

March Madness

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With the arrival of Spring we've added fresh events to keep everyone in the community active and social. New to the calendar will be a nutrition class taught by Marissa from our fitness center. She will explain good fats vs. bad fats, protein sources, and create a grocery list just for you! The class will be held on March 21st and will be a \$10 fee. Please RSVP with Marissa at 239-228-7027.

Everyone at Icon Management Services wishes you a safe and Happy St. Patrick's Day!

kindest Regards,

Jessica Martin
Assistant Property
Manager



Villa Rilassare:
239-228-7027

Golf Shop:
239-331-2052

Important Phone Numbers & Hours of Operations

Treviso Bay Sales Center
239-304-8609
Monday– Saturday 9 AM-6 PM
Sunday 10 AM-6PM

Lennar Customer Care
866-226-4057

Treviso Bay Golf Pro Shop
239-331-2052

Treviso Bay Gate House
24 hours/7 Week
239-384-9380

Property Management Office
239-228-7027
Monday– Friday 9 AM– 5 PM
Saturday– Sunday 10 AM– 3 PM

Regional Director
Katrena Herron
kherron@theiconteam.com
239-331-3391
239-293-5688

Assistant Property Manager
Jessica Martin
jmartin@theiconteam.com
239-331-3391

Executive Assistant
Dianne Rabkin
drabkin@theiconteam.com
239-344-9928

Golf Director
Mark Wilhelmi
mwilhelmi@theiconteam.com
239-331-2052

Head Golf Professional
JD Murray
jmurray@theiconteam.com
239-331-2052

Golf Course Superintendent
Todd Draffen
tdraffen@theiconteam.com
239-344-9928

Swimming Pools
Open from Dawn to Dusk

Emergency 911

Sheriff Collier County-
NON EMERGENCY 239-252-9300

East Naples Fire Department 239-774-7111

Collier County Water 239-252-6245

Florida Power & Light 800-468-8243

Comcast 800-266-2278

Waste Management 239-252-2380

Teco Gas 877-832-6747

Tennis Pro Shop 239-228-7027
Monday-Friday 8 AM– 5PM
Saturday 8 AM- 1 PM

Treviso Bay Grille 239-228-7027
Monday– Sunday 11 AM– 4 Pm
Bar
Monday– Sunday 11 AM– 6 PM

Treviso Bay Spa 239-228-7026
Tuesday– Saturday 10 AM– 4 PM
Sunday & Monday By Appointment Only

Treviso Bay Fitness Center 239-228-7027
24/7

Villa Rilassare 239-228-7027



Let us know what we can do to assist you!

Treviso Bay's Newest Homeowners

Acqua:

- Gibson

Di Napoli:

- Sedor



**Welcome to
Treviso Bay!**

Piacere:

- Gallivan
- Collins
- Gallagher

Italia:

- Amlani



Community News

Time to Spring Forward! Daylight Savings will begin Sunday March 9th!

Treviso Book Club

Meetings: First Thursday of each month

Time: 4:30 p.m.

Place: Treviso Bay's main pool at poolside bar

Next meeting will be March 6. Book discussion: *The Invention of Wings* by Sue Monk Kidd

Contact Kathy Pierce if interested in joining at ktpcrp@aol.com (please put book club in subject).

We will be holding New Member Meeting's the 3rd & 17th of March. Please come to this informational meeting about the community & Clubhouse Center. You can also find the Community Documents with Rules & Regulations on our website at www.trevisobayhoa.com!

Clubhouse lockers will be made available to Members of the Treviso Bay Community as of March 3, 2014. The lockers will be available for daily use and annual rental. Treviso Bay Locker rooms are open 24 hours a day with the Membership Card providing after hours access.

Daily use lockers will be available on a first come first serve basis. Any items left in the locker room after hours will be emptied and placed in the management office. Annual Rentals for the lockers will be \$120.00. Paperwork is available in the Treviso Bay Management Office.

Note from our Golf Course



Golf Shop News – March 2014

As most of you have noticed by now, the golf course is busy! With the weather here in paradise being perfect most every day, we expect our golf course to continue to be full of activity. With that in mind, we ask for consideration of other members when the need for changing or canceling a tee time arises. Our policy states that a minimum of 24 hour notice must be given when making a change or cancelation to a tee time. This will allow Golf Shop staff the opportunity to offer the opening to another member of the club.

