

BYLINES

Bentwood Country Club
2111 Clubhouse Lane
San Angelo, Texas 76904

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Kevin Collins ~ Managing Partner, Director of Development
Patrick Bubenik ~ Clubhouse Manager

Kristi McDonald, -Accountant /Membership
Courtney Nagel-Director of Tennis
Susan Connally- Banquet Director

Brett Baylin- Head Golf Professional
Brad Fluitt-Golf Course Superintendent
Chris Glover-Bar Manager

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FITNESS CENTER OPENING SOON

BOOK YOUR HOLIDAY PARTIES CONTACT SUSAN 325-944-0520

JOIN US FOR GAME DAY HAPPY HOUR AND SPECIALS



SLAMFEST 2016 - Tennis & Pickleball

September 10-11

(Play could begin as early as Friday evening for some divisions.)



Proceeds benefit the Bentwood Post-Tension Court Project and the NewBridge Family Shelter. In order to do more for the New-Bridge Family Shelter, if you bring a donated items you will receive up to 1 "mulligan" (max of 4) in either tennis or pickleball. Items include paper plates, toiletries, toilet paper.

TENNIS DIVISIONS

Mixed Doubles: 6.0, 6.5, 7.0, 8.0 \$200 per team

Due to the construction and court project we are just having an amateur event this year. Cold beer and Lunch will be provided each day and Saturday evening we will have a player social poolside. Entry also included T-shirt.

PICKLEBALL DIVISION: Sunday Sept 11. 2-5 PM

Winner Stay, Losers Split! New format of doubles play with a Compass Draw. 16 Players max

Players will be pared with partner or they may sign up with one. Winners will move on together and losers will split up and play with a different partner each round. Winning team is the team who stayed together all matches..

\$30 includes lunch and t-shirt.



Congrats to our 2.5 Ladies team who won Texas Sectionals in Aug! Casi Halfmann, Jenna Barnes, Miranda Houser, Liz Albert, Jen Herring
Good luck at Nationals, Ladies!



Congrats to 4.0 Team for winning Little State in Aug and Bentwood Members: Jennifer Sandquist, Emilee Brinlee, Tish Taylor and Deb Melott!

BYLINES

SEPTEMBER 2016

A PUBLICATION OF BENTWOOD COUNTRY CLUB

Labor Day Scramble

Monday September 5th

10:00 am Shot Gun Start

4 Person Scramble, Gross & Net Winners

Make your own team or let the golf shop pair you up!

\$35 for Members, \$55 for Guests.

Entry fee Includes a complimentary Bloody Mary Bar and prizes for the winning teams.

Mulligans available for purchase at registration

Deadline is Sunday September 4th at 5pm

Remaining Pool Hours

Closed week of Aug 29-Sept 1
Open Fri Sept 2 at 4:00pm-9:00pm
Sat. Sept 3 10:30am-9:00pm
Sunday Sept 4 1:00pm-8:30pm

Monday Labor Day Sept 5 10:30am-8:30pm

Sept 6 Pool Closed until next summer.

Join us Labor Day Poolside!

Games, starting at 2pm!

Join us for the coin toss, races and splash contests!

Poolside Burger Bar 12:00pm-5:00pm

The Clubhouse & Golf Course will be closed, Tuesday, Sept 6.

Tennis News

Bentwood Tennis 2016 Fall Junior Lesson Programming

JR. TENNIS LESSONS with QuickStart!

Junior Tennis Lessons are designed for the beginner to intermediate-level junior tennis players ages 5-12 years. Participants can expect to learn basic stroke mechanics, coordination skills, keeping score, match-play, etc. This group teaches the FUNdamentals while keeping the kids entertained with fun and games. We use the USTA's popular Quick-Start curriculum which scales down the court and uses pressure-less balls so kids can actually learn what it means to play tennis! Groups are structured by the ball type/court size, red ball, orange ball and green dot ball to coincide with the USTA Quickstart program. This better develops the players and during the groups they will be asked at time to be mentors to the younger players and get the opportunity to be challenged by the older players/ball type.

