

BYLINES

Bentwood Country Club
2111 Clubhouse Lane
San Angelo, Texas 76904

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Kevin Collins ~ Managing Partner, Director of Development

Susan Connally-Clubhouse Manager
Jason Bailey- Restaurant Manager
Chris Glover-Bar Manager
Kristi McDonald -Accountant /Membership
Stephanie Alexander- Marketing/Communications

Courtney Nagel-Director of Tennis
Eva Freeman- Fitness Director
Brad Fluitt-Golf Course Superintendent
Brett Baylin- Head Golf Professional

Like us on Facebook & Follow us on Instagram www.bentwoodcc.com

Clubhouse 944-0520 Golf Shop 944-8575 Fitness/Tennis Center 949-1534

BYLINES

ISSUE ONE (FEBRUARY MARCH, APRIL)

BENTWOOD COUNTRY CLUB





BENTWOOD PERSONAL TRAINING

FITNESS!

YOU NEED OUR HELP!

ABOUT OUR FITNESS CENTER

Complete line of Precor machine and free weight equipment. Variety of functional and Cardio equipment. What is even better is our National Certified Personal Trainers that want to help you reach your personal fitness goals!!!

WHAT WE OFFER

We have various packages you can choose from. One on one or group training! Take advantage of hiring a personal trainer to help you: be accountable, reach goals, keep you motivated, educate you on various fitness methods, nutrition. Make an investment in you fitness.





GAMES

GAMES, FUN, PRIZES!

WEDNESDAY NIGHTS!

6 P.M.

BENTWOOD COUNTRY CLUB
AMEN CORNER





Managers Corner

I wanted to take a moment and first wish everyone a happy new year and I hope everyone has a wonderful and prosperous 2017. Going forward I plan to keep the members informed by posting a management column in the e-news and bylines. This report will hopefully keep everyone informed and up to date on the goings on at our club. In the last 90 days, we have transformed many of the procedures in our club. We have gone green and paperless with 90% of our communication and billing to be more efficient and environmentally sound. In addition, we have undergone a complete accounting department restructure. We appreciate your patience as we have undergone these various changes to our club to more efficiently run the club.

I wanted to make everyone aware of whom the go to people are regarding our club operations as we have made some changes. In the Golf Department Brad Fluitt is the Department Head for both Golf Operations and Golf Course Maintenance. Courtney Nagel will be serving as the head of the Tennis/Fitness/Pool Department. Susan Connolly will be serving as our Clubhouse Manager and I will serve as the overall manager and ownership representative for the Club and Housing Development. I know that through this transition that many members are eager to know where the buck stops and I want you to know that it stops with me. Please feel free to contact me at anytime with concerns or ideas related to our club as my door is open and I welcome all ideas to make our club the best it can be.

We have been through over three years of construction and upgrades and are looking forward to 2017 being a year with new structure, goals and a fabulous facility for all to be proud of. In 2016 we built our fitness center including the "Courtside Bar & Grill", rebuilt our tennis courts, and received a new roof and air conditioners for the Clubhouse. In this final phase, we will complete our kid fun zone. We appreciate your patience regarding all this construction and hope you are as excited about what these upgrades bring to our club.

In the first quarter of this year we plan to repair the pickleball courts and to start our last phase at the tennis/fitness area. The "Fun Zone" will have a full play set for small children, a 40-yard football/soccer field, full size volleyball court, half court basketball and an outdoor fitness training area. We are planning activities for children of all ages and their family in our new kid's "Fun Zone" for the summer. There has been a long range comprehensive operational and capital improvement plan put together to continue to improve the club experience with planned improvements scheduled every year.

In addition, we are planning a new menu and a full slate of events at the new pool cabana. There has been interest in forming a House Committee for those members interested, look to future E-news for more information and options to get involved.

We are extremely excited for the future of the club and new amenities we will be adding. We truly believe that we will have the finest club facility in West Texas and look forward to serving your club needs.

