



Community Newsletter January 2020



Community Manager

Lynn Ross, LCAM

239.317.2414

lross@theiconteam.com

Office Hours:

9:00 AM – 5:00 PM

Monday – Friday

After Hours EMERGENCY:

239.285.5462

772.233.7256

Guard House:

239.390.0180

theplaceguardhouse.west@gmail.com

AMENITY HOURS:

Barefoot Bar & Grill: 11:00 AM - 7:00 PM

Wednesday, Thursday, Sunday

11:00 AM - 9:00 PM Friday & Saturday

Barefoot Bar & Grill: Closed Monday & Tuesday

Bourbon Bar: 6:00 PM - 11:00 PM Friday & Saturday

Bourbon Bar: Closed Sunday - Thursday

Cafe: 9:00 AM - 5:00 PM Monday - Saturday

10:00 AM - 5:00 PM Sunday

Kids Club: Tuesday - Friday 10:00 AM - 6:00 PM

Saturday 9:00 AM - 1:00 PM

Water Slide: Closed Monday & Tuesday

11:00 AM - 6:00 PM Wednesday - Sunday

Pool Deck/ Playground/ Basketball/ Dog Park:

Dawn to Dusk

Tennis/ Pickleball/ Bocce: Dawn - 10:00 PM

Fitness Center: 24/7

Trolley: Friday and Saturday 5:00 PM - 11:00 PM

End of driveway pickup and return from restaurant

CLUBHOUSE CONTACTS:

HOA Website: ThePlaceHOA.com

Cafe Manager: Nicole Damigos ndamigos@theiconteam.com

Racket Sports: Pat Glaunert pglauert@theiconteam.com

Activities Director & Kids Club: Jennifer Nakata
jnakata@theiconteam.com

Administrative Assistant: Audrey Fontaine
afontaine@theiconteam.com

CLUBHOUSE: 239.317.2414



FOOD AND BEVERAGE DIRECTOR: Jgarcez@theiconteam.com

EXECUTIVE CHEF: MStonge@theiconteam.com

TO GO ORDERS:

239.221.8628 RESTAURANT

239.317.2413 CAFE

Full menu is on the HOA website:

ThePlaceHOA.com

A Healing Energy Massage
Jan Ulerena, LMT
by appointment: 239.297.1885



SOCIAL EVENTS



BILLY BOUNANNO

Saturday, January 4th

6:30 PM - 9:30 PM

BOURBON BAR

ROCKY TROP

Saturday, January 11th 12 PM - 4 PM

POOLSIDE



DJ KEVIN

Saturday, January 18th

1 PM - 4 PM

POOLSIDE

SCUBA COWBOY

Saturday, January 25th

6:30 PM - 9 PM

BOURBON BAR



COMMUNITY GARAGE SALE

Saturday, January 25TH

9 AM - 1 PM

COMMUNITY

KNITTING CLUB

Tuesdays 10 AM - 12 PM

CLUBHOUSE

Come meet your neighbors! Knitting, Crochet, Needlework and Quilters welcome!



BOOK CLUB

Thursday, January 23rd at 7:30 PM

Hosted by Ginger at 19846 Bittersweet Lane

The Book is: The Alice Network by Kate Quinn

THANK YOU!!

SAVE THE DATE

**"THANK YOU"
FOR FILLING THE TROLLEY, OUR
POLAR EXPRESS VOLUNTEERS,
EVERYONE IN GOLF CART
PARADE AND WATCHING THE
PARADE, OUR LIGHT POST
CONTEST CONTESTANTS AND
OUR LIGHT POST JUDGES!**

*Thank you , for everyone who made this Holiday
Season so Amazing!*

*We collected 221 items for
Golisano Children's Hospital.*

We had over 100 Light Posts decorated.

21 Golf Carts participated in our Parade.

We sold out Polar Express over and over again.

*We did this all as one generous Community.....
THANK YOU!*

SAVE THE DATE...