When: Mondays &/or Wednesdays

Little Lobbers (red ball) Ages 5-7 - 4:00-5:00p

Ragin' Rackets (orange ball): Ages 8-10 - 4:30-5:30pm

Jr. Competition Group (green dot ball): Ages 10+ - 5:00pm

Signup is 7 days in advance:

Cost: 1 day/wk \$50men/\$70non monthly, 2 days a week \$90men/\$120 non monthly

Walk-up \$15/mem/day,\$18/non/day

Minimum of 3 kids for class to make.

FMI or to sign up contact: 949-1534 or zack@bentwoodtennis.com / courtney@bentwoodtennis.com

Prep ACADEMY Group: Tues & Thurs 5:00-6:00.

Pro: Jason Hufford 10sprep@gmail.com

This group is for the competitive Zat Player. Must talk to Pro to get into Class. Advanced sign up is required. After deadline, drop-in rate applies. Deadline is the 25th of the month prior.

2 Days a week: \$135 / \$145 monthly

1 Day a week: \$75 / \$90 monthly

Drop in \$20 / \$25 daily rate

ACADEMY Group: Tues & Thurs 5:30-7:00. This group is for the competitive middle and high school players. We will drill fundamentals as well as have situational and match play. Must talk to pro to get into class. Contact Kaysie to sign up at kaysie.bentwood@gmail.com. Advanced sign up is required. After deadline, drop-in rate applies. Deadline is the 25th of the month prior. Min of 3 kids for the class to make.

2 Days a week: \$135member / \$145 non mem monthly

1 Day a week: \$75 / \$90 non mem monthly

Drop in \$20 / non mem \$25 daily rate

ATTENDANCE POLICY for all Groups: In order to keep the groups well structured we will be asking for monthly sign-up and payment at the beginning of the month. There will be an additional charge for walk-ups. In the case of child's absence, if the staff is informed 24-hours in advance, make-ups will be permitted. In the case of rain, extreme weather, illness make-ups can transfer to the next session with pro approval. If you have any questions about our groups, their new structure and pricing please don't hesitate to contact one of the pros.

FMI or to Sign up contact us at 325-949-1534 or by email.

Bentwood Fall Junior Singles Ladder Sept 1st - Dec 31st Cost \$25

Please talk to any of our tennis pros for more information and how the ladder helps your tennis. The ladder is run through a phone ap. FMI or to sign up email Jason at 10sprep@gmail.com. Send him your email and cell # so he can help get you set up with the ap. *What you put in is what you get out!*

Fitness News

Bentwood Fitness Center to Open in October 2016!

The Fitness Center is nearing completion as construction moves to the interior. Our 3,000 sq. ft. fitness center will have top-of-the line strength, functional and cardio equipment by Precor. We will also have a studio for group and specialty classes such as all levels of boot camps, yoga, step, glut & core & sports camps. Personal Trainers are available for hire one-on-one or small group sessions and for personal fitness assessment. Come meet our qualified trainers who will design a program *fit* for you. Our goal is to create a personable intimate setting where everyone feels comfortable obtaining their fitness goals.

Class specifics and Gym rules coming in the next newsletter!

Members 14 years of age or older will be allowed in the gym. Children under 14 years of age will be allowed in the fitness with a parent or trainer.

Members who wish to use the Fitness Center will be asked to sign a Release Form which will be available at the desk and gym entry.

Access to the Fitness Center will be by member number entered on a key pad entry.

Hours of Operation:

Monday-Friday 6am-9pm

Saturday 7am-7pm

Sunday 11am-5pm

"Bentwood Prime Access" is available for \$15/month for 24-hours access.

Our restrooms include a shower and lockers. Locks can be checked out at the desk for a refundable \$10 deposit. Towels will be available.

Non-member Guests will be allowed to use the facility for a fee. \$20 non-member, \$15member accompanied, \$10 out-of-town guest. Limited to once time per month up to six times a year.

Watch the E-News as October nears for details about our Grand Opening Event and 5K Kick-off Run along the golf course with finish at the Fitness Center!



Golf News

Fitness News

Bentwood Welcome's our Fitness Staff!

Golf Shop Hours

Due to Daylight Savings time, the golf shop hours have changed.

