

BYLINES

ISSUE TWO MAY, JUNE, JULY & AUGUST

BENTWOOD COUNTRY CLUB

May-August 2017



BENTWOOD
COUNTRY
CLUB LIFE

BENTWOOD COUNTRY CLUB

Amen Corner & Live Oak Veranda

Hours of Operation

Monday- Closed
Tuesday 11 AM-5PM
Bar 11 AM-7PM
Wednesday-Saturday
11 AM- 9PM

Sunday
Breakfast 9:00AM- 2 PM
Brunch 11AM- 2 PM
Regular Menu Service
2pm-7pm

Kids Eat Free

Every Thursday 5 PM-8 PM
One child (12 & under) per adult

May 5- Cinco de Mayo
May 6- Kentucky Derby
May 14- Mothers Day Brunch
May 25- National Wine Day
June 2- Crawfish Boil on Veranda
June 15- Lobster Day
June 18- Fathers Day Brunch
July 5- Oyster Day
July 28- Burgers & Brews
July 29- Chicken Wing Day
August 16- National Rum Day
August 18- National Pinot Noir Day
August 19- Hot & Spicy Food Day
August 20- Bacon Lovers Day

Wednesday- Pot of Gold

Happy Hour takes place daily at Amen Corner and is the perfect time to meet other members and gather with friends.
Daily 4-6pm
Saturday's 3-6pm

Lunch Special's Wednesday- Friday

\$12.95 MENU



Wednesday
Thursday
Friday

Meatloaf
Chicken Fried Chicken
Fried Catfish

Watch E-News for Menus & Specials

GOURMET TO-GO

Bentwood Country Club offers complimentary restaurant delivery within Bentwood Estates for members! Call us for your next food & pizza delivery!

\$25 minimum purchase

Or...Order it TO-GO and PICK-IT-UP!

Call 325-944-0520 to place your order or request a menu!

Reserve a room for your Lunches, Meetings & Parties!

We have added a new meeting room, updated our dining areas, private rooms available for any size party, and our culinary team has created exquisite dining menus for any taste!

Contact **Susan Connally** to coordinate the details for your event at 325-944-0520 or bentwoodevents@gmail.com

Courtside Bar & Grill now available to reserve for your birthday parties, company parties or reunions.
Now offering Childcare for large Events.

Hours of Operation

Monday- Closed

Tuesday - Saturday

11:00 am – 9:00 pm

Bar is open until 10 pm

Sunday 1- 8:30 pm



COURTSIDE

Bar & Grill

Automatic Gratuity will be added to any Courtside Bar & Grill purchase.

BAR SEATING FOR 18 AND OLDER



The Courtside is now available to Rent. This is a perfect spot for birthday parties, family gatherings and business functions.

POOLSIDE BIRTHDAY PARTIES

Non-Private Pool Party (during regular pool hours) \$7 per non-member

Private Pool Party: Tuesday-Thursday 8pm-10pm

Tu-Th: \$275 up to 25 guests Friday & Saturday : Call for Pricing and Availability

\$300 25-50 guests Non-Members Call for Rates

\$350 50-75 guests

\$400 75-100 guests

Monday Private Parties: \$450 up to 85 people (\$2 each additional person)

Parties include: Pool, Playground, and access to Volleyball, Basketball, Soccer field, Courtside grill and bar service.

Courtside Bar & Grill available for private parties for \$100 plus the cost of food and beverages



Celebrate the Fourth of July by joining us in the Bentwood Parade, Saturday, July 4th. The parade begins at 9AM. Decorate your golf carts, bicycles, and your pets to join in the fun. Participants please assemble in the golf parking lot by 8:45 AM.

the pool at bcc

Bentwood boasts one of the largest pools in San Angelo at over 85 feet long. The pool ranges from 3.5 feet deep to 11 feet deep and offers swim lanes, a diving board, water

aerobics, water volleyball, basketball, and a tanning deck in the water. There is a separate Kiddie Pool with beach entry, two Water Geysers, Rain Curtain, Flower Spray & Tumble bucket.

open last day of school to labor day

May 26—September 4

pool hours:

Monday - Closed

Tuesday through Saturday - 10:30AM to 10PM

Sunday - 1:00PM to 8:30PM

adult swim:

Tuesday & Friday 9:30AM—10:00AM

Adults will also be permitted to swim during our 10 minute safety breaks:

Tues-Sat at 12PM, 2PM, 4PM & 6PM

Sundays at 3PM & 6PM

Water Aerobics Tues & Thur. 9AM-10AM

pool guest fee: \$8 weekdays \$10 weekends

May 20/21 Sneak a Peek Weekend (soft opening)

May 29- Memorial Day Pool Bash - Hourly Games & Prizes

July 4th- Freedom Fest

Fridays- June 9th, July 21st, Aug. 4th Adult Pool Volleyball Tournament

Tuesdays- Games Galore 1PM, 3PM & 5PM

2nd Wednesdays - Dive in Movies

Sundays - Ice Cream Specials



POOL F.A.Q.'s

Swim Lessons - Courtney Shields 325-725-7527

Q. How do I check in for the pool and recreation facilities?

A. All members and guest are required to check-in, including swimmers and those playing on the fields. The check in station will be located on the east side of the pool under the pool cabana. You will give the name of each person in your party and receive a wristband upon entry. Wristbands must be worn at pool and recreation areas by members and guests 5yrs old and up.

Q. What is the policy on guest?

A. Guest fees: \$8.00 on weekdays & \$10.00 on weekends. Free for guests 4 yrs old and under. Individual guests will be allowed to attend a maximum of three times per month.

Q. How old does my child need to be to be unsupervised by a guardian at the facility?

A. Children 8 years of age and over who can pass a swim test administered by the head guard will be allowed to use the facility unsupervised by a guardian. Kids Klub available each Friday 6pm-9pm for kids who have not passed the swim test. (\$5)

Q. My child is staying with the grandparents who are members, what is the policy?

A. If the grandchildren live within a 50 mile radius they can purchase a temporary summer pool pass. This pass will be defined as unaccompanied (ages 10-17) or accompanied. Pricing and registration can be completed at the tennis shop desk or pool cabana desk during summer pool hours.

Q. Can a babysitter bring my kid to the pool?

A. Yes, all babysitters must be documented with the pool staff. A copy of their driver's license along with a signing of responsibility as the guardian of the child is required.

Q. How can I leave my kids knowing they are in a safe environment?

A. There are cameras throughout the facility along with numerous life guards on duty and staff patrolling of the facility. Also a Kids Klub (non-swim) will be provided on Friday nights from 6:00 p.m. – 9:00 p.m. Kids potty-trained to 8yrs old and who require guardian supervision for a fee of \$5 per kid.

Q. Where are the bathrooms located?

A. The bathrooms are located in the fitness/tennis building. For everyone's safety, swimmers are asked to towel off before entry into the building.

Q. Where do I order and pickup food and beverages.

A. Food orders and pickup will be located in the windows of the Courtside Grill. Beverages can be ordered at the Bar. Bar seating is for 18 and older. Automatic gratuity will be added to all Courtside Bar and Grill purchases.

Q. What if my bill has food items I didn't order?

A. Cameras and time stamps on each order will ensure that all charges to account are credible and valid. See Manager if there is a problem with your bill.

Q. What if I want to play volleyball, basketball, or other field games?

A. Ball and equipment checkout will be available at the pool counter. Unreturned balls or equipment will result in a charge of convenience and cost to the member account. There will be organized activities for Teens, Adults and Families throughout the summer so ask desk FMI.

Q. What types of recreational leagues/events will there be and how do I play?

A. Recreational Adult Leagues and Teen Night sign-up will be at the fitness center desk, pool or 949-1534.

Teen Nights: Middle school on Tuesdays 7pm, High Schoolers on Thursdays 8pm.

