



Community Newsletter Summer 2019



AMENITY HOURS:

Barefoot Bar & Grill: 11:00 AM - 7:00 PM Wednesday, Thursday, Sunday

11:00 AM - 9:00 PM Friday & Saturday

Barefoot Bar & Grill: Closed Monday & Tuesday

Bourbon Bar: 5:00 PM - 10:00 PM Friday & Saturday

Bourbon Bar: Closed Sunday - Thursday

Cafe: 9:00 AM - 6:00 PM Monday - Thursday

9:00 AM - 7:00 PM Friday & Saturday

10:00 AM - 6:00 PM Sunday

Kids Club: Tuesday - Friday 10:00 AM - 6:00 PM

Saturday 9:00 AM - 1:00 PM

Water Slide: Closed Monday & Tuesday

11:00 AM - 6:00 PM Wednesday - Sunday

Pool Deck/ Playground/ Basketball/ Dog Park: Dawn to Dusk

Tennis/ Pickleball/ Bocce: Dawn - 10:00 PM

Fitness Center: 24/7

CONTACTS:

HOA Website: TheplaceHOA.com

Cafe Manager: Nicole Damigos

ndamigos@theiconteam.com

Racket Sports: Pat Glaunert

pglaunert@theiconteam.com

Activities Director & Kids Club: Jennifer Nakata

jnakata@theiconteam.com

Community Manager

Lynn Ross, LCAM

239.317.2414

lross@theiconteam.com

Office Hours:

9:00 AM - 5:00 PM

Monday - Friday

After hours EMERGENCY:

239.285.5462

772.233.7256

Guard House:

239.390.0180

theplaceguardhouse.west@gmail.com

BAREFOOT BAR & GRILL

*Grand
Opening*

ANNOUNCEMENTS!

The Barefoot Bar & Grill will open on July 3, 2019 from 11:00 AM - 7:00 PM

The Building also includes another facility known as The Bourbon Bar.

The Barefoot Bar & Grill GRAND Opening Event will be on July 4, 2019
from 12:00 PM - 4:00 PM

Complimentary Buffet for all Residents. Chicken, Ribs, Garden Salad, Potato Salad, Mac & Cheese, Corn Bread,
Cookies, Brownies and a Soft Drink. DJ Kevin Poolside.

The Bourbon Bar GRAND Opening Event will be on Friday July 5, 2019 from 5:00 PM - 10:00 PM

Complimentary Appetizers & Live Music.
(Bourbon Bar - 21 and over only)



JOHN GARCES

Director of Food & Beverage

John was born and raised in Central Texas. He Graduated in 2000 from the University of North Texas, with a BS.

He began with Club Corp in 1997 as bartender and worked his way up to become Food & Beverage Director and eventually Club Manager. John has 22 years of experience in Hospitality Management and most recently opened a new restaurant in St. Croix, Virgin Islands.

Please Welcome
John and Matt
to The Place!

BAREFOOT BAR & GRILL AND BOURBON BAR HOURS:

Barefoot Bar & Grill: 11:00 AM - 7:00 PM
Wednesday, Thursday, Sunday
11:00 AM - 9:00 PM Friday & Saturday
Barefoot Bar & Grill: Closed
Monday & Tuesday

Bourbon Bar: 5:00 PM - 10:00 PM
Friday & Saturday
Bourbon Bar: Closed Sunday - Thursday



CHEF MATTHEW ST. ONGE

Executive Chef

Chef was originally from Northeastern CT where he was Chef/Partner with his brother at Jason's Waterfront Restaurant for 10 years. He relocated to Southwest Florida and took a position at Fiddlesticks Country Club as Banquet Chef. He has been an Executive Sous Chef at Gulf Harbor Country Club, and Executive Chef of Brewbabies Garden Bistro in Cape Coral. He has been featured multiple times on Fox News, News Press, Southwest Florida Living Magazine, Gulf Life Magazine and Health & Fitness Magazine. He joins our team after serving as the Chef at Bonita National Country Club.

