

Treviso Bay

October 2015

eNewsletter for the Members of Treviso Bay



Connect with your
Clubhouse and Community

Read the latest & greatest from Treviso Bay

COMMUNITY NEWS



Dear Residents,

Happy October! We would like to take this opportunity to update all of our wonderful residents here at Treviso Bay with community information.

ICON Management holds a Towne Hall Meeting once a month for our residents! Keep an eye out for our community updates for the dates and times.

Rental / Transfer Memberships: If you have a Transfer of Rental planned for the upcoming season 2015—2016 or a renewal, the paper work must be turned in and completed at least 15 days prior to Rental/Transfer start date. You can find all the necessary

Paperwork for Rental/Transfers under the Members Area at www.trevisobayhoa.com

Quick Courtesy Reminders: Please ensure that you have your membership cards with you at all times while visiting the Villa Rillasare Club! All guests must be accompanied by the member in order to use the amenities.

If you need to contact the Management Office please feel free to contact us!

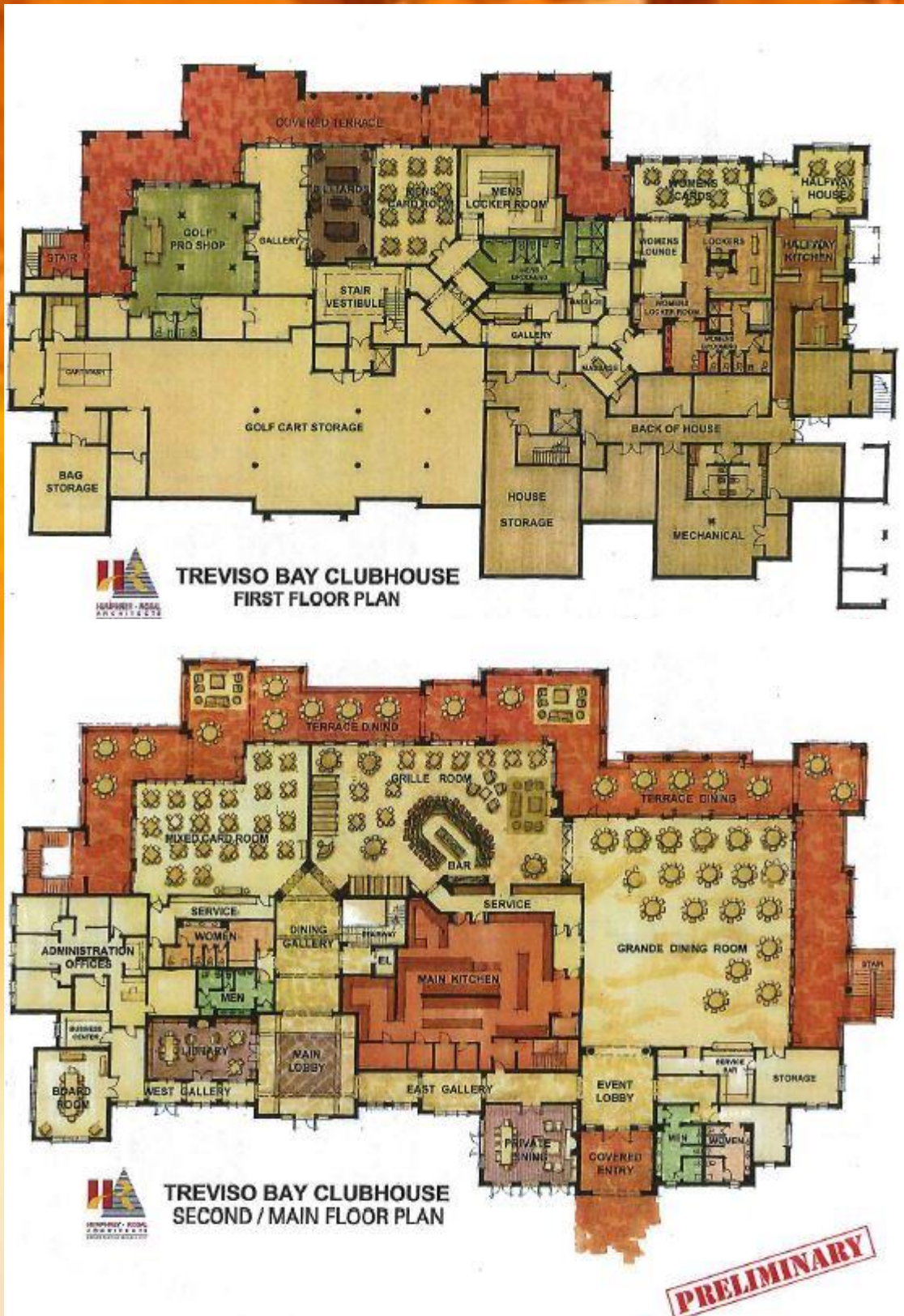
Scott Scharnott, LCAM
General Manager
Cell: 352.989.1332
Office: 239.331.3391

