



# FITNESS & WELLNESS

At Brunswick Forest

## SEPTEMBER 2018 RESIDENT SPONSORED ACTIVITIES

### MONDAY

#### **LADIES BRIDGE GROUP**

THE COMMUNITY COMMONS @ 12PM  
CONTACT: LAURIE BURROUS  
[mlburrous@bellsouth.net](mailto:mlburrous@bellsouth.net)

#### **BF POKER GROUP**

THE COMMUNITY COMMONS 9/3 & 9/17 @ 7PM  
CONTACT: ART LEUCK  
[leuckart@gmail.com](mailto:leuckart@gmail.com)

#### **BUNCO I**

THE COMMUNITY COMMONS 9/10 @ 7:15PM  
CONTACT: HOPE MATTHEWS  
[hope2matthews@gmail.com](mailto:hope2matthews@gmail.com)

#### **MAHJONG**

HAMMOCK MEETING FACILITY  
6:30-9PM  
CONTACT: LINDA HATFIELD  
[LINDAHATFIELD46@GMAIL.COM](mailto:LINDAHATFIELD46@GMAIL.COM)

#### **HAND & FOOT**

HAMMOCK MEETING FACILITY  
9/3, 9/10 & 9/24 @ 10AM-1PM  
CONTACT: LYNDA FRANK  
[LKFRANK1417@GMAIL.COM](mailto:LKFRANK1417@GMAIL.COM)

#### **FOREST QUILTING**

HAMMOCK MEETING FACILITY- 9/17 @ 9AM-1PM  
CONTACT: ALICE RANEY  
919-356-8515

#### **LEGACY SEED, HOUSEPLANT & PERENNIAL SWAP GROUP**

COMMUNITY COMMONS 9/3, 9/17 & 9/24 @ 10-11AM  
CONTACT: LILI FIORE  
[LILSTER@LIVE.COM](mailto:LILSTER@LIVE.COM)

#### **INTERMEDIATE LINE DANCING**

THE LELAND ROOM @ 1:45-2:45PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

### TUESDAY

#### **MEN'S BRIDGE**

HAMMOCK MEETING FACILITY @7PM  
9/4 CONTACT: BOB AXELROD  
[AXELRODB@GMAIL.COM](mailto:AXELRODB@GMAIL.COM)

THE COMMUNITY COMMONS @ 7PM  
9/11 CONTACT: DARELL DAVIES  
[DARRELLCDAVIES@YAHOO.COM](mailto:DARRELLCDAVIES@YAHOO.COM)  
9/18-HAMMOCK MEETING FACILITY @7PM  
CONTACT: MICHAEL ZALOB  
[MZALOB@YAHOO.COM](mailto:MZALOB@YAHOO.COM)

#### **BF DUPLICATE BRIDGE GAME**

MAGNOLIA GREENS BANQUET ROOM @ 12:30PM  
CONTACT: BEN REISCHER  
[BEN.REISCHER@GMAIL.COM](mailto:BEN.REISCHER@GMAIL.COM)

#### **BEG 2 LINE DANCING**

THE LELAND ROOM @ 3:30-4:45PM  
CONTACT: LORRIE & STEVE GREGORY  
[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

#### **BOOK CLUB**

THE COMMUNITY COMMONS 9/18 @ 10:30AM  
CONTACT: MARLENE HUBER  
[HUBERML@EC.RR.COM](mailto:HUBERML@EC.RR.COM)

#### **SINGLES & MORE**

(FOR SINGLES & WIDOWS ONLY)  
LELAND SENIOR CENTER 9/25 @ 4PM  
CONTACT: KATHIE LYNCH  
[KLYNCH002@GMAIL.COM](mailto:KLYNCH002@GMAIL.COM)

#### **DROP IN PICKLEBALL**

WELLNESS CENTER 3-5PM  
CONTACT: JANET POPOWSKI  
[janet.popowski@gmail.com](mailto:janet.popowski@gmail.com)

#### **BF SHOOTERS**

THE COMMUNITY COMMONS 9/18 @ 7-9PM  
CONTACT: BOB MARTIN  
[ROBERT.MARTIN1937@GMAIL.COM](mailto:ROBERT.MARTIN1937@GMAIL.COM)

## TUESDAY (CONT.)

### **BRUNSWICK FOREST WOODWORKING CLUB**

THE COMMUNITY COMMONS 9/18 @ 4- 6PM

CONTACT: LEN GREGORIO

[LENBARPHYG@AOL.COM](mailto:LENBARPHYG@AOL.COM)

### **NEIGHBORHOOD BIBLE STUDY**

THE COMMUNITY COMMONS @ 1-2:30PM

### **CHRISTIAN LADIES BOOK CLUB**

THE COMMUNITY COMMONS 9/11 @ 12-1PM

CONTACT: ELLEN CASEY

[EMC430@GMAIL.COM](mailto:EMC430@GMAIL.COM)

## WEDNESDAY

### **LADIES BRIDGE**

FOREST @ CFN 10AM-3PM

CONTACT: CHARLOTTE BRYANT

[EARTHANGEL7@EC.RR.COM](mailto:EARTHANGEL7@EC.RR.COM)

