

Shawnee CC

Shawnee CC 913 SE 29th Street (785) 233-5544

Class schedule is online at www.greatlifegolf.com/-fitness-classes

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
		Tai Chi 9:30a-10:15a Deb		Tai Chi 9:30a-10:15a Deb	
Evening					
	Active Yoga 5:30p-6:15p Cydney		Active Yoga 5:30p-6:15p Cydney		

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updated 2-8-19