

# PALM COAST TENNIS CENTER

## NET NEWS—August 2016



### UPCOMING EVENTS:

#### SUMMER COURT FEE SPECIAL

See page 2 for more details

#### MASTERS TENNIS

Weekly Drop Ins

See page 3 for more details

#### JUNIOR PROGRAMS

Classes resume

Monday, August 22nd.

See page 9 for all the details

#### NEW ADULT CLINICS

Beginning in September!!!

See page 8 for all the details.

#### PALM COAST SENIOR GAMES

9/12 & 9/13

Singles, Doubles and Mixed Doubles

See page 4 for more details

### LABOR DAY

PCTC Courts will be  
**OPEN until 2:00pm**

There will be  
**NO** Adult Clinics and  
**NO** Monday Open Tennis

Check out our **NEW**  
Adult Clinics on Page 8.

They will begin in  
September!!!

### *Hours of Operation*

**Monday-Thursday**

8:00am-2:00pm &

4:00pm-9:00pm

(Closing at 9:00pm June-August)

**Friday, Saturday & Sunday**

8:00am-2:00pm



# SUMMER COURT FEES

\$5.00 8:00am-11:00am

\$2.50 AFTER 11:00am\*

\*\$2.00 after 4:00pm  
Tuesday & Thursday

(Prices valid Memorial Day to Labor Day)

OPEN until 9:00pm  
Monday—Thursday  
June—August



Palm Coast Tennis Center 1290 Belle Terre Parkway Palm Coast, FL 32164

[www.PalmCoastTennisCenter.com](http://www.PalmCoastTennisCenter.com)

386-986-2550

# MASTERS TENNIS DROP-IN

## WHEN

Tuesday 8:00-9:30

Thursday 5:00-6:30

Friday 11:00-12:30



## WHERE

**Palm Coast Tennis Center**

1290 Belle Terre Parkway

Palm Coast, Florida 32164

**386-986-2550**

**[WWW.PALMCOASTTENNISCENTER.COM](http://WWW.PALMCOASTTENNISCENTER.COM)**

**ALL LEVELS  
WELCOME**

**NO EXPERIENCE  
NEEDED**

**WEAR ATHLETIC  
ATTIRE AND  
SNEAKERS**

**\$5 per play**

**12 plays for \$50**

**FREE for PCTC  
Pass-Holders**

**Easy to Learn!**

**Fun!**

**Stay Active!**

**LEARN MORE ABOUT  
MASTERS TENNIS**

**[UstaFlorida.com/  
MastersTennis](http://UstaFlorida.com/MastersTennis)**



# PALM COAST

*& the Flagler Beaches*

# SENIOR GAMES

presented by:

**CORA HEALTH SERVICES, INC.**



# September 10–18

## Open to Ages 50+

Pickleball  
Archery  
Golf Croquet  
Volleyball

Table Tennis  
Cycling  
Horseshoes  
Swimming

Golf  
Ballroom Dance  
Tennis  
Basketball

Call Palm Coast Parks & Recreation at 386.986.2323  
or visit [www.palmcoastgov.com/seniorgames](http://www.palmcoastgov.com/seniorgames)

This Local Senior Games is sanctioned by the Florida Sports Foundation  
and is a qualifier for the Florida Senior Games State Championships



