

February 2019

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

DW Grille First Friday

Friday, February 1

APPETIZERS

■ **Queso Dip**

Homemade queso cheese dip
& tortilla chips, \$8

■ **Beef & Red Bean Chili**

Topped with shredded cheddar & red
onions, \$4 / \$7

ENTRÉES

All entrées served with fresh baked
focaccia with our signature garlic
Parmesan dip

■ **Prime Rib**

8 oz. Queen-Cut, \$17

12 oz. King-Cut, \$21

Served with au jus, mashed potatoes
& fresh green beans

■ **Southern Fried Chicken** with
mashed potatoes, gravy & fresh
green beans, \$15

■ **Blackened Seafood Pasta**

Cajun Shrimp & Scallops sautéed
with garlic, tomatoes & fresh parsley
in a homemade seafood broth tossed
with penne, \$17

■ **Crab Rangoon Burger**

Cream cheese and crab filling topped
with crispy fried wonton strips, served
with hand-cut fries, \$12



■ **Crispy Chicken Sandwich**

Topped with bacon, cheddar, lettuce,
tomato, onion & homemade scallion
aioli, served with hand-cut fries, \$12

SALAD

Add to any entrée for \$4.

■ **Caesar Salad** with homemade
croutons & Parmesan cheese

■ **Romaine Wedge** with crumbled
Bleu cheese, diced tomatoes, bacon bits
& Bleu cheese dressing

■ **House Salad**

Mixed greens with tomatoes, onions,
cucumbers & choice of dressing

DW SIGNATURE DRINKS

■ **Basil Basil**

Basil Hayden Bourbon with basil
infused simple syrup, lime juice
& club soda, \$8

■ **Basil Nip**

Charleston based Nippitaty Gin with
basil infused simple syrup, lime juice
& tonic water, \$8

Pig Roast

Saturday, February 9

■ Cocktails, 6-7 p.m. ■ Dinner, 7 p.m.

Save the Date!

New Eagle's Nest Menu

Every Friday | 5-9 p.m.

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

February 1

DW Grille First Friday

February 3

Eagle's Nest Open Super Bowl

February 9

Pig Roast

\$24 per person

Kids, 11 & under, \$12

Reservations, 843-856-9378

MENU

■ **Whole Pig**

Slow-roasted over eight hours,
served with two BBQ sauces

■ **Oven Roasted Chicken** with
our signature dry rub

■ **Homemade Mac & Cheese**
Our four-cheese blend, baked
to perfection

■ Bacon Bleu Cheese Slaw

■ Corn Bread with honey butter

■ Apple Cobbler with fresh cream

*What Happens
at the Pig Roast,
stays at the Pig Roast!*

CONTINUED » »

Pig Roast Time!

CONTINUED

AROUND THE CLUB

Eagle's Nest Super Bowl Menu

Kitchen Open, 5 p.m. until Halftime

Special Drink Prices

Happy Hour Prices All Night Long!

KITCHEN MENU

Wings

Choose: Buffalo, Dry Ranch, BBQ, Buffalo Ranch

Choose: Bleu Cheese or Ranch Dressing, with Celery & Carrot Sticks
6 for \$8 ■ 12 for \$12

■ Buffalo Crunch Burger

Bleu Cheese crumbles, bleu cheese dressing, buffalo wing sauce & kettle chips with lettuce, tomato & onion, served with hand-cut fries, \$12

■ Fried Shrimp Basket

Choice of garlic shrimp with lemon aioli or buffalo shrimp with bleu cheese, served with hand-cut fries,
8 for \$12

■ Lettuce Wraps

Ginger-soy marinated chicken & carrot slaw, drizzled with homemade peanut satay, served with Thai chili dipping sauce, 3 for \$12

BAR SNACKS

■ **Pimento Cheese** with Captain's Wafers, \$6

■ **Soft Pretzel**

Homemade Sierra Nevada Beer Cheese Dip, \$7

■ **Queso Dip**

Tortilla chips & Homemade Queso Dip, \$8

DW Grille Thursday Dinner

Entire Wine List Now \$20
– Thursday Night Only!

