Performance Center (downtown YMCA) 421 SW VanBuren (785) 354-8591

Pool and class schedules are online at www.greatlifegolf.com/-fitness-classes Monday Wednesday **Tuesday Thursday Friday** Saturday Sunday **POOL OPENS POOL OPENS AT 5AM MONDAY-FRIDAY** AT 6AM ON 2 5 2 5 5 5 5 4 1 2 3 4 4 3 4 **SATURDAYS** 3 lanes open lap swim closed Sundays AquaFit AguaFit 11:45a -11:45a -12:30p 12:30p Mark Mark **POOL CLOSES** AT 6PM ON **SATURDAYS** 3:30p-5:30p 3:30p-5:30p 3:30p-5:30p 3:30p-5:30p 3:30p-5:30p open lap open lap open lap open lap Seaman open lap Seaman Seaman Seaman Seaman 2 lanes 2 lanes 2 lanes 2 lanes swim swim swim swim swim Swim Team Swim Team Swim Team Swim Team Swim Team 4 lanes 4 lanes 4 lanes 4 lanes 4 lanes 5:30p-8p 5:30p-8p 5:30p-8p 5:30p-8p 5:30p-8p Seadragons Seadragons Seadragons 1 lane open Seadragons Seadragons 1 lane open lane open 1 lane open lap swim lap swim lap swim lap swim lap swim Swim Swim Swim Swim Swim Live. Play. Better. Team Team Team Team Team 5 lanes 5 lanes 5 lanes 5 lanes 5 lanes **POOL CLOSES AT 8PM MONDAY-FRIDAY**