



Meadows Monthly

Meadows Farms Golf Course

Home of the Longest Hole in the USA (841 yard Par 6)

2018 Club Champions

November 2018

Inside this issue:

No. 1 quick tip	Pg. 2
Club Championships	Pg. 3
Superintendent's Revenge	Pg. 4
Meet Janet	Pg. 5
On the lighter side	Pg. 6
Fall League	Pg. 7
Good ONE's at the Farm	Pg. 8
5 tips for a good round	Pg. 9
Scott's Corner	Pg. 11
Note from Josh	Pg. 12
Calendar of Events	Pg. 13



CLUB CHAMPION

ROBBIE PHILLIPS



LADIES CHAMPION

MELISSA EARLY



SENIOR CHAMPION

JEFF SMITH



MEN'S CHAMPION

TIM ARBISI

Upcoming Events:

**Nov. 4th
Superintendent's
REVENGE
Nov. 17 & 18 Ryder Cup**

**Thanksgiving Day
CLOSED**

**Black Friday Special
Nov. 23
Full Membership Day**

**December 2018
Christmas Day
CLOSED**

Photography

The Number 1 Golf Swing Quick Tip You Must Know

Have you ever heard a golf coach say: "You've got to get your hips into the shot"? If you have then you should ask them how exactly to do so. You have to ask them because a lot of coaches are great at giving quick tips like this but most of them have no idea how to actually show the player how to permanently install the tip into their golf swing which is a completely different. Here's what you need to know.

First, know that a quick tip just gives you the end result of what you need to do. It's your goal, it's not how you do what the tip is talking about. The tip just tells you what should be happening. It doesn't give you the sensations, muscle memory, body mechanics and time frame that will produce the improvement in your swing.

Here's the #1 golf swing quick tip you must know: Using quick tips is the slowest way to improve your golf swing.

Players can get lost in quick tips forever by trying to modify their swing with a new tip during a round or even on each and every single shot. This can be a nasty, upsetting process that can literally make players give up the game. We've all been over the ball with no idea what is going to happen and this is often the result of poor practice or even poor playing routines like using quick tips.

You must understand that the fastest way to improve is to work on a fundamental until it's completely installed. Imagine if all of your golf practice was cumulative and you always moved forward. You'd be a really good golfer quite quickly because there are only a few main golf swing fundamentals. What most golf coaches don't know, but all Human Kinetics Sports Pros like me know is that it takes about 4-5 weeks to get a muscle doing a new movement properly. That's it. Work consistently on keeping your back leg still for 5-10 shots at the range and I guarantee, you won't instill any muscle memory. Do it for a week and you still won't see any long term changes. Stick with it for 4 or 5 weeks, even if it's just twice a week at the range or once on the range and once on the course and it'll pretty much be there forever.

All you've got to do is hang in there just a touch longer and you'll lock the fundamental into your golf swing. Having these fundamentals installed in their swings keeps the tour pros much more consistent. Their margin for error is much smaller as a result of working so much on fundamentals and as a result, they play great golf. Follow their lead and you're sure to see the same results.

Is 4-5 weeks too long for you? Not to worry, here's a quick tip you can use right away. Since it's a fundamental improvement that you're making, it's going to get better and better every single time you swing the club because that's how your mind muscle connection works. It continually refines and improves itself every time you consistently rehearse with it. Every week you go out and play a round, things are going to get better and better instead because you're actually building on something enough to really instill it. As mentioned earlier, this something you want your swing coach to look at for you. Guessing what fundamentals you need to work on or how to improve them might be a tall task. It's quite difficult to self-assess even if you are the best of golfers and in most cases, you're not getting instant feedback due to having to go back and forth between each shot and the camera and so on.

If you can afford it, get some lessons and ask the instructor to give you two fundamentals to work on. Don't let them give you quick fixes because they're just beating around the fundamentals which are the actual areas where you'll see some real long term improvements in your golf swing.

