



Meadows Monthly

Meadows Farms Golf Course

Home of the Longest Hole in the USA (841 yard Par 6)

APRIL 2019

Volume 3, Issue 4

April is finally here and Spring has sprung. Take that tax refund and put it to good use at The Farm. All inclusive 7 day memberships are only \$2,295, and good for 365 days from the day you purchase it.

We are also looking for great sign ideas. Email your sayings to DOTSONJL4265@GMAIL.COM. If we use your sign, you will receive a \$25 gift card good for anything at The Farm.



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Upcoming Events:



SPRING



**LEAGUES
HAVE BEGUN!**

Littering And....

At The Farm, we really don't mind what you smoke; however, we do mind where you throw it. In recent months, cigarette & cigar butts are finding their way onto our greens and tee boxes in astonishing numbers. Our employees are constantly having to pick up others trash, and that takes away from the beauty of the course.

In April, and every month going forward, we are going to establish a new program. Come into play, and let us know that you would like to help us with the littering problem. We will give you a labeled zip lock bag to take out on the course with you. Use this bag for all the cigarette and cigar butts you find. Place them in the bag and bring them into the Pro Shop when you are done. We will count the butts, and issue you an equal number of raffle tickets back in exchange. The more butts you bring in, the more raffle tickets you receive.

On the last day of every month, we will draw a raffle ticket, and the winner will receive **4 FREE ROUNDS OF GOLF** at Meadows Farms Golf Course. The passes are good for a year and can be used Monday-Sunday.

Thanks in advance for keeping Meadows clean.



Beers Anyone?



Meet Nikki!!!

Nikki is an avid golfer, dirt biker, fisher, and wakeboarder. When she isn't doing that, she's teaching special education or running the beverage cart. We are excited to have her on board. She will be here most Friday afternoons to meet you after work. If the weather cooperates, she will be out on the course Saturdays and Sundays as well. Make sure you stop and introduce yourself to Nikki your next time at The Farm.

Shamble Pays Big

We had 72 people flock to Meadows on March 23rd for the Annual Three-Person Shamble. In this format, better known as a Texas Scramble, all three players tee off from their respective tee boxes. The captain of the team chooses the best drive, then each golfer plays their own ball into the hole. The two lowest scores are recorded.

This is an extremely tough format because if two players screw up on a hole, it could cost the team dearly. We don't want to think about what happens when all three players put it in the water on one of our par 3s.

Two teams shot absolutely incredible and were all square after 18 holes. Jimmy George, Mark Curtas, and Roland Sciascia edged out Lloyd & Landon Knappenberger and Men's Champion Tim Arbisi by birdying Waterfall #3 which was the tie-breaker hole. Thanks to everyone that came out. We paid over \$1,000 through the field. Everyone has a chance to win when you play at Meadows Farms.

	Champions of the World		
1ST	George/Curtas/Sciascia	-7	\$ 300
2ND	Knappenberger/Arbisi/Knap	-7	\$ 225
3RD	Clements/Corbin/Jones	4	\$ 150

	The Lucky Ones		
7th	Longfellow/Thurston/Wallace	7	\$ 75
14th	Cole/Brown/Pierce	15	\$ 75
DALP	Melz/Moak/Cliser	42	\$ 60



Our next tournament coming up is a 9 hole afternoon tournament on April 10th. Two person captains choice teams. Sign up today if you'd like to play.

Course Clean Up

We want our customers to have the most enjoyable round of their life when they play The Farm. It takes a lot of work behind the scenes to make that dream a reality. One of the biggest complaints we used to hear was place of play, and people kept losing their balls. Our maintenance team does everything in their power to make sure your dreams come to fruition. We spent all winter working hard on dressing up the course. Let us know if you see anywhere where we could keep improving. We love to hear your feedback.



The hundreds of trees we have removed

Waterfall 6 & Island 5



Range Opens!!!!

Some thought this day would never come, but somehow it did. Our all grass tee driving range is finally open for the Spring. We look forward to having you come out to the course and practice. We also have a free putting green here for you to utilize as well, even if you aren't playing golf that day.



