

Community Newsletter January 2020



Community Manager

Lynn Ross, LCAM
239.317.2414

Irossetheiconteam.com
Office Hours:
9:00 AM - 5:00 PM
Monday - Friday

After Hours EMERGENCY:

239.285.5462 772.233.7256 **Guard House:** 239.390.0180

theplaceguardhouse.west@gmail.com

AMENITY HOURS:

Barefoot Bar & Grill: 11:00 AM - 7:00 PM
Wednesday, Thursday, Sunday
11:00 AM - 9:00 PM Friday & Saturday
Barefoot Bar & Grill: Closed Monday & Tuesday
Bourbon Bar: 6:00 PM - 11:00 PM Friday & Saturday
Bourbon Bar: Closed Sunday - Thursday

Cafe: 9:00 AM - 5:00 PM Monday - Saturday 10:00 AM - 5:00 PM Sunday

Kids Club: Tuesday - Friday 10:00 AM - 6:00 PM Saturday 9:00 AM - 1:00 PM

Water Slide: Closed Monday & Tuesday 11:00 AM - 6:00 PM Wednesday - Sunday

Pool Deck/ Playground/ Basketball/ Dog Park:

Dawn to Dusk

Tennis/ Pickleball/ Bocce: Dawn - 10:00 PM

Fitness Center: 24/7

Trolley: Friday and Saturday 5:00 PM - 11:00 PM End of driveway pickup and return from restaurant

CLUBHOUSE CONTACTS:

HOA Website: ThePlaceHOA.com

Cafe Manager: Nicole Damigos ndamigos@theiconteam.com

Racket Sports: Pat Glaunert pglaunert@theiconteam.com

Activities Director & Kids Club: Jennifer Nakata jnakata@theiconteam.com

Administrative Assistant: Audrey Fontaine afontaine@theiconteam.com

CLUBHOUSE: 239.317.2414



FOOD AND BEVERAGE DIRECTOR: Jgarcez@theiconteam.com

EXECUTIVE CHEF: MStonge@theiconteam.com

TO GO ORDERS:

239.221.8628 RESTAURANT

239.317.2413 CAFE

Full menu is on the HOA website:

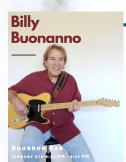
ThePlaceHOA.com

A Healing Energy Massage

Jan Ulerena, UMT

by appointment: 239.297.1885





BILLY BOUNANNO

Saturday, January 4th 6:30 PM - 9:30 PM BOURBON BAR

ROCKY TROP

Saturday, January 11th 12 PM - 4 PM **POOLSIDE**





DJ KEVIN

Saturday, January 18th 1 PM - 4 PM **POOLSIDE**

SCUBA COWBOY

Saturday, January 25th 6:30 PM - 9 PM BOURBON BAR





COMMUNITY GARAGE SALE

Saturday, January 25TH 9 AM -1 PM COMMUNITY

KNITTING CLUB

Tuesdays 10 AM - 12 PM CLUBHOUSE

Come meet your neighbors! Knitting, Crochet, Needlework and Quilters welcome!



B00K CLUB

BOOK CLUB

hursday, January 23rd at 7:30 PM Hosted by Ginger at 19846 Bittersweet Lane The Book is: The Alice Network by Kate Quinn

"THANK YOU" FOR FILLING THE TROLLEY, OUR POLAR EXPRESS VOLUNTEERS, EVERYONE IN GOLF CART PARADE AND WATCHING THE PARADE, OUR LIGHT POST CONTEST CONTESTANTS AND OUR LIGHT POST JUDGES!

Thank you , for everyone who made this Holiday Season so Amazing!

We collected 221 items for Golisano Children's Hospital.

We had over 100 Light Posts decorated.

21 Golf Carts participated in our Parade.

We sold out Polar Express over and over again.

We did this all as one generous Community.....
THANK YOU!

SAVE THE DATE...

VOLUNTEER MEETING

Wednesday, February 5th 5:00 PM MULTI-PURPOSE ROOM

INFORMATIONAL MEETING FOR ANYONE INTERESTED IN VOLUNTEERING FOR UPCOMING EVENTS IN 2020!