Kids Klub: Friday nights 6:00 p.m. – 9:00 p.m. Kids potty-trained to 8yrs old and who require guardian supervision for a fee of \$5 per kid. (non-swim event) No Kids Klub July 14th

Adult Leagues: Wednesdays 7pm-June Basketball, July-VB; Thursdays 7pm Pickleball

Family Game Night: May 27, June 24, July 22, Aug 12 7pm (FREE)

Family Competition Night: June 10, July 8, Aug 5th (\$10 per family)

Adult Pool Volleyball Tournament: June 9, July 21, August 4

YARD COP

WEED CONTROL & FERTILIZATION

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TIM VASQUEZ

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e-mail tommy.clark@ameripride.org

address 1201 S. Jackson
Odessa, TX 79761

Golf Shop Hours

Monday: Closed
Tuesday - Sunday:
7:00am - 7:00pm



325-944-8575

HOT SHOT

Tommy Tyler: Eagle on Hole #14

ATTENTION: Please keep in mind the golf course is closed on Monday's for any and all play excluding tournaments and specified holidays.

ATTENTION: Tee Times do not start each day until **8:00am**. This allows our maintenance staff to prep the course each morning. Thank you for understanding. Tee times may only be made up to 3 days in advance.

- May 13th - Ping Demo Day 10am - 2pm
- May 27-28 - The Loving Cup
- May 29th - Memorial Day (Course Open)
- May 30th - Golf Shop Closed
- June 17-18 - Bentwood Couples Classic
- June 27-30th - Junior Golf Camp
- July 4th - Freedom Scramble & Parade
- July 13-15 - Men's Partnership
- August 26-27 - The Texas Duel

Tee Time Policy

Tee times may only be made up to 3 days prior starting at 8am.

REMINDER: Please cancel at-least 24 hours in advance

Beverage Cart

Tuesday - Sunday
10:00am - 4:00pm

Please make drink & food arrangements prior to teeing off or at the turn.

REMINDER

Please adhere to the dress code at all times while on the golf course. Collared shirts are required for all golfers.

Demo Day

PING®

May 13th 9:30-2pm

*During Happy Hour
4-6pm*

PUTTING CONTEST

**JUNE 16TH
JULY 28TH
AUGUST 11TH**

*Head Golf Professional – Brett Baylin, PGA
Director of Instruction – Neil Gowan, PGA
Assistant Golf Professional – Garrett Wright
Assistant Golf Professional – Trevor Austin
Golf Course Superintendent – Brad Fluitt
Assistant Golf Course Superintendent – Blas Guerrero*

BENTWOOD COUNTRY CLUB LIFE

Golf Performance Package

GOLF INSTRUCTION & PERSONAL TRAINING

THREE classes once a week!
4 Lessons, 4 workouts &
4 stretch/roll sessions a month.

A PROPERLY FUNCTIONING BODY ALLOWS A PLAYER TO SWING A GOLF CLUB IN THE MOST EFFICIENT WAY POSSIBLE.

IMPROVE YOUR GOLF GAME

Personalized Fitness Program

Beginner Package: Neil 45 minutes- Bryce 45 minutes- Liz 30 minutes \$500 a month
Intermediate: Neil 60 minutes - Bryce 60 minutes - Liz 40 minutes \$620 a month
Advanced : Neil 90 minutes - Bryce 90 minutes - Liz 50 minutes \$740 a month

BENTWOODCC.COM

July 13th-15th



BENTWOOD
COUNTRY
CLUB LIFE

2017 MEN'S PARTNERSHIP

The 2017 Bentwood Men's Partnership is now taking entries for Members. Non members will be able to sign up beginning May 1st. Entry forms are in the golf shop. Both players must be paid in full for the entry to be recorded!

New this year! Childcare will be available each night from 6pm-10pm
* participants children only
Contact: Cressie at cressiemcclatchy@yahoo.com to sign up

\$425 - Private Cart Players
\$450 - Non Private Cart Players

Contact Golf Shop 325-944-8575



Ken Schlaudt

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MAY 13TH & 14TH



ALL HATS WILL BE \$9.95

BENTWOOD PRO-SHOP



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(325) 651-8292

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www.heavensbest.com

Services Available

- Commercial & Residential Carpet & Upholstery Cleaning
- Fabric & Carpet Protector
- Tile & Grout Cleaning
- Leather Cleaning
- Hardwood Floor Cleaning & Polishing
- Area Rug Cleaning
- Oriental Rug Cleaning

Dry In
1 Hour!