Swing Dynamics GOLF



Swing Dynamics Golf is Virginia's ONLY
RotarySwingTour Certified Golf Instruction!
Training with Swing Dynamics Golf will give you
Simple, Safe and Effective tools to get more
Speed, Distance & Accuracy out of your Golf
Swing in LESS time!

Call Darryl Today To Sign Up

(540) 360-3969

Swing Dynamics Tips

Mix It Up!

If your Golf game has gotten a little stale, and it seems like you're playing basically the same round over and over, here's a few things you can do to keep things interesting as the season opens up!

Drop Your Driver!

Driver costing you more than 2 Strokes a Round?

Just leave it at home or in the trunk...

This is especially helpful if your driver shots are getting 30+ yards off-line and end up in the woods, water, or deep rough with tricky lies more than half the time.

Most players are much more accurate with 3-wood or less, and unless you're an excellent player from the rough, most are better off giving up 20-30 yards to play a 2nd shot from the Fairway.

You'll save some time and reduce stress by not having to search for your ball every couple of holes, and you'll probably save a few strokes!

Play With Only 3-5 Clubs

Bored with playing some holes virtually the same way most of the time?

Eliminate most of your clubs!

Pick one Fairway Wood or Hybrid for Tee Shots, one Mid-Iron(5-7) for Approach Shots, one Wedge for bunkers and around the Greens, and your Putter.

Add a Long(2-4) or Short(8-PW) Iron if you just can't live without them.

(Continued on the next page...)

Swing Dynamics Tips

Lay Up On Purpose

Want to get deadly with your Chips & Wedges?

When hitting into the Green, pick a yardage you'd like to hit a Wedge or Chip from, and try to hit it. Whether it's 5-10 yards off of the front of the Green to allow you to Chip with a 7 or 8 Iron, or 30+ yards back to allow you to dial in full or half-swing Wedges. You'll be improving two aspects of your game: Distance Control/Accuracy, AND Short Game, on every hole!

Play The 'Wrong' Tee Box

This one is FUN!

Want to try to Drive a few Greens?

Move up a Tee Box or two!

Want to challenge the Longest at it's full 841 Yards?

Try it from the Tips!

(Just don't hold up the 3 groups behind you if marking a '10' on the card is a distinct possibility...and it always is).

I play from the 'Ladies & Seniors' Tees all the time in Playing Lessons with my Students, and sometimes try to 'follow' their shots just to see what the game is like for them- I get to see what distances they're dealing with, situations they're ending up in, and the Course Management decisions they have to make. It allows me to use different shots, strategies, and clubs all day- and it's REALLY FUN!

You might just get to hit your favorite club more often!

Try these in a few rounds, or for a couple of holes several times this season, to play a different game than your used to, and help 'Mix It Up!'

ONE THE LIGHTER SIDE

Two women were playing golf. One teed off and watched in horror as her ball headed directly toward a foursome of men playing the next hole. The ball hit one of the men. He immediately clasped his hands together at his groin, fell to the ground and proceeded to roll around in agony.

The woman rushed down to the man, and immediately began to apologize. "Please allow me to help. I'm a physical therapist and I know I could relieve your pain if you'd allow me," she told him.

"Oh, no, I'll be all right. I'll be fine in a few minutes," the man replied.

It was obvious that he was in agony, lying in the fetal position, still clasping his hands together at his groin.

The female golfer/therapist urged him to let her help him, so at her persistence, he finally allowed her to help.

She gently took his hands away and laid them to his side, loosened his pants and put her hands inside. She administered tender and artful massage to his privates for several long moments and then asked, "How does that feel"?

He replied, "That feels great, but my thumb still hurts like Hell!"

Scott's Corner

Writing this a day after we had A-1 Aerification of Warrenton come in to Deep Tine the greens. Long overdue but a necessary evil for long term sustainability for cool season turf here in the "transition zone" and it went without a hitch! Yesterday had very seasonable weather, today a different story! Maybe spring will be here (one day) and more seasonable weather will prevail! Also, I was hoping to get started on cleaning up the fairways but March is here and wind has stopped the plans once again! Soon...very soon!