# AUGUST ~ ADULT

| SUNDAY                                   | MONDAY                                                                                                  | TUESDAY                                                | WEDNESDAY                                                     | THURS<br>DAY                                           | FRIDAY                                                   | SATUR<br>DAY                           |
|------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------|----------------------------------------|
|                                          | <b>1</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30<br>1.2.3 Tennis 11:30<br>Monday Open 6:00  | <b>2</b><br>Masters<br>Tennis<br>Drop In<br>8:00-9:30  | <b>3</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30  | <b>4</b><br>Masters<br>Tennis<br>Drop In<br>5:00-6:30  | <b>5</b><br>Masters<br>Tennis<br>Drop In<br>11:00-12:30  | <b>6</b><br>Saturday<br>Drop In 1100   |
| <b>7</b><br>Sunday<br>Drop In<br>9:30am  | <b>8</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30<br>1.2.3 Tennis 11:30<br>Monday Open 6:00  | <b>9</b><br>Masters<br>Tennis<br>Drop In<br>8:00-9:30  | <b>10</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30 | <b>11</b><br>Masters<br>Tennis<br>Drop In<br>5:00-6:30 | <b>12</b><br>Masters<br>Tennis<br>Drop In<br>11:00-12:30 | <b>13</b><br>Saturday<br>Drop In 1100  |
| <b>14</b><br>Sunday<br>Drop In<br>9:30   | <b>15</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30<br>1.2.3 Tennis 11:30<br>Monday Open 6:00 | <b>16</b><br>Masters<br>Tennis<br>Drop In<br>8:00-9:30 | <b>17</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30 | <b>18</b><br>Masters<br>Tennis<br>Drop In<br>5:00-6:30 | <b>19</b><br>Masters<br>Tennis<br>Drop In<br>11:00-12:30 | <b>20</b><br>Saturday<br>Drop In 11:00 |
| <b>21</b><br>Sunday<br>Drop In<br>9:30   | <b>22</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30<br>1.2.3 Tennis 11:30<br>Monday Open 6:00 | <b>23</b><br>Masters<br>Tennis<br>Drop In<br>8:00-9:30 | <b>24</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30 | <b>25</b><br>Masters<br>Tennis<br>Drop In<br>5:00-6:30 | <b>26</b><br>Masters<br>Tennis<br>Drop In<br>11:00-12:30 | <b>27</b><br>Saturday<br>Drop In 11:00 |
| <b>28</b><br>Sunday<br>Drop In<br>9:30am | <b>29</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30<br>1.2.3 Tennis 11:30<br>Monday Open 6:00 | <b>30</b><br>Masters<br>Tennis<br>Drop In<br>8:00-9:30 | <b>31</b><br>Morning Blast 9:30<br>Techniques & Tactics 10:30 |                                                        |                                                          |                                        |

# AUGUST ~ JUNIOR

| SUN<br>DAY | MONDAY                                                                                                       | TUESDAY                                                                                   | WEDNESDAY                                                                                                    | THURSDAY                                                                                  | FRIDAY                          | SATUR<br>DAY |
|------------|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------|--------------|
|            | <b>1</b><br>Summer Camp 9:00<br><b>JR Development 4:30</b><br>QuickStart 6:00                                | <b>2</b><br>Summer Camp 9:00<br><b>Big Shots 4:30</b><br>Racquet Rookies 4:45<br>CPD 6:30 | <b>3</b><br>Summer Camp 9:00<br><b>JR Development 4:30</b><br>QuickStart 6:00                                | <b>4</b><br>Summer Camp 9:00<br><b>Big Shots 4:30</b><br>Racquet Rookies 4:45<br>CPD 6:30 | <b>5</b><br>Summer<br>Camp 9:00 |              |
| <b>7</b>   | <b>8</b>                                                                                                     | <b>9</b>                                                                                  | <b>10</b>                                                                                                    | <b>11</b>                                                                                 | <b>12</b>                       | <b>13</b>    |
| <b>14</b>  | <b>15</b>                                                                                                    | <b>16</b>                                                                                 | <b>17</b>                                                                                                    | <b>18</b>                                                                                 | <b>19</b>                       | <b>20</b>    |
| <b>21</b>  | <b>22</b><br><b>JR Development 4:30</b><br>QuickStart 5:00<br>Racquet Rookies I 6:00<br>Transition Team 6:00 | <b>23</b><br><b>Big Shots 4:30</b><br>Racquet Rookies I & II 5:30<br>CPD 6:30             | <b>24</b><br><b>JR Development 4:30</b><br>QuickStart 5:00<br>Racquet Rookies I 6:00<br>Transition Team 6:00 | <b>25</b><br><b>Big Shots 4:30</b><br>Racquet Rookies I & II 5:30<br>CPD 6:30             | <b>26</b>                       | <b>27</b>    |
| <b>28</b>  | <b>29</b><br><b>JR Development 4:30</b><br>QuickStart 5:00<br>Racquet Rookies I 6:00<br>Transition Team 6:00 | <b>30</b><br><b>Big Shots 4:30</b><br>Racquet Rookies I & II 5:30<br>CPD 6:30             | <b>31</b><br><b>JR Development 4:30</b><br>QuickStart 5:00<br>Racquet Rookies I 6:00<br>Transition Team 6:00 |                                                                                           |                                 |              |

# ADULTS

## Scheduled Weekly Clinics

### MORNING BLAST

**Monday & Wednesday 9:30am-10:30am**

A FUN and ENERGETIC start to your day that combines Cardio tennis with instructional drills and interactive play.