This month, we are planning the first-ever TPC Treviso Bay Club Championship and our second Nine & Dine of the season. The Club Championship will be held on Saturday & Sunday, March 15th & 16th while the Nine & Dine will be held on Thursday, March 27th. Sign-up for these events begin 2 weeks in advance so make sure you stop in the Golf Shop or call 239-331-2052 for details and to sign-up. Please take a look at the Golf Calendar included with this newsletter which will outline the events scheduled for March. Please remember, players wishing to play in any club-run golf event must possess a valid USGA handicap within the Treviso Bay handicap system and have a minimum of 10 scores posted. A member of the Professional Staff will be happy to help with any questions you may have regarding any of our events or the handicap system.

We are excited and look forward to full participation in 2014 and our schedule of events is based completely on your involvement. We hope to see all of you on the golf course this season!!

Golfingly,



J.D. Murray, PGA

Head Golf Professional

TPC Treviso Bay

Treviso Bay Grille

Treviso Bay Pool Grille is pleased to announce that starting the first week in March we will be open on Tuesday's from 5-8 PM serving all you can eat Spaghetti buffet, with vegetarian Tuscan marinara sauce, meat balls, sausage and garlic bread, as well as a build you're our salad bar.

On Friday's from 5-8 PM we will be hosting our "Fish Fry Friday", with all you can eat lightly breaded Tender "Basa" with a build your own salad station. We will also be offering a limited dinner menu with some other enticing selections.

Our "Happy Hour" will be starting one hour earlier to 3-6 PM Sunday to Friday & Saturday 3-8 PM.

All of us at Treviso Bay Pool Grille thank you for your patronage and patience as we continue completing our facility; these are exciting times for all of us!

See you all at the Grill,

Chef Josh & Staff.

Treviso Bay Tennis

Lob's and Angles

One of the most frequently asked questions I get as a tennis pro is, "How do I play against a good lobber or a good angle hitter"? The answer is simple, do not give your opponent the opportunity to hit a lob or an angle. In other words, the ball you gave your opponent allowed him/her to lob or angle you. If you as a tennis player strike a ball that puts your opponent on the defensive first, then the lob or angle becomes a low percentage shot. I have never met a tennis player at any level who was able to lob or angle a ball effectively while on the defensive.

I'm not saying we should be hitting the ball as hard as possible every time we get a chance to, but, we should be placing the ball well and moving our opponents often. Tennis players are smart, if a ball is hit in the middle of the tennis court with no pace, and a player attacks the net, the opponent will lob. If a ball is hit with depth, and an opponent attacks the net, the lob becomes a defensive shot...the advantage goes to the net team.

For any questions or concerns about this topic or any others please feel free to contact me in the tennis office!

See you on the courts.

Shawn Hedrick

Treviso Bay Fitness

I bet you weighed yourself this morning... Did you approve of the number or were you expecting lower? Excited or depressed today? We've all been there, so don't beat yourself up too much.

I'm here to tell you that you should reconsider stepping on the scale daily. Why? Because the scale certainly doesn't tell the whole story and can send you into an unnecessary roller coaster of emotions.

THREE REASONS TO NOT STEP ON THE SCALE DAILY:

1. Your weight will fluctuate more than the stock market over the course of 24 to 48 hour period. Fluctuation factors are based on what you ate in the last 24 hours, your water intake, sodium intake, your clothing, and what time of day you weighed yourself. All of which influence your scale weight.
2. Your weight does not tell the whole story. It's true, muscle weighs more than fat. If you are eating healthy and lifting weights but the scale does not budge, then congratulations you have regenerated new muscle tissue. You can weigh the same as you did a year ago but today your body is thinner, leaner and stronger, all due to fat loss and muscle gain. The only way to sustained fat loss is through increasing your muscle mass. It takes 50-100 calories to keep 1 pound of muscle alive. What that means is the more muscle you have the more calories you will burn 24/7. Gaining 5 pounds of new muscle equals an additional 10,000 calories a month. That is equivalent to 1 hour of aerobics a day, 6 days a week. More muscle allows for more time by the pool relaxing and still burning as many calories as a walk on the treadmill.
3. The scale does not define success! You set a goal to lose 20 pounds and three months later you have lost 15 pounds and you're disappointed. Now you consider yourself a failure. Wrong! You lost 15 pounds of un-wanted weight. In my book that equals success. Do NOT get caught up in the numbers game! Suggestion... If you are a cardio junkie, cut your cardio time in half and start lifting weights. The best way to measure your progress is to measure your major muscle groups with a tape measure every eight weeks. If your clothes fit better then it doesn't matter what the scale says!