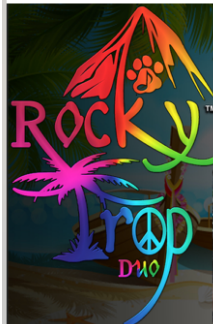
SOCIAL EVENTS

THE VELVET EDGE

Saturday July 13th 6 PM - 10 PM

BOURBON BAR

Jazz Duo



ROCKY TROP DUO

Saturday July 20th 11 AM - 3 PM

POOLSIDE

Rock to Reggae, Country to Caribbean



CRAIG SINGLETON

Saturday July 27th 5 pm - 9 pm

BOURBON BAR

LIVE! One man band is award winning musician, vocalist.

TENNIS AND PICKLEBALL LESSONS THE PLACE IS NOW OFFERING PRIVATE LESSONS.

Private and Group Lessons available please contact Pat Glaunert, Director of Racquet Sports. pglaunert@theiconteam.com



SWIM LESSONS

THE PLACE IS NOW OFFERING PRIVATE SWIM LESSONS!

INSTRUCTOR: CASSIE

Mondays and Tuesdays 1 PM - 7 PM

Cassie is a Red Cross certified Swim Instructor.

Cost: \$40.00 per lesson.

Text or email Cassie: 239-896-5831, cnl1032@gmail.com

KNITTING CLUB

Tuesdays 10 AM - 12 PM

Come meet your neighbors! Knitting, Crochet, Needlework and Quilters welcome!



BOOK CLUB

Is taking the summer off.

Looking forward to seeing everyone late summer!

JULY 2019

Calendar of Events

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Open Pickleball 9 AM	2 Knitting Club 10 AM - 12 PM 	3 Barefoot Bar & Grill Opening 11 AM - 7 PM	4 <i>Grand opening</i> Barefoot Bar & Grill Grand Opening 12 PM - 4 PM	5 <i>Grand opening</i> Bourbon Bar Grand Opening 5 PM - 10 PM	6
7	8 Open Pickleball 9 AM	9 Knitting Club 10 AM - 12 PM 	10	11	12 Open Pickleball 9 AM	13 <i>Jazz Night</i> The Velvet Edge Bourbon Bar 5 PM - 10 PM
14	15 Open Pickleball 9 AM	16 Knitting Club 10 AM - 12 PM 	17	18	19 Open Pickleball 9 AM	20 Rocky Trop Duo Poolside 11 AM - 3 PM 
21	22 Open Pickleball 9 AM	23 Knitting Club 10 AM - 12 PM 	24	25	26 Open Pickleball 9 AM	27  Craig Singleton Bourbon Bar 5 PM - 10 PM
28	29 Open Pickleball 9 AM	30 Knitting Club 10 AM - 12 PM 	31		Open Pickleball 9 AM	

MOVEMENT ROOM & AQUATIC CLASSES

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**6:15 AM
REV UP (HIIT)**

**12:00 PM
WATER AEROBICS**

**6:30 PM
BALANCE REV**

**7:30 PM
BARRE CLASSIC**

**10:00 AM
BARRE EXPRESS**

**6:30 PM
SUNSET YOGA**

**6:15 AM
REV ABS, BUNS &
GUNS**

**6:00 PM
REVV BOOTCAMP**

**7:30 PM
BARRE CLASSIC**

**10:00 AM
BARRE EXPRESS**

**12:00 PM
WATER AEROBICS**

**PERSONAL TRAINING
8:00 AM-10:00 AM**

**9:30 AM
BARRE CLASSIC**

**WATER AEROBICS:
TUESDAY & FRIDAY
12:00 PM
INSTRUCTOR: SUZANNE**

BEGINNERS THROUGH EXPERIENCED WELCOME!

INCREASED MUSCLE STRENGTH, FAT LOSS AND GREATER FLEXIBILITY ARE JUST A FEW BENEFITS.