Michaela Neumann, LCAM
Association Manager
Cell: 239.595.0064
Office: 239.331.3391

Gabrielle Geraci, LCAM
Executive Assistant
Office: 239.331.3391

We would love to thank all of our amazing residents for an awesome summer here in our community, we are very excited for this upcoming season!

CLUBHOUSE PREMLINARY



GOLF UPDATE

Golf Shop News – October 2015

I'm happy to report that all of our summer golf course maintenance has been completed! The golf course is in wonderful condition and we hope to see all of you very soon!



Our Reciprocal arrangements with other area clubs allows our members access to their facilities for golf, dining and/or any other amenity they may offer. These arrangements run from May 1st through October 31st. To those members taking advantage of reciprocals during this time are asked to submit a Reciprocal Request Form to the Golf Shop within a 7 day window. For those who prefer to email your requests, please be sure to include the following addresses:

jmurray@theiconteam.com bdearmond@theiconteam.com mmarkle@theiconteam.com. This will ensure that your request is received in a timely manner as during these months, even the Professional Staff has a day off here and there (some Golf Shop humor for you). Golf Shop staff will attempt to secure your reciprocal times 2 days in advance. To find out which course and tee time your group has secured, please call the Golf Shop at 239-331-2052 and a member of the Professional Staff will assist you. For your convenience, a copy of the 2015 Reciprocal List along with a copy of the Reciprocal Request Form are included with this email.

As many of you are aware, the Chelsea Tee Time Reservation System will be implemented in the coming weeks. While I can't give an exact date as of the writing of this newsletter, I will give ample notice via email prior to going 'live' with this system. Once a date has been finalized, members will be able to make tee time requests up to 14 days in advance of the day they wish to play. All requests will be processed by the system 4 days in advance. We in the Golf Shop are planning to help our members learn this new system using several different options. We will be offering Chelsea Orientation dates in October (to start) and since we will have limited space available, ask that members sign up with us in the Golf Shop. We also plan to post a YouTube 'how-to' video with a link to find it on our website. Lastly, we have a Power Point presentation that will outline the entire process of making a request and tee time processing – along with notification and other pertinent information – that will also be posted on our website for your convenience.

Also coming up in October will be the start of Ladies' and Men's Days on Tuesdays and Wednesdays, respectively. The season promises to be a fun and exciting one with lots of great events – some new, some tried-and-true. Please look for the 2015/2016 Golf Calendar with this newsletter as it will outline our events for the year (some new season-long events will not be listed on the calendar). This calendar will also be accessible on the club's website.

Should you have any questions about any of the above or about any golf-related subjects, please don't hesitate to contact me via email at jmurray@theiconteam.com or in the Golf Shop at the number below. We look forward to seeing all of you on the golf course throughout the upcoming 2015/2016 season here at TPC Treviso Bay!!