CLUB CHAMPIONSHIPS



This was Robbie's 3rd time winning the Club Championship with the lowest score of the weekend without a birdie. Robbie shot a 155 for the weekend followed by Ryan Seay with a 156 and Taylor Scott with a 157.



This was Melissa's 7th total Club Championship and 6th consecutive time she has won the tournament. Melissa won with a 163 for the weekend.



Huge win for Tim Arbisi in the Men's Club Championship. He played the tournament for his friend Chuck Foster who is battling ALS. Timmy wore Chuck's clothes both days to support him in his battle with ALS. This is a great win for both Chuck and Timmy. Our official Men's Club Championship for 2018 is Chuck Foster. Tim finished with a 160 for the weekend.



Jeff Smith won his first Championship with a low score for the weekend at 153.

SKINS		ISLAND																		LONGEST																# of Skins	Payout	Total																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
Gros	Name	DAY 1	1	2	3	4	5	6	3	7	8	9	FALSE	10	3	11	12	13	14	15	16	17	18	BAC 2	3	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130	131	132	133	134	135	136	137	138	139	140	141	142	143	144	145	146	147	148	149	150	151	152	153	154	155	156	157	158	159	160	161	162	163	164	165	166	167	168	169	170	171	172	173	174	175	176	177	178	179	180	181	182	183	184	185	186	187	188	189	190	191	192	193	194	195	196	197	198	199	200	201	202	203	204	205	206	207	208	209	210	211	212	213	214	215	216	217	218	219	220	221	222	223	224	225	226	227	228	229	230	231	232	233	234	235	236	237	238	239	240	241	242	243	244	245	246	247	248	249	250	251	252	253	254	255	256	257	258	259	260	261	262	263	264	265	266	267	268	269	270	271	272	273	274	275	276	277	278	279	280	281	282	283	284	285	286	287	288	289	290	291	292	293	294	295	296	297	298	299	300	301	302	303	304	305	306	307	308	309	310	311	312	313	314	315	316	317	318	319	320	321	322	323	324	325	326	327	328	329	330	331	332	333	334	335	336	337	338	339	340	341	342	343	344	345	346	347	348	349	350	351	352	353	354	355	356	357	358	359	360	361	362	363	364	365	366	367	368	369	370	371	372	373	374	375	376	377	378	379	380	381	382	383	384	385	386	387	388	389	390	391	392	393	394	395	396	397	398	399	400	401	402	403	404	405	406	407	408	409	410	411	412	413	414	415	416	417	418	419	420	421	422	423	424	425	426	427	428	429	430	431	432	433	434	435	436	437	438	439	440	441	442	443	444	445	446	447	448	449	450	451	452	453	454	455	456	457	458	459	460	461	462	463	464	465	466	467	468	469	470	471	472	473	474	475	476	477	478	479	480	481	482	483	484	485	486	487	488	489	490	491	492	493	494	495	496	497	498	499	500	501	502	503	504	505	506	507	508	509	510	511	512	513	514	515	516	517	518	519	520	521	522	523	524	525	526	527	528	529	530	531	532	533	534	535	536	537	538	539	540	541	542	543	544	545	546	547	548	549	550	551	552	553	554	555	556	557	558	559	560	561	562	563	564	565	566	567	568	569	570	571	572	573	574	575	576	577	578	579	580	581	582	583	584	585	586	587	588	589	590	591	592	593	594	595	596	597	598	599	600	601	602	603	604	605	606	607	608	609	610	611	612	613	614	615	616	617	618	619	620	621	622	623	624	625	626	627	628	629	630	631	632	633	634	635	636	637	638	639	640	641	642	643	644	645	646	647	648	649	650	651	652	653	654	655	656	657	658	659	660	661	662	663	664	665	666	667	668	669	670	671	672	673	674	675	676	677	678	679	680	681	682	683	684	685	686	687	688	689	690	691	692	693	694	695	696	697	698	699	700	701	702	703	704	705	706	707	708	709	710	711	712	713	714	715	716	717	718	719	720	721	722	723	724	725	726	727	728	729	730	731	732	733	