BRING NOODLE OR WATER WEIGHTS.
\$5.00 PER CLASS

**BALANCED REVV
TUESDAY - 6:30PM
INSTRUCTOR: GABRIEL**

FIND THE PERFECT BALANCE OF STRENGTH AND STABILITY WITH THIS TOTAL BODY WORKOUT WHICH INCORPORATES MOBILITY AND BALANCE TO IMPROVE OVERALL FITNESS LEVELS. ENCOURAGING MOBILE MOVEMENT THROUGHOUT THE BODY.
\$5.00 PER CLASS.

**REVV UP (HIIT)
TUESDAY - 6:15AM
INSTRUCTOR: GABRIEL**

HIGH INTENSITY INTERVAL STYLE TRAINING (HIIT) DESIGNED FOR MAXIMUM FAT BURN WITHIN A SHORTER TIME FRAME. PERFECT FOR ANYONE WHO WANTS RAPID FAT LOSS AND TOTAL FITNESS CONDITIONING. \$5.00 PER CLASS.

**SUNSET YOGA
WEDNESDAY - 6:30PM
INSTRUCTOR: SAM**

EXERCISE AND UNWIND YOUR BODY, BREATH AND MIND. MODIFICATIONS AND VARIATIONS ARE AVAILABLE FOR ALL YOGA POSES TO BUILD BALANCE AND STRENGTH. BEGINNERS TO EXPERIENCED YOGIS ARE WELCOME. PLEASE BRING MAT AND TOWEL
\$5.00 PER CLASS.

**REV ABS, BUNS, AND
GUNS
THURSDAY - 6:15AM
INSTRUCTOR: GABRIEL**

EVERYTHING YOU NEED TO SCULPT, BUILD AND FIRM YOUR CORE, GLUTES AND ARMS. YOU WILL GAIN MUSCULAR ENDURANCE, TONE AND DEFINITION AS WELL AS EXPERIENCE AN INCREASED CALORIE BURN.
\$5.00 PER CLASS.

**REVV BOOTCAMP
THURSDAY - 6:30PM
INSTRUCTOR: GABRIEL**

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU.
\$5.00 PER CLASS.

**PERSONAL TRAINER
INSTRUCTOR: GABRIEL
SATURDAY**

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU. CONTACT GABRIEL
917-280-9759

**BARRE
INSTRUCTOR: ASHTON**

TUESDAY 7:30 PM CLASSIC
WEDNESDAY 10:00 AM EXPRESS
THURSDAY 7:30 PM CLASSIC
FRIDAY 10:00 AM EXPRESS
SATURDAY 9:30 AM CLASSIC

BARRE CLASSIC (60 MIN) ALL AGES AND BODY TYPES. THE METHOD IS MADE TO TRIM, TONE AND TIGHTEN YOUR ENTIRE BODY BY USING SMALL AND CONTROLLED MOVEMENTS. ISOMETRIC HOLD AND HIGH REPS. PILATES BALLS, BANDS AND LIGHT WEIGHTS ARE USED TO TARGET MUSCLE GROUPS AND EXHAUST THE MUSCLES, TO CREATE A LONG & LEAN PHYSIQUE. COME FEEL THE "BURN".

BARRE EXPRESS (45 MIN) ALSO USES PILATES BALLS, BANDS AND LIGHT WEIGHTS TO INCREASE THE "BURN" IN LESS TIME! THIS QUICK CLASS WORKS YOUR ENTIRE BODY, WITH AN EMPHASIS ON TONING THE LEGS AND GLUTES.

STICKY SOCKS (GRIP SOCKS) RECOMMENDED.

\$10.00 PER CLASS/ BUNDLE PACKAGE AVAILABLE

A Healing Energy Massage
Jan Ulerena, LMT
by appointment: 239.297.1885



COURTS RESERVATION SYSTEM

Salixreservations.com

NEW!



NEW COURTS RESERVATION SYSTEM

IS UP AND RUNNING!

