CCN Pool and Fitness Menu 2016

Salads:

Baby spinach salad-6

A bed of baby spinach topped with julienned red onions, fresh strawberries, grape tomato halves, and feta cheese. Served with balsamic vinaigrette dressing.

Wedge salad-6

A wedge of crisp and fresh Iceberg lettuce topped with house made bleu cheese dressing, bleu cheese crumbles, chopped bacon and grape tomato halves.

Mixed greens salad-6

Mixed greens topped with shredded carrots, julienned red onions, grape tomato halves, and asiago cheese. Served with your choice of dressing.

Entrée salads

Chicken Caesar salad-12

Chopped Romaine lettuce tossed with real Parmigiano Reggiano cheese and Caesar dressing. Topped with a grilled chicken breast and seasoned croutons.

Spring Greens Salad Gourmande-17

Mixed greens tossed with mandarin oranges, candied walnuts, grilled asparagus, goat cheese, and lemon Dijon vinaigrette. Topped with your choice of grilled salmon or rare seared tuna loin.

Steak and Frites salad-17

Mixed greens topped with grape tomato halves, sliced red onions, and shredded carrots, topped with French fried potatoes, and a grilled or blackened sirloin steak. Your choice of dressing- we recommend the house made bleu cheese.

Sandwiches: Served with chips and a dill pickle spear

Grilled or blackened chicken sandwich-12

With lettuce, tomato, red onion, and Dijon mayonnaise. Choice of Brioche or a pretzel bun.

CCN pool Burger-11

A hand pattied ½ pound burger topped thick sliced bacon, American, pepper Jack, or Swiss cheese, lettuce, tomato, red onion, and Dijon mayonnaise. Brioche or pretzel bun.

French Dip sandwich-14

Real Ribeye sliced thin and Served with Swiss cheese, Au jus, and horseradish cream on a hoagie style bun.

Grilled Reuben Sandwich-14

Marble rye bread grilled with shaved corned beef, sauerkraut, Swiss cheese, and 1000 island dressing on the side.

Classic Club Sandwich-11

A triple decker classic with hand sliced brioche bread, turkey, ham, and thick sliced bacon with lettuce and tomato. Mayonnaise available upon request.

That's A Wrap!

Chicken Caesar Wrap-12

Grilled chicken with romaine lettuce, Caesar dressing, parmigiana Reggiano cheese, and grape tomato halves tossed together in a flour tortilla.

Buffalo chicken Wrap-12

Fried chicken tenders tossed in buffalo sauce, with lettuce, tomato, red onion, and shredded cheddar cheese, in a flour tortilla. Ranch or bleu cheese dressing on the side.

Greek Wrap-12

Your choice of grilled chicken or thin sliced ribeye, feta cheese, Kalamata olives, spinach, red onions, and tzatziki sauce.

Other Options!

Grilled cheese, bacon, and tomato-7

On white, wheat, or Rye! With your choice of American, Swiss, or Pepper jack cheese.

Chicken Tenders-8

4 chicken tenders with BBQ or Honey mustard to dip!

Grilled Jumbo Hot Dog-4.50

An all-beef Hebrew National Dog on a pretzel bun.

On the Side!

Natural cut French fries-4

Black and tan onion rings-4

Tadpoles! - Children 11 and under please! Served with chips

Lil' Audrey's PB&J-3

White or wheat with the crust cut off or left on if you like- Just how my daughter likes them!

Lil' Doug's Sliders-6

3 Lil' burgers with American cheese lettuce and tomato- just the way my son likes them!

Moon Dog!-3

A tadpole sized grilled all-beef hot dog served on a toasted bun

Grilled cheese-3

On wheat or white bread served with American cheese

Chicken tenders-4

With honey mustard or BBQ sauce for dipping