



Community Newsletter Fall 2019



AMENITY HOURS:

Barefoot Bar & Grill: 11:00 AM - 7:00 PM

Wednesday, Thursday, Sunday

11:00 AM - 9:00 PM Friday & Saturday

Barefoot Bar & Grill: Closed Monday & Tuesday

Bourbon Bar: 6:00 PM - 11:00 PM Friday & Saturday

Bourbon Bar: Closed Sunday - Thursday

Cafe: 9:00 AM - 6:00 PM Monday - Saturday

10:00 AM - 6:00 PM Sunday

Kids Club: Tuesday - Friday 10:00 AM - 6:00 PM

Saturday 9:00 AM - 1:00 PM

Water Slide: Closed Monday & Tuesday

11:00 AM - 6:00 PM Wednesday - Sunday

Pool Deck/ Playground/ Basketball/ Dog Park:

Dawn to Dusk

Tennis/ Pickleball/ Bocce: Dawn - 10:00 PM

Fitness Center: 24/7

Community Manager
Lynn Ross, LCAM
239.317.2414
lross@theiconteam.com

Office Hours:
9:00 AM - 5:00 PM
Monday - Friday

After hours EMERGENCY:
239.285.5462
772.233.7256

Guard House:
239.390.0180
theplaceguardhouse.west@gmail.com

CONTACTS

CLUBHOUSE CONTACTS:

HOA Website: TheplaceHOA.com

**Cafe Manager: Nicole Damigos
ndamigos@theiconteam.com**

**Racket Sports: Pat Glaunert
pglaunert@theiconteam.com**

**Activities Director & Kids Club: Jennifer Nakata
jnakata@theiconteam.com**

**Administrative Assistant: Audrey Fontaine
afontaine@theiconteam.com**

CLUBHOUSE: 239.317.2414



FOOD AND BEVERAGE DIRECTOR: Jgarcez@theiconteam.com

EXECUTIVE CHEF: MStonge@theiconteam.com

TO GO ORDERS:

239.221.8628 RESTAURANT

239.317.2413 CAFE

Full menu is on the HOA website:

TheplaceHOA.com

A Healing Energy Massage
Jan Ulerena, LMT
by appointment: 239.297.1885



SOCIAL EVENTS

SUSHI NIGHT

Thursday, September 5th 6 PM - 8 PM

CAFE

Chef's Selection of hand rolled Sushi \$35

Reservations must be confirmed
by August 29th. 239.317.2413



PAINTING AT THE PLACE

Saturday, September 7th 6 PM - 8 PM

CAFE

Open to all ages! Materials and instruction provided by
Painting with a Twist.

Reserve your spot! 239.317.2413



SOCIAL SECURITY

Thursday September 18th 6 PM

CLUBHOUSE

Free Informational Workshop



PHILIP BIXBY

Saturday, September 14th 6 PM - 10 PM

Bourbon Bar



DAVID HUNTER

Friday, September 20th 6 PM - 10 PM

BOURBON BAR



ROCKY TROP DUO

Saturday, September 21st 11 AM - 3 PM

POOLSIDE

Where Island meets Country!



JOANNE TOGATI

Saturday September 28th 12 PM - 4 PM

POOLSIDE

DISCO DAY!

HOLIDAY BAZAAR

Saturday November 2nd 2 PM - 5 PM

CLUBHOUSE

Vendors Wanted! Reserve a table. \$25
jnakata@theiconteam.com



KNITTING CLUB









Tuesdays 10 AM - 12 PM

Come meet your neighbors! Knitting, Crochet, Needlework
and Quilters welcome!



SEPTEMBER

Calendar of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Open Pickleball 9 AM	3 Knitting Club 10 AM - 12 PM 	4	5  SUSHI Night 6 PM - 8 PM	6 Open Pickleball 9 AM Juan's Mexican Fiesta After 5 PM	Painting with a Twist Cafe 6 PM - 8 PM  Juan's Mexican Fiesta After 5 PM
8	9 Open Pickleball 9 AM	10 Knitting Club 10 AM - 12 PM 	11	12	13 Open Pickleball 9 AM Hot Nights in Havana After 5 PM	14  Hot Nights in Havana After 5 PM Philip Bixby Bourbon Bar 6 PM - 10 PM
15	16 Open Pickleball 9 AM	17 Knitting Club 10 AM - 12 PM 	18 Social Security Workshop 6 PM 	19	20 Open Pickleball 9 AM Florida Cracker After 5 PM David Hunter Bourbon Bar 6 PM - 10 PM 	21 Rocky Trop Poolside 11 AM -3 PM  Florida Cracker After 5 PM
22	23 Open Pickleball 9 AM	24 Knitting Club 10 AM - 12 PM 	25	26	27 Open Pickleball 9 AM Mom's Home Style Kitchen After 5 PM	28 Joanne Togati POOLSIDE 12 PM - 4 PM DISCO DAY!  Mom's Home Style Kitchen After 5 PM
29	30 Open Pickleball 9 AM					

SEPTEMBER 6th & 7th

Juan's Mexican Fiesta



SEPTEMBER 20th & 21st

Florida Cracker

SEPTEMBER 13th & 14th

Hot Nights in Havana

Weekly
FEATURES

**SERVED
FRIDAY &
SATURDAY
AFTER 5 PM**

SEPTEMBER 27th & 28th

Mom's Home Style Kitchen

MOVEMENT ROOM & AQUATIC CLASSES

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**6:15 AM
REV UP (HIIT)**

**12:00 PM
WATER AEROBICS**

**6:30 PM
BALANCE REV**

**7:30 PM
BARRE CLASSIC**

**10:00 AM
BARRE EXPRESS**

**6:15 AM
REV ABS, BUNS &
GUNS**

**6:30 PM
REVV BOOTCAMP**

**7:30 PM
BARRE CLASSIC**

**10:00 AM
BARRE EXPRESS**

**12:00 PM
WATER AEROBICS**

**PERSONAL TRAINING
8:00 AM-10:00 AM**

**9:30 AM
BARRE CLASSIC**

**WATER AEROBICS:
TUESDAY & FRIDAY
12:00 PM
INSTRUCTOR: SUZANNE**

BEGINNERS THROUGH EXPERIENCED WELCOME!