Golfingly,

J.D. Murray, PGA
Director of Golf
TPC Treviso Bay
9800 Treviso Bay Blvd.
Naples, FL 34113
239-331-2052



BAR & GRILL UPDATE

**** Bar & Grille will be closed for Maintenance on Monday October 5th, The Restaurant will re-open Tuesday October 6th at 11 AM. Please note that The Grille will have no bar seating on the 6th for that day only, table seating will be available.**

HALLOWEEN HAUNTINGS

**AT VILLA
RILASSARE BAR & GRILLE**

SATURDAY: OCTOBER 31, 2015

**KIDS COSTUME CONTEST
3:00PM-4:00PM**

**ADULT COSTUME CONTEST
5:00PM-6:00PM**

\$10.00 ADMISSION FEE

**INCULDES ONE ADULT BEVERAGE/SOFT DRINK,
LIGHT BITES, SWEETS, TICKET TO ENTER CONTEST,
PRIZES!**

LIVE ENTERTAINMENT!!

**RSVP BY 10/24/15
@ AGARCIA@THEICONTEAM.COM**

Soup of the Day.....3.25

Salads

All Salads Available Chopped and Tossed upon Request

Add Chicken.....4.50 Shrimp.....8.25 Salmon.....6.75 Mahi-Mahi.....6.75 Grouper.....9.75 Filet Mignon.....10.25

Sesame Seared Ahi Tuna Field Greens, Pickled Ginger, Wasabi, Egg, Carrot, Red Onion and Sesame Vinaigrette.....	13.25
Steak Salad Romaine Lettuce, Tomato, Fried Crispy Onion String, Filet Mignon and Blue Cheese Dressing.....	15.50
Triple Berry Salad Field Greens, Goat Cheese, Fresh Berries, Candied Pecans and Raspberry Vinaigrette Dressing.....	10.50
Classic Caesar Salad Romaine Lettuce, Brioche Croutons and Shaved Parmesan.....	8.75
Cobb Salad Romaine Lettuce, Boars Head Turkey, Ham, Cheddar-Jack Cheese, Bacon, Tomato, Avocado, Kalamata Olives, Egg & Ranch Dressing.....	12.25

Specialties

Grilled Margarita Chicken Yellow Rice & Black Beans or Broccoli, topped with Key Lime Butter and Pico de Gallo.....	9.25
Blackened Mahi-Mahi Tacos Flour Tortilla, Pineapple Slaw, Avocado, Chipotle Sour Cream with Tri-colored Chips.....	12.50
Fish & Chip Basket Fried Basa served with French Fries and House Rémoûlade.....	12.75
Quesadilla Chicken, Shrimp or Steak with Sautéed Onion, Peppers, Lettuce, Cheddar-Jack Cheese, Sour Cream and side of Pico de Gallo.....	11.25
Treviso Bay Crab Cake Basket Two Crab Cakes served with side of Fries and House Rémoûlade.....	14.75

Sandwiches

Choice of side: Sweet Potato Fries, French Fries, Bistro Chips, or Fresh Fruit

B.L.T Apple wood Bacon, Lettuce, Tomato on Toasted White Bread.....	9.25
Chicken Philly Cheese Steak Sandwich Peppers, Onion, Provolone cheese and Marinara on Toasted Cuban Bread.....	11.75
Boars Head Turkey Bacon Club Apple Wood Bacon, Turkey, Lettuce, Tomato and Onion on Berry Wheat Bread.....	9.75
Buffalo Chicken Sandwich Fried Chicken Breast tossed in Buffalo sauce, Cheddar-Provolone Cheese, Lettuce, Tomato and Onion.....	9.75
Black Angus Burger Grass-fed Beef with Lettuce, Tomato and Onion on a Fresh Brioche Roll.....	11.50
Grilled Grouper Sandwich Toasted Cuban Bread served with Lettuce, Tomato, Onion, Pineapple Salsa and House Rémoûlade.....	14.50
Fried Basa Sandwich Butter toasted Brioche Roll served with Lettuce, Tomato, Onion, Pineapple Salsa and House Rémoûlade.....	9.50
Garden Burger Fresh Vegetable Gluten Free Patty served with Lettuce, Tomato, Onion, side of Garlic Aioli on Gluten Free Bun.....	9.25
Grilled Chicken Sandwich Grilled or Blackened Chicken Breast with Lettuce, Tomato and Onion.....	9.25