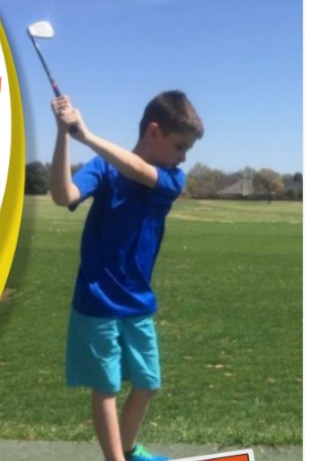
Free Estimates

New Ladies Apparel

New Greg Norman ladies apparel has just arrived in the golf shop!
Stop by and check out the new merchandise.

- * 15% off the new apparel
- * 30% off all other ladies apparel
- * Sale Applies May-June

Bentwood Summer JUNIOR Golf Camp



JUNE 27-30th
tues-friday

9-10:30

LESSONS INCLUDE:

- ✓ Mastering the Golf Grip
- ✓ How to Swing
- How to Putt
- How to Chip, Intro.
- Rules & Etiquette

\$200-Members
\$220-Non-members
\$150-PGA jr.
League Players

Sign up in the golf shop



Tennis

Tennis Shop (325) 949-1534

Courtney.bentwood@gmail.com
Zackjohnson725@gmail.com
Jason at 10sprep@gmail.com
Kaysie.bentwood@gmail.com

GUEST POLICY: In our effort to maintain membership value, the need for our courts & facility to be repaired, and an increasing amount of guest play, we are enforcing our guest policy of guests being allowed to play 12 times a year (not including Club leagues, tournaments, or USTA leagues) along with a \$10 guest fee. Please register your guests in the shop prior to playing.

Tennis Events

June 3: Challenger, All Day
June 5: July 31 Junior Club Championship
June 10: Fantastic Finale, All Day
June 17-18: Hwy 80, All Day
June 23: Tennis N Toddlies, 6:30-8 PM
July 16: Wimbledon Mixer
July 29: Kids Doubles Tourney, All Day
August 18-19: Adult Sneaks/Cleats
Sept 9-10: SLAMFEST
Sept 29-Oct 1: Adult Club Championship



G.T.S. Camp
June 20-23
July 25-28
August 8-11

BEGINNER ADULT TENNIS LESSONS

Men and Women; if you want to learn to play tennis or if it has been years since you stepped onto a court, sign up for the Beginner Group Lessons!!!
Saturday mornings July 8, 15, 22, 29.

9:00am - 10:00am
\$50mem/\$60non/4wks

Call Tennis Shop, 325-949-1534 or
email zackjohnson725@gmail.com

Little Lobbers Camp & Jr. Comp Camp

June 6-9
June 13-16
June 27-30
July 18-21
August 1-4

Club Leagues in full Swing!

If you are interested in playing in a club Tennis league, please contact Kaysie or Zack

Women's Tennis Leagues

Tuesday morning 4.0 Ladies: 9:00-finished
Tuesday night All Level: 6:30pm-finished
Wed. morning 3.5-4.0 League: 9:15am-finished
Friday morning 2.5, 3.0, 3.5 League: 9:15am-finished

Men's Leagues

Thursday night All Levels: 7:00pm-finished
All levels are welcome.

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brandi@principaltravel.com
www.principaltravel.com



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- Employee Benefits
- Life Insurance

cecilaross.com

325-949-3200

Fantastic Finale—June 10, 2017

Help us celebrate the competitive 2017 USTA Adult League season with one last chance to play with your teammates & peers in our Saturday maximum encounter round robin event. No partner needed as you will mix partners each round and play with all those you competed against in the season!

*Divisions: Women's 3.0, 3.5, 4.0 Men's 3.5, 4.0, 4.5+
Cost \$40 includes lunch, player gift, prizes & tasty beverages!!
Proceeds benefit the Bentwood Tennis Facility fund.
949-1534 or courtney.bentwood@gmail.com*

BENTWOOD ADULT TENNIS CLUB CHAMPIONSHIP

Friday - Sunday, September 29-Oct 1 **Date Change**

Pair up with your favorite partner and/or enter the singles Club Championships!! Play for a chance to win your own parking spot, trophy, and a dinner with all of the Champions!