Kim Williams
Treviso Bay Fitness director



Treviso Bay Spa

Are you looking for a simple, nonsurgical way to smooth fine lines and wrinkles on your face? Do you want to add volume to your lips? Dr. Javier Lugo MD, a Board Certified Physician, is offering specials on cosmetic procedures to clients of Utopia Spa on March 14, 2014. Save on Dysport and dermal fillers:

Perlane and Restylane -Regular price is \$500 for each syringe.

Utopia Spa Day Special Pricing:

Buy two syringes and save \$75.

Buy three syringes and save \$150.

Syringes must be administered in one visit.

Botox only \$10/unit

Dysport only \$8/equivalent unit

Utopia Spa Special Pricing: 40 units of Dysport for \$119

40 Units will do crows feet or between the brows. *Depending on needs additional charges may apply

Must book appointment by March 7th. \$15 to hold your spot and goes towards any U-topia Spa purchase.

Advanced Consent form required

Dr. Lugo offers complimentary consultations for varicose vein treatment on the legs and Laser IPL treatment for pigmentation (brown spots), broken capillaries, hair removal. (Bikini, underarms, face, back, legs), acne scars and stretch marks.

Please RSVP to 239-228-7026 * If you get recording please leave a detailed message or email kylie@u-topiaspa.com

CREATE YOUR LOOK

MAGIC HOUR

golden light and warm, shimmering color



Face

- Apply a thin layer of Smooth Affair Facial Primer & Brightener with fingertips all over the face. Wait until primer has been absorbed before applying your foundation.
- Apply Glow Time Full Coverage Mineral BB Cream* in your shade with fingers, applying a small amount to one area of the face at a time. Gently pat into skin and repeat until application is complete. For an ultra smooth finish, blend with the Flocked Sponge or Blending Brush.

Eyes

- Using the Eye Shader Brush, apply the lightest shade of Golden Girl PurePressed Eye Shadow Triple to the inner corner and brow bone.
- Using the Crease Brush, apply the darkest shade of Golden Girl from the outer corner into the crease.
- Using the Eye Shader Brush, apply the medium shade of Golden Girl to the center of your lid.
- Using the Angle Eyeliner Brush, apply Brown Jelly Jar Gel Eyeliner to your top lash line. Take the Detail Brush and apply the darkest shade of Golden Girl to the lower lash line.
- Apply PureLash Lash Extender & Conditioner to the upper and lower lashes followed by Brown Black PureLash Lengthening Mascara.
- Use the Bitty Brow Kit* in your shade to define and enhance brows.

Cheeks

- Apply Comfort In Touch Highlighter to the apples of your cheeks, blending out toward your temples.
- Apply So-Bronze 1 under the cheek bones, along the temples and hair line using the White Fan Brush.

Lips

- Apply the stain from Craze Lip Fixation. Wait 30 seconds and top with the gloss.

*The model shown here is wearing BB5 Glow Time Full Coverage Mineral BB Cream and Bitty Brow Kit.

jane iredale
THE SKIN CARE MAKEUP®

We're on the web!

www.trevisobayvip.com

TREVISO BAY MASTER HOA

9004 Tamiami Trail East
Naples, FL 34113
239-331-3391
239-293-5688
kherron@theiconteam.com



Treviso Bay is unlike any other golf course community Southwest Florida has ever seen. Treviso Bay is world class golf and country club community, surrounded by the luxury of Naples living. No other community in Naples offers you the exclusive benefits associated with a TPC golf experience, included with your new Lennar Home. The homes and amenities exude a Mediterranean flair while the golf course offers a championship experience like no other. Treviso Bay is surrounded by the best of Naples' beaches, shopping, dining, boating, and fishing. Whether you are looking for a spacious single family home, or a maintenance free condominium, Treviso Bay has it all. Welcome to Treviso Bay!

Would you like to be a part of the next newsletter?

Any resident can submit an article, event notices, picture, etc, for our newsletter! Newsletter article submissions should be dropped off at the Management Office or emailed to

jmartin@theiconteam.com.