APPETIZERS

■ Shrimp Beignets

Savory, fluffy beignets stuffed with shrimp & tasso ham, topped with whole grain mustard aioli, \$9

■ Beef & Red Bean Chili

Topped with shredded cheddar & red onions, \$4 / \$7

ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ **Chicken & Smoked Sausage Gumbo** topped with white rice & fresh parsley, \$16

■ Blackened Mahi Mahi

Lightly fried, served with mashed potatoes and Maque choux (corn, peppers, onions, fresh herbs and a touch of cream), \$17

■ Pork Grillades

Slow-cooked pork with a thick pork gravy, served over creamy grits with fresh steamed asparagus, \$16

■ Bourbon Street Strip Steak

10 oz. NY Strip with traditional New Orleans marinade, char-grilled and

A Note from Linda in Accounting

- 1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.



served on a bed of mashed potatoes with fresh steamed asparagus, \$22

■ Dunes West Burger

American cheese, cheddar cheese, crisp bacon & our homemade smoked aioli with shredded lettuce, tomato & onion on a buttered & grilled brioche bun, \$12

■ Charleston Chicken

Grilled or fried chicken breast with pimento cheese, shredded lettuce & tomato, on a buttered & grilled brioche bun, \$12

SALAD

Add to any entrée for \$4.

■ **Caesar Salad** with homemade croutons & Parmesan cheese

■ **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & Bleu cheese dressing

■ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

DW SIGNATURE DRINKS

■ Basil Basil

Basil Hayden Bourbon with basil infused simple syrup, lime juice & club soda, \$8



CONTINUED

Early Swim Season
Opening Day
March 23!

CONTINUED

▪ **Basil Nip**

Charleston based Nippitay Gin with basil infused simple syrup, lime juice & tonic water, \$8

Eagle's Nest

Fridays ▪ 5-9 p.m.

Special Drink Prices

Happy hour pricing all night long!

FRIDAY NIGHT MENU

\$3.50 Tacos

▪ **Carne Asada**

Marinated Flank Steak, sliced thin, with shredded cheddar, diced tomatoes, diced red onion, shredded lettuce & drizzled with a homemade avocado cream sauce

▪ **BBQ Chicken**

Char-grilled Chicken Strips with shredded cheddar, diced tomatoes, diced red onion, shredded lettuce & drizzled with bourbon BBQ sauce

▪ **Garlic Shrimp**

Fried Shrimp tossed in garlic parsley butter, diced tomatoes, diced red onion, shredded lettuce & drizzled with a homemade garlic aioli

▪ **Charleston Veggie**

Fried Green Tomato, pimento cheese, diced red onion, shredded lettuce & drizzled with creamy lemon dill sauce

BAR SNACKS

▪ **Pimento Cheese** with Captain's Wafers, 6

▪ **Soft Pretzel**

Homemade Sierra Nevada Beer cheese dip, 7

▪ **Queso Dip**

Tortilla chips & homemade queso dip, 8

Winter Fitness Session

January 7 – April 6

Let us help you with your New Year's Resolutions! Get involved, meet new people while getting in shape. Join us:

SCHEDULE

Monday:

Pilates 8 a.m.

Body Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Restorative Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.

Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

Restorative Yoga, 6:30 p.m.

Friday:

Body Conditioning, 9:15 a.m.

Saturday:

Mat Barre, 8:30 a.m.

Fee for Winter Fitness Session

Unlimited Classes: \$145 per person

You will receive 3 months of unlimited classes, 6 days per week! Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10 (for those who just want to come every now and then!)

Sign up today for our Winter Fitness Session! 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

**Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.*

2019 Car Decals Are In

2019 Car Decals for Members who live Outside the Gate Residents who live outside the gates of Dunes West and Non-Residents members are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

If you cannot make our office hours to pick up your decal, please

CONTINUED

Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account! 843-856-9000

*Spring time is coming!
Get Ready*

CONTINUED

email us at linda.jamison@duneswestgolfclub.com and state your name, address and number of vehicles in your household. We will be happy to mail them to you.

Decal Pick-Up Hours:

Monday-Friday, 8:30 a.m.-3:30 p.m. at the Golf Club Office Upstairs. You can also pick up the decals in the Dunes West Pro Shop during the weekends.

Important 2019 Swim Information!

Athletic & Premier Members

Our pools will re-open on Sunday, March 23. Spring Break is early this year so we are opening the pools early.

The main pool slide will be closed until Lifeguards are present. Lifeguards and pool attendants will start, weekends only, April 13, and full time May 25.