I do need to address a couple of issues that I have already mentioned numerous times. This month marks the 30th year I have actively been involved in managing golf courses, not all in a row as I did think the "grass was greener" on the side and temporarily took on other endeavors. *Sorry for the pun!* I have seen it all, heard it all and there is not much I have not done to maintain a golf course at several venues from Vermont to Hilton Head Island. So here is a list of what I witness every day at Meadows Farm that needs to be addressed.

1. NEVER REPLACE LOOSE PIECES OF TURF MADE BY BALL MARKS:

Sorry, but you need ***to repair the ball mark and discard the dislodged turf***. If anyone told you to do this in the past they are wrong and most likely no longer in the business. Dislodging pieces of turf (made by ball impact) is more predominate in wet conditions and unfavorable growing conditions...sounds like the past several months! Just study the green surface and you will see small brown desiccated turf, and yes this effects ball roll the same as if NO attempt to repair the was made and promotes disease potential. It is a privilege to repair your ball mark because it means you are better than the masses!

Today 3/26/2019 we counted unattended ball marks on the Island nine...appalling to say the least! 23 on 10 holes made by only a dozen or so players. How can you play a quality round under those conditions?

2. **Never use the flagstick to retrieve your ball from the cup:**

The result is most likely going to cause damage to the cup edge, the flag stick and/or the cup itself or worse the dreaded raised cup. Extreme care should be used to maintain the cup edge for everyone's quality of play throughout the day.

(Continued on the next page...)

Scott's Corner Continued...

3. Bunker Rakes:

Always leave the rakes inside the bunker, every course is different and even the USGA has recommendations. Here at Meadows Farm we are better off leaving rakes inside the bunker. Case point...say you hit a remarkable and highly unlikely shot from a less than desirable location. You watch the ball tracking towards the green, oh no its going in the bunker but rolls through and all of a sudden the ball JUMPS straight in the air to come to rest inside the bunker. When you get to the green what you notice is the bunker rake on the top of trap between the green and the bunker. Wow, you could of had a birdie putt but instead now have a gnarly sand shot! That is not the only reason, what about cart traffic near fairway bunkers running over the rakes and breaking them or mowers accidentally hitting rakes the rakes? **Carts should remain 25 feet from bunkers.** As a junior golfer at the Country Club of Virginia and Golf Camps at Farmington Country Club we were never allowed in carts but learned proper cart etiquette from day one as they knew one day we would be allowed on the course with a golf cart.



Oops! Someone left the water running! Not playing that hole today!

GM's Notes

Frank is from Waynesboro, VA where he was the Head Golf Professional and General Manager at Waynesboro Country Club for 20 years. He also owned The Crescent GC and Long Creek GC. Frank graduated from West Virginia Wesleyan College in 1977 where he was a Hall of Fame Athlete in track and field and received his BS degree in education. Frank was a two time NCAA All American in 1976 and 1977. He went to West Virginia for his masters in Business Administration. Frank was president in the Middle Atlantic PGA in 2000-2001, he was on the board of directors for 8 years for the PGA. Frank has played on a couple of PGA tours and is a Class A PGA Professional. He is a certified Hogan Precision Club Fitter. Frank has the ability to take any student to the next level. We are proud to have him as our new PGA General Manager.



Cart Path Only???

Well established dormant bermudagrass can withstand considerable traffic during the winter months. However; there are certain conditions that warrant the removal of as much winter traffic as possible: --Traffic when the soil is saturated will cause a portion of the root system to be dislodged. When this happens, winter kill is inevitable. This is certainly most risky in poorly drained areas, after heavy rains, and during late fall and winter months when the soils stay wet for long periods of time. When the evaporation rate is very slow, it takes weeks sometimes for the soil to dry out in low, heavy clay soil situations.

