



## Community Newsletter Summer 2019



### AMENITY HOURS:

Barefoot Bar & Grill: 11:00 AM – 7:00 PM Wednesday, Thursday, Sunday

11:00 AM – 9:00 PM Friday & Saturday

Barefoot Bar & Grill: Closed Monday & Tuesday

Bourbon Bar: 5:00 PM – 10:00 PM Friday & Saturday

Bourbon Bar: Closed Sunday – Thursday

Cafe: 9:00 AM – 6:00 PM Monday – Thursday

9:00 AM – 7:00 PM Friday & Saturday

10:00 AM – 6:00 PM Sunday

Kids Club: Tuesday – Friday 10:00 AM – 6:00 PM

Saturday 9:00 AM – 1:00 PM

Pool Deck/ Playground/ Basketball/ Dog Park: Dawn to Dusk

Tennis/ Pickleball/ Bocce: Dawn – 10:00 PM

Fitness Center: 24/7

### CONTACTS:

HOA Website: [TheplaceHOA.com](http://TheplaceHOA.com)

Cafe Manager: Nicole Damigos  
[ndamigos@theiconteam.com](mailto:ndamigos@theiconteam.com)

Racket Sports: Pat Glaunert  
[pglaunert@theiconteam.com](mailto:pglaunert@theiconteam.com)

Activities Director & Kids Club: Jennifer Nakata  
[jnakata@theiconteam.com](mailto:jnakata@theiconteam.com)

Community Manager

Lynn Ross, LCAM

239.317.2414

[lross@theiconteam.com](mailto:lross@theiconteam.com)

Office Hours:

9:00 AM – 5:00 PM

Monday – Friday

After hours EMERGENCY:

239.285.5462

772.233.7256

Guard House:

239.390.0180

[theplaceguardhouse.west@gmail.com](mailto:theplaceguardhouse.west@gmail.com)

# BAREFOOT BAR & GRILL

## ANNOUNCEMENTS!

The Barefoot Bar & Grill will open on July 3, 2019 from 11:00 AM - 7:00 PM

The Building also includes another facility known as The Bourbon Bar.

**The Barefoot Bar & Grill GRAND Opening Event will be on July 4, 2019  
from 12:00 PM - 4:00 PM**

Complimentary Buffet for all Residents. Chicken, Ribs, Garden Salad, Potato Salad, Mac & Cheese, Corn Bread, Cookies, Brownies and a Soft Drink. DJ Kevin Poolside.

**The Bourbon Bar GRAND Opening Event will be on Friday July 5, 2019 from 5:00 PM - 10:00 PM**  
Complimentary Appetizers & Live Music.  
(Bourbon Bar - 21 and over only)



**JOHN GARCES**

*Director of Food & Beverage*

John was born and raised in Central Texas. He Graduated in 2000 from the University of North Texas, with a BS. He began with Club Corp in 1997 as bartender and worked his way up to become Food & Beverage Director and eventually Club Manager. John has 22 years of experience in Hospitality Management and most recently opened a new restaurant in St. Croix, Virgin Islands.

**Please Welcome  
John and Matt  
to The Place!**

### **BAREFOOT BAR & GRILL AND BOURBON BAR HOURS:**

Barefoot Bar & Grill: 11:00 AM - 7:00 PM  
Wednesday, Thursday, Sunday  
11:00 AM - 9:00 PM Friday & Saturday  
Barefoot Bar & Grill: Closed  
Monday & Tuesday

Bourbon Bar: 5:00 PM - 10:00 PM  
Friday & Saturday  
Bourbon Bar: Closed Sunday - Thursday



**CHEF MATTHEW ST. ONGE**

*Executive Chef*

Chef was originally from Northeastern CT where he was Chef/Partner with his brother at Jason's Waterfront Restaurant for 10 years. He relocated to Southwest Florida and took a position at Fiddlesticks Country Club as Banquet Chef. He has been an Executive Sous Chef at Gulf Harbor Country Club, and Executive Chef of Brewbabies Garden Bistro in Cape Coral. He has been featured multiple times on Fox News, News Press, Southwest Florida Living Magazine, Gulf Life Magazine and Health & Fitness Magazine. He joins our team after serving as the Chef at Bonita National Country Club.

thank you

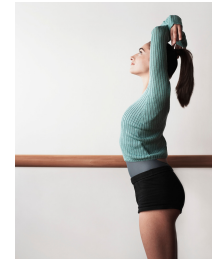
## TO OUR VOLUNTEERS!

Betty & Mike Bonish and Ginger Nestico  
for Organizing our Food Drive.  
Linda Corrigan and Gary Klamkin for helping with our  
Memorial Day Event.

New!

## BARRE CLASSES

TUESDAY 7:30 PM - CLASSIC 60 MIN  
WEDNESDAY 5:00 PM - CLASSIC 60 MIN  
THURSDAY 7:30 PM - CLASSIC 60 MIN  
FRIDAY 11:30 AM - EXPRESS 45 MIN  
SATURDAY 9:00 AM - EXPRESS 45 MIN



## INSTRUCTOR: ASHTON

**Barre Classic:** (60 min) is designed for all ages and body types- the method is made to trim, tone and tighten your entire body by using small and controlled movements, isometric holds and high reps. Pilates balls, bands and light weights are used to target muscle groups and exhaust the muscles, to create a long & lean physique.