Wraps

All Wraps Available Pressed upon Request

Boars Head Turkey Wrap Field Greens, Pepper Jack Cheese, Bacon and Cranberry Mayo inside a Chipotle Wrap.....	9.75
Cobb Salad Wrap Boars Head Turkey, Ham, Cheddar-Jack Cheese, Tomato, Avocado, Kalamata Olives, Egg, Ranch and Bacon inside a Garlic Wrap.....	11.50
Chicken Caesar Wrap Grilled, Blackened or Fried Chicken, Romaine Lettuce, Shaved Parmesan and Caesar Dressing inside Garlic Wrap.....	8.75
Veggie Wrap Vegetable Gluten Free Patty served with Lettuce, Tomato, Avocado and Onion inside a Gluten Free Wrap.....	9.25
Burger Wrap Grass-fed Beef with Lettuce, Tomato and Onion inside a Chipotle Wrap.....	11.50
Seafood Wrap Choice of Shrimp, Grouper, Mahi or Salmon with Romaine Lettuce, Pineapple Slaw and side of House Rémoûlade.....	12.75

Lite Bites

B/C Chips Kettle Chips with Bacon, Blue Cheese Crumbles and Balsamic Glaze....	4.75	Tempura Artichoke Hearts with Marinara Sauce.....	4.75
Truffle Fries Topped with Bacon, Scallion and Parmesan Cheese.....	4.75	Buffalo Chicken Sliders Tossed in Buffalo with Fries.....	4.75
B.L.T Sliders Bacon, Lettuce and Tomato served with Kettle Chips.....	4.75	Chicken Wings Hot, BBQ, Mild or Sweet Chili.....	6.75
Mozzarella Sticks Tempura Battered Cheese served with Marinara Sauce.....	4.75	Burger Sliders with American Cheese and Fries.....	6.75
Shrimp Kisses Bacon-wrapped with Pepper-Jack Cheese and Thai Chili Sauce.....	6.75	Coconut Shrimp Sweet Chili Glaze with Pineapple Salsa.....	6.75
Seared Ahi Tuna Atop Field Greens with Sesame Vinaigrette.....	6.75	Fried Calamari with Banana and Cherry Peppers.....	6.75

Consumption OF RAW OR UNDER COOKED MEATS POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS
18% gratuity fee will be automatically added to each check.



WEEKLY DRINK SPECIALS

Monday: \$5.00 Mango Margarita's

Tuesday: \$6.25 Twisted Green Tea

Wednesday: \$5.25 Bloody Mary

Thursday: \$6.00 Dark & Stormy

*Friday: \$5.00 Daiquiri's (Strawberry,
Mango, Banana & Pina Coladas)*

Saturday: \$5.00 Sangria of the Day

Sunday: \$5.00 Sangria of the Day

TENNIS UPDATE

NEW STRINGING MACHINE!

The basic rule of thumb for restringing a tennis racket throughout the year is to restring the racket as many times as you play in a week. For example, if you play four times per week, you should restring your racket four times per year. The strings may not show any wear, but putting a fresh set of strings in your racket helps the racket to perform the way the manufacturer intended.

Strings lose their tension over time. Some strings, such as multifilament strings, tend to lose tension more quickly. Players who keep their rackets in the heat of their car may also have to restring more often, because the strings lose a significant amount of tension in the heat. A tennis racket left in a car for one hour during the heat of the day loses 18 percent of its tension, according to the famous tennis coach Nick Bollettier.

All tennis strings have resiliency or "life." Over time, the strings lose their resiliency and begin to feel dead when the ball is hit, since they no longer have the ability to give energy back to the ball. To keep your racket performing at its best, you may want to restring it once "you sense a loss of life". Your play rate can also be a factor. If you have a freshly strung racket but do not hit a ball for 12 months, the strings will lose some of their life.

