

Personal Training Packages:

One hour sessions

	1 session		8 sessions		12 sessions		24 sessions	
	Member	NonMember	Member	NonMember	Member	NonMember	Member	NonMember
Single	\$60.00	\$70.00	\$440.00	\$520.00	\$600.00	\$720.00	\$1,080.00	\$1,320.00
Two /Couple	\$90.00	\$100.00	\$640.00	\$720.00	\$840.00	\$960.00	\$1,440.00	\$1,680.00
Three	\$125.00	\$140.00	\$720.00	\$840.00	\$970.00	\$1,150.00	\$1,800.00	\$2,160.00
4 or more	\$30 each	\$35 each	\$27 each	\$32 each	\$25 each	\$30 each	\$22 each	\$27 each

*Fitness Asses.	\$15
Body Fat Asses.	\$5

*If member signs up for training the fitness assessment will be credited on purchase of personal training package.

*Plus \$10/hour session for non-members

\$5/nonmember/session for 2 or more for each additional non-member.