's good to be creative... It's how we improve. Be yourself and have a strong tennis personality, but there's no escaping hard work, listening to your coach, and playing the percentages!

I hope each of you are achieving your tennis goals this summer! And good luck to all those who are getting ready for USTA sectionals in Spokane in August (next month). Phew, summer is going by quickly!

Get out there!

And how lucky are we to be witnessing this era of tennis?!? Federer? Nadal? Djokovic? Murray?

Wawrinka?

Enjoy!

**Phil Ansdell**

Central Park

Tennis Professional



# FITNESS COURT

## BREAKFAST....BREAK THE FAST!

If you are skipping breakfast you may want to think again! Eating breakfast fuels your body and stokes your furnace as well as ensuring you won't be ravenous and out of control come lunch time.

Your breakfast should have some protein, fat and carbohydrates; this will ensure that you are getting the nutrients your body needs, keeping it satisfied and ready to start the day!



Oatmeal with fruit and an egg or buckwheat pancakes with peanut butter and fruit, maybe even an egg. If time is an issue, grab a couple hard-boiled eggs with an apple

and slice of whole wheat bread with peanut butter, or how about a peanut butter and jelly sandwich with banana!



If you are trying to lose a few pounds, breakfast is a meal you won't want to skip!

We can help you get fit and stay fit! Get a couple of friends together and share the cost of training!

Need accountability? Hard to stay on track? Ask us about nutritional guidance and Health Coaching!

***“Do you choose to simply know the path, or do you choose to walk it?”***

clayr@centralparktennisclub.com

vickir@centralparktennisclub.com

## JULY FITNESS CLASS SCHEDULE

TOTAL BODY: M/TH@1:00pm

ABS AND BACK: W@11:45am

FIT TO PLAY FOR MEN: T/TH@11:30am

BOOT CAMP: MWF@9-10am, T/TH@5:45-7:00 pm

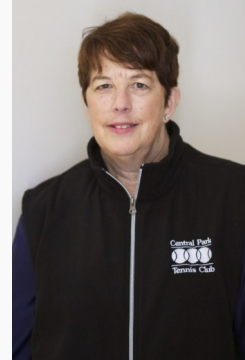
YOGA: Sat@9:00am & 10:15 am  
Mon@5:45pm with Christina

# MEET OUR NEW STAFF

## **Christine Myers, Front Desk**

Saturday and Sunday—11:00 am—5:00 pm

Hi, I'm Christine and the newest member at the Front Desk. I've had a few careers from Montessori teacher to media buyer at Eddie Bauer, but tennis has been a passion for most of my life. I'm excited to get to know you, please come by and introduce yourself!



## **Tyler Kmiechick, Front Desk**

Saturday—Tuesday—4:30 pm—Close

Tyler is a Western grad. He played tennis in high school and enjoys camping, soccer and riding his motorcycle. He is excited to get to know everyone at the club and would love to start hitting with more members. Stop by the front desk and say hello!



## **Georgia Munn, Tennis Pro**

Georgia is the newest tennis pro helping out at Central Park. She will be assisting with the Challenger, Champs and Premier levels.

I'm originally from the Chicago area and was a 4-time All-American at Northwestern University. I graduated in 2009 and became the Assistant Women's Tennis Coach at the University of Illinois for 3.5 years and then the Assistant Women's Tennis Coach at the University of South Carolina for 2 years. My husband and I recently relocated out to Seattle with our 1 year old English bulldog!





# WOMEN'S BENEFIT CHALLENGE

This is the 27th year of the Women's Benefit Challenge presented by four clubs (CPTC, Pro Club, Bellevue Club, MICC). We are excited to announce that the tennis and raffle participants together raised \$8,354 for Northwest Behavioral Associates benefiting autism—Thank you to everyone who participated and helped make this event possible!

Fundraising Stats (total amount raised per club):

CPTC: \$3,314

Pro Club: \$1,920

BC: \$1,850

MICC: \$1,270

Total raised for NBA: \$8,354



3,631 raffle tickets were purchased at CPTC! We were the biggest fundraiser!!!

Tennis Event Stats:

Listed below are the total games won per club.

BC: 253

CPTC: 237

PRO: 228

MICC: 183

Thanks once again for your participation and making Central Park such a wonderful, active, generous club in the tennis community. Your support was greatly appreciated.