For adults....Divisions 2.5-4.5+

\$25 pp per event, two event max per person; Refreshments, beer and breakfast snacks to be served
Sign up by calling 325-949-1534 or kaysie.bentwood@gmail.com

BENTWOOD JUNIOR TENNIS CLUB CHAMPIONSHIP

Summer June 5 - July 31
Juniors...10&U, 13&U, 15&U, 18&U

Sign up with Kaysie by June 3
\$25 for singles, \$20 per player for doubles

Upcoming Junior Tournaments

We highly encourage our junior players to take advantage of local USTA sanctioned tournaments:

Saturday June 3: **San Angelo 1-Day Challenger:** (formerly ZATS) for 12s-18s : *Deadline May 25*
Sat & Sun June 17-18: **San Angelo Hwy 80 Junior Tournament:** *Deadline June 6*
Sat and Sun July 8-9: **Lubbock Challenger,** Bentwood Pros will be taking a group: *Deadline June 29*

Register for these at www.texas.usta.com

We will be having our tennis camps prior to these tourneys so sign up for practice before competition.

Wimbledon Mixer

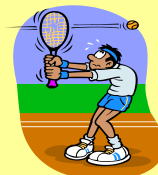
Sunday morning July 16

Come enjoy strawberries and cream, Champagne, and watch the Wimbledon Final with us at the Courtside Bar & Grill on Sunday morning 9 am ish (TBD based on TV schedule). Wear your whites and short shorts and bring a wooden racket if you have one! Tennis Tie-breakers during commercial breaks!

\$20 members/\$30 non-mem



Adult Sneaks & Cleats



When: Friday & Saturday, August 18-19

Time: Friday 6 pm Golf Saturday 9 am Tennis/Pickleball

Cost: \$45 Member, \$60 Non-Mem

Deadline: August 16 @ noon

Take your clubs and racket out of storage and join us for some fun Golf, Tennis and Pickleball. Starts Friday evening with a 9-hole golf scramble followed by food and beverages poolside, continuing Saturday morning with Tennis and Pickleball. Four person team, all play in golf scramble then strategy comes into play deciding which 2 team members play Tennis and which 2 play Pickleball. Opportunity to earn points for your team will last throughout each event! Prizes will be awarded. Each team will consist of 4 people, (make your own team or sign up as individual or pair and we will create team for you. Tennis and Golf pros will be participating also! We need a 48hr Cancellation Notice or you will be charged

Please call Tennis Shop (949-1534) or Golf Shop (944-8575) to sign up or email to kaysiesmashey@gmail.com

SLAMFEST 2017

September 9-10

Tennis & Pickleball Divisions

Proceeds benefit the Bentwood Court Project and the Newbridge Family Shelter.

Tennis: 6.0, 6.5, 7.0 & 8.0 Mixed Doubles \$200/team

Pickleball: Sat. Sept 10. 9:00am-noon. \$30

Sponsorship Opportunities still available to help make this a great event. Contact Courtney by Aug 31.

Billy Roberson PICKLEBALL CENTER

Pickleball Leagues

Intermediate/ Advanced Levels

Tuesday nights: 6:30/ 7:15 pm

Starter/ Novice Levels

Wednesday nights: 6:30 pm

32 players max so call early to sign up, but subs will be needed. \$15members, \$35 non-members. Demos available if needed.

Men's (Under age 50) Pickleball League:

Thursday Nights: 7 PM– finished

Starting Thursday, June 8

Limited to 16 players.

All levels are welcome.

June 10 Fantastic Finale

Aug 18-19 Adult Sneaks & Cleats

Sept 9 SLAMFEST

Adult Sneaks & Cleats

August 18-19

Deadline to sign up is Aug 16th

Email kaysiesmashey@gmail.com or

call the Tennis shop to sign up

Fantastic Finale

Play in a team style event with different points assigned to each court. This event is a Saturday only event that includes prizes, lunch, beer, a t-shirt and all the pickleball you can “stand” to play!