VOLUNTEER MEETING

Wednesday, February 5th 5:00 PM

MULTI-PURPOSE ROOM

*INFORMATIONAL MEETING FOR ANYONE INTERESTED IN
VOLUNTEERING FOR UPCOMING EVENTS IN 2020!*

JANUARY 2020

CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Knitting Club 10 AM - 12 PM 	1	2	3 Member's Favorites After 5 PM	4 BILLY B BOURBON BAR 6:30 PM - 9:30 PM  Member's Favorites After 5 PM
5	6 Open Pickleball 9 AM	7 Knitting Club 10 AM - 12 PM 	8	9	10 Open Pickleball 9 AM Tater Tots!!! After 5 PM	11 Rocky Trop POOLSIDE 12 PM - 4 PM  Tater Tots!!! After 5 PM
12	13 Open Pickleball 9 AM	14 Knitting Club 10 AM - 12 PM 	15	16	17 Open Pickleball 9 AM Into The Wild After 5 PM	18 DJ KEVIN POOLSIDE 1 PM - 4 PM  Into The Wild After 5 PM
19	20 Open Pickleball 9 AM	21 Knitting Club 10 AM - 12 PM 	22	23	24 Open Pickleball 9 AM National Florida Day After 5 PM	25 Garage Sale COMMUNITY 9 AM - 1 PM  Scuba Cowboy BOURBON BAR 6:30 PM - 9 PM National Florida Day After 5 PM
26	27 Open Pickleball 9 AM	28	29	30	31 Chef's Inspired After 5 PM	 Chef's Inspired After 5 PM

January 3rd, 4th

Member's Favorites



Weekly

FEATURES

**SERVED
FRIDAY & SATURDAY
AFTER 5 PM**

January 17th, 18th

Into The Wild

January 24th, 25th

National Florida Day

January 31st, Feb. 1st

Chef's Inspired

January 10th, 11th

Tater Tots!!!

YOGA CLASSES

VINYASA YOGA FLOW

Vinyasa yoga flow class for beginner and intermediate yogis. There are many people who believe they can't do yoga- this is simply NOT TRUE! Yoga is for everybody and every body. Flexibility is the most overlooked part of fitness and working on it will make you stronger physically, mentally and spiritually. We will work on improving your alignment, balance, strength, and mind. Join me as we use movement and breath to untie the knots in your mind and body.

Classes will take place on Wednesday's at 7:00 PM
and Sy's at 9:00 AM
\$5 per class

Feel free to bring props- yoga blocks or a yoga strap- if you use them in your practice.

MOVEMENT ROOM & AQUATIC CLASSES

MONDAY

7:15 AM
CARDIO & STRENGTH

7:00 PM
PILATES

TUESDAY

6:15 AM
REV UP (HIIT)

7:15 AM
BARRE

12:00 PM
WATER AEROBICS

6:30 PM
BALANCE REV

7:00 PM
BARRE

WEDNESDAY

9:30 AM
BARRE

7:00 PM
YOGA

THURSDAY

6:15 AM
REV ABS, BUNS & GUNS

7:15 AM
BARRE

6:30 PM
REVV BOOTCAMP

FRIDAY

7:15 AM
CARDIO & STENGTH

12:00 PM
WATER AEROBICS

SATURDAY

PERSONAL TRAINING GYM
8:00 AM-10:00 AM

8:00 AM
BARRE

9:00 AM
YOGA

CARDIO & STRENGTH **MONDAY & FRIDAY** **7:15AM** **INSTRUCTOR: MIZ**

MIX OR CARDIO AND STRENGTH CONDITIONING. FULL BODY WORKOUT AND INCORPORATE CORE THROUGHOUT WORKOUT. \$10.00 PER CLASS

PILATES **MONDAY** **7PM** **INSTRUCTOR: LISA**

WELCOME MALES AND FEMALES OF ALL AGES! FULL BODY WORKOUT HEAD TO TOE. STRETCHING, TONING & STRENGTHENING. PROMOTES A LONG AND LEAN BODY. CORE AND BACK STRENGTH. RELIEVE STRESS. \$5.00 PER CLASS

WATER AEROBICS: **TUESDAY & FRIDAY** **12:00 PM** **INSTRUCTOR: SUZANNE**

BEGINNERS THROUGH EXPERIENCED WELCOME!

INCREASED MUSCLE STRENGTH, FAT LOSS AND GREATER FLEXIBILITY ARE JUST A FEW BENEFITS.

BRING NOODLE OR WATER WEIGHTS. \$5.00 PER CLASS

REVV UP (HIIT) **TUESDAY - 6:15AM** **INSTRUCTOR: GABRIEL**

HIGH INTENSITY INTERVAL STYLE TRAINING (HIIT) DESIGNED FOR MAXIMUM FAT BURN WITHIN A SHORTER TIME FRAME. PERFECT FOR ANYONE WHO WANTS RAPID FAT LOSS AND TOTAL FITNESS CONDITIONING. \$5.00 PER CLASS.