New This Year: To improve safety and security for all members and their families all parents and legal guardians will have to have their picture taken on our iPad system. This picture as well as your Fitness Access Cards will be needed to gain entry into the Main Pool behind the Clubhouse and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may

contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

Save the Dates for Summer Camps

It's not too early to start planning kids' activities for the summer:

KE CAMPS 2019

June 10 – August 2
Monday-Friday ■ 9 a.m.-4 p.m.

Do you want to know where your child will have the most enjoyable and rewarding summer? At camp! Camp is that place where friendship, fun and festivities coincide to create memories that will last well beyond the summer months. Camp Dunes West, for campers ages 4-10, is that special place. The best part...it is right here at our Club!

Camp Dunes West offers a traditional day camp experience in the convenient and familiar setting of our club atmosphere. At camp, your child will have the opportunity to participate in a variety of exciting activities including swimming, group tennis instruction, arts & crafts, fun with foods, team building, super science projects, a weekly community service project, Wacky Wednesday theme days, camp traditions, special events, and more.

Registration for Camp Dunes West is now open to both Club Members and Non-Members. Registration is flexible and you may enroll for as many days or weeks at a time as you like.

Before and after-care available. Camp Dunes West prides itself on its dedicated,

Dry Storage Payment Due March 1

If you have any questions regarding your statement, please call Linda at 843-856-9000 or Neal Cavallon at 843-881-8735 or email us at neal.cavallon@duneswestgolfclub.com.



talented and CPR/First Aid certified all-adult staff. Campers will benefit from an incredibly spirited, responsible and creative team of counselors whose number one goal is to provide a fun, safe and inclusive camp environment.

Please call KECamps at 877-671-2267 or visit them at www.kecamps.com to inquire or enroll! Early Bird discounts are available for registrations received by March 1 so join the fun today!

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for **all** things tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

February



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Happy Valentine's Day!

1

SMGA, 9:30-10:15
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
First Friday with Savannah Godolphin
RSVPs 843-856-9378
\$3.50 Tacos in the Eagle's Nest, 5-9 p.m.!

2

MGA, 7:15-8:30 a.m.

Groundhogs Day

3

MGA, 7:15-7:42
Super Bowl in the Eagle's Nest
Kitchen open 5 p.m.-Halftime

Super Bowl

4

SMGA, 9:30-10:15
LGA, 8:45-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

5

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

6

SMGA, 9:30-10:15
LGA, 9 & Lunch, 11-11:18
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

7

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

8

SMGA, 9:30-10:15
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
\$3.50 Tacos in the Eagle's Nest, 5-9 p.m.!

9

MGA, 7:15-8:30 a.m.
Mat Barre, 8:30 a.m.
Pig Roast, 6 p.m.
RSVPs 843-856-9378
Eagle's Nest Open, 4 p.m.

10

MGA, 7:15-7:42



11

SMGA, 9:30-10:15
LGA, 8:45-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

12

Music Movement, 9 a.m.
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Wine & Dine Dinner (Ladies only) RSVPs 843-856-9378

13

SMGA, 9:30-10:15
LGA, 9 & Lunch, 11-11:18
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

14

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

15

SMGA, 9:30-10:15
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
\$3.50 Tacos in the Eagle's Nest, 5-9 p.m.!

16

MGA, 7:15-8:30 a.m.
Mat Barre, 8:30 a.m.
Eagle's Nest Open, 4 p.m.

Valentine's Day

17

MGA, 7:15-7:42

18

SMGA, 9:30-10:15
LGA, 8:45-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

President's Day

19

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

20

SMGA, 9:30-10:15
LGA, 9 & Lunch, 11-11:18
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

21

LGA, 8:18-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Palmetto SR, 10 a.m.
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

22

SMGA
Joker Stableford, 9:30-10:51
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
\$3.50 Tacos in the Eagle's Nest, 5-9 p.m.!

23

MGA Kickoff, 8:36
Mat Barre, 8:30 a.m.
Eagle's Nest Open, 4 p.m.

24

MGA Kickoff, 8:36

25

SMGA, 9:30-10:15
LGA, 8:45-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

26

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

27

SMGA, 9:30-10:15
LGA 9 & Lunch, 11-11:18
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

28

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