Saturday June 10

9:00am-1:30-pm

SLAMFEST

September 9th 9am-noon

For more info please email Zack at zackjohnson725@gmail.com or call the Tennis Shop.



**BENTWOOD
COUNTRY
CLUB LIFE**



Bentwood Country Club Tennis - Summer Camps 2017

GOLF, TENNIS & SWIM (GTS)

GTS Camp is Bentwood's most popular camp! This is a fun and exciting camp for beginner to intermediate level golf and tennis players from the ages of 5 to 12 years old. Participants can expect to learn basic skills in tennis and golf from our professional staff in the first two and a half hours, then finish up at the pool with lunch, which is included in the camp cost, and a non-instructional fun swim for the last hour.

When: Tuesdays through Fridays, 9:00am-1:00pm

Session I: June 20-23, II: July 25-28, III: August 8-11 **Cost:** \$120mem/\$140non per session

ALL SPORTS CAMP

(Ages 5-12) Introductory Tennis, Volleyball, Basketball, Field games & fun swim with lunch included.

When: Tuesday- Friday 9:00 AM- 1:00 PM **Cost:** \$120/mem, \$140 non/mem

June 27-30 (2 hours of tennis daily this week), July 11-14 (All Sports rotated daily)

LITTLE LOBBERS CAMP

Designed for the beginner to intermediate-level junior tennis players ages 5-7 years old. Participants can expect to learn basic stroke mechanics, coordination skills, scoring and some rally play. This camp teaches the FUNdamentals while keeping the kids entertained with fun and games. The kids' groups and curriculum will be based on age and ability.

When: Tuesdays through Fridays, 9:00-11:00am **Cost:** \$75/mem, \$90/non per session

June 6-9, June 13-16, June 27-30, July 18-21, August 1-4

June 27-30- Optional add on Activity Camp 11 AM-1 PM, includes lunch, \$120 mem/\$140 non

Activities include field games, fitness games, wiffleball, swimming etc.

JR. COMPETITION CAMP

Ages 8-13 & beginner & new tourney players/middle school & orange ball. This camp will be for our elementary-age and middle school kids who have the desire to play tennis matches. Players will be grouped based on skill level. This 3 hour camp will be a more intensive workout than the Little Lobbers by providing the technical drills, situational and match play necessary to teach kids how to be competitive players who can rally and play.

When: Tuesdays-Fridays only, 9:00-12:00 **Cost:** \$110/mem, \$130/non per session

June 6-9, June 13-16, June 27-30, July 18-21, August 1-4

June 27-30- Optional add on Activity Camp 11 AM-1 PM, includes lunch, \$120 mem/\$140 non

May30-June2 1pm-4pm - PreChallenger Camp for the 10's tournament players with Academy 1-4pm

Bentwood Summer ACADEMY

(Qualified Tournament Players/middle-high school age)

This is our top level competition camp for our middle school, high school and qualified players based upon pro approval. This camp is structured around weekly concepts with the technical drills and situational-play designed specifically for those concepts, and match play. In the modern game, you can't be competitive without fitness so we have tennis specific conditioning daily. PC=Pre Challenger Camp as there is a USTA Challenger tourney at the end of these weeks we encourage play in.

When: Tuesdays - Fridays 1:00 - 4:00 PM **Cost:** \$140/mem/week, \$160/non mem/week

PC-May 30-Jun 2, June 6-9, June 13-16, June 20-23, June 27-30

PC- July 5-7 (9 AM-12 PM), July 18-21, July 25-28, Boot Camp Aug 1-4

Tournaments: Jun 3-One-Day USTA Challenger, Jun 17-18 SA Hwy80

July 8-7 Pros taking group to Lubbock Challenger, July 29 - Kids Doubles Tourney

Tennis Campers MEAL PLAN

Tennis Camp kids have the option to purchase a \$25 Meal Plan per week. Card is good for the specific week they are attending one of camp programs (LL, Jr Comp, or Academy. Food included in GTS/All Sports). Meal menu is pre-set by the chef Tues-Friday and includes a drink and chips. Lunch is unsupervised. (Ex: Tues-corn dog, Wed-grilled cheese, etc.) Sign up when register or the week prior.