734	735	736	737	738	739	740	741	742	743	744	745	746	747	748	749	750	751	752	753	754	755	756	757	758	759	760	761	762	763	764	765	766	767	768	769	770	771	772	773	774	775	776	777	778	779	780	781	782	783	784	785	786	787	788	789	790	791	792	793	794	795	796	797	798	799	800	801	802	803	804	805	806	807	808	809	810	811	812	813	814	815	816	817	818	819	820	821	822	823	824	825	826	827	828	829	830	831	832	833	834	835	836	837	838	839	840	841	842	843	844	845	846	847	848	849	850	851	852	853	854	855	856	857	858	859	860	861	862	863	864	865	866	867	868	869	870	871	872	873	874	875	876	877	878	879	880	881	882	883	884	885	886	887	888	889	890	891	892	893	894	895	896	897	898	899	900	901	902	903	904	905	906	907	908	909	910	911	912	913	914	915	916	917	918	919	920	921	922	923	924	925	926	927	928	929	930	931	932	933	934	935	936	937	938	939	940	941	942	943	944	945	946	947	948	949	950	951	952	953	954	955	956	957	958	959	960	961	962	963	964	965	966	967	968	969	970	971	972	973	974	975	976	977	978	979	980	981	982	983	984	985	986	987	988	989	990	991	992	993	994	995	996	997	998	999	1000	1001	1002	1003	1004	1005	1006	1007	1008	1009	1010	1011	1012	1013	1014	1015	1016	1017	1018	1019	1020	1021	1022	1023	1024	1025	1026	1027	1028	1029	1030	1031	1032	1033	1034	1035	1036	1037	1038	1039	1040	1041	1042	1043	1044	1045	1046	1047	1048	1049	1050	1051	1052	1053	1054	1055	1056	1057	1058	1059	1060	1061	1062	1063	1064	1065	1066	1067	1068	1069	1070	1071	1072	1073	1074	1075	1076	1077	1078	1079	1080	1081	1082	1083	1084	1085	1086	1087	1088	1089	1090	1091	1092	1093	1094	1095	1096	1097	1098	1099	1100	1101	1102	1103	1104	1105	1106	1107	1108	1109	1110	1111	1112	1113	1114	1115	1116	1117	1118	1119	1120	1121	1122	1123	1124	1125	1126	1127	1128	1129	1130	1131	1132	1133	1134	1135	1136	1137	1138	1139	1140	1141	1142	1143	1144	1145	1146	1147	1148	1149	1150	1151	1152	1153	1154	1155	1156	1157	1158	1159	1160	1161	1162	1163	1164	1165	1166	1167	1168	1169	1170	1171	1172	1173	1174	1175	1176	1177	1178	1179	1180	1181	1182	1183	1184	1185	1186	1187	1188	1189	1190	1191	1192	1193	1194	1195	1196	1197	1198	1199	1200	1201	1202	1203	1204	1205	1206	1207	1208	1209	1210	1211	1212	1213	1214	1215	1216	1217	1218	1219	1220	1221	1222	1223	1224	1225	1226	1227	1228	1229	1230	1231	1232	1233	1234	1235	1236	1237	1238	1239	1240	1241	1242	1243	1244	1245	1246	1247	1248	1249	1250	1251	1252	1253	1254	1255	1256	1257	1258	1259	1260	1261	1262	1263	1264	1265	1266	1267	1268	1269	1270	1271	1272	1273	1274	1275	1276	1277	1278	1279	1280	1281	1282	1283	1284	1285	1286	1287	1288	1289	1290	1291	1292	1293	1294	1295	1296	1297	1298	1299	1300	1301	1302	1303	1304	1305	1306	1307	1308	1309	1310	1311	1312	1313	1314	1315	1316	1317	1318	1319	1320	1321	1322	1323	1324	1325	1326	1327	1328	1329	1330	1331	1332	1333	1334	1335	1336	1337	1338	1339	1340	1341	1342	1343	1344	1345	1346	1347	1348	1349	1350	1351	1352	1353	1354	1355	1356	1357	1358	1359	1360	1361	1362	1363	1364	1365	1366	1367	1368	1369	1370	1371	1372	1373	1374	1375	1376	1377	1378	1379	1380	1381	1382	1383	1384	1385	1386	1387	1388	1389	1390	1391	1392	1393	1394	1395	1396	1397	1398	1399	1400	1401	1402	1403	1404	1405	1406	1407	1408	1409	1410	1411	1412	1413	1414	1415	1416	1417	1418	1419	1420	1421	1422	1423	1424	1425	1426	1427	1428	1429	1430	1431	1432	1433	1434	1435	1436	1437	1438	1439	1440	1441	1442	1443	1444	1445	1446	1447	1448	1449	1450	1451	1452	1453	1454	1455	1456	1457	1458	1459	1460	1461	1462	1463	1464	1465	1466	1467	1468	1469	1470	1471	1472	1473	1474	1475	1476	1477	1478	1479	1480	1481	1482	1483	1484	1485	1486	1487</

