



# Hawthorn Woods Country Club

## Happy New Year!! Thanks for a Great Year

### Winter Operating Hours

Closed January 1st and Clubhouse Opens Thursday, January 12th

#### Dining Room Hours

##### January

Monday-Wednesday: Closed  
Thursday-Saturday 11:00am-8:00pm  
Sunday 10:30am-2:00pm

##### February

Monday-Wednesday: Closed  
Thursday- Saturday: 11:00am - 8:00pm  
Sunday: 10:30am - 2:00pm



### Love Brunch

**Sunday, February 12**

Round up those you love and fill up on our delicious Valentine's Day brunch!

**Adults \$24.95++ • Children 6-12 \$12.95++ • 5 & Under \$5.95++ •**

#### Menu

- Seasonal Salads
- Fruit Tray
- Carved Sumac Crusted Pork Loin
- Omelet Station
- Wild Berry Crepes
- Chicken & Waffle Benedicts
- Sausage Links & Applewood Bacon
- Roasted Gold Potatoes
- Pan-less Roasted Chicken with Caramelized Pears and Carrots with Basil Oil
- Grilled Salmon with Mushroom Farro and Citrus Crème Fraiche

- Ice Cream Sandwich Shakes
- Chocolate Covered Strawberries
- Cookies and Brownies



**Reservations are Mandatory for all Events. Keep in mind we have a 48hr Cancellation Policy.  
Call or email Kelly 847-847-3251 kburton@hwccgolf.com**





**SOCIAL EVENTS & RESERVATIONS** Reservations are encouraged for all social events. Contact the Club at (847) 847-3250.

## The Clubhouse Opens

### Thursday, January 12th with a Burger Night!

Burger Night will be every Thursday evening throughout January & February.

*Denim Approved.*

*Carry-Out Available*



## Sunday Brunches

January 15th, January 22nd,  
January 29th, February 19th,  
February 26th

10:30am-1pm

Adults \$15.95

Children 6-12 Years Old \$9.95

Children 2-5 Years Old \$5.95

### \$3 Mimosas \$4 House Bloody Marys

Join us for our Sunday brunch with rotating entrees to keep it fresh and exciting every week!

*Denim approved*



PUB NIGHT

## Pub Nights

Friday, January 13th &

Friday, February 10th

6:00pm-9:00pm

*Denim Approved*

## Dance Recital & Lunch Buffet

Sunday, February 5th

11:30am



HWCC Ballet Studio Presents

## "Wish Upon A Star"



## Kid's Night Outs

Select Fridays

6:00-8:30pm

Children can enjoy fun entertainment and a dinner buffet with other children

from the Club while parents dine at the Club.

Friday, January 20- Painting

Friday, February 3- Play-Doh Creations

Friday, February 17- Fitness Friends

This season HWCC Ballet Studio will present a recital show that goes beyond dancing.... Our students will entertain the audience incorporating their artistic talents through a variety of musical performances.

Buffet Luncheon will follow performance.

**Lunch Buffet**

**Adults \$15.95++ & Kids \$8.00++**

**Menu To Come.**

### HWCC CATERING & EVENT PLANNING

Planning a wedding, reunion, meeting or party? Looking for that perfect place to entertain your family or clients? From continental breakfasts, to buffet lunches and even a feast of hearty appetizers, let Hawthorn Woods create an event for you to remember. For group sizes of 1 - 200, let us find you the perfect space. To book your next event, please contact Lisa Bartsch at (847) 847-3272.



## Girls Night Out Jewelry Making Event

January 27th

6:00-9:00pm

\$40++

Includes all Supplies and Appetizers.

Happy Hour Bar & Wine Prices.

Reservations Mandatory.

48hr Cancellation Policy.



**Super Bowl Sunday**  
**Sunday, February 5th**  
**5:00pm**  
**Game Day Buffet**  
**\$18.95++**



**Prime Rib Night**  
**Friday February, 24th**  
**6:00pm-9:00pm**

## Membership

with Phil Arouca



*Welcome to 2017!*

I hope everyone had a wonderful Holiday season and enjoyed a terrific New Year's celebration! Quickly turning to a warmer thought as I for one am looking forward to warmer temps. I happened upon a study done by the National Golf Foundation that found Junior Golf participation has increased at the fastest pace of any sport in the country. This makes me very excited for the future of golf and I want to touch on the fantastic work done by Joe Titus and his staff with our Junior Golf School & PGA Junior League programming here at the club. If your kids are interested in taking part in our Junior Golf School and or PGA Junior League, I encourage you to call or email Joe and get your kids registered for the fastest growing sport among juniors in the country.

