

### Community Newsletter Summer 2020



### **Community Manager**

Lynn Ross, LCAM 239.317.2414 Iross@theiconteam.com

### **Office Hours:**

9:00 AM – 5:00 PM Monday – Friday By Appointment

### **After Hours EMERGENCY:**

239.285.5462 772.233.7256

### **Guard House:**

239.390.0180

 $the place guardhouse. we st {\tt @gmail.com}$ 

### **AMENITY HOURS:**

Barefoot Bar & Grill Patio: Closed Monday & Tuesday 11:00 AM - 7:00 PM Wed., Thurs., Sun. 11:00 AM - 8:00 PM Friday & Saturday TO GO ORDERS: 239.221.8628 Bourbon Bar: Closed

Cafe: 9:00 AM - 5:00 PM Monday - Saturday 10:00 AM - 5:00 PM Sunday TO GO ORDERS: 239.317.2413

Pool Deck: 7 AM - 7 PM With Member ID Water Slide: Closed Monday & Tuesday 11:00 AM - 6:00 PM Wednesday - Sunday

Fitness Center: 24/7 With Member ID

Kids Club: Closed

Playground/ Basketball/ Dog Park:

Dawn to Dusk

Tennis/ Pickleball/ Bocce: Dawn - 10:00 PM

Hours are subject to change due to CDC Guidelines for COVID-19

### **CLUBHOUSE CONTACTS:**

**HOA Website:** The Place HOA.com

Cafe Manager: Nicole Damigos ndamigos@theiconteam.com

**Racquet Sports:** Pat Glaunert pglaunert@theiconteam.com

Activities Director & Kids Club: Jennifer Nakata jnakata@theiconteam.com

Administrative Assistant: Michele Dillon mdillon@theiconteam.com

Food and Beverage: John Garcez jgarcez@theiconteam.com

EXECUTIVE CHEF: Matt St. Onge mstonge@theiconteam.com

Clubhouse: 239.317.2414

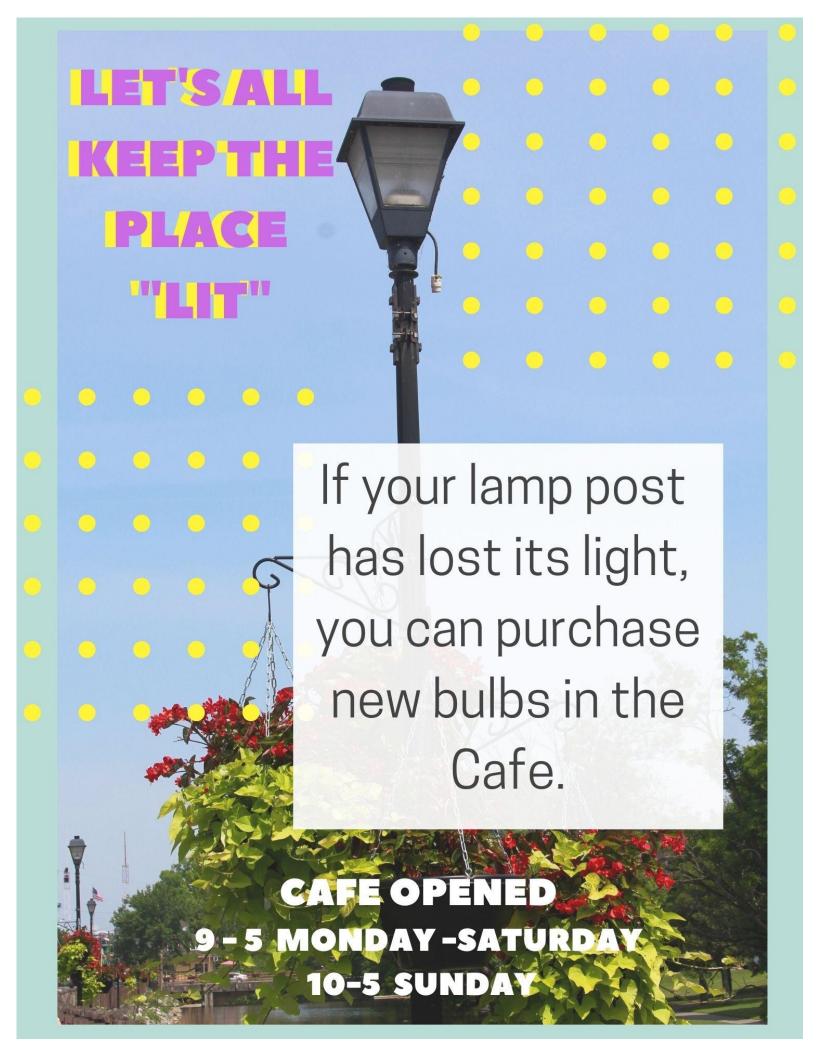
Restaurant: 239.221.8628

Cafe: 239.317.2413

A Healing Energy Massage

Jan Llerena, LMT

by appointment: 239.297.1885





# AUGUST 2020 MONTHLY FEATURES

7TH & 8TH

SHRIMP FEST 14TH & 15TH

CHEESE BURGER IN PARADISE 21ST & 22ND

ITALIAN ABBONDANZA 28TH & 29TH

CHEF INSPIRED

### **MOVEMENT ROOM & AQUATIC CLASSES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	7:00 AM REVV UP (HIIT)	8:00AM GROUP PERSONAL TRAINING	7:00 AM REVV ABS, BUNS & GUNS		
	8:00 AM PILATES		8:00 AM PILATES		
