



# FITNESS & WELLNESS

*At Brunswick Forest*

**FEBRUARY 2019**

## **RESIDENT SPONSORED ACTIVITIES**

### **MONDAY**

#### **MEN'S & WOMEN'S BRIDGE GROUP**

THE COMMUNITY COMMONS @ 12PM

CONTACT: LAURIE BURROUS

[mlburrous@bellsouth.net](mailto:mlburrous@bellsouth.net)

#### **BUNCO I**

THE COMMUNITY COMMONS 2/11 @ 7:15PM

CONTACT: HOPE MATTHEWS

[hope2matthews@gmail.com](mailto:hope2matthews@gmail.com)

#### **BF POKER GROUP**

THE COMMUNITY COMMONS 2/4 & 2/18 @ 7PM

CONTACT: ART LEUCK

[LEUCKART@GMAIL.COM](mailto:LEUCKART@GMAIL.COM)

#### **MAHJONG**

HAMMOCK MEETING FACILITY

6:30-9PM

CONTACT: LINDA HATFIELD

[LINDAHATFIELD46@GMAIL.COM](mailto:LINDAHATFIELD46@GMAIL.COM)

#### **HAND & FOOT**

HAMMOCK MEETING FACILITY @10AM-1PM

CONTACT: LYNDA FRANK

[LKFRANK1417@GMAIL.COM](mailto:LKFRANK1417@GMAIL.COM)

#### **FOREST QUILTING**

COMMUNITY COMMONS 2/18 @ 9:30AM-12PM

CONTACT: ALICE RANEY

919-356-8515

#### **INTERMEDIATE LINE DANCING**

THE LELAND ROOM @ 1:45-2:45PM

CONTACT: LORRIE & STEVE GREGORY

[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

#### **GENEOLOGY GROUP**

THE COMMUNITY COMMONS 2/11 @ 4:30-6PM

CONTACT: JACQUELINE LAMAR

[LAMAR,JACQUE@GMAIL.COM](mailto:LAMAR,JACQUE@GMAIL.COM)

### **TUESDAY**

#### **MEN'S BRIDGE**

THE COMMUNITY COMMONS @7PM

2/5 CONTACT: BOB AXELROD

[AXELRODB@GMAIL.COM](mailto:AXELRODB@GMAIL.COM)

THE COMMUNITY COMMONS @ 7PM

2/12 CONTACT: DARELL DAVIES

[DARRELLCDAVIES@YAHOO.COM](mailto:DARRELLCDAVIES@YAHOO.COM)

HAMMOCK MEETING FACILITY @7PM

2/19 CONTACT: MICHAEL ZALOB

[MZALOB@YAHOO.COM](mailto:MZALOB@YAHOO.COM)

#### **BF DUPLICATE BRIDGE GAME**

MAGNOLIA GREENS BANQUET @ 12:15PM

CONTACT: BEN REISCHER

[BEN.REISCHER@GMAIL.COM](mailto:BEN.REISCHER@GMAIL.COM)

#### **BEG 2 LINE DANCING**

THE LELAND ROOM @ 3:30-4:45PM

CONTACT: LORRIE & STEVE GREGORY

[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

#### **BOOK CLUB**

THE COMMUNITY COMMONS 2/19 @ 10:30AM

CONTACT: MARLENE HUBER

[HUBERML@EC.RR.COM](mailto:HUBERML@EC.RR.COM)

#### **DROP IN PICKLEBALL**

WELLNESS CENTER 3-5PM

CONTACT: JANET POPOWSKI

[janet.popowski@gmail.com](mailto:janet.popowski@gmail.com)

#### **BRUNSWICK FOREST WOODWORKING CLUB**

THE COMMUNITY COMMONS 2/19 @ 4- 5:30PM

CONTACT: LEN GREGORIO

[LENBARPHYG@AOL.COM](mailto:LENBARPHYG@AOL.COM)

#### **NEIGHBORHOOD BIBLE STUDY**

THE COMMUNITY COMMONS @ 1-2:30PM

#### **CHRISTIAN LADIES BOOK CLUB**

THE COMMUNITY COMMONS 2/12 @ 12-1PM

CONTACT: ELLEN CASEY

[EMC430@GMAIL.COM](mailto:EMC430@GMAIL.COM)

#### **BF SHOOTERS**

HAMMOCK MEETING FACILITY 2/19 @ 7-9PM

CONTACT: BOB MARTIN

[ROBERT.MARTIN1937@GMAIL.COM](mailto:ROBERT.MARTIN1937@GMAIL.COM)

## TUESDAY (CONT.)

### **SINGLES & MORE**

LELAND SENIOR CENTER 2/26 @ 4PM  
CONTACT: KATHIE LYNCH  
[KLYNCH002@GMAIL.COM](mailto:KLYNCH002@GMAIL.COM)

### **UKELELE JAM**

HAMMOCK MEETING FACILITY @ 10-11:30AM  
CONTACT: DEAN WARD  
[DTW3615@AOL.COM](mailto:DTW3615@AOL.COM)