JANUARY 2020

CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Knitting Club 10 AM - 12 PM	1	2	3 Member's Favorites After 5 PM	4 BILLY B BOURBON BAR 6:30 PM - 9:30 PM Member's Favorites After 5 PM
5	6 Open Pickleball 9 AM	7 Knitting Club 10 AM - 12 PM	8	9	10 Open Pickleball 9 AM Tater Tots!!! After 5 PM	Rocky Trop POOLSIDE 12 PM - 4 PM Tater Tots!!! After 5 PM
12	13 Open Pickleball 9 AM	14 _{Knitting} Club 10 AM - 12 PM	15	16	17 Open Pickleball 9 AM Into The Wild After 5 PM	DJ KEVIN POOLSIDE 1 PM - 4 PM Into The Wild After 5 PM
19	20 Open Pickleball 9 AM	21 Knitting Club 10 AM - 12 PM	22	23	24 Open Pickleball 9 AM National Florida Day After 5 PM	25 Garage Sale COMMUNITY 9 AM - 1 PM Scuba Cowboy BOURBON BAR 6:30 PM - 9 PM National Florida Day After 5 PM
26	27 Open Pickleball 9 AM	28	29	30	31 Chef's Inspired After 5 PM	Chef's Inspired After 5 PM

January 3rd, 4th

Member's Favorites

January 10th, 11th

Tater Tots!!!



Weekly FEATURES

SERVED FRIDAY& SATURDAY AFTER 5 PM January 17th, 18th

Into The Wild

January 24th, 25th

National Florida Day

January 31st, Feb. 1st

Chef's Inspired

YOGA CLASSES

VINYASA YOGA FLOW

Vinyasa yoga flow class for beginner and intermediate yogis. There are many people who believe they can't do yoga- this is simply NOT TRUE! Yoga is for everybody and every body. Flexibility is the most overlooked part of fitness and working on it will make you stronger physically, mentally and spirtiually. We will work on improving your alignment, balance, strength, and mind. Join me as we use movemement and breath to until the knots in your mind and body.

Classes will take place on Wednesday's at 7:00 PM
and Sy's at 9:00 AM
\$5 per class
Feel free to bring props- yoga blocks or a yoga
strap- if you use them in your practice.

MOVEMENT ROOM & AQUATIC CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:15 AM CARDIO & STRENGTH	6:15 AM REV UP (HIIT) 7:15 AM BARRE 12:00 PM WATER AEROBICS 6:30 PM BALANCE REV	9:30 AM BARRE	6:15 AM REV ABS, BUNS & GUNS 7:15 AM BARRE 6:30 PM REVV BOOTCAMP	7:15 AM CARDIO & STENGTH 12:00 PM WATER AEROBICS	PERSONAL TRAINING GYM 8:00 AM-10:00 AM 8:00 AM BARRE 9:00 AM YOGA
7:00 PM PILATES	7:00 PM BARRE	7:00 PM YOGA			

CARDIO & STRENGTH MONDAY & FRIDAY 7:15AM INSTRUCTOR: MIZ

MIX OR CARDIO AND STRENGTH CONDITIONING. FULL BODY WORKOUT AND INCORPORATE CORE THROUGHOUT WORKOUT. \$10.00 PER CLASS

PILATES MONDAY 7PM INSTRUCTOR: LISA

WELCOME MALES AND FEMALES OF ALL AGES! FULL BODY WORKOUT HEAD TO TOE. STRETCHING, TONING & STRENGTHENING.
PROMOTES A LONG AND LEAN BODY. CORE AND BACK STRENGTH. RELIEVE STRESS.
\$5.00 PER CLASS

WATER AEROBICS: TUESDAY & FRIDAY 12:00 PM INSTRUCTOR: SUZANNE

BEGINNERS THROUGH EXPERIENCED WELCOME!

INCREASED MUSCLE STRENGTH, FAT LOSS AND GREATER FLEXIBILITY ARE JUST A FEW BENEFITS.

BRING NOODLE OR WATER WEIGHTS. \$5.00 PER CLASS

REVV UP (HIIT) TUESDAY - 6:15AM INSTRUCTOR: GABRIEL

HIGH INTENSITY INTERVAL STYLE TRAINING (HIIT) DESIGNED FOR MAXIMUM FAT BURN WITHIN A SHORTER TIME FRAME. PERFECT FOR ANYONE WHO WANTS RAPID FAT LOSS AND TOTAL FITNESS CONDITIONING. \$5.00 PER CLASS.

BALANCED REVV TUESDAY - 6:30PM INSTRUCTOR: GABRIEL

FIND THE PERFECT
BALANCE OF STRENGTH
AND STABILITY WITH THIS
TOTAL BODY WORKOUT
WHICH INCORPORATES
MOBILITY AND BALANCE TO
IMPROVE OVERALL FITNESS
LEVELS. ENCOURAGING
MOBILE MOVEMENT
THROUGHOUT THE BODY.
\$5.00 PER CLASS.

