Meet the Staff

Steve Franke, General Manager, stevefranke@raviniaclub.com ..................................770 395-5181
Rhonda VanSchepen, Membership Director, rhondavanschepen@raviniaclub.com ..........770 395-5148
Ginny Mattox, Member Relations Director, ginnymattox@raviniaclub.com ..............770 395-5167
Charles Tantum, Club Accountant, charlestantum@raviniaclub.com ..................770 392-7304
Laura Potts, Catering Director, laurapotts@raviniaclub.com ........................................770 392-7328
Paul Lewis, Athletic/Wellness Director, paullewis@raviniaclub.com .....................770 395-5196
Kerri Hicks, Spa Director, kerrihicks@raviniaclub.com ...........................................770 392-7337
Eric DaRin, Executive Chef, ericdarin@raviniaclub.com ........................................770 392-7302
Greg Hazard, Maintenance Director, greghazard@raviniaclub.com ......................770 395-5158
Bryan Felker, Service Director, bryanelekelker@raviniaclub.com ................................770 392-7316

Hours of Operation

Rotisserie Grill
Lunch
Monday - Friday, 11:30am - 2:00pm

Dinner
Thursday & Friday, 6:00pm - 9:00pm

Rotisserie Lounge
Monday & Tuesday, 4:00pm - 10:00pm
Wednesday - Friday, 4:00pm - 11:00pm

Courtside Café
Complimentary Breakfast
Monday - Friday, 6:30am - 9:00am

Luncheon Buffet
Monday - Friday, 11:30am - 2:00pm

Athletics
Monday - Friday, 5:00am - 9:00pm
Saturday & Sunday, 8:00am - 5:00pm

Ravinia Spa
Tuesday - Friday, 10:00am - 7:00pm
Saturday, 9:00am - 4:00pm

Ravinia Childcare
Monday - Friday, 9:00am - 1:30pm
Monday - Friday, 4:00pm - 8:00pm
(Thursday & Friday, 8:30pm)
Saturday, 8:00am - 1:00pm
$4.00 per child per hour

Employees of the Month

December
Leo Clemons
Leotis Perdue

January
Larry Colbert
Misha Minesinger

2008 Employees of the Year

Bill Appel
Paul Wagner

Athletic Desk 770 392-7301 • Receptionist 770 392-7300
Reservation Line 770 392-7315 • Spa at Ravinia 770 392-7337
Surrounded By Friends and Family

Welcome New Members

DECEMBER

Charlie & Anita Augello
Frederick & Karen Couch- Brier
Katherine Crowley
Jason Daffner & Carrie Edwards
Nancy Levy- & Gerry Grossman
Keith & Kathleen Hoffman
Diane Husmann
David & JoAnn Leahy- Lagi
Steve Malone & Helene Wollstein
Dane & Donna Maxwell
Eric Mayer
Donnie & Anna Miller
Carrie Moore
Brian & Lauren Patterson
Jay Purut
Robert & Brianna Houston- Register
Daniel & Shannon Speice
Kimberely Ann Wright
Peter & Hanna Yang

JANUARY

Jim & Adele Abrahamson
Emad Alayoubi
Joel Brenner
Bobby Bresee
Anne Lenz Cash
Daniel Crane
Dr. Andre Dobson
Christine Greis
Keryl & Thomas Holman
Ed & Sarah Inman
Bryan & Sarah McDonnell
Bill & Synthia Meskimen
Brian Ramondt
Kipp & Michelle Reck
Peter & Jennifer Schultz
Dr. Jacalyn Smeltzer, PhD
David & Leslie Turner
George & Nancy Ways

Ravinia Club is always looking for new ways to provide support for your life . . . health, wellness, business networking, family and personal by offering complimentary health assessments, professional development programming, and options to grow/ promote your business. As a Member, you can assist your Club by talking up and suggesting the Club to your clients, neighbors, colleagues and friends. You are the most important part in continuing the Ravinia Club traditions and most qualified to refer new members.

How do I refer a New Member?
Contact Rhonda VanSchepen at (770) 395-5148, membership@raviniaclub.com, or complete the Submit Member Candidate Form under the Member Only section on our website, www.raviniaclub.com. Your membership number is the username. The password is your last name.

How is my referral contacted?
Your potential new member is contacted immediately with personal attention you expect from your Club plus focus on their individual interests and needs. He/she is sent the benefits and services provided through membership noting what an honor it would be to have them a part of the Ravinia family. They are offered a complimentary week athletic trial and the opportunity to experience the social side of the Club. The process is tailored to meet their schedule without pressure or time constraints.

