April 2019 FORE & MORE

--MANHATTAN COUNTRY CLUB--

Happy Birthday!

- 1. Deanna Munson
- 2. Mary Jo Myers, Mont Fair, Warren Meats, Cody Catlin
- 3. Lori McDonald
- 4. Karolyn Tacha
- 5.Shawn Drew, Kerry Morris
- 7. David Walker, Mary Swanson
- 8. Michael Shilling
- 10. Lois Mitchel, Gerry Ince
- 12. Jennie Neville
- 14. Linda Brandenburg
- 15. Samantha Liby
- 16. John Koch, Aaron Philpott
- 17. Amy Reed, Brooke Robbins

- 18. Stephanie Grennan, Jensen Scheele, Laura Struebing
- 19. Jennifer Aggson, Brad Heise
- 20. Susan Speaks, Katherine Langton
- 22. Arrie Kridner
- 23. Nancy Hofbauer
- 24. Scott Payne
- 25. Brian Fehr
- 26. Jeff Fuller, Danielle Heise
- 27. Kara Riemann
- 29. Cindy Sloan, Lawrence Baker Jr., Rawley Philpott
- 30. Greg Lohrentz, Jack Wilson

Club XIX Hours

Breakfast Sunday: 8:00 am - 1:00 pm

Lunch Tuesday thru Saturday: 11:00 am - 5:00 pm Sunday: 11:00 am - 5:00 pm

Dinner Tuesday thru Saturday: 5:00 pm - 9:00 pm

The Manhattan Room and Pineview enjoy the same hours as Club XIX. Make your meal special with a spectacular view of the city or course.

Golf Shop Hours Monday: Closed Tuesday thru Sunday: 8:00 am - 8:00 pm

Fitness Hours Sunday and Monday: 6:00 am - 4:00 pm Tuesday thru Saturday: 6:00 am - 8:00 pm

2019 BOARD MEMBERS

President - Dennis Fair Vice President - Luke Neville Secretary - J.D. Kennedy Treasurer - Jim Wassberg

Members - Chris Barr, Ester Carpenter, Bill Frost, Mark Hungerford, Pat Keating, Mark Knackendoffel



Friday, April 19th Friday, May 17th Friday, June 21st

We would like to invite our members to relax while their kids are in a family friendly environment. Kidz Klub will take place from 5:00pm to 9:00 pm. The price is \$10 per kid and tips for the staff are HIGHLY ENCOURAGED!

Due to safety concerns Kidz Klub is limited to kids between the ages of 2 years old and 12 years old.

> *If there are no reservations by 2:00pm on the day of Kidz Klub it will be canceled.

A Letter From Our Food & Beverage Department!

Spring is finally upon us, and we are looking forward to better weather!

With better weather comes the kickoff to our golf season. TEG will be resuming on April 9th, followed by Men's League on the 11th. We're excited to be hosting both of these groups in the restaurant again.

Shortly after is Easter on April 21st, and we are holding our annual Easter Egg Hunt and Brunch. If you have not submitted your reservations, please call the office. We are hoping for a big turnout.

The month of May will also be full of exciting events! Our Mother's Day Brunch will be on Sunday, May 12th. The pool reopening is taking place on May 23rd, the Thursday before Memorial Day.

We hope to see you all at the club!

Maison Rickerd Food & Beverage Manager maison@themanhattancountryclub.com Troy Curry Head Chef chef@themanhattancountryclub.com



Easter Brunch April 21st

11:00am, 12:00pm, and 1:00pm seatings. Call the office to RSVP 785.539.7501 Adults \$29.95 | Children \$12.95

Brunch Options Cheesy Scrambled Eggs Home Fries Bacon and Sausage Patties Biscuits with Sausage Gravy Lunch Options Fried Catfish Turkey Pot Pie Oven-Roasted Chicken

Carving Station Steamship Round of Beef Steamship Pork Roast

Sides Buttered Corn Country Style Green Beans Macaroni and White Cheddar Cheese Roasted Marble Potatoes Warm Rolls with Butter Children's Buffet Chicken Tenders Popcorn Shrimp Macaroni and Cheese Tater Tots

Desserts

An array of sweet creations including Carrot Cake, Double Chocolate Cake, Assorted Cookies and Other Tasty Treats.

A Letter From Our Golf Professional!

Ladies and Gentlemen,

Hello golf season! Leagues, events, and tournaments are right around the corner! Hopefully you all enjoyed the Polar Open, and removed some of that rust from your swing. I have always enjoyed that format for a lot of reasons.

Now that we will be having a full golfing year, please be on the look out for changes to schedules. Mark's aerification schedule, tournament changes, and new events will be added to the schedule for all to participate in. More information will be out as we lock in dates and any other resources we might need for these events.

Moving forward, I believe we are in great hands with the board and our new General Manager. We are all looking out for the best interest and future of your club. I am anxious to see and be a part of the great things to come!

See you soon!