Sincerely,

Kevin Collins
Managing Partner
Bentwood CC LLC



Member Guest Day

Every Thursday
50% off guest fees for
Tennis, Golf & Fitness

**NOW hiring lifeguards for
Summer 2017 (Red Cross
Lifeguard Certification need-
ed) Contact: Bryce Zak
(Pool Manager)
bzakbentwood@gmail.com**



Events

February 5– Super Bowl Games
February 14– Valentines PNO
February 15– Daddy/Daughter Dance
March 14-17– GTF Camp (Spring Break)
March 17– St. Patrick's Day party
April 16– Easter Egg Hunt



BENTWOOD PGA JUNIOR LEAGUE

WHEN?
Starting the week of April 1st

WHERE?
Bentwood Country Club.

WHAT DO I GET FROM THE PROGRAM?

- Biweekly team practice for one hour
- Two team scramble matches per month

HOW MUCH?
Monthly Charges
Open to full and social members \$300!!

HOW LONG IS THE PROGRAM?
April 1st - July 31st

WHAT DO I LEARN?

- Rules & Etiquette
- Grip, Stance & Alignment
- Drive, Chip & Putt
- Scorekeeping
- Tournament play
- Drill & Games to better your game
- Make new friends and enjoy golf

TO SIGN UP OR ASK FURTHER QUESTIONS CONTACT
BENTWOOD COUNTRY CLUB
(325) 944 8575
DIRECTOR OF INSTRUCTION
NEIL GOWAN
Email: neilgowangolf@gmail.com
Cell: (843) 303 4434



Hours of Operation

Monday- Closed
 Tuesday 11 AM-5PM
 Bar 11 AM-7PM
 Wednesday-Saturday
 11 AM- 9PM

Kids Eat Free

Every Thursday 5 PM-8 PM
 One child (12 & under) per paying adult

Be sure and make your Valentines Reservations!

Fried Green Tomato
 House Salad
 Bone-in-Rib Eye
 Duchess Potatoes
 Asparagus Wrapped in Bacon
 Crème Brulee Cheesecake
 \$50 per person

Events

February 5-Super Bowl
 February 14-Champagne Dinner
 February 15-Daddy/Daughter Dance
 March 15- Pot of Gold Starts
 March 17- St. Patrick's Day
 April 16- Easter Brunch/
 Easter Egg Hunt

Wednesday- Game Night
 Friday- Specials
 Sunday Brunch

Hours continued...

Sunday
 Breakfast 9:00AM- 2 PM
 Brunch 11AM- 2 PM
 Regular Menu Service
 2pm-7pm

Happy Hour takes place
 daily at Amen Corner and
 is the perfect time to meet
 other members and
 gather with friends.
 Daily 4-6pm

Watch E-News for Menus & Specials

Members, don't forget to stop by the club during your Birthday Month to receive your **FREE** dessert!
 (Let us know if yours or your spouses birthday does not appear in the E-News)

Reserve a room for your Lunches, Meetings & Parties!

Booking 2017 events now!

We have added a new meeting room, updated our dining areas, private rooms available for any size party, and our culinary team has created exquisite dining menus for any taste!

Contact Susan Connally to coordinate the details for your event at 325-944-0520 or bentwood-events@gmail.com

Fitness Center & Bar Area now available to reserve for your birthday parties, company parties or reunions.
 Now offering Childcare for large Events.

Valentine's Day
Champagne Dinner
February 14th 2017
6PM-9PM
BENTWOOD COUNTRY CLUB
 BALLROOM
 Chocolate Strawberries
 Four Course Meal
 Call for Reservations
 Parents Night Out available for this event
 PM or to sign up Call: (325) 944-0520

BENTWOOD COUNTRY CLUB
ST. PATRICKS DAY
DINNER & DESSERT
FRI MARCH 17TH
6 P.M. GREEN BEER
 Irish Stew
 Corned Beef & Cabbage
 Herb Butter Potatoes
 Black & Tan Pork w/ spicy Ale Sauce
 Bailey's Irish Creme Chocolate pudding

DRY CLEAN SUPER CENTER

Free Home/Office Pickup & Delivery.