Traffic when the surface is frozen does cause some loss of above ground foliage (insulation). However, the most damage to the bermuda is done when the traffic is severe enough to wear-out almost all of the above ground foliage or when the surface is thawing and the below ground root zone remains frozen. This causes severe damage (compaction) that kills some turf and exposes the remaining to winter-kill potential. A winter hardy bermuda must retain considerable foliage to insulate the stolons (lateral stems above the surface). If the stolons and dead leaves are heavily trafficked, they become very brittle and break off and are usually blown or washed away. You often see rows or piles of these dead fragments where water has washed over the surface. If most of the surface material is worn out due to traffic, then the best you can expect is for the bermuda to begin recovering from rhizomes (below ground, lateral stems) in about the following July. This is the survival means for bermuda, but it certainly doesn't provide good quality turf for early summer play. --Bermuda is easily damaged by traffic when it enters the fall period at heights less than about 1.25 inches. Short turf wears out a lot quicker than taller bermuda. That is the main reason you almost never see loss of bermuda in roughs. --The finer textured bermudas varieties are most susceptible to traffic injury. The more robust the lateral stems and dead leaves, the more likely to get spring recovery. (Continued)

Cart Path Only???

Repetitive traffic that occurs in front of greens, at the end of cart paths, etc. will also increase winterkill. Compacted soil always retains more water during the winter and the bermuda roots are likely very, very short. Short roots and compacted soil always results in more winterkill. --Even traffic that occurs during the fall, when the green bermuda is slowing down growth and accumulating reserve carbohydrates, may add enough stress to greatly reduce winter survival.

As soon as we can drive on the fairways again, we will let you know. We have to protect the course now, so she will be in optimal condition this summer.



This picture is from a course in North Carolina with heavy cart traffic on their fairways during the winter. This winterkill will never grow back and has to be cut out and reseeded.

BIG DOG's Report

It is time to rock & roll on the golf course. League's are finally starting back up which is exciting for me. Check out the details below so you don't miss great opportunities to golf.

Sunday League: Two man blind best ball. Begins at 10:00AM every Sunday. \$35 for Adv Cards, \$40 for public play for 18 holes. \$10 for prize money, and an additional \$3 for the year long skins competition. Show up by 9:30AM if you would like to play,

Tuesday League: Begins at 6PM every Tuesday. Format changes every week. \$17 for 9 holes plus \$5 for prize money. You must notify the proshop by 5PM on Tuesdays if you would like to play. Three & Four man teams are randomly selected using computer software and general handicaps.

Wednesday League: Begins at 5PM every Wednesday. Format changes every week. \$17 for 9 holes plus \$5 for prize money. Please arrive no later than 4:45PM for team pairings.

Thursday League: Begins at 4PM every Thursday. \$17 for 9 holes. This is a year long league so you must register to play. Please contact Benny at (540) 809-3111 for more information.

See you on the course,

Josh Dotson

Director of Golf



APRIL 2019

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3 WEDNESDAY LEAGUE 5PM	4	5	6
7	8	9	10 Wine & 9	11 	12 	13 Wolfpack Baseball
14 	15	16	17 WEDNESDAY LEAGUE 5PM	18	19	20 JHW Memorial
21	22	23	24 WEDNESDAY LEAGUE 5PM	25	26 Culpeper YoungLife	27 Rappahan- nock EMS
28	29 Ancient Order Of Hibernias	30				

MAY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
			1 WEDNESDAY LEAGUE 5PM	2	3	4
5	6	7	8 WEDNESDAY LEAGUE 5PM	9	10 Paul Stefan Foundation	11 Central Virginia Republicans
12	13	14	15 WEDNESDAY LEAGUE 5PM	16	17	18
19	20	21	22 WEDNESDAY LEAGUE 5PM	23	24 HAVOC SOFTBALL	25
26	27	28	29 WEDNESDAY LEAGUE 5PM	30	31	

A golf club head and a wine glass filled with white wine on a golf course. The golf club is a driver, and the wine glass is a standard wine glass. The background is a blurred golf course with green grass and trees.