To stay in control over your desire shots, keep your racket and strings as fresh as possible!

OFFERING 1 FREE ESTIMATE ON YOUR RACKET!



ROUND ROBIN TOURNAMENT



Date: October 17th

Time: 8:30 AM

Cost: \$12.00



After Tournament Food & Beer

Special at the Pool Bar

Trivia Questions and Prizes!

PLEASE CALL OR STOP IN TO THE TENNIS PRO SHOP

TO SIGN UP

239.228.7027

(LIMITED TO THE FIRST 28 PLAYERS)



FITNESS CENTER UPDATE

Class Descriptions

Spin: Mondays, 10am & Fridays, 10am—This multilevel spin class is a 2 for 1 powerhouse workout, coupling cardiovascular endurance with muscular endurance by manipulating the resistance on the fly wheel, activating muscles throughout the body while having particular emphasis on the legs and core. This workout uses fun music to separate your intervals for about 50 minutes followed by a recovery, cool down and stretching. Please arrive 10 minutes early for proper bike set up. Bring your water bottle and towel.

Body Barre with Kim: Thursdays, 10am—This ballet inspired class corners the market for lean sculpted legs and core stability. Barre classes target muscles like you've never felt before. We work on centering the hips, challenging your balance, strength and stability, while moving the body in multiple planes of motion. This means increased flexibility, better functional movement and potentially fewer injuries. Barre is traditionally a barefoot class or if preferred using socks with grips is an option. Please bring a mat, a towel and your water bottle.

Strength and Stretch with Kim: (intermediate-advanced) Tuesdays, 10am—Come join us for a wide variety of strength training exercises that will shape and define your entire body. Each exercise will work multiple muscle groups that will burn the maximum amount of calories while increasing your strength, stamina and flexibility. Other benefits are improved core, stability and balance along with injury prevention. Once we have reached muscular fatigue, we will stretch those individual muscles. Please bring your mat, towel and water bottle.

Aqua Blast with Melody: Fridays, 9am—This low impact workout is great for all levels. Have fun exercising while moving to the beat with a variety of moves to burn those calories, get the heart pumping and strengthen your muscles. Meet us in the lap pool and hop in. Water shoes are optional. Bring your noodle, towel and water bottle.

Pilates/Yoga/Tai Chi Mix with Melody: Wednesdays, 8:30am—Any level of fitness is welcome to join Melody for this mind/body format that includes a gentle blend of exercises with benefits ranging from Flexibility, Strength, Stress Relief, Balance Challenge and Core Strengthening. Walk away feeling refreshed and energized for the rest of your day. No shoes required. Bring your mat, towel and water bottle.

Tabata Spin with Kim: Wednesdays, 10am, - Intervals, intervals, intervals—This heart-pumping workout uses energetic music with separate 20 second intervals and 10 second rest periods repeated 8 times per song followed by arm strengthening sequence and cool down. Please arrive 10 minutes early for proper bike set up. Bring your water bottle and towel.

Cardio Pump with Melody, Mondays, 8:30am—Get your heart pumping and those muscles burning with this all-in-one class. This circuit style class keeps you moving the whole time switching from cardio to weight bearing exercises. You'll get a complete, total body workout after working each major muscle group with a variety of moves. Build muscle, burn fat, feel stronger and have more energy. Bring your mat, towel and water bottle.



YEAH.
I work out

October 2015

Fitness Schedule

Monday's	Tuesday's	Wednesday's	Thursday's	Friday's
8:30 am Cardio Pump with Melody \$\$	10:00 am Strength & Stretch with Kim \$	8:30 am Pilates/Yoga/Tai Chi Mix w/ Melody \$\$	10:00 am Body Barre with Kim \$	9:00 am Aqua Blast with Melody \$\$
10:00 am Spin with Jayne \$	3:00 pm Intro to the Fitness Center	10:00 am Tabata Spin with Kim \$		10:00 Spin Fusion with Jayne \$\$

Fitness Center: 24 hour access with Treviso Bay Membership Card

\$ = Member Fee \$8 \$ = Guest Fee \$12 Q uestions: Please call (239) 228-7025

Intro to Fitness Center: Tuesdays, 3pm

Have questions on equipment, rules or classes? Our fitness staff will take you through the fitness center to go over the proper use of equipment and any general questions you may have so you can get the most out of your workout time.