Laundry & Dry Cleaning, Boot & Shoe Repair, Comforters & Spreads,
 Leathers & Suedes, Alterations, Lawn & Patio Cushion Cleaning

Sign up now for pickup & deliver and receive 10% off your cleaning for 60 days!

BENTWOOD COUNTRY CLUB LIFE
 Bentwood Country Club
 (325) 944-0520
 www.BENTWOODCC.COM
GOURMET TO-GO
 Bentwood Country Club offers complimentary delivery within Bentwood Estates!
 \$25 minimum purchase or order it to go and pick it up!
 Call us for your next Pizza delivery!

BENTWOOD COUNTRY CLUB
Daddy Daughter Dance
MARDI GRAS
A night to remember
FEBRUARY 15TH 2017
6PM-830PM
BENTWOOD COUNTRY CLUB BALLROOM
 Kid's Chicken Strip Buffet \$7
 Dad's Chicken Fried Steaks \$14.5
DI PHOTOS DINNER BUFFET

Did you know? 10 Early Signs & Symptoms of Alzheimer's
 1. Memory Loss that Disrupts Daily Life

NEWHAVEN Assisted Living & Memory Care

"When staying at home isn't an option, come home to New Haven"
 Tour Today! Contact Jayne 325-227-4748
 www.newhavenassistedliving.com



GOLF



Golf Shop Hours

Monday: Closed
Tuesday - Sunday:
7:00am - 6:00pm
(Will Return to 7am-7pm,
after Daylight Savings)

ATTENTION: Please keep
in mind the golf course is
closed on Monday's for any
and all play excluding
tournaments and specified
holidays.

325-944-8575

Beverage Cart

Friday - Sunday
10:00am - 4:00pm
After Daylight Savings:
Tuesday - Sunday
10:00am - 4:00pm

Please make drink &
food arrangements
prior to teeing off or at
the turn.



2016 Club Champions

Golf Events

February 1- Jr. Golf League Begins
February 4- SAISD Girls Tournament
February 20- Golf Course Open/Shop Closed
March 4- MGA Playday & Callaway Demo Day
March 10- SAISD Boys Tournament
March 14-17- Golf, Tennis & Fitness Camp
March 20- Blackwell ISD Tournament
March 20/21- YMCA (Pro's Only)
March 22- Christoval HS Tournament
March 27- Ozona District
March 30- Texas Dual Kick-Off
April 1- Jr. Sneaks & Cleats
April 8- MGA Playday
April 10- Tre-Pac Tournament
April 20- Texas Dual Qualifier
April 22- Concho Pearl (LGA) & Ping Demo Day
April 24/25- UIL Regional
April 28- Wounded Warriors Tournament



Golf Men's Sr Green
Tee division:
J.D. Cook



Golf Men's Overall
Champion:
Murry Carson



Golf Men's Sr. White
Tee Division:
Dwain Custer

Tee Time Policy

Tee times may only be made up
to 3 days prior starting at 8am.

REMINDER: Please cancel at-
least 24 hours in advance

Junior Sneaks and Cleats

Saturday, April 1st
6pm-9pm
Tennis, Golf, and pizza!
This has become an annual
classic for the kids. We meet at
the tennis courts and then swarm
to the golf course for some night
golf. \$30 member, \$40 non
Contact Kaysie to sign up.