***We Look Forward to Seeing you and your Family at the Club!***

***Trivia Question of the Month*** – Arnold Palmer owns the Bay Hill Club & Lodge in Orlando, FL, which is also the site of the annual Bay Hill Arnold Palmer Invitational. What course architect designed the Bay Hill Club?

November & December Trivia Winner – Dan Kotel

*For the answer to the monthly trivia question contact me at [parouca@hwccgolf.com](mailto:parouca@hwccgolf.com)*

*\*Members contacting me with the correct answer, will be entered into a random drawing for a complimentary appetizer. The winner will be announced in next month's newsletter. Good Luck!*



*New Member Tally for 2016 – 46*

**Please Welcome our Newest Members:**

We would like to take a moment in welcoming our newest Members who recently enrolled in Membership. We look forward to seeing you and your family at the club!

**New Full Golf Members:**

Dr. Murray Malin & Siriwan "Tek" Intarasirisakul of Vernon Hills

**New Social Members:**

Richard & Melanie Timko of Hawthorn Woods

**CALLING ALL MEMBERS**

Are you interested in receiving a credit on your monthly statement? We can offer you up to \$125 per month in credits if you...refer a new member to the club.

*Members referring a new member to the club will receive a credit on their monthly statement for a period of 24 months. The following statement credits will apply based on the NEW members joining category.*



**\*Full Golf Member (Age 42 and older)-\$125 per month for 24 months**

**Jr. Golf Member (Age 33-41)-\$100 per month for 24 months**

**Jr. Golf Member (Age 30-32)-\$75 per month for 24 months**

**Jr. Golf Member (Age 21-29)-\$50 per month for 24 months**  
**Non-Resident Social Member-\$25 per month for 24 months**

Members can refer more than one member to the club and receive multiple statement credits. However, the members' dues cannot fall below 50% of their current dues level amount. Both the referring member and new member must remain members at the club to receive the full 24 months of credit.

***We thank you for your continued support of Hawthorn Woods Country Club!***



**Golf Shop** (*Open Wednesday through Saturday, 9:00am-4:00pm*)  
Happy New Year!! We hope everyone had a safe and fun New Year. It is hard to believe that 2017 is upon us. Even though the holiday buzz has ended and the snow and temperatures continue to fall, please remember that the Golf Shop remains open all winter long. Golf Shop hours of operation are Wednesday through Saturday, 9:00am – 4:00pm. We are staying busy, gearing up for the 2017 season with tournament and lesson programming in addition to finding the latest and greatest in merchandise and equipment.

## Lessons

The nets are up in the golf shop! The golf shop provides a much brighter and warmer environment to take a lesson. It's also a good time to start those season long lesson packages. Why winter lessons?? The sometimes bad to break habits have the best chance to evolve into good habits because there is no impending tournament or focus on ball flight. Flexibility is also a major factor in proper swing technique. Keeping the muscles loose or increasing the range of motion will enable a faster start to the season. Lastly, it's a proven fact that many lessons lead to improvement and the season long lesson package is a cost effective way to accomplish your goals. Ask around....

Season-long Lesson Package (Includes Video)

## Joe Titus, PGA

- Adult \$1000
- Junior \$700 (15 & under)
- Family \$1500 (2 family members)

## Winter Only Special

\$240 for 5 lessons (\$60 savings)

This package allows the option to upgrade to the season long package once spring hits.

## 2017 Golf Calendar

The 2017 Golf Calendar is out. You may find in posted throughout the clubhouse and on our website under *Golf and Tournament Info*. Below you will find some important event dates...

April 6th – Ladies Kick off Dinner  
April 7th – Men's Opening Night  
May 5th & 12th – Demo Day(s)  
June 7th – 1 Day Men's Member Guest  
June 10th & 11th – Men's Member/Member  
June 20th – Ladies Member/Member  
July 11th – Ladies Guest Day  
July 20th-22nd – Men's Invitational  
August 2nd – 1 Day Men's Member Guest  
August 12th & 13th – Men's & Ladies Club Championships  
August 26th – 27th – Senior Club Championship  
September 16th – 17th – Men's Hawthorn Woods Cup  
September 17th – Ladies Hawthorn Woods Cup

## Improving Your Golf Game

Everyone wants to do it but sometimes the path is not very clear. Below are 3 things you should do for 2017.