Monday: Closed

Tuesday - Sunday: 7:00am - 7:00pm

ATTENTION: Please keep in mind the golf course is closed on Monday's for any and all play excluding tournaments and specified holidays.

September Tournaments

- September 5th: Labor Day Scramble
- September 6th: CLOSED
- September 12th: Homebuilders Association
- September 19th: Tee off for TaTa's

Tee Time Policy

Tee times may only be made up to 3 days prior starting at 8am.

REMINDER: If you're not going to use your scheduled tee times, please cancel at least 24 hours in advance

REMINDER

Please adhere to the dress code at all times while on the golf course. Collared shirts are required for all golfers.

2016 Bentwood Club Championship September 30th - October 2nd

Men's Division

- *Championship Flight*
- *Men's White Tee Flight*
- *Men's Senior White Tee Flight (55 & older)*
- *Men's Senior Green Tee Flight (70 & older)*

Women's Division

- *Championship Flight*
- *Women's Senior Flight*



 ★ **Jimmy Yarbrough: Hole in One at** ★
 ★ **San Angelo Country Club Hole #6** ★

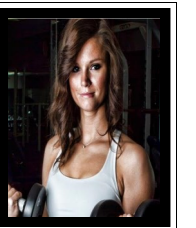
Eva Freeman, Fitness Director & Personal Trainer

Bentwood would like to welcome Eva Freeman as our new Fitness Director. Eva has over 30 years of experience in the fitness industry. She and her husband were the former owners of Power Shack Gym. She has experience working with athletes, general population, and seniors. Eva has certifications with NASM, TRX, LesMills Combat and Rpm. She also has her kinesiology degree from Angelo State University, where she played volleyball for the Rams.



Cressie McClatchy, Personal Trainer

Cressie is a SCW Certified Personal Trainer, who specializes in weight-loss, and full body toning, along with balance and flexibility. She also holds Certifications as a Tabata Boot Camp Trainer, YogaFit Instructor and LesMills BodyPump. She loves what she does and is passionate about helping you become a stronger healthier version of yourself.



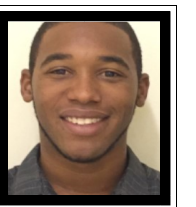
Darci Weaver, Personal Trainer

With over eight years of group fitness and personal training experience along with a Master of Science degree in Health and Human Performance, health and fitness is without a doubt Darci's passion. She is committed to programming the road map to achieve your fitness goals while ensuring safety, progression and fun. As a Mom, I understand the value of overall wellness in order to feel and do your best.



Trae Davis, Personal Trainer

Trae is a former baseball player at Angelo State University who understands what it takes to be an athlete. His two passions in life are fitness and helping others. He believes that fitness is life and life is fitness.



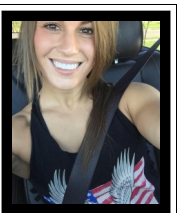
Neil Gowan, Golf Professional & TPI Certified Trainer

Many of you know Neil as our golf professional from England. But did you know that Neil graduated from College of Charleston SC with a BSc in Exercise Science? His passion for not only competing but expanding his already considerable knowledge of the game, led him to enroll with the Titleist Performance Institute where he is 3 time certified to include Golf Coach, Fitness and Mechanics. TPI does not believe in one way to swing a club, rather in an infinite number of swing styles. But, we do believe there is one efficient way for every player to swing and it is based on what the player can physically do. His qualifications awarded from both PGA & TPI coupled with years of competing at a good standard enable him to understand every requirement, technically, physically or mentally to work with players of all ages and abilities



Lauren Gordon and I'm a Certified Personal Trainer and Level 1 CrossFit Coach

Lauren is currently attending Angelo State University earning my Bachelors in Exercise Science and minoring in Biology/Psychology. My background in fitness is very broad and specializes in HIIT, speed, strength, recovery/rehabilitation, Olympic lifting, yoga/flexibility, and gymnastics. I've had the privilege to train a variety of ages that were all at a different level of physical shape in their fitness journey. It has been the best and rewarding feeling to help my clients reach their full fitness potential. Together we will help transform your quality of life through active participation in regular fitness actives and personalized fitness programs to help reach your health goals and make them a reality in a caring, fun, dynamic environment.