DEMO-DAY'S

March 4- 9:30-3:00



April 22- 10:00-2:00



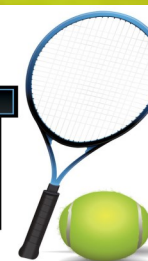
Golf Champions not Pictured:

Women's Lady's Sr.
Gail Stillwell

Women's Overall
Lana Mott

Men's White Tee Division
Jerry Ramirez

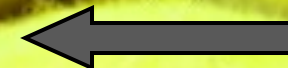
TENNIS



Tennis Shop

(325) 949-1534

Kaysie.bentwood@gmail.com
Courtney.bentwood@gmail.com
Zackjohnson725@gmail.com
Jason at 10sprep@gmail.com



High School Tennis Workout

Get your game ready for the
upcoming spring season with a high
school level, 2 hour workout every
Sunday in Feb. Come knock the
rust off and get back into tennis
shape. Workouts will include:

- Intense Drilling
- Live Ball Hitting
- Match Play

Dates: Feb. 5th, 12th, 19th, 26th
Time: 2:00-4:00pm

Price: \$25 a week/\$80 all 4
For more information contact Zack
zackjohnson725@gmail.com
325-234-8126

St. Patrick's Day Dink & Drink!

Friday Mar 17
6:30-8pm

\$5/mem, \$10/non

Adults, join us for social tennis
and happy hour.

Better wear green when you play or
you'll get pegged! Drink specials
available. Drop your kids at the
Kids Klub and come play before
heading to the Clubhouse for more
fun St. Patty's day activities!

Tennis Events

February 4- World Team Tennis Mixer
February 18- Kids Interclub w/ Odessa
March 14-17- Golf, Tennis & Fitness Camp
March 17- St. Patrick's Day Dink and Drink
April 1- Jr. Sneaks & Cleats
April 17- UIL Regionals
April 22- Jr. Sneaks and Cleats
April 28-30- Adult Major Zone
May 13- Adult/Child Tournament

Club League, Spring 2017 Lesson Programming, and Tennis
Summer Camp information on the next page!

2016 Champions



Boys 18U: Sullivan Henson



Mixed 7.0: Kathlenn
Pfluger & Troy Jenike
(Chase Burton s
tanding in for Jenike)



Girls 15U:
Natalie Pfluger



Men's 4.0 Doubles: Chase
Bruton & James McDuffie
(not pictured)



Women's 3.5 Doubles:
Allison Bright & Lara Slaughter



Girls 10U: 1st Avery Jameson
2nd Adithi Poderalla



Women's 3.0 Doubles:
Jill Haddad & Brenda Adams

Not Pictured:
Boys 10U: Reed Noble
Girls 13U: Amory Fly



Men's 4.0+ : Clay Mundell
& Jonathan Runion



World Team Tennis Showdown

Saturday Feb 4th
1-4pm.

Most competitive mixer of the year
and fun for all levels. Get your
competitive hats on and your
rackets re-gripped. Teams consist
of 2 women and 2 men. Each
player on a team will play two
events....singles, mixed doubles, or
doubles. Each team will compete
in a draw to advance through the
tournament. WTT rules will apply
such as playing lets on the serve
and first to 5 games in scoring with
a tie breaker at 4 games all
(tiebreaker being first to 5 points
wins; if 4 all, then sudden death
point). \$30mem/\$40non. To sign
up contact Kaysie

San Angelo Adult Major Zone Tennis Tournament

April 28-30

San Angelo's only USTA
sanctioned adult event.
Register online at usta.com.
NTRP levels of singles,
doubles, & mixed.
Sponsorship opportunities
available.

ATTENTION: Tee Times do not start each day until **8:00am**. This allows our maintenance staff to prep the course each morning. Thank you for understanding. Tee times may only be made up to 3 days in advance.

GUEST POLICY: In our effort to maintain membership value, the need for our courts & facility to be repaired, and an increasing amount of guest play, we are enforcing our guest policy of guests being allowed to play 12 times a year (not including Club leagues, tournaments, or USTA leagues) along with a \$10 guest fee. Please register your guests in the shop prior to playing.

