# Fore & More

January 2015



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#### **Board of Directors**



**President** Ethan Bernick



Vice President T.J. Vilkanskas



Secretary Ken Woods



**Treasurer**Dean Thibault



John Piskac



Tom Hintz



Aaron West



Diana Knox



Helena Grinter

# We would like to welcome our new members! Social: Phil Klebba & Sally Newton

## **Membership Director**

Happy New Year! I hope everyone had a wonderful holiday and you are ready to start a fresh new year. The club will be closed temporarily this month so that we may give it the polishing it needs to be ready for a full year of festivities and gatherings.

The first event of the year will be the grand reopening party on Friday, January 23<sup>rd</sup> with DJ Dave Lewis providing music and "name that tune" entertainment! We will also be hosting a new event this January 31<sup>st</sup>, an afternoon tea. Look for details in this issue of the Fore & More!

I look forward to seeing you at the club and I hope you invite new members to experience all that MCC has to offer!

Be Well,

Sarah Boggs Membership Director / Office Manager sarah@themanhattancountryclub.com

### Save the Dates

# **January**

1st-19th-Club Closed

1<sup>st</sup>-Pro Shop Closed

5<sup>th</sup>- Fitness Center Re-Opened

20th-Club Re-Opening

23<sup>rd</sup>- Grand Re-Opening Party

25th-Sunday Brunch

31st- Afternoon Tea

# **February**

13<sup>th</sup>-Kidz Klub

14th- Valentine's Dinner

17<sup>th</sup>- Fat Tuesday Specials

# <u>March</u>

6<sup>th</sup>- Seafood Buffet

13th-Kidz Klub

22<sup>nd</sup>- Running in the Rough



#### Club XIX Hours

**Breakfast** 

Sunday from 8:00am – 11:00am Sunday Brunch

The last Sunday of every month from 10:30am – 1:00pm

Lunch

 $\begin{aligned} &\text{Tuesday thru Sunday} \\ &\text{11:00am} - 5\text{:00pm} \\ &\underline{\text{Dinner}} \end{aligned}$ 

Tuesday thru Saturday 5:00pm — 9:00pm

#### Manhattan Room

By Reservation Only

**Lunch** 

Tuesday thru Saturday 11:00am – 5:00pm

<u>Dinner</u>

Tuesday thru Saturday 5:00pm — 9:00pm

Golf Shop Hours

Monday Closed Tuesday-Sunday 8:30am to dusk

#### Fitness Hours

Monday 8:00am - 4:00pm Tuesday-Friday 8:00am - 4:00pm Saturday 9:00am - 4:00pm Sunday 9:00am - 4:00pm

> <u>Pool Hours</u> Closed for the season.

## Club XIX Weekly Specials

Club Closed

T

Date Night is Steak Night...Two 10oz. Sirloins for the price of one

W

International Night.....Entrees from various ethnicities

Happy Hour..... Drink & appetizer specials 4-6pm

Girl's Night Out.....socialize with the ladies during happy hour 5-7pm

Th

Fried Chicken Night.... Adults 11.95 Kids 5.95

F

Friday Afternoon Cocktails...hors d'oeuvres & drink specials 4-6pm

# Happy Birthday!

1st- Julie Hostetler

3<sup>rd</sup>- Teresa McMillin

4th- Derrick Roberson

5<sup>th</sup>- Sandy Preston, Janet Skochdopole

6<sup>th</sup>- Joseph Mills, Stephanie St. Peter, Lori Able

7<sup>th</sup>- Judith Rose, Jim Adams, Dana Knight, Jennifer Chase

**8**<sup>th</sup>- John Conderman, Valory Kershner, Meggan Eilert, Travis Aggson, Matt Thomason

**9**<sup>th</sup>- Larry Parker, Matthew Stanley, Bridgette Dembowski, Meryl Wilson

11<sup>th</sup>- Steve Preston, Brian Kovar, Christian Dodge

12<sup>th</sup>- Lynn Urick, Christy Linders, Katy Tajchman

14th- David Nelson, Patricia Floros, Brian McGrath

15<sup>th</sup>- William Shaw, John Broberg

16<sup>th</sup>- Randy McCracken, Scott Eilert, Christine Sauder

17th- Janet Carlson, Garren Walrod

18th- Janet Gillmore

19<sup>th</sup>- Carolyn Dorhout, Russell Disberger, Kris Dillon, Kevin Lull,

Brandon Irwin

20th - Deborah Fair

21st- Jacob Wassenberg

22<sup>nd</sup>- Richard Baker, Meghan West, Judy Stehley

23<sup>rd</sup>- Jack Carlson

26th - Molly Sarvis, Gail Urban

27th- Mimi Balderson, Dayne Barr, Eleanor Brent

28<sup>th</sup>- Tracey Gros

**29**<sup>th</sup>- Ken Stafford, Lucy Williams, William Bahr, Kelly Thomason, Roger Sink

30th-Paul Vannostran, Max Urick, Norma Carson

31st - Nancy Herpich

#### **Mystery Member Number**

Be on the lookout for your Member number that could be hidden somewhere in the newsletter.