INCREASED MUSCLE STRENGTH, FAT LOSS AND GREATER FLEXIBILITY ARE JUST A FEW BENEFITS.

BRING NOODLE OR WATER WEIGHTS.
\$5.00 PER CLASS

**BALANCED REVV
TUESDAY - 6:30PM
INSTRUCTOR: GABRIEL**

FIND THE PERFECT BALANCE OF STRENGTH AND STABILITY WITH THIS TOTAL BODY WORKOUT WHICH INCORPORATES MOBILITY AND BALANCE TO IMPROVE OVERALL FITNESS LEVELS. ENCOURAGING MOBILE MOVEMENT THROUGHOUT THE BODY.
\$5.00 PER CLASS.

**REVV BOOTCAMP
THURSDAY - 6:30PM
INSTRUCTOR: GABRIEL**

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU.
\$5.00 PER CLASS.

**PERSONAL TRAINER
INSTRUCTOR: GABRIEL
SATURDAY**

IN THIS FULL BODY WORKOUT, WE FOCUS ON STRENGTH BUILDING TO ENHANCE LEAN MUSCLE MASS, INCREASE METABOLISM, AND CREATE A MORE POWERFUL YOU.
CONTACT GABRIEL
917-280-9759

**REVV UP (HIIT)
TUESDAY - 6:15AM
INSTRUCTOR: GABRIEL**

HIGH INTENSITY INTERVAL STYLE TRAINING (HIIT) DESIGNED FOR MAXIMUM FAT BURN WITHIN A SHORTER TIME FRAME. PERFECT FOR ANYONE WHO WANTS RAPID FAT LOSS AND TOTAL FITNESS CONDITIONING. \$5.00 PER CLASS.

**REV ABS, BUNS, AND
GUNS
THURSDAY - 6:15AM
INSTRUCTOR: GABRIEL**

EVERYTHING YOU NEED TO SCULPT, BUILD AND FIRM YOUR CORE, GLUTES AND ARMS. YOU WILL GAIN MUSCULAR ENDURANCE, TONE AND DEFINITION AS WELL AS EXPERIENCE AN INCREASED CALORIE BURN.
\$5.00 PER CLASS.

**BARRE
INSTRUCTOR: ASHTON**

TUESDAY 7:30 PM CLASSIC
WEDNESDAY 10:00 AM EXPRESS
THURSDAY 7:30 PM CLASSIC
FRIDAY 10:00 AM EXPRESS
SATURDAY 9:30 AM CLASSIC

BARRE CLASSIC (60 MIN) ALL AGES AND BODY TYPES. THE METHOD IS MADE TO TRIM, TONE AND TIGHTEN YOUR ENTIRE BODY BY USING SMALL AND CONTROLLED MOVEMENTS. ISOMETRIC HOLD AND HIGH REPS. PILATES BALLS, BANDS AND LIGHT WEIGHTS ARE USED TO TARGET MUSCLE GROUPS AND EXHAUST THE MUSCLES, TO CREATE A LONG & LEAN PHYSIQUE. COME FEEL THE "BURN".

BARRE EXPRESS (45 MIN) ALSO USES PILATES BALLS, BANDS AND LIGHT WEIGHTS TO INCREASE THE "BURN" IN LESS TIME! THIS QUICK CLASS WORKS YOUR ENTIRE BODY, WITH AN EMPHASIS ON TONING THE LEGS AND GLUTES.

STICKY SOCKS (GRIP SOCKS) RECOMMENDED.

\$10.00 PER CLASS/ BUNDLE PACKAGE AVAILABLE

A Healing Energy Massage
Jan Ulerena, LMT
by appointment: 239.297.1885





TURNING 65?
CONFUSED ABOUT SOCIAL SECURITY

FREE INFORMATIONAL WORKSHOP

CONFUSED ABOUT SOCIAL SECURITY OPTIONS

- When should you Take
- How to Maximize Benefits
- How to Minimize Taxes
- Claiming Strategies for Married Couples

CONFUSED ABOUT MEDICARE OPTIONS?

- How to get Out of Advantage Plans
- What works Best for you

**SEPTEMBER 18, 2019 | 6:00 P.M.
CLUBHOUSE CONFERENCE ROOM**

SPACE IS LIMITED. PLEASE RSVP:
baronerick28@gmail.com or call 239-292-2519



TASTEBUD TRAVELS

SUSHI NIGHT IN THE CAFE

Enjoy a Chef's Selection of Hand Rolled
Sushi (\$35)

SEPTEMBER 5TH
FROM 6- 8 PM

Reservations must be affirmed by August 29th in order
to attend. Please see us at The Place Cafe or call
(239)317.2413 to purchase a ticket.



LOOKING FOR VENDORS FOR OUR

HOLIDAY BAZAAR!

CRAFTERS, SPECIALITY ITEMS, ONE OF A KIND GIFTS,
JEWELRY, SKIN CARE AND BAKED GOODS.
COME SELL YOUR ITEMS FOR THE HOLIDAY SEASON!
TABLES ARE \$25.00 EACH

NOVEMBER 2ND
2 PM - 5 PM

Contact Jennifer if you would like to reserve a table.
jnakata@theiconteam.com

BAREFOOT BAR & GRILL, BOURBON BAR



WELCOME!