Club Leagues in full Swing!

If you are interested in playing in a club Tennis league, please contact Kaysie at kaysie.bentwood@gmail.com or the tennis shop at 949-1534.

Women's Tennis Leagues:

Tuesday morning 4.0 Ladies: 9:00-finished

Tuesday night All Level: 6:30pm-finished

Wed. morning 3.5-4.0 League: 9:15am-finished

Friday morning 2.5, 3.0, 3.5 League: 9:15am-finished

Men's Leagues:

Thursday night All Levels: 7:00pm-finished

All levels are welcome. For more info please email Zack at zackjohnson725@gmail.com or call the Tennis Shop.

Bentwood Tennis Spring 2017 Lesson Programming

JR. TENNIS LESSONS with QuickStart! Please contact the Pros to find the group that is right for you! 949-1534

Junior Tennis Lessons are designed for the beginner to intermediate-level junior tennis players ages 5-12 years. Participants can expect to learn basic stroke mechanics, coordination skills, keeping score, match-play, etc. This group teaches the FUNdamentals while keeping the kids entertained with fun and games. We use the USTA's popular QuickStart curriculum which scales down the court and uses pressure-less balls so kids can actually learn what it means to play tennis! Groups are structured by the ball type/court size, red ball, orange ball and green dot ball to coincide with the USTA Quickstart program. This better develops the players and during the groups they will be asked at time to be mentors to the younger players and get the opportunity to be challenged by the older players/ball type.

When: Mondays &/or Wednesdays

Little Lobbers (red ball) Ages 5-7 - 4:00-5:00p

Cost: 1day/wk \$50men/\$60non monthly, 2days/wk \$90men/\$110/non monthly

Walk-up \$15/mem/day,\$18/non/day

Ragin' Rackets (orange ball): Ages 8-10 - 4:30-5:30pm

Jr. Competition Group (green dot ball): Ages 10+ 5:00-6:00pm

Cost: 1day/wk \$55men/\$65non monthly, 2days/wk \$95men/\$115/non monthly

Walk-up \$15/mem/day,\$18/non/day

Signup is 7 days in advance. Minimum of 3 kids for class to make.

FMI or to sign up contact: 949-1534 or zackjohnson725@gmail.com or courtney.bentwood@gmail.com

Prep ACADEMY Group: Tues & Thurs 5:30-7:00.

Pro in charge: Jason Hufford 10sprep@gmail.com

This group is for the competitive Challenge level players (ages 9-13). Must talk to Pro to get into Class.

Advanced sign up is required. After deadline, drop-in rate applies. Deadline is the 25th of the month prior. (Ex.Sept 6-30, deadline is Jan 25th)

2 Days a week \$140 / \$150 monthly

1 Day a week \$80 / \$95 monthly

Drop in \$20 / \$25 daily rate

ACADEMY Group: Tues & Thurs 5:30-7:00. This group is for the qualified middle school and/or high school players. We will drill fundamentals as well as have situational and match play. Must talk to Pro to get into Class.

Contact Kaysie to sign up kaysie.bentwood@gmail.com

Sign up deadline 7 days in advance (min of 4 kids for the class to make.)

2 Days a week: \$140member / \$150non mem monthly

1 Day a week: \$80 / \$95 monthly

Drop in \$20 / \$25 daily rate

Saturday Morning Informal Junior Practice

This spring we will have Saturday informal practice starting at 10 am. We want to encourage all of our kids from Orange Ball and Up to come out and get some match play in. Cost is free to all students signed up for the monthly tennis program & \$10 a month for everyone else. We will have someone on staff around to put kids on courts, assign matches and answer questions that might come up in a match. Therefore weekly sign up is required and will be online. We will keep track of matches played using a program called Global Tennis Network. To get started and get an online account for Sat. sign up and ladder play email Jason at 10sprep@gmail.com.

