

Shawnee CC

Shawnee CC 913 SE 29th Street (785) 233-5544

Class schedule is online at www.greatlifegolf.com/-fitness-classes

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		Tai Chi 9:30a-10:15a Deb		Tai Chi 9:30a-10:15a Deb	
Evening	Yoga 5:30p-6:15p Cydney		Yoga 5:30p-6:15p Cydney		

GreatLIFE
Live. Play. Better.

updated 3-1-19