Focus on footwork and movement.

Build your skills while you get your heart rate up!!

\$12 Pass Holders / \$16 Non-Pass Holders

### TECHNIQUES & TACTICS

**Monday & Wednesday 10:30am-11:30am**

A combination of instruction and strategies designed to improve your doubles play. Drills and competitive interactive play will help refine your shot selection, execution and court positioning. This class is designed for players 3.0 and up.

\$12 Pass Holders / \$16 Non-Pass Holders

### 1.2.3 TENNIS

**Monday 11:30am-12:30pm**

1.2.3 Tennis is designed for players with little or no tennis experience. It is a fun and social introduction to tennis fundamentals including basic techniques and structured play. This program provides a gateway to developing your tennis skills and meeting your future tennis partners.

\$10 per class

### BEGINNER DOUBLES STRATEGY

**Tuesday 9:30am-11:00am (Begins 9/5/16)**

This clinic is designed for players who are new to the game (2.0). It provides an opportunity to learn the basics of doubles play including court position, shot selection and strategy. Experience interactive drills and play in a game based and friendly environment.

\$18 Pass Holders / \$24 Non-Pass Holders

### FRIDAY BASIC TRAINING

**Friday 9:30am-10:30am (Begins 9/2/16)**

A little less talk and a lot more action!! This clinic is all about drills for players at all levels. One fast paced hour of groundstrokes, volleys and footwork to help keep you sharp.

\$12 Pass Holders / \$16 Non-Pass Holders

## Group Clinics

### 3 & A PRO

Includes 3 players of compatible level and one pro. The first hour is devoted to instruction & drills. During the remaining half hour, each player plays with the pro and against the pro.

Organize your own group or ask us to set one up for you.

**\$28.00 Pass Holders**

**\$32.00 Non-Pass Holders**

### GVTL PERFORMANCE CLINIC

Designed specifically for GVTL teams to enhance practice time, manage pairings and prepare for team match play.

6-8 players from your team roster

Based on availability, schedule your clinic with Eric

**1 ½ hours**

**\$15 per player**

## Private Lessons

### **PASS HOLDERS**

1 Hour \$55.00

30 Minute \$30.00

### **"6 Pack" Lesson Packages**

1 Hour (5 Lessons & 1 FREE) \$275.00

30 Minute (5 Lessons & 1 FREE) \$150.00

### **NON-PASS HOLDERS**

1 Hour \$65.00

30 Minute \$35.00

### **"6 Pack" Lesson Packages**

1 Hour (5 Lessons & 1 FREE) \$325.00

30 Minute (5 Lessons & 1 FREE) \$175.00

# JUNIORS

## Performance Team

### RACQUET ROOKIES I

**Monday AND/OR Wednesday 6:00pm-6:45pm OR**

**Tuesday AND/OR Thursday 5:30pm-6:15pm**

This program is a gentle introduction to the game of tennis for students 5-7 years old. Skill building exercises and fun activities are used to begin developing the basic movements used on the tennis court.

**\$80 for 8 classes**

### RACQUET ROOKIES II

**Tuesday AND/OR Thursday 5:30pm-6:15pm**

A continuation of our Racquet Rookies I program.

**\$80 for 8 classes**

### QUICK START I & II

**Monday AND/OR Wednesday 5:00pm-6:00pm**

For students 6-10 as an introduction to tennis using fun and effective skill building exercises and games. Emphasis on Agility, Balance and Coordination as well as teamwork and interactive play. Quick Start I and II players will be grouped based on age and ability.

**\$150 (1 class per week) / \$275 (2 classes per week)**

**OR \$16 Pay As You Go**

### TRANSITION TEAM

**Monday AND/OR Wednesday 6:00pm-7:00pm**

This is a transitional program for our students 8-11 who have completed Quick Start I & II. It will continue to focus on mechanics with a greater emphasis on interactive play.

