

### Community Newsletter March 2020



#### **Community Manager**

Lynn Ross, LCAM
239.317.2414

Irossetheiconteam.com

#### **Office Hours:**

9:00 AM – 5:00 PM Monday – Friday

#### **After Hours EMERGENCY:**

239.285.5462772.233.7256

#### **Guard House:**

239.390.0180

theplaceguardhouse.west@gmail.com

#### **Trolley:**

239.560.0998

#### **AMENITY HOURS:**

Barefoot Bar & Grill: 11:00 AM - 7:00 PM Wednesday, Thursday, Sunday 11:00 AM - 9:00 PM Friday & Saturday Barefoot Bar & Grill: Closed Monday & Tuesday

Bourbon Bar: 6:00 PM - 11:00 PM Friday & Saturday

Bourbon Bar: Closed Sunday - Thursday

Cafe: 9:00 AM - 5:00 PM Monday - Saturday 10:00 AM - 5:00 PM Sunday

Kids Club: Tuesday - Friday 10:00 AM - 6:00 PM Saturday 9:00 AM - 1:00 PM

Water Slide: Closed Monday & Tuesday 11:00 AM - 6:00 PM Wednesday - Sunday

Pool Deck/ Playground/ Basketball/ Dog Park:

Dawn to Dusk

Tennis/ Pickleball/ Bocce: Dawn - 10:00 PM

Fitness Center: 24/7

Trolley: Friday and Saturday 5:00 PM - 11:00 PM End of driveway pickup and return from restaurant

# **CLUBHOUSE CONTACTS:**

**HOA Website:** The Place HOA.com

Cafe Manager: Nicole Damigos ndamigos@theiconteam.com

**Racquet Sports:** Pat Glaunert pglaunert@theiconteam.com

Activities Director & Kids Club: Jennifer Nakata jnakata@theiconteam.com

Administrative Assistant: Audrey Fontaine afontaine@theiconteam.com

Food and Beverage: John Garcez jgarcez@theiconteam.com

EXECUTIVE CHEF: Matt St. Onge mstonge@theiconteam.com

Clubhouse: 239.317.2414

Restaurant: 239.221.8628

Cafe: 239.317.2413

A Healing Energy Massage

Jan Ulerena, UMT

by appointment: 239.297.1885



# BAREFOOT BAR AND GRILL SPECIALS

March 6th & 7th

National Employee Appreciation March 13th & 14th

> Freaky Friday the 13th

March 20th & 21st

Taste of Ireland

March 27th & 28th

Chef's Inspired

# ST. PADDY'S DAY BUFFET

Garden Salad with
Assorted Dressings
Irish Soda Bread
Carved Corned Beef
Dill Buttered Salmon
Cabbage
Boiled Red Bliss Potato
Baby Carrots
Assorted Desserts
Assorted Drink Specials

Specialty
Opening
Tuesday, March
17th from 5-8

Adults \$17 10 & Under \$10

# ENTERTAINMENT

March 7th DJ Kevin Poolside 12-3 March 14th DJ Nate Poolside 12-4 March 20th

Philip Bixby Bourbon Bar 6:30-9:30 March 28th

David Hunter Bourbon Bar 6:30-9:30





### **MOVEMENT ROOM & AQUATIC CLASSES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:15 AM CARDIO & STRENGTH	6:15 AM REVV UP (HIIT)		6:15 AM REVV ABS, BUNS & GUNS	7:15 AM CARDIO & STRENGTH	PERSONAL TRAINING GYM 8:00 AM-10:00 AM
9:00 AM YOGA	9:00 AM BARRE		9:00 AM BARRE		8:00 AM BARRE
	12:00 PM WATER AEROBICS			12:00 PM WATER AEROBICS	9:00 AM YOGA
	6:30 PM BALANCE REVV	7:00 PM YOGA	6:30 PM REVV BOOTCAMP		

#### CARDIO & STRENGTH MONDAY & FRIDAY -7:15AM INSTRUCTOR: MIZ

MIX OF CARDIO AND STRENGTH CONDITIONING. FULL BODY WORKOUT AND INCORPORATE CORE THROUGHOUT WORKOUT. \$10.00 PER CLASS

#### WATER AEROBICS: TUESDAY & FRIDAY -12:00PM INSTRUCTOR: SUZANNE

BEGINNERS THROUGH EXPERIENCED WELCOME!

