

March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2-3pm Ladies Only Clinic with Cynthia Navis see flyer	2 Fitness Classes with Golf Academy Strength and Flexibility Specialist -Bud Cassell start in April and will be every Monday and Wednesday at 4:30pm to sign up call the Trilogy Spa	3 3:30 to 5 NHS Boys 4-5pm Full Swing clinic with RD this Tues Only!	4 3-4pm Session 2: Gett Up & Down RD 4:15-5:15 Session 2 Course Mngt RD 3:30 to 5 NHS Boys 4-5:30 TFTCC Avrit	5	6 3-4pm Session 1: Get up and down with RD 4:15-5:15 Session 1 Course Mngt with RD	7
8 Sun 2-3 Ladies Only Clinic with Cynthia Navis see flyer	9 Fitness Classes coming see above note on 2nd	10 3:30 to 5 NHS Boys	11 -Cancer Clinic 1-2 3:30 to 5 NHS Boys 4-5:30 TFTCC Avrit	12	13 3-4pm Session 1: Getting up and down with RD 4:15-5:15 Session 1 Course Mngt with RD	14 12-1 Full Swing Clinic with (RD) this sat. only.
15 Sun Ladies Only Clinic with Cynthia Navis see flyer	16 3-4pm Session 2: Gett Up & Down RD 4:15-5:15 Session 2 Course Mngt RD Fitness TBA Fitness Classes coming see above note on 2nd	17 3:30 to 5 NHS Boys	18 3:30 to 5 NHS Boys 4-5:30 TFTCC Avrit	19	20	21 -
22 Sun 2-3 Ladies Only Clinic with Cynthia Navis see flyer	23 Fitness Classes coming see above note on 2nd	24 3:30 to 5 NHS Boys	25 -Cancer Clinic 1-2 3:30 to 5 NHS Boys LEARN GOLF! Lev 4 3-4pm 1 of 6 4-5:30 TFTCC Avrit	26 LEARN GOLF! Level 1 10-11, 1 of 6 LEARN GOLF! Level 2, 2-3, 1 of 5 on either course	27 9am-3pm 1 of 3 day Schl	28 9am-3pm 2 of 3 day Schl
29 Sun 2-3 Ladies Only Clinic with Cynthia Navis see flyer 9am-3pm 3of 3 day Schl	30	31 3:30 to 5 NHS Boys				