BALANCED REVV **TUESDAY - 6:30PM** **INSTRUCTOR: GABRIEL**

FIND THE PERFECT BALANCE OF STRENGTH AND STABILITY WITH THIS TOTAL BODY WORKOUT WHICH INCORPORATES MOBILITY AND BALANCE TO IMPROVE OVERALL FITNESS LEVELS. ENCOURAGING MOBILE MOVEMENT THROUGHOUT THE BODY. \$5.00 PER CLASS.

REV ABS, BUNS, AND GUNS **THURSDAY - 6:15AM** **INSTRUCTOR: GABRIEL**

EVERYTHING YOU NEED TO SCULPT, BUILD AND FIRM YOUR CORE, GLUTES AND ARMS. YOU WILL GAIN MUSCULAR ENDURANCE, TONE AND DEFINITION AS WELL AS EXPERIENCE AN INCREASED CALORIE BURN. \$5.00 PER CLASS.

REVV BOOTCAMP **THURSDAY - 6:30PM** **INSTRUCTOR: GABRIEL**

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU. \$5.00 PER CLASS.

PERSONAL TRAINER **INSTRUCTOR: GABRIEL** **SATURDAY**

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU. CONTACT GABRIEL 917-280-9759

BARRE **INSTRUCTOR: ASHTON**

BARRE ALL AGES AND BODY TYPES. THE METHOD IS MADE TO TRIM, TONE AND TIGHTEN YOUR ENTIRE BODY BY USING SMALL AND CONTROLLED MOVEMENTS. ISOMETRIC HOLD AND HIGH REPS. PILATES BALLS, BANDS AND LIGHT WEIGHTS ARE USED TO TARGET MUSCLE GROUPS AND EXHAUST THE MUSCLES, TO CREATE A LONG & LEAN PHYSIQUE. COME FEEL THE BURN.

STICKY SOCKS (GRIP SOCKS) RECOMMENDED.

\$10.00 PER CLASS/ BUNDLE PACKAGE AVAILABLE

ASHTON: (913) 313-5767

YOGA **SATURDAY 9:00 AM** **WEDNESDAY 7 PM** **INSTRUCTOR: PEGGY**

VINYASA FLOW YOGA FOR BEGINNER AND INTERMEDIATE YOGIS. YOGA IS FOR EVERY BODY! FLEXIBILITY IS THE MOST OVERLOOKED PART OF FITNESS AND WORKING ON IT WILL MAKE YOU STRONGER PHYSICALLY, MENTALLY AND SPIRITUALLY. WE WILL WORK ON IMPROVING YOUR ALIGNMENT, BALANCE, STRENGTH, AND MIND. JOIN ME AS WE USE MOVEMENT AND BREATH TO UNITE THE KNOTS IN YOUR MIND AND BODY.

\$5.00 PER CLASS
FEEL FREE TO BRING PROPS- YOGA BLOCKS OR A YOGA STRAP- IF YOU USE THEM IN YOUR PRACTICE.

A Healing Energy Massage
Jan Ulerena, LMT
by appointment: 239.297.1885



NEW TENNIS CLASSES

**10 and under Tennis
ages (7-10)**

Tuesday 4 PM - 5 PM

Cost \$15

Package discounts available



**Adult Cardio Tennis
with Carlos**

Saturday 9 AM - 10:30 AM

Cost \$20

**Package discounts available
Come out and get some great
exercise and fun for
ALL levels welcome.**

*Sign up by emailing Pat:
PGLAUNERT@theiconteam.com*



Little Soccer Stars

"Helping children recognize their inner star"



Location: "The Place" Community Fields



- **Ages 3-5**
- Cost: \$45/ per Mo
- Time: 2:30p - 3:00p
- Day(s): Mondays



- **Elementary School**
- Cost: \$90/ per Mo
- Time: 3:10p - 4:00p
- Day(s): Mondays

Register at www.stovistars.com



INSTRUCTOR

Anthony "Stovi" Stovall has a passion for helping players reach their maximum potential, both on and off the soccer field.

As a former collegiate and professional soccer player, Stovi uses soccer as a platform to promote learning, improve social skills and building confidence in players of all ages. His soccer training company, Stovi Stars, conducts camps, clinics and private training for players of all ages and levels in SWFL.

PROGRAM OVERVIEW

Children in Little Soccer Stars will be introduced to the key fundamentals of soccer, including dribbling, passing, and shooting. Sessions include a variety of activities that promote coordination, decision making, and skill-building. Games will be incorporated as a fun way to reinforce understanding. All activities are geared towards building confidence and promoting positive social skills.



Improve fitness
& coordination

Safe &
encouraging

Weekly
sessions

30 - 50 min
sessions

age
appropriate

GATHERINGS