Phone: (325)949-1534 **Email:** courtney.bentwood@gmail.com



fitness center

OPEN SEVEN DAYS A WEEK, our Fitness Center provides BCC golfing,

Tennis and social members a quality facility for their daily workout. The Fitness Center allows the club to offer innovative programs such as golf strength training, along with personal training and group fitness. The Fitness Center houses 9 pieces of cardio equipment, free weights, and much more.



fitness

hours

mon - thurs

friday

saturday

sunday

5:30am - 9pm

5:30am- 8pm

7am- 7pm

11am- 5pm



Eva Freeman
(325) 650-5581
evadena5@gmail.com



Bryce Zak
(325)763-8166
bzak.bentwood@gmail.com



Cressie McClatchy
(325)647.9408
cressiemcclatchy@yahoo.com

For weekly group schedule see website www.bentwoodcc.com

Bentwood Summer Sports Power Camp

At Bentwood's **New** Fitness Center & Multisport Complex

Start Date: June 5 – Aug 11, 2017
Will consist of 4 workouts a week Tuesday – Friday

Times: *Elementary School* 8:00 -9:00
Middle School & High School 10:00 – 11:30

Cost: Members - \$40 a week or \$140 for the month
Non-members - \$45 a week or \$160 for the month



Description:

To be an elite athlete today, you must train like an elite athlete. Modern exercise science is helping athletes grow in strength, speed, and skill faster than ever. Therefore, a program that is built towards achieving maximum performance is crucial in sports development. This camp will be run just as a collegiate and professional strength and conditioning program runs. Each day will be dedicated towards improving the athletes speed, power, and strength so that they may excel in their sports. Proper running and weight lifting techniques will be implemented to teach the athlete how to decrease the chances of injury in their sport and training. Sign-up ASAP as spots are limited!

*Elementary level will focus on teaching proper form when running and weight lifting. Body weight along with PVC will be used for the weight lifting portion. Body control and balance will be a key emphasis along with creating a passion for physical activity.

Trainers:

Eva Freeman – Over 30 years' experience in Fitness. Athlete at the division II (ASU) level. Earned a Bachelor degree in Kinesiology. Two sons who both played at the Division I (UH) level.

Bryce Zak – National Strength and Conditioning Association Certified. Collegiate Athlete at both the Division I (TAMUCC) and Division II (ASU) Level. Professional Baseball Player with the Tampa Bay Rays organization. Bachelors in Exercise Science. Masters of Education in Coaching, Sport, Rec, Fitness.



WATER AEROEBICS

Starting May 23rd 9am-10am
Tuesday & Thursday Bentwood Pool
Instructor Cressie McClatchy

START YOUR SUMMER WITH A SPLASH!

Contact Cressie McClatchy for sign up
interest & questions. 325.949.1534
cressiemcclatchy@yahoo.com

\$6 Per Class or 2 Punches on Card
\$10 Non Members or 2 punches on Card
Ages 12 & older

Water Aroebic exercise is a great way to
build muscle endurance and strength
without high impact on the joints. Come
burn those extra calories!

PosterMyWall.com

**Sign Up
Today!**



AB PARTY

LAST SUNDAY OF EACH MONTH!
MEMBER \$3 NON MEMBER \$5

2:30pm-3:15pm
Group room

**BE STRONGER THAN YOUR EXCUSES!
REMEMBER WHY YOU STARTED!**

325-949-1534
CRESSIEMCCLATCHY@YAHOO.COM

PosterMyWall.com

Middle School & High School Teen Nights

When: Middle School – Tuesdays 7:00 pm High School – Thursdays 8:00 pm

Come out with your friends and join us for organized event nights on the new turf field. Compete, socialize and make memories. Prizes weekly and monthly for participation and competitions. Contact the tennis/fitness center for registration.

Snacks and drinks will be provided.