- Lisa Moldrem

Here is a list of RAFFLE WINNERS from Central Park:

#2 Mariner Game- 6 box seats + parking pass; Susan Fascitelli

#3 Golf for 4 at Bear Creek Country Club; Blake Brown

#10 Floral arrangement; Jeannie Coe

#12 Gift cert's to Down Pour Coffee Bar; Sally Lindquist/Carla Stanford

#13 Gift cert's to George's Place in Kirkland; Pam Hay & Lisa Moldrem

#15 Gift cert to Maggiano's; Nan Myers

#18 Lilly Dot jewelry; Nancy Goldberg

#19 Wrap bracelet hand made by Beth Hom; Barb Koslosky

#20 Salon services at The Spa; Ethel Brende

#21 Sweet skin care gift bag from Sugar Sugar Spa; Colleen Grobstok

#22 Great Clips gift basket; Beth Hom

#26 Tennis lesson with Phil Ansdell; Elsa Brodin

#27 Tennis lesson with Mike Calkins; Arthe Lee

#28 Tennis lesson with Lisa Moldrem; Lynn Christian

#29 Tennis lesson with Chad Smith; Nancy Goldberg

#36 Personal training sessions with Vicki Runnels; Julie Dorr & Cindy Zulch

# USTA PLAYOFF RESULTS

## 18 & Over

- 2.5M Winner—BC—Jones
- 2.5W Winner—CAC/SL—Miller
- 3.0M Winner—TCSP—Suzuki
- 3.0W Winner—RBW—Scott
- 3.5M Winner—BC—Simpson
- 3.5W Winner—ETC—Kirkland
- 4.0M Winner—BTA—Popp
- 4.0W Winner—RBW—Kay
- 4.5M Winner—EDG—Le
- 4.5W Winner—BC—Orndorff
- 5.0M Winner—RBW—Walsh
- 5.0W Winner—PL—Putnik



## 40 & Over

- 3.0M Winner - CP - Graves
- 3.0W Winner - CAC/SL-Peters
- 3.5M Winner - AYTC-Diaz
- 3.5W Winner - MI-Ko
- 4.0M Winner - PL - McGuire
- 4.0W Winner - BELL - Anders
- 4.5M Winner - EDG - Kelly
- 4.5W Winner - BC - Strieb
- 2.5M Winner - ETC - Lash
- 2.5W Winner - ETC - Vail

# SPOKANE, WA , LEVEL 3 TOURNAMENT

**RESULTS from the June 20th—21st Tournament**

## **Congrats CP Members!**

### **Boy's 18's:**

Hunter Egger: Semifinals, Jason Lui: Finals, Jeremy Kalmus: Consolation Finals

### **Boy's 18's Doubles:**

Jason Lui: Champion, Oscar Burney: Semifinals

### **Girl's 18's Singles:**

Abby Watanabe: Consolation Semifinals

### **Boy's 16's:**

Zach Fleischman: Finals, Adam Guo (waitlist): Champion, Theo McDonald: Consolation Winner

### **Boy's 16's Doubles:**

Brandon Wong: Champion, Adam Guo/Theo McDonald: Semifinals, Zach Fleischman: Semifinals

### **Girl's 16's:**

Katie Fleischman: Semifinals

### **Girl's 16's Doubles:**

Crystal Xu: Champion

### **Girl's 14's:**

Corina Popa: Consolation winner

### **Girls 12's:**

Katja Wiersholm: Champion, Yumi Toulegenova: Semifinals

### **Boy's 12's Doubles:**

Brett Pearson/Nedim Suko: Semifinals

### **Girl's 14's Doubles:**

Hallie Walker: Champion

### **Girls 12's Doubles:**

Amber Edmonds/Katja Wiersholm: Finalist, Sylvia Eklund/Zhera Suko: Semifinalist

### **Girl's 10's:**

Bianca Popa: Semifinals

### **Girl's 10's Doubles:**

Amina Avdic: Champion

# HIGH SCHOOL STATE RESULTS

**Congrats to the following CP Members and Past Members!**



## **4A**

Boys Doubles - 2nd - Aashray Anand – Eastlake

Girls Singles - 2nd - Vivian Glozman - Newport

Girls Doubles - 4th - Teagan Mach/Simran Ravichandran - Newport

## **3A**

Boys Singles - 1st - Oscar Burney - Garfield

Boys Singles - 2nd - Zach Fleischman - Bellevue

Boys Singles - 3rd - Brian Hou - Mercer Island

Boys Singles - 6th - Theo McDonald - Bellevue

Boys Doubles - 1st - Hunter Egger - Bellevue

Boys Doubles - 4th - Trey Von Gortler - Lakeside

Girls Singles - 2nd - Viv Daniel - Lakeside

Girls Doubles - 3rd - Myint-Zu Kyaw - Edmonds Woodway

Girls Doubles - 6th - Lina Larson/Jessica Liang - Interlake

## **2A**

Boys Singles - 4th - Ethan Romney - Sammamish

## **1B/2B/1A**

Girls Doubles - 1st - Rebecca Hasle/Mika Inadomi - University Prep

# MIX UP FRIDAY NIGHT



July 10, 2015

**RED,** WHITE and BREW!



Tennis: 5:30 pm—7:00 pm

Social: 7:00 pm

Complimentary festive beer!