MEADOWS FARMS GOLF COURSE WINE & 9

Sponsored by:

**Wilderness Run Vineyards
& 1781 Brewing Co.**

Date: April 10

Time: 5:00 PM

Format: 2-Man Scramble

Cost: \$30

**Inc Golf, Wine, Beer
and Prizes**

CALL (540) 854-9890 To Sign Up Today

The JHW Foundation 2nd Annual

GOLF

T O U R N A M E N T

April 20th, 2019

Meadows Farms
Golf Course

Registration includes a continental
breakfast, catered Texas Roadhouse lunch,
silent auction, and an awards reception



REGISTRATION STARTING AT \$75

**Registration Opens:
February 8th, 2019**



THE FOUNDATION FOR YOUNG ADULT RECOVERY



MORE INFO AT JHWFoundationGolfTournament.com

TEL: (540) 854-9890

3rd ANNUAL WOLFPACK BASEBALL

GOLF TOURNAMENT

SATURDAY, APRIL 13, 2019

Proudly Hosted by Meadows Farms Golf Course

4300 Flat Run Road in Locust Grove

9am Shotgun Start 4-Person Scramble Captain's Choice 50/50 Raffle

All proceeds from this event will benefit the talented Wolfpack athletes!

SPONSORSHIP INFORMATION

PLATINUM SPONSOR \$2000

Includes foursome, full recognition as a lunch sponsor with your banner on display throughout tournament, & hole sign

GOLD SPONSOR \$750

Includes full recognition on all golf carts or score cards in use throughout tournament & hole sign

SILVER SPONSOR \$500

Includes full recognition on one beverage cart throughout tournament & hole sign

HOLE SPONSOR \$150

Includes full recognition of your sponsorship with your sign posted at the tee box

SPONSOR & PLAYER REGISTRATION

\$75 per golfer or \$300 per foursome. Includes 18holes with cart & lunch.

Singles will be placed into teams of four.

Contact Name _____ Contact Phone _____

Contact Email _____

Would you like to SPONSOR this event? Please state sponsor's name & package (Platinum, Gold, Silver, Hole). Send us your business card! Mailing address listed below, or email it to ocwolfpack@gmail.com

Golfer 1 _____ Golfer 2 _____

Golfer 3 _____ Golfer 4 _____

Total Cost \$ _____ Please mail registration and check payable to OC Wolfpack to the following:

- OC Wolfpack - 8504 Swan Woods Road - Rhoadesville, VA 22542 -

www.ocwolfpack.com

Golf Fundraiser, April 26, 2019



13th Annual Culpeper Young Life Golf Fundraiser Linking Up "Fore" Kids April 26, 2019

Meadows Farms Golf Course, 4300 Flat Run Rd, Locust Grove, VA

Two Ways to Play

The 18-Hole Tournament - 1:00 pm -

This is a traditional captain's choice 18-hole tournament with some fun twists. For golfers who do not have the time for taking off a full day for golf, this is for YOU! The 18-Hole Tournament will start at 1:00 pm on April 26th at Meadows Farms Golf Course. The tournament is Captain's Choice format. The cost is \$75 per person and \$250 for a foursome. An awards ceremony and dinner will be held immediately following the event in the clubhouse. There will be multiple raffle drawings during the awards ceremony. Players will receive raffle tickets based on performance on the course. To download a brochure [click here](#).

The Day Away Play Away - 8:00 am -

This option is the backbone of our fundraising for this event. This gives you the opportunity to play golf all day long at Meadows Farms Golf Course. This is for those golfers who want to help us fundraise to ensure that Culpeper Young Life raises its goal of \$20,000 for this golf event. These golfers agree to raise a minimum of \$500 for this event and will automatically be registered in the 18-Hole Tournament. One quick way to do that would be to seek out sponsors for the event. It is only \$250 to become a hole sponsor for our event. These golfers will be on the course from early morning until late afternoon participating in a fun, laid-back, yet slightly competitive, day of golf to support the local chapter of Young Life in Culpeper. Breakfast (served at 7:15 am), lunch, and snacks/drinks will be provided. An awards ceremony and dinner will be held immediately following the event in the clubhouse.