**Sign up and begin booking Tennis, Pickleball, Bocce Ball, Sand Volleyball Courts
as well as Courts for Social Events.**

**ANY QUESTIONS REGARDING THE NEW RESERVATION
SYSTEM PLEASE CONTACT PAT.**

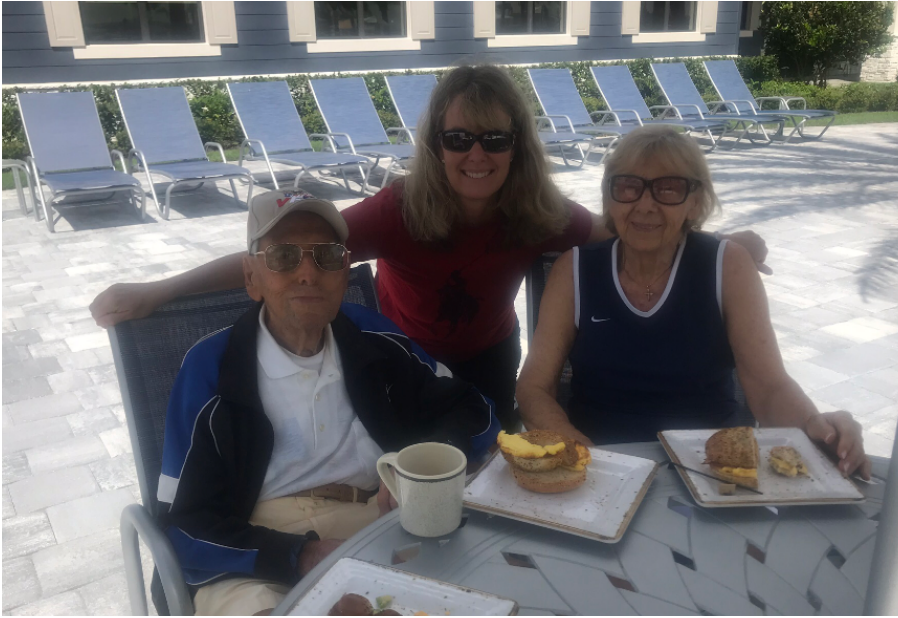
**THE FIRST PERSON WHO RESPONDS TO PAT WITH THE CORRECT ANSWER TO THE
QUESTION BELOW, WILL RECEIVE A FREE 1/2 HOUR TENNIS LESSON.
EMAIL ANSWERS TO PGLAUNERT@THEICONTEAM.COM**

WHY DO YOU NEVER FALL IN LOVE WITH A TENNIS PRO?

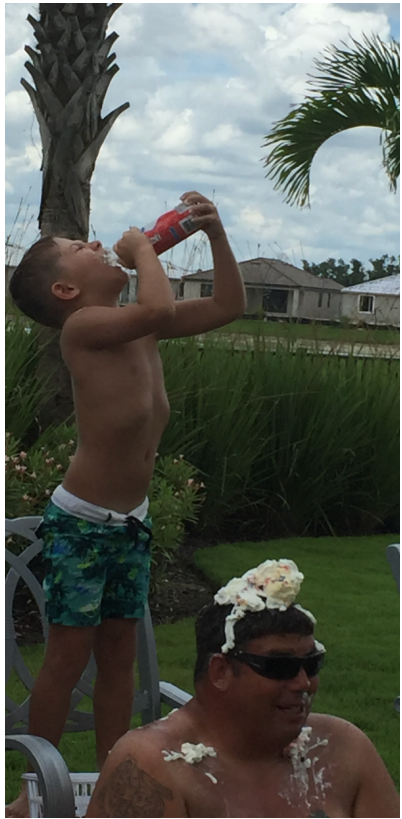
pglauert@theiconteam.com

[Salixreservations.com](https://salixreservations.com)

FATHER'S DAY 2019



Our most inspiring resident...
Mr. Ed is 100 years young!



MAKE YOUR DAD A SUNDAE!