



# FITNESS & WELLNESS

*At Brunswick Forest*

## JULY 2019 RESIDENT SPONSORED ACTIVITIES

### MONDAY

#### **MEN'S & WOMEN'S BRIDGE GROUP**

THE COMMUNITY COMMONS 7/8,  
7/15, 7/22 & 7/29 @ 12PM  
CONTACT: LAURIE BURROUS  
[mlburrous@bellsouth.net](mailto:mlburrous@bellsouth.net)

#### **2<sup>ND</sup> MONDAY BUNCO**

THE COMMUNITY COMMONS 7/8 @ 7:15PM  
CONTACT: HOPE MATTHEWS  
[hope2matthews@gmail.com](mailto:hope2matthews@gmail.com)

#### **BF POKER GROUP**

THE COMMUNITY COMMONS 7/1 & 7/15 @ 7PM  
CONTACT: ART LEUCK  
[LEUCKART@GMAIL.COM](mailto:LEUCKART@GMAIL.COM)

#### **MAHJONG**

HAMMOCK MEETING FACILITY 7/1 & 7/15 @  
7-9PM  
CONTACT: LINDA HATFIELD  
[LINDAHATFIELD46@GMAIL.COM](mailto:LINDAHATFIELD46@GMAIL.COM)

#### **HAND & FOOT**

HAMMOCK MEETING FACILITY @10AM-1PM  
CONTACT: LYNDA FRANK  
[LKFRANK1417@GMAIL.COM](mailto:LKFRANK1417@GMAIL.COM)

#### **FOREST QUILTING**

COMMUNITY COMMONS 7/15 @ 9:30AM-12PM  
CONTACT: ALICE RANEY  
919-356-8515

#### **INTERMEDIATE LINE DANCING**

THE LELAND ROOM @ 1:45-2:45PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

#### **GENEALOGY GROUP**

THE COMMUNITY COMMONS 7/8 @ 4:30-6:30PM  
CONTACT: JACQUELINE LAMAR  
[LAMAR,JACQUE@GMAIL.COM](mailto:LAMAR,JACQUE@GMAIL.COM)

### TUESDAY

#### **MEN'S BRIDGE**

THE COMMUNITY COMMONS @7PM  
7/2 CONTACT: BOB AXELROD  
[AXELRODB@GMAIL.COM](mailto:AXELRODB@GMAIL.COM)  
THE COMMUNITY COMMONS @7PM  
7/16 CONTACT: MICHAEL ZALOB  
[MZALOB@YAHOO.COM](mailto:MZALOB@YAHOO.COM)

#### **BF DUPLICATE BRIDGE GAME**

MAGNOLIA GREENS BANQUET @ 12:15PM  
CONTACT: BEN REISCHER  
[BEN.REISCHER@GMAIL.COM](mailto:BEN.REISCHER@GMAIL.COM)

#### **BEG 2 LINE DANCING**

THE LELAND ROOM @ 3:30-4:45PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

#### **BOOK CLUB**

THE COMMUNITY COMMONS 7/16 @ 10:30AM  
CONTACT: MARLENE HUBER  
[HUBERML@EC.RR.COM](mailto:HUBERML@EC.RR.COM)

#### **BRUNSWICK FOREST WOODWORKING CLUB**

THE COMMUNITY COMMONS 7/16 @ 4-6PM  
CONTACT: LEN GREGORIO  
[LENBARPHYG@AOL.COM](mailto:LENBARPHYG@AOL.COM)

#### **SINGLES & MORE**

LELAND SENIOR CENTER 7/30 @ 4PM  
CONTACT: BARBARA HOLLINSWORTH  
[BHOLLINGSWORTH@HOTMAIL.COM](mailto:BHOLLINGSWORTH@HOTMAIL.COM)

#### **RUMMIKUB**

THE HAMMOCK MEETING FACILITY 7/2 & 7/9  
@ 2-4:30PM  
CONTACT: SUSAN DUFFY  
[SCED57@VERIZON.NET](mailto:SCED57@VERIZON.NET)

#### **BUNCO**

HAMMOCK MEETING FACILITY 7/2 @ 6-9PM  
CONTACT: AMY SASS  
[ASASS0610@GMAIL.COM](mailto:ASASS0610@GMAIL.COM)

## TUESDAY (CONT.)

### **PINOCHLE**

HAMMOCK MEETING FACILITY 7/2, 7/16, 7/23 &  
7/30 @ 10AM-1PM  
THE COMMUNITY COMMONS 7/9 @ 10AM-1PM  
CONTACT: TRACI CIMINI  
[CIMINI@VERIZON.NET](mailto:CIMINI@VERIZON.NET)

## WEDNESDAY

### **LADIES BRIDGE**

FOREST @ CFN 10AM-3PM  
CONTACT: CHARLOTTE BRYANT  
[EARTHANGEL7@EC.RR.COM](mailto:EARTHANGEL7@EC.RR.COM)

### **BUNCO I**

THE COMMUNITY COMMONS 7/10 @ 7PM  
CONTACT: KAREN MORRISON  
[KMORRISON1769@GMAIL.COM](mailto:KMORRISON1769@GMAIL.COM)

### **SIT & STITCH**

THE COMMUNITY COMMONS 7/3, 7/10, 7/24 &  
7/31 @ 1-3PM  
CONTACT: DIANE GERBERG  
[BALETLADI@AOL.COM](mailto:BALETLADI@AOL.COM)

