

GreatPLAY POOL (North YMCA) 1936 NW Tyler St. (785) 233-9815

Pool and class schedules are online at www.greatlifegolf.com/-fitness-classes

Pool opens at 5:30am

		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
		Shallow	Deep	Shallow	Deep	Shallow	Deep	Shallow	Deep	Shallow	Deep	Pool opens at 8:00am		
Morning		AquaFIT (shallow) 8:00a - 9:00am Bob				AquaFIT (shallow) 8:00a - 9:00am Bob				AquaFIT (shallow) 8:00a - 9:00am Bob		Shallow	Deep	closed Sundays
			Deep Water Workout 9:30a - 10:30a Donna		Deep Water Workout 9:30a - 10:30a Donna			AquaFIT (shallow) 11a-12p Glennis	Deep Water Workout 9:30a - 10:30a Donna		Deep Water Workout 9:30a - 10:30a Donna			
Evening		AquaFIT (shallow) 5:30p-6:30p Sally	Deep Water Workout 5:30p-6:30p class led	AquaFIT (shallow) 5:30p-6:30p Sally	Deep Water Workout 5:30p-6:30p Shirley	AquaFIT (shallow) 5:30p-6:30p Sally	Deep Water Workout 5:30p-6:30p Shirley	AquaFIT (shallow) 5:30p-6:30p Sally	Deep Water Workout 5:30p-6:30p class led			Pool closes at 5:45pm		
		Pool closes at 8:45pm												



updated 3-1-19

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