MASTERS

TOURNAMENT

Scott Wempe PGA District Director of the Flint Hills Midwest PGA Head Golf Professional scott@themanhattancountryclub.com

Masters Watch Party April 14th

Keg Sponsored by the Harrison's

Pimento Cheese Sandwich - \$4 Egg Salad Sandwich - \$4 Fried Chicken Sandwich - \$6 Pulled Pork Sliders - \$8 California Club Croissant - \$8 Green Jacket Salad - \$6



A Letter From Our Grounds Superintendent!

As most of you have probably heard, our Zoysia project has been delayed. Our cultural practices over the last six months have been geared toward completing the project this summer. We did not over seed last fall in order to save money and provide quality turf this spring. We have been working with some of the university turf experts on a plan of attack to give our fairways the best possible chance to thrive this summer. We believe the Zoysia project would be highly beneficial to the course and all the golfing members. This is an excellent project when done at the appropriate time that aligns with all of the Club's obligations and goals.

In the month of April we start our pre-emergent program along with our broadleaf program. We will be aerifying the greens on April 9th and 10th, which helps with compaction and air throughout the soil. These cultural practices help give us a good start for the upcoming growing season. Our crew is growing in size, with some returning employees and a few new ones. We are looking forward to the upcoming season, and with the warmer weather upon us we are hoping to see more and more golfers.

Hope to see you on the golf course! If you have any questions or comments feel free to contact me.

Mark McKain Golf Course Superintendent mark@themanhattancountryclub.com







2019 Ladies Invitational

May 14, 2019 Date:

8am coffee and light breakfast 9am shotgun Awards & Lunch follow play

Format: Two person best ball

Entry Fee: \$130 per team

Sponsored by:

Includes golf, cart, breakfast and lunch, Mulligans and Tee Gift



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Entry Deadline: May 9, 2019

Limited to first 50 teams Participants must have a USGA handic have your pro turn in 5 scores to Scott Wempe (785-539-6221) by May 9



Tari Piskac Return 7549 Spillway Marina Rd. Entry Manhattan, KS 66502 Form 785-477-6886 To: mcc.ladies@yahoo.com

Checks payable to: MCC LGA

Player #1	
Home Club	 GHIN#
Email:	 Phone #
Player #2	
Home Club	 GHIN#

A Letter From Our Massage Therapist!

Ways Massage Can Help Reduce Neck Pain and Stiffness.

The most common causes of neck pain and stiffness that I see in my massage practice are bulging discs, impinged nerves, Stenosis, Scoliosis, and muscle spasms. Massage can often help in any one of these conditions. It is recommended to see a medical doctor first if your neck pain is unmanageable, a sudden onset, or impairs function.

For neck pain caused from tight muscles these are the massage modalities that can help give you relief:

- 1. Swedish Massage consists of gentle, long, smooth strokes to relax the muscles, increase circulation to the area, promote lymph flow drainage, and relax over-stimulated nerves.
- 2. Deep Tissue can zero in on the deeper or smaller muscle culprits to release spasms at a deep level.
- 3. Neuromuscular Massage helps to release impinged nerves due to tight muscles or spasms.
- 4. Myofascial Release is a slow stretching and holding of the muscle to release tight fascia.

I do not do a standard routine massage; rather I direct the massage to your individual needs and attempt to locate the primal causal factors involved in any muscle tension, and address that in a progressive approach to bring the body back into a state of relaxation and balance. I was trained by medical doctors and have over 1000 hours of training by some of the top instructors in the field and over 30 years of experience. I specialize in neck and back problems and sports injuries. Although I focus on reducing or eliminating muscle pain and dysfunction, my massages are deeply relaxing as well.

For Appointment or Assessment, Call Christy Upham, CMT (808) 280-0486

Mark Your Calendars!

May 12th - Mother's Day Brunch May 23rd - Pool Opens May 27th - Memorial Day Party



Wednesday is Mahjong Day

Dining in Club XIX at 12:00 pm Play begins at 1:00 pm

Come join the Mahjong ladies on Wednesday afternoons for food and play.



Thursday is Ladies Day Bridge

Dining in Club XIX at 11:30 am Play begins at 12:00 pm

Come join the bridge ladies on Thursday afternoons for food in Club XIX and play in the Pineview Room.

Contact Nancy Kopp at 785-539-1540 to sign up and play.

March 7th 1st: Marcia Johannsen 2nd: Beth Kesinger 3rd: Nancy Kopp March 21st 1st: Jo Lyle 2nd: Lois Mitchel 3rd: Marilyn Fagot

March 14th 1st: Lois Mitchell 2nd: Inger Olsen 3rd: Carole Fager March 28th 1st: Lois Mitchell 2nd: Marilyn Fagot 3rd: Beth Kesinger



If interested, please contact:

Sherry Butler slbutler@aol.com

Vera Hintz verahintzva@gmail.com.





Manhattan Country Club 1531 N. 10th Street Manhattan, KS 66502

Club Phone 785-539-7501

Pro Shop Phone 785-539-6221