

**Performance Center (downtown YMCA) 421 SW VanBuren (785) 354-8591**

Pool and class schedules are online at [www.greatlifegolf.com/-fitness-classes](http://www.greatlifegolf.com/-fitness-classes)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>POOL OPENS AT 5AM MONDAY-FRIDAY</b>					<b>POOL OPENS AT 6AM ON SATURDAYS</b>	
1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6
3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim
3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim	3 lanes open lap swim
3:30p-5:30p		3:30p-5:30p		3:30p-5:30p		
2 lanes open lap swim	2 lanes open lap swim	2 lanes open lap swim	2 lanes open lap swim	2 lanes open lap swim	2 lanes open lap swim	
Seaman Swim Team	Seaman Swim Team	Seaman Swim Team	Seaman Swim Team	Seaman Swim Team	Seaman Swim Team	
4 lanes	4 lanes	4 lanes	4 lanes	4 lanes	4 lanes	
5:30p-8p		5:30p-8p		5:30p-8p		
1 lane open lap swim	1 lane open lap swim	1 lane open lap swim	1 lane open lap swim	1 lane open lap swim	1 lane open lap swim	
Seadragons Swim Team	Seadragons Swim Team	Seadragons Swim Team	Seadragons Swim Team	Seadragons Swim Team	Seadragons Swim Team	
5 lanes	5 lanes	5 lanes	5 lanes	5 lanes	5 lanes	
<b>POOL CLOSSES AT 8PM MONDAY-FRIDAY</b>					<b>POOL CLOSSES AT 6PM ON SATURDAYS</b>	
<b>closed Sundays</b>						