REV ABS, BUNS, AND GUNS THURSDAY - 6:15AM INSTRUCTOR: GABRIEL

EVERYTHING YOU NEED TO SCULPT, BUILD AND FIRM YOUR CORE, GLUTES AND ARMS. YOU WILL GAIN MUSCULAR ENDURANCE, TONE AND DEFINITION AS WELL AS EXPERIENCE AN INCREASED CALORIE BURN \$5.00 PER CLASS.

REVV BOOTCAMP THURSDAY - 6:30PM INSTRUCTOR: GABRIEL

IN THIS FULL BODY
WORKOUT, WE FOCUS ON
STRENGTH BUILDING TO
ENHANCE LEAN MUSCLE
MASS, INCREASE
METABOLISM, AND CREATE
A MORE POWERFUL YOU.
\$5.00 PER CLASS.

PERSONAL TRAINER INSTRUCTOR: GABRIEL SATURDAY

IN THIS FULL BODY
WORKOUT, WE FOCUS ON
STRENGTH BUILDING TO
ENHANCE LEAN MUSCLE
MASS, INCREASE
METABOLISM, AND CREATE A
MORE POWERFUL YOU.
CONTACT GABRIEL
917-280-9759

BARRE INSTRUCTOR: ASHTON

BARRE
ALL AGES AND BODY TYPES.
THE METHOD IS MADE TO TRIM, TONE
AND TIGHTEN YOUR ENTIRE BODY BY
USING SMALL AND CONTROLLED
MOVEMENTS. ISOMETRIC HOLD AND
HIGH REPS. PILATES BALLS, BANDS
AND LIGHT WEIGHTS ARE USED TO
TARGET MUSCLE GROUPS AND
EXHAUST THE MUSCLES, TO CREATE
A LONG & LEAN PHYSIQUE. COME
FEEL THE BURN.

STICKY SOCKS (GRIP SOCKS)
RECOMMENDED.

\$10.00 PER CLASS/ BUNDLE PACKAGE AVAILABLE

ASHTON: (913) 313-5767

YOGA SATURDAY 9:00 AM WEDNESDAY 7 PM INSTRUCTOR: PEGGY

VINYASA FLOW YOGA FOR
BEGINNER AND INTERMEDIATE
YOGIS. YOGA IS FOR EVERY BODY!
FLEXIBILITY IS THE MOST
OVERLOOKED PART OF FITNESS AND
WORKING ON IT WILL MAKE YOU
STRONGER PHYSICALLY, MENTALLY
AND SPIRITUALLY. WE WILL WORK
ON IMPROVING YOUR ALIGNMENT,
BALANCE, STRENGTH, AND MIND.
JOIN ME AS WE USE MOVEMENT
AND BREATH TO UNITE THE KNOTS
IN YOUR MIND AND BODY.

\$5.00 PER CLASS FEEL FREE TO BRING PROPS- YOGA BLOCKS OR A YOGA STRAP- IF YOU USE THEM IN YOUR PRACTICE.

A Healing Energy Massage

Jan Ulerena, LMT

by appointment: 239.297.1885



NEW TENNIS CLASSES

10 and under Tennis
ages (7-10)
Tuesday 4 PM - 5 PM
Cost \$15
Package discounts available







Adult Cardio Tennis
with Carlos
Saturday 9 AM - 10:30 AM
Cost \$20
Package discounts available
Come out and get some great
exercise and fun for
ALL levels welcome.

Sign up by emailing Pat: PGLAUNERT@theiconteam.com

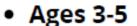


le Soccer Sta

"Helping children recognize their inner star"

Location: "The Place" Community Fields





Cost: \$45/ per Mo

Time: 2:30p - 3:00p

Day(s): Mondays





Elementary School

Cost: \$90/ per Mo

Time: 3:10p - 4:00p

Day(s): Mondays

Register at www.stovistars.com



INSTRUCTOR

Anthony "Stovi" Stovall has a passion for helping players reach their maximum potential, both on and off the soccer field.

As a former collegiate and professional soccer player, Stovi uses soccer as a platform to promote learning, improve social skills and building confidence in players of all ages. His soccer training company, Stovi Stars, conducts camps, clinics and private training for players of all ages and levels in SWFL.







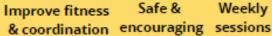






PROGRAM OVERVIEW

Children in Little Soccer Stars will be introduced to the key fundamentals of soccer, including dribbling, passing, and shooting. Sessions include a variety of activities that promote coordination, decision making, and skill-building. Games will be incorporated as a fun way to reinforce understanding. All activities are geared towards building confidence and promoting positive social skills.



Safe &

Weekly

30 - 50 min sessions

Polar Express / Fill the Trolley / Light Post Contest / Golf Cart Parade



