Is there basic information I can provide?
There is no better endorsement than your personal experiences and how the Club benefits your life. The Club Initiation Fee is $200. Membership options are available for full access for one individual, the family or just dining and social. The Club even provides a Young Professional membership for individuals under 31 years of age.

What is the enrollment process?
Once your referral accepts your invitation and upon acceptance by the Admissions Committee, our new member is contacted with many welcomes, information for immediate use of the benefits and services, and an invitation to meet other new members while learning of their new club at a New Member Orientation.

In addition to personal satisfaction of supporting my Club, do I receive anything else?
We offer our sincere thank you PLUS you receive four (4) certificates for $25 each to spend in the Club however best fits your needs. You can treat yourself to a massage at Spa at Ravinia, treat your spouse or a friend to a relaxing dinner in the Rotisserie Grille, or give yourself a boost with personal training. We look forward to another outstanding Membership year at the Club made possible by your continued support. Please contact Rhonda VanSchepen in the Membership office at (770) 395-5148 if you have any questions.

Best Regards,
Nancy Boardman
Membership Committee Chairperson
From Sean O’Toole, Board of Governors Chairman

Last year at this time many were pondering what might happen to the economy, who might be President, and how events may affect us personally. Now we know, or maybe have a better idea, or maybe still wonder... or maybe, let’s just be honest, have no idea. In any case the Ravinia Club is here for you. Athletics, Social and our new Professional Development Focus will help you get through the week, become a healthier individual, make more friends and do better business.

Ravinia is a unique venue for our area and is the only Athletic Club that has an active social component, where our members come to exercise as well as socialize. We hope you find tremendous value in your membership and are taking advantage of all the club offers you. If there is something you would like improved, fixed or changed let us know. The Board has set up Committees to focus on specific areas of the club. I am pleased to announce the following Committee Chairs for 2009:

- Membership ............................................Nancy Boardman
- Athletic/Wellness .................................Jim Manley
- Social .................................................. Shannon Blackburn
- Food and Wine ..........................................Hal Smith

A full listing of committees and their members will be posted on the bulletin board outside of the Member Relations Office. These volunteers are making an extra effort to make your club a better place. Please support their efforts and pass along a “thank you” when you see them.

Sincerely,
Sean O’Toole
Chairman

From Atlanta Society

In recognition of the 20th anniversary of Atlanta Society, non-Society Members may upgrade to Society without the customary $500 fee through April 20. Visit www.atlantasociety.com for a look at their totally updated website and learn more about the Society Select Benefit which is included in Society membership. By taking advantage of the Society Select Benefit, you can totally recoup the Society portion of your dues! Every Atlanta Society Member or Atlanta Society Member Spouse is invited to enjoy a cart-fee round of golf AND a complimentary entrée at EACH Club every month. If interested in making Atlanta Society yours, contact Rhonda VanSchepen, 770-395-5148 or rhondavanschepen@raviniaclub.com.
The Spa and you: making a difference!

Help Atlanta’s Homeless! Save $10 off a Spa Treatment.

With the economic crisis and unemployment rising, more and more people in Atlanta are becoming homeless. You can help by bringing in a blanket, towels, or bedding to be donated. You will receive $10 off a one-hour massage, a facial, or a Spa manicure and pedicure.

Thank you to all of our members who brought in a hat for Hats off For Cancer. You are making a difference!

New Client Feature
$60 Treatments
For those members or guests who have not had a service with us, enjoy a one hour massage, a calm facial, or a mini-manicure/pedicure for just $60.

New Spa Menu Feature
90-Minute Massage and Stretch Treatment
Enjoy a one hour massage and 30 minutes of stretching to help alleviate tight, constricted muscle tissue and provide relief.
$115 Members/$125 non-members

Sinus Relief Special
Our massage therapist Bonnie will provide a 60-minute massage session that will help relieve sinus pressure and headaches and include: massage, acupressure, steam, aromatherapy, reflexology, Qi Gong exercise and lymphatic drainage.
$79 Members/ $85 Non-members

Complimentary Peel
(Value $45) with any Ultrasonic or Microdermabrasion Facial!
The Ultrasonic Facial provides deep pore cleansing through the cativation process and penetrates skin care products into the epidermis. The Microdermabrasion Facial provides deep exfoliation that results in a more luminescent glow to the skin.