10:30 AM	9:00 AM YOGA	10:30 AM	9:00 AM YOGA	10:30 AM	9:00 AM YOGA
WATER AEROBICS		WATER AEROBICS		WATER AEROBICS	
	5:00 PM BALANCE REVV		5:00 PM REVV BOOTCAMP		

### REVV UP (HIIT): TUESDAY - 7:00 AM INSTRUCTOR: GABRIEL

HIGH INTENSITY INTERVAL STYLE TRAINING (HIIT) DESIGNED FOR MAXIMUM FAT BURN WITHIN A SHORTER TIME FRAME. PERFECT FOR ANYONE WHO WANTS RAPID FAT LOSS AND TOTAL FITNESS CONDITIONING. \$5.00 PER CLASS

### BALANCED REVV: TUESDAY - 5:00 PM INSTRUCTOR: GABRIEL

FIND THE PERFECT
BALANCE OF STRENGTH
AND STABILITY WITH THIS
TOTAL BODY WORKOUT
WHICH INCORPORATES
MOBILITY AND BALANCE
TO IMPROVE OVERALL
FITNESS LEVELS.
ENCOURAGING MOBILE
MOVEMENT THROUGHOUT
THE BODY.
\$5.00 PER CLASS

### YOGA TUESDAY, THURSDAY & SATURDAY: 9:00 AM INSTRUCTOR: JOYCE

ALL SKILL LEVELS.
YOU WILL MOVE THROUGH
SEATED AND STANDING
YOGA POSES DESIGNED TO
INCREASE FLEXIBILITY,
BALANCE, AND RANGE OF
MOVEMENT. FINISH WITH
RESTORATIVE BREATHING
EXERCISES AND FINAL
RELAXATION TO PROMOTE
REDUCED STRESS AND
MENTAL CLARITY.
BRING A YOGA MAT.

\$5.00 PER CLASS

### PILATES, STRETCH: TUESDAY & THURSDAY 8:00 AM INSTRUCTOR: LISA

VARIOUS EXERCISES
DESIGNED TO IMPROVE
PHYSICAL STRENGTH,
FLEXIBILITY AND
POSTURE. ENHANCE
MENTAL AWARENESS AND
DE-STRESS.
COME JOIN ME!
\$5.00 PER CLASS

### WATER AEROBICS: MONDAY, WEDNESDAY & FRIDAY -10:30 - 11:20 AM INSTRUCTOR: SUZANNE

BEGINNERS THROUGH EXPERIENCED WELCOME!

INCREASED MUSCLE STRENGTH, FAT LOSS AND GREATER FLEXIBILITY ARE JUST A FEW BENEFITS.

BRING NOODLE OR WATER WEIGHTS. \$5.00 PER CLASS

### GROUP PERSONAL TRAINING: WEDNESDAY, FRIDAY 8:00 AM INSTRUCTOR: LISA

FULL BODY WORKOUT FOR ALL AGES, LIGHT WEIGHTS, HIGH REPETITION, STRENGTH TRAINING. CORE WORK AND STETCHING FOR ALL LEVELS. \$5.00 PER CLASS

### REVV ABS, BUNS, AND GUNS: THURSDAY - 7:00 AM INSTRUCTOR: GABRIEL

EVERYTHING YOU NEED TO SCULPT, BUILD AND FIRM YOUR CORE, GLUTES AND ARMS. YOU WILL GAIN MUSCULAR ENDURANCE, TONE AND DEFINITION AS WELL AS EXPERIENCE AN INCREASED CALORIE BURN. \$5.00 PER CLASS