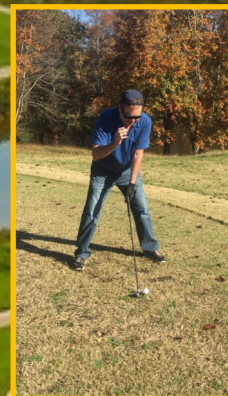
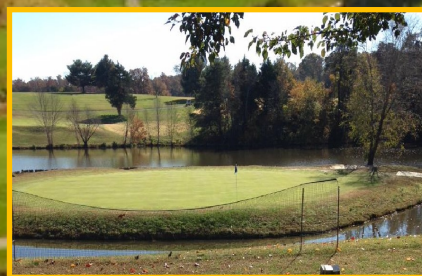
**HAVE YOU EVER COMPLAINED ABOUT
CART PATH ONLY?**

HAHAHAHAH

WELCOME TO MY COURSE!



Superintendent's REVENGE



**Two \$315 skins in the
Superintendent's Revenge with
winner receiving \$500.00 cash...**

**Get that Meadows
Money**



\$500.00 !!!

1st	Lambert/Whelan	68	-2
2nd	Buncie/Mallory	68.99	-1
3rd	Gilliam/Carrow	69	-1
# of Skins	Payout	Pot	
2	\$ 315.00	\$ 630	

16th	Schaffer/Herman	\$ 100	9
32nd	Harlow/Kressler	\$ 100	12
48th	Carter/Perkins	\$ 50	17
DALP	Curnow/Ordorff	\$ 50	28

CLOSEST TO THE PIN WATERFALL 4: Rich Lambert

New Employee

Janet Darnell

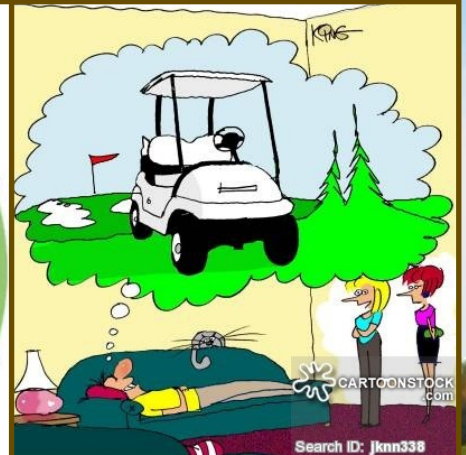


Janet Darnell may have come to the LPGA Teaching & Club Professionals (T&CP) later in her life, but playing golf has been a lifelong passion. After a great career in Information Technology and Project Management, Janet decided to follow her lifelong passion: to have her certification to teach golf. She traded her career track for green fairways! Janet is currently a LPGA T&CP member, Class B professional. Janet is a US Kids Golf certified coach and is a Recognized Coach with The First Tee, which is a national youth development program that uses golf to teach life skills. Janet particularly enjoys encouraging those new to golf and building confidence in those that have played golf for a while. Janet is available to teach 30-minute and 1-hour lessons. Keep a watch for some simple fun clinics on the short game, throughout the winter months. Contact her through the Golf Shop.