Your Spa….Did You Know?
The staff at the Spa at Ravinia is committed to continuing education and is consistently enrolling in classes, seminars, trade shows, and clinics so as to provide you, the member, with up-to-date information and knowledge. If you have a wellness concern or question, ask our staff. We will do our best to provide you the answers.

Spa Wellness….Did You Know?
The modality of massage has become increasingly recognized as an effective therapeutic treatment, and many insurance companies now provide coverage for either partial or full payment. Ask your insurance carrier what your benefits are; you may be pleasantly surprised!
Welcome to Ravinia Athletics & Wellness 2009, where together, we strive to improve your quality of life, targeting fitness, health and lifestyle.

**Baseline Assessments**

Ravinia’s Athletics & Wellness Baseline Assessment has proven successful in establishing the parameters for a fitter, healthier and more stress reduced lifestyle. Every Ravinia Member has the opportunity to be a part of this program, free of charge. Ravinia’s Health Coaches/Personal Trainers will help you establish or re-establish your goals, monitoring your performance throughout the year and guide you to make the essential improvements in your exercise and lifestyle programs. To become part of this program:

- Sign up at the Health Desk on the Athletics floor and schedule a time convenient for you
- A Coach/Trainer will contact you for your baseline assessment or follow-up
- Together with your Coach/Trainer you will establish objectives & measurements
- Coach/Trainers are: Paul Lewis, Scott Hausler, Paul Wagner, Ron Read, Claudia Augello-Smith

**Sport Specific Training**

As part of upgrades and modifications in Ravinia’s Athletics & Wellness Department, we are offering Members Sport Specific Training Programs. Additions to the basketball court will help facilitate these programs and expand Ravinia’s focus on functional training.

Sport Specific Programs include:

- Martial Arts
- Baseball
- Golf
- Running
- Speed & Agility Training

**Stretch Program**

Adverse effects to stress, excessive sitting, postural imbalances and sport and training include soft-tissue strains, structural imbalances and limited joint range of motion. Through a specially designed stretch program you will enhance both overall performance and sport specific performance. To discuss the options of improving your performance contact Paul Lewis: paullewis@raviniaclub.com; 770-395-5196.
Group Fitness Classes
Ravinia’s extensive group fitness program offers an array of classes to suit your needs, pace and time restraints. Professional and spirited in their approach, each group fitness instructor will challenge you in a lively and motivating group dynamics. Classes vary from indoor cycling, body sculpt to yoga and Pilates. Speak to one of Ravinia’s Health Coaches/Trainers or group fitness instructors to find the classes and times suitable to your level and schedule.

Swim Program
Bill Hammons has successfully established the Total Immersion swim program at the Ravinia Club. The Total Immersion program has benefited thousands of swimmers America wide, emphasizing technique. For further information on individual and group sessions, scheduled at select times contact Bill Hammons: 404-791-4221.

Ravinia Charity Champions
2008 saw the Ravinia Club and Ravinia Charity Champions raise an unprecedented $60,000 + for the Lance Armstrong Foundation’s research and fight against cancer. This year the Ravinia Club will expand its support for raising funds for the Armstrong Foundation, and we look to you, Ravinia’s Members, to become actively involved in this endeavor.

Chiropractic Care
As the New Year begins, we turn our thoughts toward improved health and wellness. At Pinnacle Chiropractic we strive to provide superior care to keep your spine and nervous system in optimum working condition. As well as regular hours, we will be opening our office on Saturdays from 9:00 am until noon. Please call to schedule your appointment: 770-395-5179. Free Digital Thermography Mapping of your nervous system is available to all Ravinia Club Members. Daniel Bart, DC, Pinnacle Chiropractic.
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Share the Best Kept Secret
Sponsor a New Member!
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Introducing the Ravinia Club’s Professional Development Series 2009

This exciting new program is geared for executives to enhance their business skills and talents. The format will give participants an opportunity to enjoy a break after work, mingle with Ravinia Club peers and other Perimeter area business people, and learn from noted “experts in their fields.”

Thriving…Inside the Economic Tornado

Presented by David Dempsey
CEO of Neon Zebra
Thursday, March 5
5:30 – 7:30 pm
Complimentary to Ravinia Club Members
$ 15 per person for Non-Members
Hors d’oeuvres, cash/signature bar available

In these turbulent economic times, some companies take cover while others take action. Ask yourself: do you want to merely survive or do you want to thrive? David Dempsey, the “go-to” executive communications consultant to C-level executives at Fortune 100 companies and author of “Better to Best: How to Speak for Extraordinary Results…Every Time! (2006)”, will share insights on how to capitalize on the power of communication during the recession. In this fast-paced program David will outline a 10-Step Blueprint to help you capture market share... while your competitors entrench in a defensive position. You don’t want to miss these valuable secrets!