Bentwood Tennis - Summer Camps 2017

GOLF, TENNIS & SWIM (GTS)

GTS Camp is Bentwood's most popular camp! This is a fun and exciting camp for beginner to intermediate level golf and tennis players from the ages of 5 to 12 years old. Participants can expect to learn basic skills in tennis and golf from our professional staff in the first two and a half hours, then finish up at the pool with lunch, which is included in the camp cost, and a non-instructional fun swim for the last hour. **When:** Tuesdays through Fridays, 9:00am-1:00pm

Session 1: June 20-23, II: July 25-28, III: August 8-11 **Cost:** \$120mem/\$140non per session

LITTLE LOBBERS CAMP

Designed for the beginner to intermediate-level junior tennis players ages 5-7 years old. Participants can expect to learn basic stroke mechanics, coordination skills, scoring and some rally play. This camp teaches the FUNdamentals while keeping the kids entertained with fun and games. The kids' groups and curriculum will be based on age and ability.

When: Tuesdays-Fridays only, 9:00-11:00am

June 6-9, June 13-16, June 27-30, July 18-21, August 1-4 **Cost:** \$75/mem, \$90/non per session

July 27-30- Optional add on Activity Camp 11 AM-1 PM, includes lunch, \$120 mem/\$140 non

JR. COMPETITION CAMP

Ages 8-13 & beginner & new tourney players/middle school. This camp will be for our elementary-age and middle school kids who have the desire to play tennis matches. Players will be grouped based on skill level. This 3 hour camp will be a more intensive workout than the Little Lobbers by providing the technical drills, situational and match play necessary to teach kids how to be competitive players who can rally and play.

When: Tuesdays-Fridays only, 9:00-12:00

June 6-9, June 13-16, June 27-30, July 18-21, August 1-4 **Cost:** \$110/mem, \$130/non per session

July 27-30- Optional add on Activity Camp 11 AM-1 PM, includes lunch, \$120 mem/\$140 non

May30-June2 – PreChallenger Camp for the 10's tournament players

ALL SPORTS CAMP

(Ages 5-12) Introductory Tennis, Volleyball, Basketball, Field games with lunch included.

When: Tuesday- Friday 9:00 AM- 1:00 PM

June 27-30, July 11-14

Cost: \$120/mem, \$140 non/mem

PREP ACADEMY

(Ages 9-13, Challenger Level tournament players)

This camp is structured around weekly concepts to prepare each player for life lessons and their tennis game through fun, drills & match play. Throughout the summer we will learn how lead by example, communicate and be respectful to our fellow tennis players and the game of tennis. They will learn how to complete goals and think for themselves. Must apply to get in. Talk to Jason today for more info and to apply.

When: Tuesdays – Fridays 1:00 – 4:00 PM

May 30-Jun 2, June 6-9, June13-16, June 20-23, June 27-30, July 11-14, July 18-21, July 25-28, Aug 1-4, Aug 8-11

Cost: \$110/mem/week, \$130/non mem/week

ACADEMY

(Qualified Tournament Players/middle-high school age)

This is our top level competition camp for our middle school, high school and qualified players based upon pro approval. This camp is structured around weekly concepts with the technical courts and situational-play designed specifically for those concepts, and match play. In the modern game, you can't be competitive without fitness so we have certified trainers from WTSWI do tennis specific conditioning daily. PC=Pre Challenger Camp

When: Tuesdays – Fridays 1:00 – 4:00 PM

Cost: \$115/mem/week, \$125/non mem/week

PC-May 30-Jun 2, June 6-9, June13-16, June 20-23, June 27-30, PC- July 5-7 (9 AM-12 PM), July 18-21, July 25-28, Boot Camp **Aug 1-4**

ATTENDANCE POLICY for all Groups: In order to keep the groups well-structured we will be asking for monthly sign-up and payment at the beginning of the month. There will be an additional charge for walk-ups. In the case of child's absence, if the staff is informed 24-hours in advance, make-ups will be permitted. In the case of rain, extreme weather, illness make-ups can transfer to the next session with pro approval.