Call the Office if you find your Member number and you will receive a \$25 dining credit to Club XIX.

Good Luck!

# **Massage Studio**



~Winter Special~

Buy four 60 minute massages, get the 5<sup>th</sup> FREE!

# Mandy Ebert

Massage Therapist
Experiences with sports massage, deep tissue and injury recovery massage.

To schedule an appointment with Mandy, please call/text 785-458-2461 or send an email to: massagetherapyme@live.com



# **Bridge Winners**



# **A Letter from Our Grounds Superintendent**

The New Year is here and we are looking forward to a new season here on the golf course at Manhattan Country Club. On the course, the staff has been busy cutting down the pines that have died this past year. We have also been keeping the course playable during the few nice days we have had for golf, changing cups and working on our bunkers. I hope that during the nice weather you will be able to get out and play! Kevin, our mechanic, has also been busy working on our equipment getting it ready for the upcoming season. We hope everyone had a great time over the holidays and hope to see you on the course soon!

Mark McKain Grounds Superintendent mark@themanhattancounrtryclub.com

This is a friendly reminder that the club will be closed from  $\underline{January\ 1^{st}}$ -  $\underline{January\ 19^{th}}$  for maintenance and cleaning. The fitness center will re-open on  $\underline{January\ 5^{th}}$  for member use. The Pro Shop will be closed  $\underline{New\ Year's\ Day}$  with normal hours otherwise. We apologize for any inconvenience this may cause. Thank you for your cooperation!

## **Food & Beverage Information**

We have reached the end of another wonderful year at the Manhattan Country Club. Chelsea and I enjoyed providing each and every one of you with the best service possible in 2014. We would like to thank everyone for your support of the club throughout the year. We are excited to see what the New Year will have in store for us here at the MCC.

Remember food service is closed January 1<sup>st</sup> through 19<sup>th</sup> for annual cleaning and maintenance. We will resume service Tuesday the 20<sup>th</sup> with new lunch hours Tuesdays and Sundays (close at 2). Our grand-reopening will be celebrated Friday night the 23<sup>rd</sup>, with dinner by reservation followed by dancing and "Name that Tune". We look forward to helping make your 2015 everything it can be!

Eat, Drink and Be Merry!
Chef Ryan and Chelsea
chelsea@themanhattancountryclub.com
chef@themanhattancountryclub.com

# Grand Re-opening Party

Friday, January 23<sup>rd</sup> • 8-11pm \$15 per person

Join DJ Dave Lewis for a night of Karaoke & play the game "Name that Tune!"

Club XIX will have appetizer & dinner specials available as well as prime rib.

Call the office for reservations! 539.7501



You are warmly invited to join us on Saturday, January 31st for

Afternoon Tea

full of friends, family, food, and fun from 2 pm to 4pm

### Traditional Tea Menu

Delicate finger sandwiches

Fresh scones with cream and jams

Pastries, cakes, sweet confections

Tea, coffee, hot chocolate

\$10 per person

add the luxury of a glass of champagne

\$15 per person

A celebration welcoming all ages.

RSVP required for table reservations
539-7501

## **A Letter from Our Golf Professional**

**Greetings Manhattan Country Club Members!** 

I hope that you all had a wonderful Holiday Season! As is very typical of the winter months, we haven't had many opportunities for golf. Due to that I am going to use this space to share some ideas that can keep you active with golf along with making improvements to your game.

Practicing your golf swing in the winter requires determination and some creativity when you live in a climate such as ours. Freezing temperatures and snow drifts make it hard to get outside to work on your chipping, putting and long shots. Despite that you should resist the urge to put your clubs away until spring. There are lots of drills and techniques you can work on to improve your swing even when it's cold outside:

#### Step 1

Work on strength and flexibility during the winter. Professional golfers such as Tiger Woods and Phil Mickelson often use the offseason to improve their physical conditioning. That alone won't improve your golf swing, but losing some weight and adding muscle can help you avoid injury and play better overall when the weather improves. Working with a personal trainer can help tremendously on this front.

#### Step 2

Use an indoor facility such as the indoor hitting net at the club. Hitting just a few shots into a net from time to time can be a huge help in the winter. This can also help golf not feel so foreign once spring arrives.

#### Step 3

Swing a weighted club in your garage if you don't have the time or feel the need to hit golf balls into a net. Weighted golf clubs are usually shorter than regular clubs, allowing you to swing them easily in your garage. The PGA of America recommends swinging a weighted club a few minutes every day to improve strength in your wrists and arms, and to increase your clubhead speed.

#### Step 4

Work on your grip indoors. If necessary have a professional golf instructor show you a proper grip. Keep a club inside your house during the winter and work on your grip several days a week. While watching TV, grip the club during each commercial and hold it until the commercial is over. Highly acclaimed PGA teaching professional Michael Breed also recommends wrapping paper around the grip of a regular club. Practice holding the club with a grip so light that the paper doesn't make a crinkling sound. Breed maintains that this teaches you to hold a club without tension in your hands and arms.

#### Step 5

Get outside into your backyard on a nice winter day if golf courses or driving ranges are not an option. Swing a golf club 100 times without hitting any balls. Practice each swing as if it were the real thing. Working on your strength and flexibility, your grip and taking 100 practice swings as many days as possible during the winter could be enough for significant improvement in your swing.