How to Avoid Getting Fired

Presented by Richard Citarella • Managing Director, Fiderion
Thursday, April 2 • 5:30 – 7:30 pm
Complimentary to Ravinia Club Members
$ 15 per person for Non-Members
Hors d’oeuvres, cash/signature bar available

Having 20 years of experience working with CEO’s to find top executives for their organizations, Richard Citarella will present his views on how to avoid getting laid off or downsized in even the toughest of environments. An interactive discussion of what “they” are saying you must do to reduce your chances of being let go, and if the “worst” happens, learn what tools you need to possess in order to launch and successfully conclude a new job search. Be certain that you are well positioned to avoid the next wave of job reductions in corporate America!
Easter Brunch & Egg Hunt

Sunday, April 12
Reservations available from 10:30 am – 1:30 pm
$28.95 ++ adults
$12.95 ++ children ages 5-12
Complimentary for children under age 5

Reservations are required with 24-hour cancellation policy in effect. 770-392-7300

A Ravinia Club family tradition, Chef Eric’s Easter Brunch will feature an elegant buffet certain to appeal to both adults and children alike. Bring your Easter baskets for photos with the Easter Bunny and our annual Egg Hunt in the Ravinia Club Gardens at 11:30 am and 1:00 pm.

The Menu Features:

Chef attended Omelet Station
& Made to order Waffles
with Grand Marnier Cream

Variety of Eggs Benedict styles
including Traditional,
Crab Florentine,
Poblano Hollandaise

Breakfast Buffet to include:
Applewood Smoked Bacon,
Sausage Links, Country Ham,
Southern Home Fries,
Breakfast Casserole,
Roasted Garlic Cheddar Grits,
Traditional Breakfast Breads
& Pastries

Slow Roasted BBQ Pork
Steamship Chipotle BBQ Sauce,
Carolina BBQ Sauce,
Kansas City BBQ Sauce
Buttermilk Biscuits & Wheat Rolls

Spit Roasted Brazilian Style Beef
Traditional Horseradish Sauce
Cracked Mustard Sauce

Peel & Eat Shrimp Cocktail
Vermouth Cocktail Sauce, Lemon

Pan Seared Salmon
Vine Ripe Tomato & Caper Relish

Buttermilk Brined Fried Chicken

Sweet Potato
& Vidalia Onion Hash

Whipped Yukon Gold Potatoes

Fried Green Tomatoes
Louisiana Hot Sauce Remoulade

Roasted Asparagus
Meyer Lemon & Thyme
Vinaigrette

Assorted Salad Station to include:
Green Salad, Asian Salad,
Array of Composed Salads

Dessert Buffet to include:
Rhubarb Strawberry Cobbler,
Tre Leche Cake,
Carrot Cake,
Banana Cream Pie,
Strawberry Trifle,
Tiramisu
**Epicurean Supper Club**  
**“Tapas Night”**  
**Wednesday, March 11**  
**6:30 pm Mix & Mingle with Wine and Hors d’oeuvres**  
**7:00 pm Dinner**  
**$38 ++ per person**  
The Epicurean Supper format combines casual, family-style settings with gourmet “small plates” created by Chef Eric. This is a great opportunity to tempt your taste buds while expanding food and wine knowledge and meet other Ravinia “epicures.” Space is limited to 24 guests.  
**Reservations required. 770-392-7300.**  
Childcare is extended until 9 pm.

**In the Kitchen with Chef Eric…**  
**Chef’s Cooking Class**  
**Wednesday, April 8**  
**6:30 pm **  
**$25 ++ per person**  
Spring has sprung, and lifestyles demand quick and easy springtime cooking. Chef Eric will instruct on the preparation of “springtime” dishes. A light meal will be prepared by participants and enjoyed at the end of class.  
**Reservations are a must; call early to reserve a spot. 770-392-7300.**  
**Please note that the class will start promptly at 6:30 pm.**  
Limited to 12 persons.  
Childcare is extended until 9 pm.

