

Pool and class schedules are online at www.greatlifegolf.com/ywca

Therapy Pool

ramp & step entry; 3 ½' deep; temperature 92°

Therapy Pool - YWCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pools open at 6:00am						
Aqua Tone 6:15-7:00 Edie	Aqua Tone 6:15-7:00 Edie	Aqua Tone 6:15-7:00 Edie	Aqua Tone 6:15-7:00 Edie	Aqua Tone 6:15-7:00 Edie		
Open Swim 7:00-7:45	Open Swim 7:00-9:45	Open Swim 7:00-7:45	Open Swim 7:00-9:45	Open Swim 7:00-7:45	Pools open at 7:30am	
Aqua Tone 7:45-8:30 Eileen		Aqua Tone 7:45-8:30 Eileen		Aqua Tone 7:45-8:30 Eileen	Open Swim 7:30-9:00	
Open Swim 8:30-9:45		Open Swim 8:30-9:45		Open Swim 8:30-9:45	Swim Lessons* Level 1 9:00 Level 2 9:45	
Aqua Tone 9:45-10:30 Eileen	Aqua Tone 9:45-10:30 Andrea	Aqua Tone 9:45-10:30 Eileen	Aqua Tone 9:45-10:30 Andrea	Aqua Tone 9:45-10:30 Eileen	Preschool 10:30	
Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-2:00	Open Swim 11:15-1:30	
Aqua Tone 1:00-1:45 Scott	Aqua Tone 1:00-1:45	Aqua Tone 1:00-1:45 Scott	Aqua Tone 1:00-1:45		Pools close at 1:30pm	Pools open at 11:30am
Pools closed from 2:00-4:00						Open Swim 11:30-3:30
Open Swim 4:00-7:30	Open Swim 4:00-7:30	Open Swim 4:00-7:30	Open Swim 4:00-7:30	Open Swim 4:00-7:30		Pools close at 3:30pm
Pools close at 7:30pm						



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* Swimming lessons fees apply. Enroll at the front desk.

GreatLife Classes are free. No sign up necessary.

Children are encouraged to come during Open Swim.

Wacky Water Works \$2 fee required for unsupervised children 12 and under.

Hot tub is available to those 18 yrs and older.

Lap Pool - YWCA

Lap Pool

step/ladder entry; 4-10' deep; 33 laps=1 mile; temperature 82°

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pools open at 6:00am						
Lap Swim 3 lanes 6:00-8:45	Lap Swim 3 lanes 6:00-9:30	Lap Swim 3 lanes 6:00-8:45	Lap Swim 3 lanes 6:00-9:30	Lap Swim 3 lanes 6:00-8:45	Pools open at 7:30am Lap Swim 3 lanes 7:30-10:30	
Powercise 8:45-9:30 Eileen		Powercise 8:45-9:30 Eileen		Powercise 8:45-9:30 Eileen		
Lap Swim 3 lanes 9:30-2:00	Water Volleyball 9:30-11:30	Lap Swim 3 lanes 9:30-2:00	Water Volleyball 9:30-11:30	Lap Swim 3 lanes 9:30-2:00	Water Volleyball 10:30-12:30	Pools open at 11:30am
	Lap Swim 3 lanes 11:30-2:00		Lap Swim 3 lanes 11:30-2:00		Lap Swim 3 lanes 12:30-1:30	Open Swim 11:30-3:30
Pools closed from 2:00-4:00					Pools close at 1:30pm	
Lap Swim 3 lanes 4:00-5:30	Lap Swim 3 lanes 4:00-5:30	Lap Swim 3 lanes 4:00-7:30	Lap Swim 3 lanes 4:00-5:30	Lap Swim 3 lanes 4:00-7:30		Pools close at 3:30pm
Deep Water Workout-Andrea 5:30-6:15	Deep Water Workout-Andrea 5:30-6:15		Deep Water Workout-Andrea 5:30-6:15			
Aqua Zumba Susie 6:30-7:15	Aqua Zumba Ann 6:30-7:15		Aqua Zumba Susie 6:30-7:15			
Pools close at 7:30pm						
					<div>GreatLIFE</div> <div>Live. Play. Better.</div>	



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* Swimming lessons fees apply. Enroll at the front desk.

During class time, one lap lane is available.

Sharing lap lanes may be necessary.

Use of lap lanes and open swim area is at the lifeguard's discretion.

GreatLife Classes are free. No sign up necessary.

Hot tub is available to those 18 yrs and older.