Hopefully these tips provide some benefit to your golf game. As a reminder, our indoor hitting area gives opportunity for lessons should you feel the need. If that interests you, please contact Blake or Scott at (785) 539-6221.

Thanks for your time and we hope to see you soon! Regards,

Blake Graham PGA Head Professional The Manhattan Country Club





5<sup>th</sup> ANNUAL RUNNING IN THE ROUGH SUNDAY, MARCH 22, 2015

3:30pm Kids (12 & Under) 800M Fun Run

4:00pm 5K / 2.5K Run/Walk

### **Entry Fee:**

\$10 for Kid's Fun Run \$20 for 5K/2.5K before March 1; \$25 after

#### Where:

**Manhattan Country Club Golf Course** 

More information to come!!

<u>VOLUNTEERS NEEDED!</u> Please contact Race Director, Gwen at <u>gwenwentland@gmail.com</u> if you are interested in helping!

To benefit the MCC Fitness Center and Manhattan Cross Country Club.

# A Message from Our General Manager



As we look back on 2014, I would like to thank all of the Members that have supported us throughout the year. We served 32,590 meals, had 829 guests at the pool, 4680 sign in's at the fitness center and played almost 13,000 rounds of golf throughout the year. I would also like to acknowledge and thank the staff for the excellent job they performed in accomplishing these statistics.

Looking forward into 2015, we are committed to exploring every opportunity to retain our existing members and to encourage new members to join. We will look for every chance to increase revenue and to reduce expenses with as minimal impact as possible to the member experience. Clubs all across the country are doing the exact same thing to maintain their existence in the changing world we live in. Your club will celebrate its 100<sup>th</sup> Anniversary in 2016, and with your support, we intend to do everything we can to see us through that celebration and many to follow.

Club XIX and all dining services will be closed from January 1st through the 19th, 2015. This period is used to give our food and beverage staff vacation and perform general clubhouse maintenance that we can't accomplish during normal hours of operation. All Food and Beverage services will reopen on Tuesday, January 20, 2015 at 11:00 am. The club office staff will maintain office hours of 8:00 am to 4:00 pm on Monday through Friday. The golf shop and golf course will be open on days that weather permits. Please telephone ahead to the golf shop at 539-6221 for golf course availability. The golf shop hours are 9:00 to 4:00 on Tuesday through Sunday during the club closure time frame. The fitness center will close on New Year's Eve and will reopen on Monday, January 5th to provide ample time for a deep cleaning and to shampoo the carpets. It will be open from 8-4 Monday through Friday and 9-4 Saturday & Sunday during our closure. All Food and Beverage services will reopen on Tuesday, January 20, 2015 at 11:00 am.

Looking forward to celebrating a happy, healthy and prosperous new year with you,

Dave

General Manager

dave@themanhattancountryclub.com



# **January Calendar**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Club	Club	Club
				Closed	Closed	Closed
				Pro Shop	Pro Shop	
				Closed	OPEN	
				Golf F&B Begins		
4	5	6	7	8	9	10
	Club		<u>-</u>			
Club	Closed	Club	Club	Club	Club	Club
Closed		Closed	Closed	Closed	Closed	Closed
	Pro Shop					
	Closed					
					Fitness	Fitness
	Fitness	<b>Fitness</b>	Fitness	Fitness	Center	Center
	Center	Center	Center	Center	Open	Open
	RE-OPENED	Open	Open	Open	-	
11	12	13	14	15	16	17
Club	Club	Club	Club	Club	Club	Club
Closed	Closed	Closed	Closed	Closed	Closed	Closed
	Pro Shop		Fitness	Fitness	Fitness	
	Closed	Fitness	Center	Center	Center	
Fitness	Closed	Center	Open	Open	Open	Fitness
Center	Fitness	Open	opo	Орен	o pon	Center
Open	Center	opo		Social & Dining	Social & Dining	Open
	Open			F&B Ends	F&B Begins	<b>O</b> po
18	19	20	21	22	23	24
Club	Club		Date Night is		Friday	
Closed	Closed		Steak Night	Fried	Afternoon	
				Chicken	Cocktails	
	Pro Shop		<b>Happy Hour</b>	Night	4-6pm	
Fitness	Closed		4-6pm		Grand	
Center					Re-Opening	
Open	Fitness		Girl's Night		Party	
	Center		Out			
25	Open 26	27	5-7pm 28	29	8-11pm 30	31
23	20	21	Date Night is	29	30	Afternoon
1099	Club XIX		Steak Night	Fried	Friday	
	Closed			Chicken	Afternoon	<b>Tea</b>
			Happy Hour	Night	Cocktails	36
SUNDAY BRUNCH	Pro Shop		4-6pm		4-6pm	2
	Closed		-			
10:30am-			Girl's Night			<b>2-4pm</b>
1pm			Out			0.16505 = :
			5-7pm			Golf F&B Ends

MANHATTAN COUNTRY CLUB 1531 N. 10<sup>th</sup> ST. MANHATTAN, KS 66502





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