INCREASED MUSCLE STRENGTH, FAT LOSS AND GREATER FLEXIBILITY ARE JUST A FEW BENEFITS.

BRING NOODLE OR WATER WEIGHTS. \$5.00 PER CLASS

#### REVV UP (HIIT) TUESDAY - 6:15AM INSTRUCTOR: GABRIEL

HIGH INTENSITY INTERVAL STYLE TRAINING (HIIT) DESIGNED FOR MAXIMUM FAT BURN WITHIN A SHORTER TIME FRAME. PERFECT FOR ANYONE WHO WANTS RAPID FAT LOSS AND TOTAL FITNESS CONDITIONING. \$5.00 PER CLASS.

#### BALANCED REVV TUESDAY - 6:30PM INSTRUCTOR: GABRIEL

FIND THE PERFECT
BALANCE OF STRENGTH
AND STABILITY WITH THIS
TOTAL BODY WORKOUT
WHICH INCORPORATES
MOBILITY AND BALANCE TO
IMPROVE OVERALL FITNESS
LEVELS. ENCOURAGING
MOBILE MOVEMENT
THROUGHOUT THE BODY.
\$5.00 PER CLASS.

#### REVV ABS, BUNS, AND GUNS THURSDAY - 6:15AM INSTRUCTOR: GABRIEL

EVERYTHING YOU NEED TO SCULPT, BUILD AND FIRM YOUR CORE, GLUTES AND ARMS. YOU WILL GAIN MUSCULAR ENDURANCE, TONE AND DEFINITION AS WELL AS EXPERIENCE AN INCREASED CALORIE BURN. \$5.00 PER CLASS.

#### REVV BOOTCAMP THURSDAY - 6:30PM INSTRUCTOR: GABRIEL

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU. \$5.00 PER CLASS.

#### PERSONAL TRAINER SATURDAY - 8:00 - 10:00AM INSTRUCTOR: GABRIEL

IN THIS FULL BODY
WORKOUT, WE FOCUS ON
STRENGTH BUILDING TO
ENHANCE LEAN MUSCLE
MASS, INCREASE
METABOLISM, AND CREATE A
MORE POWERFUL YOU.
CONTACT GABRIEL
917-280-9759

#### BARRE TUESDAY & THURSDAY -9:00AM SATURDAY - 8:00 AM INSTRUCTOR: ASHTON

BARRE
ALL AGES AND BODY TYPES.
THE METHOD IS MADE TO TRIM, TONE
AND TIGHTEN YOUR ENTIRE BODY BY
USING SMALL AND CONTROLLED
MOVEMENTS. ISOMETRIC HOLD AND
HIGH REPS. PILATES BALLS, BANDS
AND LIGHT WEIGHTS ARE USED TO
TARGET MUSCLE GROUPS AND
EXHAUST THE MUSCLES, TO CREATE
A LONG & LEAN PHYSIQUE. COME
FEEL THE BURN.

STICKY SOCKS (GRIP SOCKS) RECOMMENDED.

\$10.00 PER CLASS/ BUNDLE PACKAGE AVAILABLE

ASHTON: (913) 313-5767

#### YOGA SATURDAY 9:00 AM MONDAYS 9:00 AM WEDNESDAY 7:00 PM INSTRUCTOR: PEGGY

VINYASA FLOW YOGA FOR
BEGINNER AND INTERMEDIATE
YOGIS. YOGA IS FOR EVERY BODY!
FLEXIBILITY IS THE MOST
OVERLOOKED PART OF FITNESS AND
WORKING ON IT WILL MAKE YOU
STRONGER PHYSICALLY, MENTALLY
AND SPIRITUALLY. WE WILL WORK
ON IMPROVING YOUR ALIGNMENT,
BALANCE, STRENGTH, AND MIND.
JOIN ME AS WE USE MOVEMENT
AND BREATH TO UNITE THE KNOTS
IN YOUR MIND AND BODY.