**\$150 (1 class per week) / \$275 (2 classes per week)**

**OR \$16 Pay As You Go**

Students may enroll anytime during the session at a pro-rated price.

All students must be evaluated for placement prior to registration.

Make-ups provided only for inclement weather.

### BIG SHOTS I & II

**Tuesday AND/OR Thursday 4:30pm-6:00pm**

For students 8-12 who have completed our Transition Team program or who have appropriate tennis experience. Focus on skill building that will include stroke fundamentals, eye-hand coordination and interactive play.

**\$225 (1 class per week) / \$425 (2 classes per week)**

**OR \$24 Pay As You Go**

### JUNIOR DEVELOPMENT

**Monday AND/OR Wednesday 4:30pm-6:00pm**

For students 10-14 who have completed our Big Shots program or have appropriate tennis experience. Focus on mechanics, footwork and preparation for competitive play.

**\$225 (1 class per week) / \$425 (2 classes per week)**

**OR \$24 Pay As You Go**

### COMPETITIVE PLAYER DEVELOPMENT

**Tuesday AND/OR Thursday 6:30pm-8:00pm**

For students with USTA or Jr. High and High School tennis experience. Focus on advanced technique, footwork, conditioning and strategies for competitive play.

**\$225 (1 class per week) / \$425 (2 classes per week)**

**OR \$24 Pay As You Go**

### **SESSION 1 DATES:**

**Monday:** Aug. 22, 29; Sept. 12, 19, 26;

Oct. 3, 10, 17, 24, 31; Nov. 7, 14

**Tuesday:** Aug. 23, 30; Sept. 6, 13, 20, 27;

Oct. 4, 11, 18, 25; Nov. 1, 8

**Wednesday:** Aug. 24, 31; Sept. 7, 14, 21, 28;

Oct. 5, 12, 19, 26; Nov. 2, 9

**Thursday:** Aug. 25; Sept. 1, 8, 15, 22, 29;

Oct. 6, 13, 20, 27; Nov. 3, 10

# Ball Machine

Pass Holder

\$7 ~ 1/2 Hour / \$10 ~ 1 Hour

Non-Pass Holder

\$8 ~ 1/2 hour / \$12 ~ 1 Hour

# Weekly Drop Ins

## MONDAY OPEN TENNIS ~ 6:00pm Monday

Open to ALL men and women 3.5 or above

Pass Holders FREE

Non-Pass Holders \$6.00

**NO Open Tennis September 5th**

## SATURDAY OPEN TENNIS ~ 11:00am Saturday

Open to ALL men and women 3.5 or below

Pass Holders FREE

Non-Pass Holders \$6.00

## SUNDAY DROP IN TENNIS ~ 9:30am Sunday

Open to men and women of all levels

Pass Holders FREE

Non-Pass Holders \$5.00

# Public Court Fees

**Palm Coast Residents:** \$8.00 per person (adult)

\$5.00 per person (juniors 17 & under)

**Non-Residents:** \$10.00 per person (adult)

\$5.00 per person (juniors 17 & under)

\*total per court / 90 minutes of court time

# Lessons

1 hour Private - Pass Holder \$55.00

1/2 hour Private – Pass Holder \$30.00

1 hour Private – Non-Pass Holder \$65.00

1/2 hour Private – Non-Pass Holder \$35.00

1 hour Private—Junior\*\* \$55.00

1/2 hour Private – Junior\*\* \$30.00

\*\*Junior—17 & under\*\*

## 1 HOUR GROUP LESSONS

2 players \$30.00 each

3 players \$20.00 each

4 + players \$15.00 each

## PASS HOLDER “6 PACK” LESSON PACKAGES

1 Hour (5 Lessons & 1 FREE) \$275.00

30 Minute (5 Lessons & 1 FREE) \$150.00

## NON-PASS HOLDER “6 PACK” LESSON PACKAGES

1 Hour (5 Lessons & 1 FREE) \$325.00

30 Minute (5 Lessons & 1 FREE) \$175.00

## JUNIOR LESSON PACKAGES

1 Hour (5 Lessons & 1 FREE) \$275.00

30 Minute (5 Lessons & 1 FREE) \$150.00

# Stringing

\$18 labor + the cost of the string

We carry HEAD strings