1. When was the last time you practiced your short game? You know, really practiced beyond just rolling a few putts before teeing off on No. 1? This year, pick a putting drill and commit to practicing it before or after every round for 15 minutes. And really work on those four-footers.
  - Did you know that a golfer that shoots around 90 makes 84 percent of his/her three-footers and a scratch golfer makes 93 percent.
  - But, a 90 shooter makes just 65% from four feet, while a scratch golfer converts 80 percent.
  - Those putts just outside the gimme range can add up quickly.
2. Cut down on clubface rotation. This one doesn't apply to every one but it is one of my top 3 fixes on a yearly basis. What are we talking about? The degree that the clubface opens up during the backswing and closes on the downswing. Cause and effect at its ugliest in golf...
  - Your clubface opens up too much during the backswing
  - As a result you try very hard to return the clubface back to square during your downswing. In the process of doing so, you "cast" the club trying not to hit the ball to the right and 2 things happen as a result.
    1. An incredible loss of power and distance because "casting" eliminates lag and lag harnesses 2 of the 3 components for distance.
    2. Cut spin is produced on the golf ball and a slice is produced. This is exactly what you were trying to avoid. Ouch.
  - Due to our anatomy, we have to have some rotation but minimizing that rotation is key, so try these 2 things...
    1. Grip the club with the lightest grip pressure you can. When you take the club away you will see that the handle moves first, keeping the **clubface** pointing at the golf ball. Keep the **clubface** pointing at the ball for the first 12-18 inches of your backswing.
    2. Use an old door entry keycard from a past hotel stay for the next part. Insert the card ¼ of the way into the top of your glove hand. When you swing, the card will help you keep your glove hand flat. For best results, keep the card from touching the top of your glove hand forearm and watch your slice disappear!!
3. Keep simple statistics of your own -- fairways hit, greens in regulation, short game up and downs and total putts. From this, you can determine your weaknesses. There are apps, a couple of websites and some spreadsheets that can be downloaded which helps you electronically track your rounds and give you a handicap for each part of your game. This can provide a much more in depth look at your statistics and give you an idea what you need to work on.





The holidays are behind us and 2016 is fading in the rear-view mirror. After a chilly December to reflect, I would say the past golf season was one of our best. Course conditions generally met expectations, turf health was strong and progress was made with course improvement projects.

That being said, I think it is important for me to take an opportunity to properly recognize and thank the gentlemen who make this happen. The golf course isn't what it is because of me, but because of the hard work and dedication that our grounds department staff puts in every day. Sure I may provide big picture direction, advice, and agronomic plans, but the miles of walk mowing, hours of string trimming, and tons of sand pushed happens because of these tireless individuals.

As a team, we have been able to build a staff of whom the majority returns year after year. They are encouraged to present ideas, create efficiencies, and push each other to be better, with the ultimate goal of presenting a product you can be proud to call your course. A special thanks goes out to Gerardo Diaz, our Assistant Superintendent, Lupe Vargas, our mechanic, and Prisciliano Rodriguez, our Spray Technician. These three key leaders play primary roles in staff management and motivation. I am blessed to be able to share a department with the best group of guys I have ever worked with. I would encourage you to give a smile, wave and "thank you" when you see them out working.

As for what we are up to this time of year, it is similar to what you have heard me say before. We complete snow removal for the clubhouse parking lot and sidewalk. We will get outside when possible and complete some tree trimming as some trees should only be pruned during dormancy. But our primary focus is refurbishment. Our entire equipment fleet has gone through, repairs, preventative maintenance and reels sharpened. This equipment maintenance is critical as it sets the stage for the following season beginning with the first day that we get back outside regularly. Additionally, we will refurbish all ball washers, benches, tee markers. We will go through inventory and repair all small tools, perform some housekeeping and compliance tasks as well. We try to complete a lot of work in a relatively limited amount of time.

I suspect you will be back on the golf course in less than three months. While that may seem like eternity as you look at the snow and feel the cold, it is much closer than you think. Until then, appreciate the change of seasons. As always should you need anything from me, please do not hesitate to get in touch at any time.

## Racquet Sports

with Adam Boyce



**Platform Tennis**  
We had a very successful first half of the paddle season for all of our teams here at the club. Our Series 20 team sits in 1st place while our Series 28 team sits in 2nd place just 6 pts back from the 1st

place team they just beat 12-1 in December. Two teams made the jump to a higher level this year and have shown great improvement against stronger competition. Our ladies team was one of those teams and not only stayed up in Series 9 they finished 6th out of 12 teams. Great job to all but here are the best records of the first half!