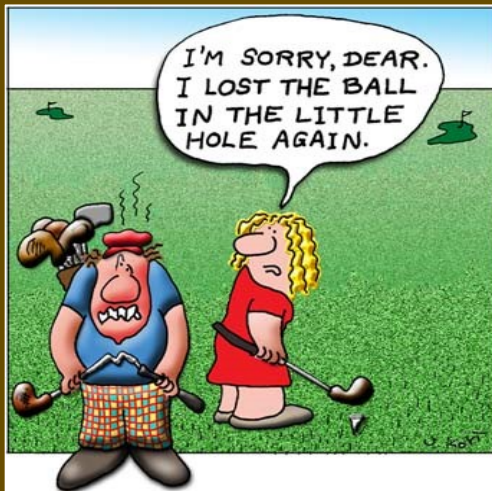
ON THE LIGHTER SIDE



"I love the women's tees on this course!"



"How sweet, he's smiling. He must be dreaming about me."



"You have fits of rage, followed by temporary spells of euphoria, all within several hours. Are you, by chance, a golfer?"



"I hear this is one of the tougher greens to putt on."



"I don't know what it is about it, but I love this course!"



"Get down on the ground! DOWN ON THE GROUND!!"



"I'VE NEVER SEEN A COURSE MARSHALL SO STRICT ABOUT BRINGING YOUR BAG ON THE GREEN."



"What? Whoa ... hey ... golf? ~~For real, aren't you?~~
No, I'm not on the golf course! I'm in a meeting. ... With clients. ... For real, and ... um ... You're standing right behind me, aren't you?"

2018 FALL LEAGUE

THURSDAYS

Contact David Carli at
dcarli00@gmail.com

Before 1:15 on Mondays of the
week you would like to play.
Must have a handicap to
participate.



GOOD ONE's at the Farm!!!!!!

**Congrats to Jimmy George
for his hole in one on the
waterfall #2!**



**James Radley with a
hole in one on Longest
13 on Tuesday the 9th
of October.
Congrats James!!!**



**Congrats to Jesse Powell
for his hole in one on the
waterfall hole!**



**Rick Palamara from
Pittsburgh PA with a
hole in one on Longest
13 on Wednesday the
10th of October.
Congrats Rick!!!**



**Congrats Tim Arbisi on the
hole in one on Waterfall 2**



5 Tips for Your Best Golf Round Ever

Golf is really just a handful of shots: the drive, the approach, a test from the rough or sand, and a putt or two. For most guys, one of those shots typically goes awry on each hole—and there goes your chance at par. But it turns out that there are easy hacks that can correct the most common missteps of even the biggest weekend hackers. We reached out to two of the best golf coaches in the country and asked them to reveal the single best tip for every golf shot you'll face on your next 18. Follow their advice and prepare for the round of your life.

Find the Fairway

If "slice" is your middle name, here's your fix: When you step up to tee off, line up your feet then slide your rear foot back 3-5 inches. "This buys you more turn in your back swing, and allows the club to come inside in the downswing, creating a draw instead of your usual slice.

And if that isn't enough to straighten out your ball, account for the curve, "If your ball curves a certain way every single shot, you shouldn't be trying to play down the middle," he says. The reason: that gives you half as much fairway. So, for example, if your ball consistently hooks right, play up the left edge of the fairway. "That opens up the entire fairway," says Bender.

Shoot to the Green

Hey, hero, you may not be as strong as you think you are. "Most guys simply need more club when they hit an iron from the fairway," says Bender.

Besides overestimating your strength, "you're also probably not hitting the ball square every single shot, reducing the impact, which is why most guys usually undershoot the green." So estimate what iron you need, then grab the iron one number lower. And when you line up to hit the ball, move your head a couple inches forward of the ball.

"Your nose should be lined up at the front of the ball," says Adams. "That helps you strike down on the golf ball, and you'll hit a better shot."

Get Out of the Rough

Any time you find yourself in the weeds, play a two, two, and two, says Adams. "Choke down 2 inches on the club, stand so the ball is back 2 inches compared to your normal stance, and then drop your front foot back 2 inches."