### **BEGINNER 1 LINE DANCING**

THE LELAND ROOM @ 4:45-5:45PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

### **MEXICAN TRAIN**

HAMMOCK MEETING FACILITY 7/3, 7/10, 7/24 &  
7/31 @ 10AM-1PM  
CONTACT: LYNDA FRANK  
[LKFRANK1417@GMAIL.COM](mailto:LKFRANK1417@GMAIL.COM)

### **POKER**

COMMUNITY COMMONS 7/17 @ 7PM  
CONTACT: WARREN SCHULZ  
[WSCHULZ2511@ICLOUD.COM](mailto:WSCHULZ2511@ICLOUD.COM)

### **CHESS**

THE COMMUNITY COMMONS @9:30AM-12:30PM  
CONTACT: LEE LOWERY  
[ELEELOWERY@SBCGLOBAL.NET](mailto:ELEELOWERY@SBCGLOBAL.NET)

### **BUNCO I**

HAMMOCK MEETING FACILITY 7/17 @ 10AM  
CONTACT: DENISE WHITE  
[DENISEMWHITE15@YAHOO.COM](mailto:DENISEMWHITE15@YAHOO.COM)

### **BF FISHING**

THE COMMUNITY COMMONS 7/24 @ 5:30-8:30PM  
CONTACT: MAX BANNING  
[ZEBRA6344@GMAIL.COM](mailto:ZEBRA6344@GMAIL.COM)

## WEDNESDAY (CONT.)

### **MAHJONG**

HAMMOCK MEETING FACILITY @ 1-4PM  
CONTACT: SHARON COROMILAS  
[SHARON.COROMILAS@GMAIL.COM](mailto:SHARON.COROMILAS@GMAIL.COM)

## THURSDAY

### **INTER. DUPLICATE BRIDGE GAME**

MAGNOLIA GREEN BANQUET ROOM  
@ 9AM-12PM  
CONTACT: BEN REISCHER  
[BEN.REISCHER@GMAIL.COM](mailto:BEN.REISCHER@GMAIL.COM)

### **AMERICAN LEGION POST**

HAMMOCK MEETING FACILITY 7/11 @ 1-3PM  
CONTACT: DALE TODD  
[DALEETODD@GMAIL.COM](mailto:DALEETODD@GMAIL.COM)

### **POKER**

COMMUNITY COMMONS @7PM  
CONTACT: RANDY GIROLIMON  
[BIGRANDYG@AOL.COM](mailto:BIGRANDYG@AOL.COM)

### **GARDEN CLUB**

MAGNOLIA GREEN 7/11 @ 1-3PM  
CONTACT: SUE ACHESON  
[SWEETSUEA@ACHESON.ORG](mailto:SWEETSUEA@ACHESON.ORG)

### **HAND & FOOT**

HAMMOCK MEETING FACILITY 7/11 & 7/25 @ 7PM  
CONTACT: DEBBIE LANE  
[CRAZYMOMDL@GMAIL.COM](mailto:CRAZYMOMDL@GMAIL.COM)

### **BEGINNERS CHESS**

THE COMMUNITY COMMONS @1PM-3:30PM  
CONTACT: LEE LOWERY  
[ELEELOWERY@SBCGLOBAL.NET](mailto:ELEELOWERY@SBCGLOBAL.NET)

### **CRAFT CLUB**

THE COMMUNITY COMMONS 7/25 @ 4-7PM  
CONTACT: KC SEIGFRIED  
[KCSEIGFRIED@YAHOO.COM](mailto:KCSEIGFRIED@YAHOO.COM)

## FRIDAY

### **GAME DAY (SINGLES AND MORE)**

THE COMMUNITY COMMON 7/26 @ 2-5PM  
CONTACT: BARBARA HOLLINSWORTH  
[BHOLLINSWORTH@HOTMAIL.COM](mailto:BHOLLINSWORTH@HOTMAIL.COM)



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**FRIDAY (CONT.)**

**UKULELE JAM**

THE COMMUNITY COMMONS  
7/12 & 7/26 @ 10AM-11:3AM  
CONTACT: DEAN WARD  
[DTW3615@AOL.COM](mailto:DTW3615@AOL.COM)

**BF 2/1 BRIDGE**

HAMMOCK MEETING FACILITY  
7/12, 7/19 & 7/26 @ 9:30AM-12:30PM  
CONTACT: RICK BUCKER  
[RICKB5078@YAHOO.COM](mailto:RICKB5078@YAHOO.COM)

**BEG 1 SHAG LESSONS**

THE LELAND ROOM @12:45-1:15PM

**BEG 2 SHAG LESSONS**

THE LELAND ROOM @ 1:15-2PM

**INTERMEDIATE SHAG LESONS**

THE LELAND ROOM @ 2-3PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

**MEXICAN TRAIN**

THE COMMUNITY COMMONS 7/19  
@ 12:30-4PM  
CONTACT: SANDI STEWART  
[SSTEW94@GMAIL.COM](mailto:SSTEW94@GMAIL.COM)

**SATURDAY**

**BF SHAG PARTY**

THE LELAND ROOM 7/6 @ 6:30PM  
CONTACT: MARYJO DUNNEBACKE  
[MARYJDUNN@AOL.COM](mailto:MARYJDUNN@AOL.COM)

