

# OMNI HOTELS & RESORTS®

## interlocken golf club

### Omni Interlocken Competitive Performance Series 2017

#### What is it?

The Omni Interlocken Competitive Performance Series is a program designed take student-athletes to the next level in their golf careers by focusing on performing in tournament play. The Series is designed to help players prepare and practice for tournament play at the High School, CJGA, RMJGT, and collegiate levels. The series is open to both Male and Female participants. In last year's inaugural month, 75% of the participants recorded a career best round! Previous participants have gone on to compete at the college level.

#### When is it?

The Series will be conducted **THREE** days per week on **Tuesday/Thursday/Friday**, beginning on June 13<sup>th</sup> and running through August 11<sup>th</sup>. (**9 weeks**) **The Series will run from 8:30am-10:30am.** Players are welcome to attend as many or as few days as their schedule permits. Players are encouraged to continue practice or play at the conclusion of each day's session. \*Note, we will not run the program on Tuesday, July 4<sup>th</sup> due to the Independence Day Holiday.

#### How does it work?

The Series will be use the latest techniques from top teachers and college programs to challenge and motivate each player with a variety of practice assignments, skill assessments, and competitions. The instruction team will be covering all aspects of competitive play, including:

- Goal-Setting
- Pre-Round Routines
- Fitness and Nutrition
- Course Strategy
- Golf Psychology and Pre-Shot Routines
- Advanced Green Reading

- Time Management and Efficient Practice
- Handling Pressure
- Advanced Short Game Techniques and Strategies

### Am I good enough for this Series?

If you currently play golf tournaments or you would like to try playing in tournaments or trying out for high school golf, you are good enough.

### Am I too good for this Series?

No, the training and tasks are scalable to players of all abilities, no matter how good a player is, he or she will be challenged on a daily basis.

### What does it cost?

The Omni Interlocken Competitive Performance Series costs \$700 for Omni Interlocken Members and for those non-members who participated last season. It is \$800 for new participants who are non-members. (Total time for the program is 6 hours per week for 9 weeks = 54 hours of supervised practice). **Weeks can also be purchased individually at a price of \$100 per week if you anticipate missing significant time.**

### How do I sign up?

Email Director of Instruction Dan Sniffin at [DanSniffinGolf@gmail.com](mailto:DanSniffinGolf@gmail.com) or