**Wine Tasting**  
**Thursday, March 26**  
**What’s in the Name?**  
**Thursday, April 30**  
**Australia, Aussie, Oz**  
**7:00 – 9:00 pm**  
**$25 ++ (Complimentary for Wine Society Members)**  
Join us for this unique opportunity to taste a plethora of wines, gain further education, socialize, meet fellow Members, enjoy complementing hors d’oeuvres, and buy wines at great value.  
Each tasting features 20-30 wines ranging in price from $10-$100 with at least four experts in the field available to educate us. A fantastic chance to sample wines before buying!  
**Reservations required. 770-392-7300.**  
Childcare is extended until 9 pm.
Third Thursday
Family Night at Courtside
Thursday, March 19
Thursday, April 16
5:30 – 7:30 pm
$ 15 ++ per adult/
complimentary for children
with paying adult
Mark every third Thursday and
bring the family to the Club for
Family Night, a Ravinia tradition.
Chef Eric will prepare a family-
friendly buffet! Paul Wagner
will provide simple athletic
competitions for the children.
For those enrolled in Kids’ Karate,
this is a perfect opportunity to
feed your hungry children, avoid
the traffic and meet other Ravinia
families. **Reservations required.**
770-392-7300.

Ladies Night Out…
in the Spa – “Martinis,
Margaritas, and Massage”
Tuesday, April 21
5:30 – 7:30 pm
$ 35 ++ to include one cocktail,
hors d’oeuvres, and a 20-minute
mini-service.
$ 45 ++ for two mini-services
Join “the girls” for an evening of
fun and Spa mini-services.
Take your choice of mini facial,
mani and massage services offered
by Inkeri, Jennifer and Bonnie.
Any products purchased and any
treatments booked at this event
will be discounted 10%.
Limited to 15, reserve early.
770-392-7300.

Cigars under the Stars
Wednesday, April 22
6:30 – 8:30 pm
$ 20 ++ per person
The Ravinia Gardens are the
perfect setting for Members
and their guests to enjoy an
evening of cigars, cocktails and
hors d’oeuvres. Premium cigars
for tasting will be provided by
Buckhead Cigar Company.
Complimentary hors d’oeuvres;
drinks available by signature.
**Reservations required.**
770-392-7300.

19th Hole Golf Group
The 19th Hole will resume in
April with the date and location
to be determined. Outings
are typically held on the first
Thursday of each month with tee
times around 1:00 pm. If you are
interested in these outings and
wish to be added to the 19th Hole
distribution list, please contact
Ginny Mattox, 770-395-5167, or
ginnymattox@raviniaclub.com.
SPECIAL CLUB EVENTS

TGIF
A Ravinia Member Tradition
The tradition continues every Friday evening! Join us in the Rotisserie Lounge for an endless array of food and Club brand drinks from 5:30-7:30 pm. A great way to begin the weekend with friends, coworkers and fellow Members!
Only $10 for Members and $15 for Guests, all-inclusive.

“Super” TGIF
March 13 • St. Patrick’s Celebration
Entertainment by Jud Shumway
Super TGIF’s feature special entertainment that will begin at 7 pm. TGIF will be extended from 5:30 – 8:00 pm on these evenings. $15 for Members and $20 for Guests, all-inclusive. Music will continue until 10 pm.

First Wednesday Trivia Night
Wednesday, March 4 & Wednesday, April 1 • 6:30-8:00 pm
Trivia is back! Every first Wednesday evening at 6:30 pm, Trivia is played in the Rotisserie Lounge. Enjoy $3 Cocktails and Rotisserie Lounge Menu with a Trivia Night “Feature.” Three rounds are played, and a drink ticket is awarded to each member of the winning team. Teams are limited to four players. Bring a partner or join a team!

Book Club
Tuesday, March 24 6:00 pm
Outliers by Malcolm Caldwell will be discussed. Ravinia’s Book Club meets monthly and is open to all Members. For further information, contact Steve Newfield at steve.newfield@nadel.com.

Have You Noticed? Sponsored by the Book Club, a member library has been started. Operating under the honor system, the motto is “Bring a book, take a book.” Limited to hardbacks, the library is located in the seating area outside the Spa. Come see what other members have really enjoyed reading.
I Spy
Is your Member Number hidden in this Newsletter?
If so, contact Ginny Mattox, 770-395-5167, to receive dinner for two.

Upcoming Events

Wine Tasting ........................................... May 28 (Bubbles and BBQ)
June 25 (Wines from Famous Soils)

Mother’s Day Brunch ........................................... Sunday, May 10

Father’s Day Steak Nights........................................... June 18 and 19

Please visit the Club’s complete photo album at:  http://ravinia.smugmug.com.
Compliments of our Member, Jack Graves.