\$5.00 PER CLASS FEEL FREE TO BRING PROPS- YOGA BLOCKS OR A YOGA STRAP- IF YOU USE THEM IN YOUR PRACTICE.

A Healing Energy Massage

Jan Ulerena, LMT

by appointment: 239.297.1885

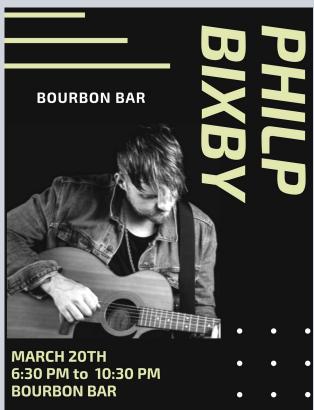












THE PLACE AT CORKSCREW

# DRIVE IN MOVIE NIGHT

Featuring Frozen II

FRIDAY, MARCH 27TH AT 7:30 PM BASKETBALL COURT

\$5 per person paid at event

Concession Stand: Hamburgers, Hot Dogs, Popcorn, Candy, Soft Drinks, Wine and Beer

Cash Accepted for Movie and Concession Stand

All proceeds go directly to the Activities Department.



RAIN DATE: SATURDAY, MARCH 28TH







3.21.2020 BRING THE HEAT! 12-3 PM

In Collaboration with Pickleball for the Puppies Event!

\$10 Entrance Fee per Contestant

Registration will be accepted until March 18th via registration form

"Hot" Prizes will be awarded to 1st, 2nd and 3rd Place!

Please contact John Garcez with any questions at jgarcez@theiconteam.com

Featuring Music by DJ Kevin!



SATURDAY, MARCH 21ST (RAIN DATE: MARCH 22ND)

**EMAIL:** 

PARTNER'S NAME 1ST EVENT

PARTNER'S NAME

2ND EVENT

# PICKLEBALL TOURNAMENT FOR THE PUPPIES

BENEFITING
GULF COAST
HUMANE
SOCIETY



PLAY STARTS AT 8 AM
COST: \$30 PER TEAM PER EVENT

WOMEN'S DIVISION	MIXED DIVISION	MEN'S DIVISION	
3.0	6.0 COMBO	3.0	
3.5	6.5 COMBO	3.5	
4.0	7.0 COMBO 7.5 COMBO	4.0	
4.5			
4.5	8.0 COMBO	4.5	
NAME:	PHONE:		



PLEASE MAKE CHECKS PAYABLE TO:
GULF COAST HUMANE SOCIETY
G-2 WILL BE THE OFFICIAL BALL
ENTRY FORMS MUST BE RETURNED TO PAT
OR JENNIFER BY SUNDAY MARCH 13TH
FORMATS TO BE DETERMINED BY
NUMBER OF ENTRIES. EVERYONE WILL
PLAY AT LEAST 2 MATCHES.

THIS IS A NON SANCTION EVENT.

AWARDS FOR 1ST, 2ND, & 3RD PLACE

FOR MORE INFORMATION PLEASE EMAIL PAT AT: PGLAUNERT@THEICONTEAM.COM



#### HOP ON OVER AND JOIN US!

# EASTER EGG HUNT

Get ready for a fun filled day of Finding Eggs, Face Painting, Crafts, Bounce House, Sweet Treats and a Pool Party!

## **APRIL 11TH | 10 AM - 2 PM**

(RAIN DATE: APRIL 12TH @ 2 PM)
POOL DECK
\$10 PER CHILD

Tickets go on sale 3/11/2020
Tickets can be purchased in Admin Office or by Credit Card on file

Please email Jennifer Nakata jnakata@theiconteam.com

or

Audrey Fontaine afontaineetheiconteam.com

# Easter Egg Hunt Saturday, April 11th