**Series 9 Women's Team**

Jill Mark 11-0

**Series 5 Men's Team**

Scot Prindiville 5-3

**Series 13 Men's Team**

Larry Butz 5-3

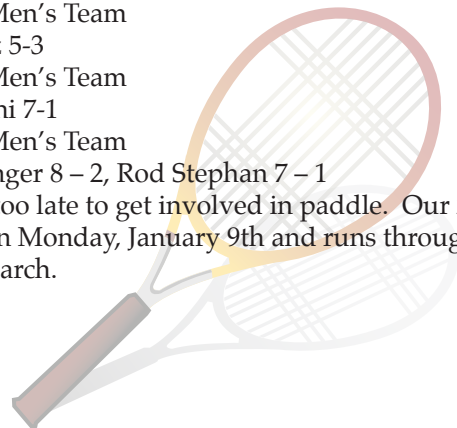
**Series 20 Men's Team**

Lino Marini 7-1

**Series 28 Men's Team**

Kyle Ballinger 8 - 2, Rod Stephan 7 - 1

It's never too late to get involved in paddle. Our 2nd half kicks off on Monday, January 9th and runs through the first week of March.





Let 2017 be the year of healthy gains! Laura's yoga is now Tuesday morning and Liz's TRX is on Thursday mornings. The complimentary Clubhouse appetizer for a referral still applies so please spread the word if you take a class here or work with any of our trainers.

Fitness Center is Open 24/7 with Finger Scan Entry.  
Desk Hours are Monday-Friday 7:00am-3:00pm.  
Fitness Center Phone 847-847-3264

### Fitness Class Information

\$12 Per Class; Please Call an Instructor or Contact our Activities Administrator Kim Grovak for more information. S5304

### Monday

#### **8:30am to 9:30am- Core Strength with Laura Burk**

Abs, back, obliques, butt and thighs need to be strengthened? This is the class for you. TRX, Bosu, Bands, and your own core will be used.

### Tuesday

#### **8:30am to 9:30am- Vinyasa Flow Yoga with Laura Burk.**

Move through yoga movements with power, flow and grace.

### Wednesday

#### **8:30am to 9:30am – Strength Conditioning with Laura Burk**

Strength exercises to tone upper and lower muscles

#### **7:00pm – TRX with Elizabeth Dasso**

We will utilize short bursts of High Intensity Training (HIIT) to increase calorie expenditure. HIIT training also burns body fat for 24 hours after you complete the workout.

### Thursday

#### **9:00am-TRX CORE Conditioning with Elizabeth Dasso**

In this class we will utilize the TRX and floor mats using our own bodyweight to engage the muscles of the abs, both in front and along the sides of the body, as well as the muscles around the shoulders, pelvis, and along the spinal column.

### Friday

#### **8:30am to 9:30am- Body Power with Laura Burk**

This class is all about feet continuously moving with interval work that is guaranteed to raise your heart rate!

### Saturday

#### **9:00am-10:00am- Rumba Fitness Workout with Pilar Rodriguez – Lorenzo**

This dynamic class format allows you to enjoy the multiple mental and physical benefits of dancing! A full body workout is designed to tone your body, burn calories and develop your sense of rhythm and coordination using a variety of Latin and Contemporary music.

### Sunday

#### **9:00am-TRX CORE Conditioning with Elizabeth Dasso**

### Personal Training Options

#### **Private Training**

1/2 hour session \$40.00

1 hour session \$60.00

3 pack for \$168.00 (\$56.00 per session)

6 pack for \$318.00 (\$53.00 per session)

10 pack for \$480.00 (\$48.00 per session)

### **Buddy Sessions**

**Want to work out with a friend or spouse? Enjoy the workout and the savings!**

1/2 hour for \$25.00 per person

1 hour for \$35.00 per person

3 pack \$92.00 per person

6 pack \$161.00 per person

10 pack \$230.00 per person

### **Form Your Own Class**

**Nothing like a group to keep you motivated.**

3 or 4 people - \$25.00 per person

#### **Laura Burk**

Full Body Strength Class  
Personal Trainer  
Registered Dietitian  
lburk@elb-consulting.com  
(847) 912-3246

#### **Elizabeth Dasso**

Personal Trainer  
Health Coach  
TRX Instructor  
elizabethdasso@gmail.com  
(630) 667-3854