*Sign up at the front desk—\$15 per member!*



# Aces Tennis

If it's tennis, we do it.

Hey Central Park Members,

Purchase a brand new Head racket this month through Chad and you will be entered into a raffle to win the in-stock Head tennis bag of your choice from our Bellevue shop! A reminder, if your racket is signed in with one of our stringing forms at the front desk, filled by 9:00am, we can have it returned and ready for play by 7:30pm the next day (Mon-Fri, excludes specialty string and grip orders).

Maybe you are just trying to find the right racket before you purchase one. No problem! We also have all the new rackets for demo from: **BABOLAT** (the new PURE DRIVES!), **HEAD** (the new SPEEDs and INSTINCTs!), **WILSON** (the new BLADEs and PROSTAFFs!), as well as all the other big brand names. Call to let us know what you are looking to try out! 425-453-9224

If you need new shoes to hit the courts in with your new racket, we have new colorways for the Gel-Resolution 6 that you make you stand out on the court!

Men's



Women's



If we don't have your size in stock, we can have it ordered within two business days.

For any questions or for further information, please contact us at [info@acestennis.net](mailto:info@acestennis.net) or call us at 425-235-9495 (Renton), 425-453-9224 (Bellevue).

## **Predict Wimbledon Champs and win a Prize!**

June's poetry contest ended without a winner; next time please get your entries in before the deadline! This month's contest is simple, predict the 2015 men's and women's Wimbledon champions. Grand prize winner receives a free string job, (value up to \$30). Entries due by the end of week one, Sunday, July 6th. Email us at [info@acestennis.net](mailto:info@acestennis.net), with your picks. Get both correct and you will be entered in the drawing. If nobody selects both winners, all entries will have a chance to be drawn.

*We match or beat internet prices and if we don't have your size in stock, we can have it ordered within two business days. - Aces Tennis*

# MEMBERSHIP

Welcome new members!

## NANCY AND RODNEY YEN

### FAMILY EQUITY

Rodney, Nancy, Tyler and Nicole Yen live in Sammamish. Tyler just completed his freshman year at Santa Clara University and Nicole will be a rising senior at Eastlake High School.



## MICHAEL GALE

### SINGLE EQUITY

Michael and Lara Gale are moving back to Seattle from Austin, Texas. They lived in Seattle from 2000 to 2002. He is a 5.0 USTA singles player trying to work out how to learn doubles as age and weight start to make their inevitable impact. Michael is a management consultant and has a book on digital transformation being published in early 2016. He also works with Win Forever consulting.



## JOHN AND CHERYL FORREST

### FAMILY EQUITY

John and Cheryl started playing tennis just 4 years ago. They have enjoyed playing at some other clubs, but are really looking forward to playing five minutes from home.



*Good luck and well wishes to our resigning members. We will miss you!*

*Heidi and John Kelly, Fred and Leora Wolf, Nelson Gonzalez, and Ryan Fike.*

# MASSAGE

I am happy to bring you therapeutic massage. My modalities include Myofascial, Deep Tissue, Cranio Sacral and Swedish Massage. Bring me your arms, shoulders and knee caps (ha! ha!).

Stay cool in the sun,

Freeman



## Freeman's Hours:

M	T	W	TH	F	S	SU
11 - 4	11 - 4	11 - 4	11 - 4	—	9 - 12	—



FREEMAN J. HELD  
*massage*

AT CENTRAL PARK TENNIS CLUB  
5820 125TH LANE NE  
KIRKLAND, WA 98033  
MOBILE: 425-765-0799  
[HTTP://FREEMAN.YOUCANBOOK.ME](http://freeman.youcanbook.me)

LIC. #10868

*Purchase 3 one hour massages for \$150 at the front desk.*



## ADVERTISING AND CLUB INFORMATION



## CENTER COURT CAFÉ

### New Summer Hours

Central Park Tennis Club's Cafe and Snack Bar

Monday - Friday:

10:00am - 3:00pm

Tuesday - Wednesday:

6:00pm - 10:00pm

Please email our chef, Alivia, with questions or comments.

kitchen@centralparktennisclub.com