## WEDNESDAY

### **LADIES BRIDGE**

FOREST @ CFN 10AM-3PM  
CONTACT: CHARLOTTE BRYANT  
[EARTHANGEL7@EC.RR.COM](mailto:EARTHANGEL7@EC.RR.COM)

### **BUNCO I**

THE COMMUNITY COMMONS 2/13 @ 7PM  
CONTACT: KAREN MORRISON  
[KMORRISON1769@GMAIL.COM](mailto:KMORRISON1769@GMAIL.COM)

### **SIT & STITCH**

THE COMMUNITY COMMONS @ 1-3PM  
CONTACT: DIANE GERBERG  
[BALETLADI@AOL.COM](mailto:BALETLADI@AOL.COM)

### **BEGINNER 1 LINE DANCING**

THE LELAND ROOM @ 4:45-5:45PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

### **MEXICAN TRAIN**

HAMMOCK MEETING FACILITY @ 10AM-1PM  
CONTACT: LYNDA FRANK  
[LKFRANK1417@GMAIL.COM](mailto:LKFRANK1417@GMAIL.COM)

### **POKER**

COMMUNITY COMMONS 2/20 @ 7PM  
CONTACT: WARREN SCHULZ  
[WSCHULZ2511@ICLOUD.COM](mailto:WSCHULZ2511@ICLOUD.COM)

### **MAHJONG**

HAMMOCK MEETING FACILITY @ 1-4PM  
CONTACT: SHARON COROMILAS  
[SHARON.COROMILAS@GMAIL.COM](mailto:SHARON.COROMILAS@GMAIL.COM)

### **CHESS**

THE COMMUNITY COMMONS 2/6, 2/13 & 2/27  
@10:30AM-12:30PM  
CONTACT: LEE LOWERY  
[ELEELOWERY@SBCGLOBAL.NET](mailto:ELEELOWERY@SBCGLOBAL.NET)

### **BUNCO I**

THE COMMUNITY COMMONS 2/20 @ 10AM  
CONTACT: DENISE WHITE  
[DENISEMWHITE15@YAHOO.COM](mailto:DENISEMWHITE15@YAHOO.COM)

## WEDNESDAY (CONT.)

### **KABBALAH BOOK CLUB**

2/20 @ 7PM  
CONTACT: ROBIN ZALOB (FOR LOCATION)  
[ROBINZALOB@YAHOO.COM](mailto:ROBINZALOB@YAHOO.COM)

## THURSDAY

### **INTER. DUPLICATE BRIDGE GAME**

HAMMOCK MEETING FACILITY @ 9AM-12PM  
CONTACT: BEN REISCHER  
[BEN.REISCHER@GMAIL.COM](mailto:BEN.REISCHER@GMAIL.COM)

### **AMERICAN LEGION POST**

HAMMOCK MEETING FACILITY 2/14 @ 1-3PM  
CONTACT: DALE TODD  
[DALEETODD@GMAIL.COM](mailto:DALEETODD@GMAIL.COM)

### **DROP IN PICKLEBALL**

WELLNESS CENTER 3-5PM  
CONTACT: JANET POPOWSKI  
[JANET.POPOWSKI@GMAIL.COM](mailto:JANET.POPOWSKI@GMAIL.COM)

### **POKER**

COMMUNITY COMMONS @ 7PM  
CONTACT: RANDY GIROLIMON  
[BIGRANDYG@AOL.COM](mailto:BIGRANDYG@AOL.COM)

### **GARDEN CLUB**

MAGNOLIA GREEN 2/14 @ 1-3PM  
CONTACT: SUE ACHESON  
[SWEETSUEA@ACHESON.ORG](mailto:SWEETSUEA@ACHESON.ORG)

## FRIDAY

### **BF 2/1 BRIDGE**

HAMMOCK MEETING FACILITY @ 9:30AM-12:30PM  
CONTACT: RICK BUCKER  
[RICKB5078@YAHOO.COM](mailto:RICKB5078@YAHOO.COM)

### **BEG 1 SHAG LESSONS**

THE LELAND ROOM @ 12:45-1:15PM

### **BEG 2 SHAG LESSONS**

THE LELAND ROOM @ 1:15-2PM

### **INTERMEDIATE SHAG LESONS**

THE LELAND ROOM @ 2-3PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

### **MEXICAN TRAIN**

THE COMMUNITY COMMONS 2/15 @ 12:30-4PM  
CONTACT: SANDI STEWART  
[SSTEW94@GMAIL.COM](mailto:SSTEW94@GMAIL.COM)



## **FRIDAY (CONT.)**

### **ITALIAN CLUB**

THE COMMUNITY COMMONS 2/8

@ 2:30-3:30PM

HAMMOCK MEETING FACILITY 2/22

@ 2:30-3:30PM

CONTACT: THOMAS POWEL

[THOMAS.POWELL99@GMAIL.COM](mailto:THOMAS.POWELL99@GMAIL.COM)

## **SATURDAY**

### **MARDI GRAS PARTY**

THE LELAND ROOM 2/23 @ 6PM

CONTACT: LORRIE GREGORY

PHONE: 910.399.7098

[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)