FREE BoxMaster Workout Session



Cardiovascular

Rotational Strength (golf/tennis)

Increased Power Delivery (golf/tennis)

Improved Reflexes

Cognitive Training

Stronger Core



Sign up for one complimentary session today!

***Hurry! The first 5 to sign up for a 10 pack of sessions
gets a FREE set of pro wrap gloves.***

Come by the Fitness Center or give us a call at 239.228.7025

INJECT SOMETHING NEW INTO YOUR FUNCTIONAL TRAINING ZONE



Did you ever want to try boxing? Now is your chance. Come experience a new form of non-intimidating boxing style conditioning. Treviso Bay Fitness is one of the very few fitness centers in Southwest Florida that has the opportunity to offer this type of total body workout.

The BoxMaster creates the ultimate boxing training station. The key to its design is the spring system attached to each pad. These springs have been set up to replicate punching a focus mitt, but by offering a slight “give” in the pads on impact. Each pad has been set up specifically to replicate different styles of punching, allowing the participant to throw any punch, or any combination of punches at any time.

The BoxMaster program will change the face of fitness and functional training. In roughly 30 minutes you will experience a workout like no other. A 5 minute warmup followed by 7 active punching rounds and 7 active recovering rounds each 90 seconds long (based on fitness level).

Through the course of this workout you will hit every aspect of conditioning training both aerobically and anaerobically in an interval format like no other.



TREVISO BAY IMPORTANT CONTACTS

9323 Treviso Bay Blvd
Naples, FL 34113
Phone Number: 239.228.7027
www.trevisobayhoa.com

Lennar Customer Care
866-226-4057

Icon Management Services
Monday-Friday, 9:00 AM-5:00PM
239.331.3391 Phone

Golf Shop
Every Day, 7:00am-5:00pm
Phone: 239.331.2052

Tennis Shop
Monday-Friday, 8:00 am-5:00 pm
Saturday, 8:00 am-12:00 pm
Phone: 239.228.7027

Treviso Bay Bar & Grille
Monday-Wednesday, 11:00 am-4:00 pm
Thursday, 11:00 am-6:00 pm
Friday, 11:00 am-8:00 pm
Saturday & Sunday, 11:00 am-6:00 pm
Phone: 239.228.7027

Fitness Center
24 Hours, every day
Gate card needed for access.

Swimming Pools
Open from dawn until dusk.

Gate House
Phone: 239.384.9380

General Manager
Scott Scharnott, LCAM
Office: 239.331.3391
Cell: 352.989.1332
E-Mail: sscharnott@theiconteam.com

Treviso Bay Association Manager
Michaela Neumann, LCAM
Cell: 239.595.0064
Office: 239.331.3391
E-Mail: mneumann@theiconteam.com

Administrative Assistant
Gabrielle Geraci, LCAM
Phone: 239.331.3391
Email: ggeraci@theiconteam.com

Director of Golf
JD Murray, PGA
Phone: 239.331.2052
E-Mail: jmurray@theiconteam.com

Director of Tennis
Mike Smith, USPTA
Phone: 239.228.7027
E-Mail: msmith@theiconteam.com

Director of Fitness
Kimberly Williams
Phone: 239.228.7027
E-Mail: kwilliams@theiconteam.com

Food & Beverage Manager
Adriana Garcia
Phone: 239.228.7027
E-Mail: agarcia@theiconteam.com

Executive Chef
Josh Littman
Phone: 239.228.7027
E-Mail: jlittman@theiconteam.com