Tennis News

New Tennis Lesson Rates

Kevin Collins
 30 minute lessons - Member - \$42
 45 minute lessons - Member - \$65
 One Hour lesson - Member - \$77

Courtney Nagel & Kaysie Smashey
 Private Member - \$35, Non - \$40
 Private Member - \$50, Non - \$57
 Private member - \$65, Non - \$75

Jason Hufford
 45 minute lessons - Member - \$37, Non - \$45
 One Hour lesson - Member - \$49, Non - \$59
 30 minute lessons - Member - \$34 Non - \$33

Zack Johnson
 30 minute lessons - Member - \$27 Non - \$33
 45 minute lessons - Member - \$47 Non - \$45
 One Hour lesson - Member - \$60 Non - \$59
 Groups of 2-6 people: \$72 (members)
 Groups of 7+ \$10 per person

Upcoming events:

Sept 10-11: Slamfest

Oct 1: Pickleball Club Championships

Oct 8: San Angelo Challenger

Nov 5: Pickleball Pro-Am

Nov 6: Divorce Court Mixer

Nov 12-13: San Angelo Challenger

Member Network Directory



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Pickleball News

Pickleball Club Championship

Saturday Oct 1st

Start finding your partner for Men's, Women's A & B, & Mixed Doubles. Entry Fee is \$30 per person per event. Must sign up with a partner. Winning team in each division will receive their own parking space by the pickleball courts as well as an invitation to the champions dinner. Matches could be played on Friday evening, depending on draw size.

Pickleball Leagues:

Intermediate/ Advanced Levels: Tuesday nights: 6:30/ 7:15 pm

Starter/ Novice Levels: Wednesday nights: 6:30 pm

Men's Under 50 League is back starting Sept 22 7:00pm for 6 weeks!

32 players max so call early to sign up, but subs will be needed. \$15members, \$35 non-members. Demos available if needed.

Contact Zack Johnson to sign up zackjohnson725@gmail.com or 949-1534 Tennis Shop.

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(same ad as August)

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Bentwood Dining

BARONS WINERY WINE DINNER

Wednesday, September 21st

Reception: 6:30 p.m.

Dinner: 7:00 p.m.

More details coming soon



Reserve a room for your Holiday parties

Secure the perfect date for your upcoming event in our newly renovated club house!

We have added a new meeting room, updated our dining areas, private rooms available for any size party, and our culinary team has created exquisite dining menus for any taste!

Contact Susan Connally to coordinate the details for your event at 325-944-0520 or bentwoodevents@gmail.com

Kids Eat Free

Every Thursday 5 PM-8 PM

One child (12 & under) per paying adult

Reverse Happy Hour on Sunday's from 11am-2pm!

Bloody Mary's, Screwdrivers & Mimosas

POT O'GOLD

Don't miss the fun on Wednesday Nights!

The Money Pot will increase each week depending on participants at the drawing time. Have dinner at the Club during Pot O'Gold, be present at the drawing and YOU could be the lucky member to win credit on their account! Each week is a different themed buffet or you are welcome to order from the Casual Dining Menu!

POT O'GOLD dining will be in the Live Oak Veranda
Watch E-News and Facebook for weekly menus!
Reservations Recommended, 325-944-0520
Additional prizes each week for our 'reserved' guests!

Enjoy the outside patio with live music
every other Friday!

Check the E-News for dates,
performers & drink specials.



NEW Soup & Salad Buffet!

Looking for a quick healthy lunch?

Bentwood is now providing a soup
and salad buffet Tues-
day-Friday from 11am-2pm!.

Come try out our chef mood inspired soup of
the day, and assorted salads!

Hours of Operation:

Monday- Closed

Tuesday - 11 AM- 5PM

Bar- 11AM-7PM

Wednesday-Saturday- 11 AM- 9PM



Hours continued....

Sunday

Breakfast 9:00AM- 2 PM

Brunch 11AM- 2 PM

Regular Menu Service 2pm-7pm