### **BUNCO I**

THE COMMUNITY COMMONS 9/12 @ 7PM

CONTACT: KAREN MORRISON

[KMORRISON1769@GMAIL.COM](mailto:KMORRISON1769@GMAIL.COM)

### **SIT & STITCH**

THE COMMUNITY COMMONS @ 1-3PM

CONTACT: DIANE GERBERG

[BALLETLADI@AOL.COM](mailto:BALLETLADI@AOL.COM)

### **BEGINNER 1 LINE DANCING**

THE LELAND ROOM @ 4:45-5:45PM

CONTACT: LORRIE & STEVE GREGORY

[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

### **MEXICAN TRAIN**

HAMMOCK MEETING FACILITY @ 10AM-1PM

CONTACT: LYNDA FRANK

[LKFRANK1417@GMAIL.COM](mailto:LKFRANK1417@GMAIL.COM)

### **POKER**

THE COMMUNITY COMMONS 9/19 @ 7PM

CONTACT: WARREN SCHULZ

[WSCHULZ2511@ICLOUD.COM](mailto:WSCHULZ2511@ICLOUD.COM)

### **MERMAID CLUB**

HAMMOCK MEETING FACILITY 9/12 @4PM

CONTACT: SASSIE GRISSOM

[SASSIEROCS@GMAIL.COM](mailto:SASSIEROCS@GMAIL.COM)

### **MAHJONG**

HAMMOCK MEETING FACILITY @ 1-4PM

CONTACT: SHARON COROMILAS

[SHARON.COROMILAS@GMAIL.COM](mailto:SHARON.COROMILAS@GMAIL.COM)

### **CHESS**

THE COMMUNITY COMMONS @10:30AM-12:30PM

CONTACT: LEE LOWERY

[ELEELOWERY@SBCGLOBAL.NET](mailto:ELEELOWERY@SBCGLOBAL.NET)

## THURSDAY

### **INTER. DUPLICATE BRIDGE GAME**

HAMMOCK MEETING FACILITY @ 9AM-12PM

CONTACT: BEN REISCHER

[BEN.REISCHER@GMAIL.COM](mailto:BEN.REISCHER@GMAIL.COM)

### **AMERICAN LEGION POST**

COMMUNITY COMMONS 9/13 @ 1-3PM

CONTACT: DALE TODD

[DALEETODD@GMAIL.COM](mailto:DALEETODD@GMAIL.COM)

### **DROP IN PICKLEBALL**

WELLNESS CENTER 3-5PM

CONTACT: JANET POPOWSKI

[JANET.POPOWSKI@GMAIL.COM](mailto:JANET.POPOWSKI@GMAIL.COM)

### **POKER**

COMMUNITY COMMONS @7PM

CONTACT: RANDY GIROLIMON

[BIGRANDY@AOL.COM](mailto:BIGRANDY@AOL.COM)

### **CRAFT CLUB**

THE COMMUNITY COMMONS 9/13 @ 2:30-6:30PM

CONTACT: KC SEIGFREID

[KCSEIGFREID@YAHOO.COM](mailto:KCSEIGFREID@YAHOO.COM)

### **BF GARDEN CLUB**

MAGNOLIA GREEN BANQUET HALL

9/13 @ 1-3PM

CONTACT: SUE ACHESON

[SWEETSUEA@ACHESON.ORG](mailto:SWEETSUEA@ACHESON.ORG)

## FRIDAY

### **BF 2/1 BRIDGE**

HAMMOCK MEETING FACILITY @ 9AM-12PM

CONTACT: RICK BUCKER

[RICKB5078@YAHOO.COM](mailto:RICKB5078@YAHOO.COM)

### **MEXICAN TRAIN**

THE COMMUNITY COMMONS 9/21 @ 12:30-4PM

CONTACT: SANDI STEWART

[SSTEW94@GMAIL.COM](mailto:SSTEW94@GMAIL.COM)

### **BEG 1 SHAG LESSONS**

THE LELAND ROOM @12:45-1:15PM

### **BEG 2 SHAG LESSONS**

THE LELAND ROOM @ 1:15-2PM

### **INTERMEDIATE SHAG LESONS**

THE LELAND ROOM @ 2-3PM

CONTACT: LORRIE & STEVE GREGORY

[WINDDANCERLG@AOL.COM](mailto:WINDDANCERLG@AOL.COM)

### **ITALIAN CLUB**

THE COMMUNITY COMMONS 9/14@2-3:30PM

HAMMOCK MEETING FACILITY 9/28@ 2-3:30PM

CONTACT: THOMAS POWELL

[THOMAS.POWELL99@GMAIL.COM](mailto:THOMAS.POWELL99@GMAIL.COM)

### **BUNCO I**

THE COMMUNITY COMMONS 9/14 @ 10AM

CONTACT: DENISE WHITE

[DENISEMWHITE15@YAHOO.COM](mailto:DENISEMWHITE15@YAHOO.COM)