PICKLE BOWL
Feb 4th
3-5pm

Come out for the 4th annual
PICKLE BOWL!
Participants will be divided
into 2 separate teams and
compete against each other for
the Pickle Bowl championship.



Events

February 4– Pickle Bowl
March 5– INTRO to Pickleball
March 25– Interclub

INTRO to Pickleball
Clinic
March 5
2-3pm

If you have been wanting to try
Pickleball this is your day. The
pros will host a clinic on basic
fundamentals and rules. You'll be
playing pickleball by the end of the
clinic! Demos available.
\$15/person, \$20/nonmember

Pickleball Leagues

Intermediate/ Advanced Level
Tuesday nights: 6:30/ 7:15 pm
Starting January 5th
Starter/ Novice Levels
Wednesday nights: 6:30 pm
Starting January 6th

32 players max so call early to sign up, but
subs will be needed. \$15members, \$35 non-
members.
Demos available if needed.

Mixed Doubles Champions: David Alexander
& Cathy Choate (not pictured)



Not Pictured:
Women's Doubles:
Lana Mott and Gail Stillwell



Abilene Interclub
March 25

Abilene Country Club is bringing a
group of pickleball players to San
Angelo. They just started PB at ACC on
their tennis courts so they are excited to
come play on our courts! We'll make
another trophy and the winner will it
home. Details to come!

Hours of Operation

Monday - Thursday
5:30am-9:00pm
Fri. 5:30am-8:00pm
Sat. 7:00am-7:00pm
Sun. 11:00am-5:00pm
"24 hr. "Prime Access"
available for \$15 a month!



325-949-1534

bentwood.fitness@gmail.com
Be sure and check out website for
current schedule & prices.

**Fitness Center is open on
Mondays !**

Events

February 5- Flag Football Mega Bowl
- Super Bowl Fitness Party
February 18– Couples Yoga
March 12– Yoga on the Green
March 14-17– Golf, Tennis & Fitness Camp
March 21-April 13– Bikini Body Toning

Couples Yoga
February 18th
7pm
\$25 a couple
Includes glass of Wine

Bikini Body Toning
March 21– April 13th
Tuesday's & Thursday's
7pm
Members \$100 NM \$125
Cressie McClatchy

YOGA on The Green
Fundraiser
March 12
5pm
\$20

Bentwood's Elizabeth Alexander will
be hosting the session as a fundraiser
for our Kaysie Smashey as she heads
to South Africa on March 15 for the
Young Senior World Championship.
Meet us on the golf green for fresh air
and stretching! Everyone is welcome
as Liz can teach all levels. This is
guaranteed to be a fun group to stretch
with. Good company, more stretch, less
yoga!

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Sunday</u>
9:00am Beginner Yoga* 11:00am Senior Fit 4:25pm Youth Sports Camp 6:30pm New Resolution Weight Loss	6:00am Combat/ Pump 9:00am Stretch/Roll	9:00am Beginner Yoga* 11:00am Senior Fit 4:25pm Youth Sports Camp 5:30pm Bootcamp	6:00am Combat/Pump 9:15am TRX H.I.T.T	9:00am Stretch/Roll 11:00am Senior Fit 5:30pm Bootcamp	1:00pm Beginner Yoga*

You can sign up for any Pickleball event either in the tennis shop or by contacting Zack at 949-1534 or zackjohnson725@gmail.com

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Email: cwcpa@zipnet.us

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& receive a **FREE**
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Ener-Tel

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State Farm

Tim Smith
Agent

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San Angelo, TX 76904
Bus 325-942-8629 Fax 325-942-9815
Cell 325-263-1231
www.mysanangeloagent.com
NMLS#139716, NMLS MLO #1201672

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Odessa, TX 79761

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