Cost: \$5 member \$10 non-member

Sign Up is required by noon day of event

Dates & Events

June 6 & 8 – Capture the Flag

June 13 & 15 – Turf Volleyball

June 20 & 22 – Wiffleball

June 27 & 29 – Dodgeball

July 11 & 13 – Kickball

July 18 & 20 – Basketball

July 25 & 27 – Tennis Golf

August 1 & 3 – Wiffleball

August 8 & 10 – Dodgeball

ADULT SUMMER LEAGUES

2 Person Basketball league

When: Every Wednesday Evening June 7 – June 28

Get together your two-person team to dominate the Bentwood Sports Court. This league will be for ages 18+. Be sure to contact the fitness/tennis shop for registration. Guest are allowed to join league for an additional \$5. Cash Payout based on participation to season winner.

Cost: \$30 per team for members \$5 additional charge for each guest

Sign up is required 24hrs before league Start Date

4 Person Volleyball League

When: Every Wednesday Evening starting July 12 – August 2

Get your team of four together to compete and have fun on our turf volleyball court. This league is for ages 18+. Be sure to contact the fitness/tennis shop for registration. Guest are allowed to join league for an additional \$5. Cash Payout based on participation to season winner.

Cost: \$40 per team for members \$5 additional charge for each guest

Sign up is required 24hrs before league Start Date

Adult Pool Volleyball Nights

When: Fridays - June 9th, July 21st, August 4th

This is a 4 person team event guaranteed to be fun. This league will be for ages 18+. Be sure to contact the fitness/tennis shop for registration. Guest are allowed to join league for an additional \$5.

Cash Payout based on participation to season winner.

Cost: \$40 per team for members \$5 additional charge for each guest

Sign up is required by 6 p.m. of the Event Date

Sign up at Fitness Center, Pool or 949-1534

See E-News & Club calendar for detailed leagues and special events/tournaments.

Email Stephanie.bentwood@gmail.com if you want to receive the E-news .



BYLINES

PRESORTED
STANDARD
US POSTAGE PAID
SAN ANGELO, TEXAS
76901
Company Printing



Kevin Collins ~ *Managing Partner, Director of Development*

Susan Connally-Clubhouse Manager

Kelan Johnson- Restaurant Director

Chris Glover- Courtside Bar & Grill Manager

Kristi McDonald -Accountant /Membership

Stephanie Alexander- Marketing

Courtney Nagel-Director of Tennis

Eva Freeman- Fitness Director

Brad Fluitt-Golf Course Superintendent

Brett Baylin- Head Golf Professional

Bryce Zak- Pool Manager

Like us on Facebook & Follow us on Instagram www.bentwoodcc.com

Clubhouse 944-0520

Golf Shop 944-8575

Fitness/Tennis Center 949-1534

ATTENTION PARENTS

KIDZ KLUB!

(Potty Trained & Up)

\$5
per kid

May 26th - Aug 11th

Every Friday Night

At Turf Field

6pm-9pm

ACTIVITIES

Play Ground, Sport Games, Crafts,
Slip & Slide, Bubbles, Chalk, Games

Kids club is for parent relief between the hours of 6 & 9pm to allow
kids who do not pass the swim test to have fun.

Food not included, cabanna food available for purchase. **Parents must be on premises!**
(club, fitness, tennis, golf, pool)

**FOR QUESTIONS & SIGN
UP, PLEASE CONTACT:**

(325)-949-1534
cressiemcclatchy@yahoo.com



Family game night is a night where families can come together and interact with each other. All ages welcome. Benwood Turf Field

DATES

MAY 27th (7-10pm) FREE
JUNE 24th (7-10pm) FREE
JULY 22nd (7-10pm) FREE
AUGUST 12th (7-10pm) FREE

FAMILY GAME NIGHT!

Contact: (325).949.1534
cressiemcclatchy@yahoo.com

Giant Games
Face Painting
Sport Games
yard Games
Photo Booth
Races
Family Interaction
open cabana/Bar

FAMILY COMPETITION NIGHT

Competition Night is a night for families to compete against other families for prizes.

June 10th 2017 (7-10pm) \$10
July 8th 2017 (7-10pm) \$10
August 5th 2017 (7-10pm) \$10