

GreatLIFE YMCA 421 SW VanBuren (785) 354-8591

Pool and class schedules are online at www.greatlifegolf.com/-fitness-classes

3 ½ - 9' deep; 6 lap lanes; 25 meters; temperature 80-82°

GreatLIFE Performance Center Pool

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|-------------------|
| Open 5:00am | Open 5:00am | Open 5:00am | Open 5:00am | Open 5:00am | | |
| 3 lanes lap swim | 3 lanes lap swim | 3 lanes lap swim | 3 lanes lap swim | 3 lanes lap swim | 7:00-8:00am Seadragons all lanes | |
| 3 lanes open swim | 3 lanes open swim | 3 lanes open swim | 3 lanes open swim | 3 lanes open swim | 8:00-9:00am 2 lanes Swim Team 4 lanes | |
| | AquaFit 11:45 - 12:30 | | AquaFit 11:45 - 12:30 | | 9:00am-6:00pm | closed Sundays |
| 3:30-5:30 | 3:30-5:30 | 3:30-5:30 | 3:30-5:30 | 3:30-5:30 | 3 lanes lap swim | |
| 2 lanes Swim Team 4 lanes | 2 lanes Swim Team 4 lanes | 2 lanes Swim Team 4 lanes | 2 lanes Swim Team 4 lanes | 2 lanes Swim Team 4 lanes | 3 lanes open swim | |
| 5:30-8:00 | 5:30-8:00 | 5:30-8:00 | 5:30-8:00 | 5:30-8:00 | Close at 6:00pm | |
| 1 lane Seadragons Swim Team 5 lanes | 1 lane Seadragons Swim Team 5 lanes | 1 lane Seadragons Swim Team 5 lanes | 1 lane Seadragons Swim Team 5 lanes | 1 lane Seadragons Swim Team 5 lanes | | |
| Close at 8:00pm | Close at 8:00pm | Close at 8:00pm | Close at 8:00pm | Close at 8:00pm | | |