Bring your sticky (grip) socks and come feel the "burn".

**Barre Express:** (45 min) Also uses pilates balls, bands and light weights to increase the "burn" in less time! This quick class works your entire body, with an emphasis on toning the legs and glutes. Sticky (grip) socks also recommended.

Sticky Socks (grip socks) are available at Target or Amazon.

\$10.00 cash or Venmo per class.

hannahapaine@gmail.com or 913-313-5767

## SUMMER DAYS ARE HERE AGAIN....COOKOUT AND POOL PARTY!

Saturday June 15th 12 PM - 4 PM  
Please join us to "Kick OFF the Summer"  
Cookout, DJ Kevin, Games



## SWIM LESSONS

THE PLACE IS NOW OFFERING PRIVATE SWIM LESSONS!  
INSTRUCTOR: CASSIE

Mondays and Tuesdays 1 PM - 7 PM

Cassie is a Red Cross certified Swim Instructor.

Cost: \$40.00 per lesson.

Text or email Cassie: 239-896-5831, cnl1032@gmail.com



## BOOK CLUB

Saturday June 23rd 4 PM- 6 PM

Hosted by Kathie Pierce

kckpierce@gmail.com or 630-606-2908

The book is *The Extraordinary Life of Sam Hell* by Robert Dugoni.

## KNITTING CLUB

Tuesdays 10 AM - 12 PM

Come meet your neighbors! Knitting, Crochet, Needlework  
and Quilters welcome!


























# JUNE 2019

## Calendar of Events



SUN	MON	TUE	WED	THU	FRI	SAT
	Open Pickleball 9 AM	Knitting Club 10 AM - 12 PM 			Open Pickleball 9 AM POOL BAR SPECIAL Raspberry Daiquiri 	1 POOL BAR SPECIAL Raspberry Daiquiri 
2 POOL BAR SPECIAL Raspberry Daiquiri 	3 Open Pickleball 9 AM	4 Knitting Club 10 AM - 12 PM 	5	6	7 Open Pickleball 9 AM POOL BAR SPECIAL Dewar's & Soda 	8 POOL BAR SPECIAL Dewar's & Soda 
9 POOL BAR SPECIAL Dewar's & Soda 	10 Open Pickleball 9 AM	11 Knitting Club 10 AM - 12 PM 	12	13	14 Open Pickleball 9 AM POOL BAR SPECIAL Logan's Passion Punch 	KICK OFF THE SUMMER COOKOUT POOL PARTY 12 PM - 4 PM POOL BAR SPECIAL Logan's Passion Punch 
16 POOL BAR SPECIAL Logan's Passion Punch 	17 Open Pickleball 9 AM	18 Knitting Club 10 AM - 12 PM 	19	20	21 Open Pickleball 9 AM POOL BAR SPECIAL Raspberry Daiquiri  ROUND ROBIN TENNIS 5:30 PM-7 PM 	22 POOL BAR SPECIAL Raspberry Daiquiri 
23 POOL BAR SPECIAL Raspberry Daiquiri  BOOK CLUB 4 PM POOL BAR SPECIAL 30 Moscow Mule 	24 Open Pickleball 9 AM	25 Knitting Club 10 AM - 12 PM 	26	27	28 POOL BAR SPECIAL Moscow Mule 	29 POOL BAR SPECIAL Moscow Mule 



# MOVEMENT ROOM & AQUATIC CLASSES

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**6:15 AM  
REV UP (HIIT)**

**12:00 PM  
WATER AEROBICS**

**6:30 PM  
BALANCE REV**

**7:30 PM  
BARRE CLASSIC**

**6:15 AM  
REV ABS, BUNS &  
GUNS**

**6:00 PM  
REVV BOOTCAMP**

**7:30 PM  
BARRE CLASSIC**

**11:30 AM  
BARRE EXPRESS**

**12:00 PM  
WATER AEROBICS**

**PERSONAL TRAINING  
8:00 AM-10:00 AM**

**9:00 AM  
BARRE EXPRESS**

**WATER AEROBICS:  
TUESDAY & FRIDAY  
12:00 PM  
INSTRUCTOR: SUZANNE**

BEGINNERS THROUGH  
EXPERIENCED WELCOME!

INCREASED MUSCLE  
STRENGTH, FAT LOSS AND  
GREATER FLEXIBILITY ARE  
JUST A FEW BENEFITS.

BRING NOODLE OR WATER  
WEIGHTS.  
\$5.00 PER CLASS

**BALANCED REVV  
TUESDAY - 6:30PM  
INSTRUCTOR: GABRIEL**

FIND THE PERFECT  
BALANCE OF STRENGTH  
AND STABILITY WITH THIS  
TOTAL BODY WORKOUT  
WHICH INCORPORATES  
MOBILITY AND BALANCE TO  
IMPROVE OVERALL FITNESS  
LEVELS. ENCOURAGING  
MOBILE MOVEMENT  
THROUGHOUT THE BODY.  
\$5.00 PER CLASS.