### REVV BOOTCAMP: THURSDAY - 5:00 PM INSTRUCTOR: GABRIEL

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU. \$5.00 PER CLASS

### PERSONAL TRAINER INSTRUCTOR: GABRIEL

IN THIS FULL BODY
WORKOUT, WE FOCUS ON
STRENGTH BUILDING TO
ENHANCE LEAN MUSCLE
MASS INCREASE.
METABOLISM AND CREATE
A MORE POWERFUL YOU!
CONTACT GABRIEL

917.280.9759

A Healing Energy Massage

Jan Ulerena, LMT

by appointment: 239.297.1885



# RACKET SPORTS PROGRAMS

MIDDLE SCHOOL/HIGH SCHOOL INTRO TO PICKLEBALL CLINIC TUESDAYS 1:00 PM -2:00 PM COST \$10



10 & UNDER TENNIS CLINIC: WEDNESDAYS - 10:00 AM - 11:00 AM COST \$10

SATURDAYS - 10:00 AM - 11:00 AM COST \$10

INTRO TO PICKLEBALL (ADULTS) THURSDAYS - 8:00 AM - 9:00 AM COST \$10

INTRO TO TENNIS (ADULTS)
FRIDAYS - 8:00 AM - 9:00 AM
COST \$10



PICKLEBALL SHOT OF THE WEEK (ADULTS)
SATURDAYS - 8:00 AM - 8:30 AM
NO CHARGE

TENNIS STROKE OF THE WEEK (ADULTS) SATURDAYS - 8:30 AM - 9:00 AM NO CHARGE

ADULT ROUND ROBIN TENNIS SATURDAYS - 8:30 AM - 10:00 AM NO CHARGE



TINY TOTS TENNIS CLINIC AGES 4-6 SATURDAYS 9:15 AM TO 10:00 AM COST \$10

MIDDLE SCHOOL TENNIS CLINIC SATURDAYS 11:00 AM - 12:30 PM COST \$15

YOU MUST SIGN UP ON SALIX RESERVATIONS FOR ALL PROGRAMS (INSTRUCTIONS INCLUDED BELOW)

EACH CLASS MUST HAVE A MINIMUM OF 4 PEOPLE SIGNED OR THE CLASS WILL BE CANCELLED.

EMAIL ALL QUESTIONS TO PAT AT PGLAUNERT@THEICONTEAM.COM

## SALIX RESERVATION SYSTEM

### **HOW TO CREATE AN ACCOUNT**

- 1. In your browser, go to www.salixreservations.com.
- 2. Click on "Player Signup/Login."
- 3. Click on "Create New Member Account."
- 4. Click on the down arrow at the top of the screen (it will be a blank menu with a red asterisk next to it.)
- 5. Select "Resident Member." If you are renting a home in the community, please select "Transfer Member."
- Click on the blank space next to "Facility Code" and enter tpresident.
- 7. Click in the blank next to "Find Club" and enter The Place at Corkscrew, then click "Find."
- 8. Double click the entry labeled "The Place at Corkscrew." Once highlighted in blue, click the "Next" button.
- 9. Fill out all entries to create your profile. (Any fields marked with a red asterisk are mandatory, everything else is optional.)
- 10. Optional: Click the boxes next to "Allow Email" and "Allow Text" preferences.

For any questions or concerns you may have, please contact Pat Glaunert at Pglaunert@theiconteam.com.

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The declarant, management company or the association cannot be responsible for those not practicing social distancing or for those who can potentially spread or contract the COVID-19, or any other virus by utilizing any common area components of the community. All common areas of the community are to be used at your own risk and it is recommended that you follow all CDC guidelines to protect yourselves, just as you would if you were to leave your house for any other reason (i.e.- Grocery Shopping). We do not have the staffing or resources to police the recommended social distancing practices, to sanitize common areas throughout the community or amenity campuses after each individual use, and cannot guarantee that you will not be exposed to the **COVID-19** Virus or any other germs or bacteria throughout the common areas. We will do our best to keep up with the heightened focus on cleanliness and sanitizing practices that have been adopted since this pandemic began. Even with these safeguards, there is still a risk for anyone who uses the common areas to contract the virus. Each person, homeowner, tenant, family member or guest are responsible for their own well-being, and to protect those around you by practicing good personal hygiene, proper social distancing, wearing the appropriate PPE and to stay home, selfquarantine and seek medical attention if you have any symptoms of the virus.