REMS Council Annual Golf Tournament

April 27 @ 8:00 am - 3:00 pm

« Festival of Feet

4th annual Car, Truck, and Bike Show »



The Rappahannock EMS Council is holding its Annual Golf Tournament on April 27, 2019 at Meadows Farms Golf Course! Come out for a day of sun and fun. Registration includes cart and greens fees, lunch from Mission BBQ, a goodie bag, two drink tickets, a door prize ticket, and more! We will be awarding prizes for the top three teams, Longest Drive, and Closest to the Pin. Registration / check in begins at 8 AM and the tournament will begin at 9 AM. Shotgun start, captain's choice!

+ GOOGLE CALENDAR

+ ICAL EXPORT

Details

Date:
April 27

Time:
8:00 am - 3:00 pm

Event Categories:
Benefit, Fundraiser, Sports

Event Tags:
Calendar Event, event, Events Requiring Registration

Website:
<https://remscouncil.org/events/2019-golf-tourney-registration/>

Organizer

Rappahannock Emergency Medical Services Council

Phone:
540-373-0249

Email:
remc@vaems.org

Website:
<https://www.remscouncil.org/>

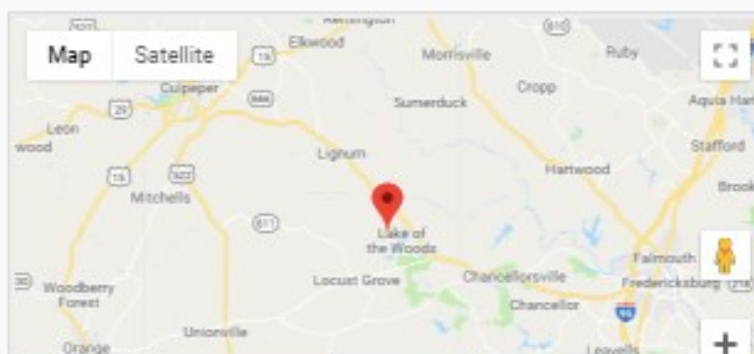
Venue

Meadows Farms Golf Course

4300 Flat Run Road
Locust Grove, VA 22508 United States
+ Google Map

Phone:
540-854-9890

Website:
<http://www.meadowsfarmsgolfcourse.com>



7th Annual Mother's Day Golf Classic

Sponsored by:

The Paul Stefan Foundation

Meadows Farms Golf Course

Friday, May 10th, 2019

8:00 am. Registration/Breakfast

9:00 am. Captain's Choice

Individual Golfer \$75

Foursome \$300

"Sponsorships Available"

"Event" Sponsor	\$2,000
"Dinner" Sponsor	\$1,200
"Lunch" Sponsor	\$500
"Beer Cart" Sponsor	\$500
"Breakfast" Sponsor	\$500
"Hole in One win a car" Sponsor	\$300
"Hole in One win \$10,000" Sponsor	\$300
"Closest to the Pin" Sponsor	\$200
"Longest Drive" Sponsor	\$200
"Individual Hole" Sponsor	\$100

Hot Breakfast served at Check-In! 8:00 am

Lunch served at the Turn Hot Dogs & Drinks

Dinner by Texas Roadhouse 2:00 pm

For information & registration:

Email: rjames@paulstefanhome.org

Call: 540-854-2300

Online at WWW.PAULSTEFANHOME.ORG

Central Virginia Republicans Golf Tournament



Entry Fee: \$75 per person
Format: 4 Man Captain's Choice
Includes:

Steak Dinner
Golf w/ Cart
Range Balls
Raffles

Range Open: 8:00 AM
Tournament Brief: 8:45 AM
Shotgun Start: 9:00 AM
Prizes: Championship Trophy w/
names, Team Finishes, Longest
Drive, Closest to the Pin, and
Hole In One for a New Cadillac.

The Republican Orange County Committee along
with Culpeper, Greene, Louisa, Madison, and
Spotsylvania Republican Committees ask you to
join us for a fun filled day of golf and conservatism.

The money raised will go to support your local
Republican Committees in their fight for freedom.

Meadows Farms

Saturday May 11