**REV ABS, BUNS, AND  
GUNS  
THURSDAY - 6:15AM  
INSTRUCTOR: GABRIEL**

EVERYTHING YOU NEED TO  
SCULPT, BUILD AND FIRM  
YOUR CORE, GLUTES AND  
ARMS. YOU WILL GAIN  
MUSCULAR ENDURANCE,  
TONE AND DEFINITION AS  
WELL AS EXPERIENCE AN  
INCREASED CALORIE BURN.  
\$5.00 PER CLASS.

**BARRE  
INSTRUCTOR: ASHTON**

TUESDAY 7:30 PM CLASSIC  
WEDNESDAY 5:00 PM CLASSIC  
THURSDAY 7:30 PM CLASSIC  
FRIDAY 11:30 AM EXPRESS  
SATURDAY 9:00 AM EXPRESS

BARRE CLASSIC (60 MIN)  
ALL AGES AND BODY TYPES.  
THE METHOD IS MADE TO TRIM,  
TONE AND TIGHTEN YOUR  
ENTIRE BODY BY USING SMALL  
AND CONTROLLED MOVEMENTS.  
ISOMETRIC HOLD AND HIGH  
REPS. PILATES BALLS, BANDS  
AND LIGHT WEIGHTS ARE USED  
TO TARGET MUSCLE GROUPS  
AND EXHAUST THE MUSCLES, TO  
CREATE A LONG & LEAN  
PHYSIQUE. COME FEEL THE  
"BURN".

BARRE EXPRESS (45 MIN) ALSO  
USES PILATES BALLS, BANDS  
AND LIGHT WEIGHTS TO  
INCREASE THE "BURN" IN LESS  
TIME! THIS QUICK CLASS WORKS  
YOUR ENTIRE BODY, WITH AN  
EMPHASIS ON TONING THE LEGS  
AND GLUTES.

STICKY SOCKS (GRIP SOCKS)  
RECOMMENDED.

\$10.00 PER CLASS/ BUNDLE  
PACKAGE AVAILABLE

**REVV UP (HIIT)  
TUESDAY - 6:15AM  
INSTRUCTOR: GABRIEL**

HIGH INTENSITY INTERVAL  
STYLE TRAINING (HIIT)  
DESIGNED FOR MAXIMUM  
FAT BURN WITHIN A  
SHORTER  
TIME FRAME. PERFECT FOR  
ANYONE WHO WANTS  
RAPID FAT  
LOSS AND TOTAL FITNESS  
CONDITIONING. \$5.00 PER  
CLASS.

**SUNSET YOGA  
WEDNESDAY - 6:30PM  
INSTRUCTOR: SAM**

EXERCISE AND UNWIND  
YOUR BODY, BREATH AND  
MIND. MODIFICATIONS  
AND VARIATIONS ARE  
AVAILABLE FOR ALL YOGA  
POSES TO BUILD BALANCE  
AND STRENGTH.  
BEGINNERS TO  
EXPERIENCED YOGIS ARE  
WELCOME. PLEASE BRING  
MAT AND TOWEL  
\$5.00 PER CLASS.

**REVV BOOTCAMP  
THURSDAY - 6:30PM  
INSTRUCTOR: GABRIEL**

IN THIS FULL BODY  
WORKOUT, WE FOCUS ON  
STRENGTH BUILDING TO  
ENHANCE LEAN MUSCLE  
MASS, INCREASE  
METABOLISM, AND CREATE A  
MORE POWERFUL YOU.  
\$5.00 PER CLASS.

*Comfort and Health Spa*  
By Appointment: 877.218.7208  
[www.comfortandhealth.com](http://www.comfortandhealth.com)



# COURTS RESERVATION SYSTEM

## Salixreservations.com

**NEW!**



## **NEW COURTS RESERVATION SYSTEM**

### **IS UP AND RUNNING!**

**Sign up and begin booking Tennis, Pickleball, Bocce Ball, Sand Volleyball Courts  
as well as Courts for Social Events.**

**ANY QUESTIONS REGARDING THE NEW RESERVATION  
SYSTEM PLEASE CONTACT PAT.**

**THE FIRST PERSON WHO RESPONDS TO PAT WITH THE CORRECT ANSWER TO THE  
QUESTION BELOW, WILL RECEIVE A FREE 1/2 HOUR TENNIS LESSON.  
EMAIL ANSWERS TO [PGLAUNERT@THEICONTEAM.COM](mailto:pglaunert@theiconteam.com)**

**WHY DO YOU NEVER FALL IN LOVE WITH A TENNIS PRO?**

**[pglaunert@theiconteam.com](mailto:pglaunert@theiconteam.com)**

**[Salixreservations.com](https://salixreservations.com)**



# GATHERING'S

## Memorial Day Events - 2019