By choking down on the club you stiffen its shaft, which lowers the trajectory of the shot and also gives you needed control. Moving the ball back helps you hit the ball at a steeper angle, which you need to get out of tall grass. And opening up your stance restricts you from swinging too far back and squares your shoulders up, adding extra command.

Emerge from the Sand

Getting beached is the best way to torpedo your score. "To get out of the bunker, a lot of guys try swings that involve their wrists," says Bender. "Leave that technical stuff to the pros."

His advice: go for something more predictable. Line up in the middle of the ball, put most of your weight on your forward leg. "Then keep your wrists straight and go hip to hip—swing the club back to hip level, swing through and hit the ball, and end with the club head at hip level." That, he says, gets amateurs out of the sand nearly every time.

Sink More Putts

Your average weekend hacker shows up a few minutes before his tee-time and spends those waiting minutes working on his short game. Bad move.

"Guys should really be working on long putts," says Bender. Here's why: on the course, most of the time your first putt is far from the hole—and you probably never practice putting long. "Avoiding three-putting is all about getting good at long puts. If your long putt is bad and the ball ends up, say, 5 or 6 feet from the hole, it's easy to miss that second putt." But if you can place a long putt a few feet from the hole, you'll two-putt the hole. Your move: at the practice green, work on long-distance putts.



SCOTT'S CORNER

RAIN

RAIN

GO

AWAY



NOTE FROM JOSH

We are praying for an awesome fall at The Farm. As we enter November, we can say the best days of golf for the year are behind us, but that doesn't mean they are all gone. Make sure you download our app, or like our Facebook page, because when we see great weather on the horizon, we will send out specials so you can get your golf fix.

The best thing in November is our Black Friday special on memberships. In my opinion, we offer the best membership out of any course around. First, it's an exclusive membership. We only allow 50 max members at The Farm at a time, so you are always treated like a member, and not like a number. Second, we have 28 holes... If you are a member at another course, you are playing the same 18 over, and over, and over again; sounds kind of boring to me. Here, you can play Island to Waterfall on Monday, play Waterfall to Longest on Thursday with your buddies, and then play a high stakes shootout on Longest to Island on the weekend. Lastly, our membership is all-inclusive. Once you pay your onetime fee, there is never another cart fee to pay, or a dining minimum you have to fulfill. Pay once, and play for a year without the hassles.

If you would like to sign up, please see the details on the next page, and talk to me if you have any questions. We look forward to adding you to our Farm Family.

Don't forget to bring me your leftovers after Thanksgiving,

Josh Dotson

General Manager

DOTSONJL4265@GMAIL.COM



Black Friday: November 23, 2018

Meadows Farms Full Island Membership

2018-2019

50 Total Memberships Available

Preferred Membership Program: \$ 1,895.00* Individual

2019 Price: \$2,495 (\$600 Savings)

Preferred Family Membership Program: \$2,995.00* Family

2018 Price: \$3,995 (\$1,000 Savings)

Membership Includes:

- Unlimited Golf 7 Days a week – including Holidays.
- Cart Rental 7 Days a week.
- Unlimited Grass Tee Driving Range use
- VSGA Handicap
- One month in advance Tee Time.
- Two complementary rounds for Guest. Must be used by December 31, 2019.
- Membership only events and tournaments.
- 10% discount on merchandise.
- 10% discount on food items.


Preferred Membership will be available only on November 23, 2018. Standard membership options and rates will resume after the allotment has been fulfilled.

Note: Memberships are effective 365 days from the date of purchase.

NOVEMBER 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 TIME CHANGE!!!! Superintendent's Revenge 	5	6	7	8	9	10
11	12	13	14	15	16	17 RYDER CUP
18 RYDER CUP	19	20	21	22  CLOSED	23 Black Friday Membership Sale	24
25	26	27	28	29	30	

DECEMBER 2018

SUN	MON	TUE	WED	THU	FRI	SAT
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25  CLOSED	26	27	28	29