#### **Rob Rayl**

Personal Trainer  
robayl@hotmail.com  
(847) 337-4393

#### **Pilar Rodriguez - Lorenzo**



Ballet Studio Director  
Rumba Instructor  
Health & Wellness Coach  
Plorodrig12@gmail.com  
(312) 590-8734

#### **Kim Grovak**

Activities Administrator  
Personal Trainer  
kgrovak@hwccgolf.com  
(847) 702-0454


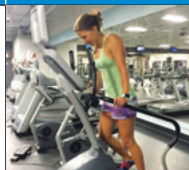





# January 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NEW YEAR'S DAY 	2	3	4	5	6	7
8	9	10	11	12 CLUB OPENS BURGER NIGHT	13 PUB NIGHT	14
15 BRUNCH 10:30AM-1PM	16	17	18	19 BURGER NIGHT	20 KIDS NIGHT OUT PAINTING	21
22 BRUNCH 10:30AM-1PM	23	24	25	26 BURGER NIGHT	27 GIRLS NIGHT OUT BRACELET MAKING 6-9PM	28
29 BRUNCH 10:30AM-1PM	30	31				

\* The Clubhouse will be closed January 1st-11th and will re-open Thursday, January 12th running winter schedule hours.

# February 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 BURGER NIGHT	3 KIDS NIGHT OUT 6-8PM PLAY-DOH CREATIONS	4
5 DANCE RECITAL 11AM	6	7	8	9 BURGER NIGHT	10 PUB NIGHT 6-9PM	11
12 LOVE BRUNCH 10:30AM-1	13	14 VALENTINE'S DAY 	15	16 BURGER NIGHT	17 KIDS NIGHT OUT FITNESS FRIENDS	18
19 BRUNCH 10:30AM-1PM	20	21	22	23 BURGER NIGHT	24 PRIME RIB NIGHT 6-9PM	25
26 BRUNCH 10:30AM-1PM	27	28				



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www.hwccgolf.com

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## Hours of Operation

### Dining Room Hours

#### January

Closed January 1st and Clubhouse Opens  
Thursday, January 12th  
Monday - Wednesday: Closed  
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Sunday: 10:30am-2:00pm

#### February

Monday - Wednesday: Closed  
Thursday - Saturday: 11:00am - 8:00pm  
Sunday: 10:30am - 2:00pm

### Phone Numbers

Clubhouse..... 847.847.3250  
Golf Shop/Tee Times ..... 847.847.3259  
Dining Reservations/  
To Go Orders..... 847.847.3250  
Social Event Reservations .. 847.847.3251  
Private Events & Catering .. 847.847.3272  
Fitness Center ..... 847.847.3265  
Fax ..... 847.550.1352

### Our website address is www.hwccgolf.com

To access the "Members Only" page,  
please click on the Members Login link  
located on the upper right side of the  
Home Page and then enter the following:  
**User Name:** Member Last Name  
**Password:** Member Letter & number  
(GXXX or LXXX or SXXX or KXXX)

## Club Staff

**William Skelnik, CCM**  
General Manager  
847-847-3255  
bskelnik@hwccgolf.com

**Philip Arouca**  
Director of  
Membership & Marketing  
847-847-3253  
parouca@hwccgolf.com

**Mark Brown**  
Controller  
847-847-3254  
mbrown@hwccgolf.com

**Karen Grelyak**  
Assistant Controller  
847-847-3252  
kgrelyak@hwccgolf.com

**Ted Stay**  
Executive Chef  
847-847-3257  
tstay@hwccgolf.com

**Lisa Bartsch**  
Food & Beverage Director  
847-847-3272  
Lbartsch@hwccgolf.com

**Kelly Burton**  
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kburton@hwccgolf.com

**Joe Titus**  
PGA Head Golf Professional  
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**Scott Hillyard**  
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**Adam Boyce**  
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**Jeff Ryan**  
Building Maintenance Manager  
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jryan@hwccgolf.com

**Kim Grovak**  
Activities Administrator  
847-847-3264  
kgrovak@hwccgolf.com

**Halle Roach**  
Aquatics Director  
847-715-8178  
hallerroach@gmail.com

## Mystery Member Number

Be on the lookout for your member number hidden somewhere in the newsletter!  
Call the Club if you find your Member Number and you will have the opportunity  
to enjoy a complimentary dinner entrée with a glass of house wine for you and a  
guest at the Club...good luck! \*Does not Apply to Special Events\*



**Refer a new Member to your  
Club in 2017 and both you  
and your referral will enjoy a  
monthly statement credit of up  
to \$125 for the next 24 months!**