

February 2020

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

First Friday

February 7 ■ Dinner served, 5-9 p.m.
The Grille Room

SPECIALS

See the special board for our:

Soup of the Day

\$20 Wine Bottle Specials

Side Salads

Add to any entrée for \$5

■ **Caesar Salad** with homemade croutons & Parmesan cheese

■ **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

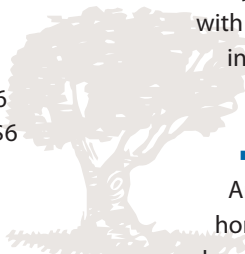
■ **House Salad**

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

KIDS

Choose one side:

- Grilled Cheese, \$6
 - Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6



APPETIZER

■ **Queso Dip**

Homemade queso cheese dip & tortilla chips, \$8

ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ **Prime Rib**

8 oz. Queen-Cut, \$17

12 oz. King Cut, \$21

Served with au jus, mashed potatoes & fresh green beans

■ **Southern-Style Fried Chicken**

with mashed potatoes, gravy & fresh green beans, \$15

■ **Blackened Seafood Pasta**

Cajun shrimp & scallops sautéed with garlic, tomatoes & fresh parsley in a homemade seafood broth tossed with penne, \$17

■ **Bacon Cheese Burger***

American cheese, crisp bacon, homemade secret sauce, pickles, shredded lettuce, tomato & onion on a buttered & grilled brioche bun, \$14



Save the Date!

Tacos in the Eagles Nest, \$4.50

Every Friday | 5-9 p.m.

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

February 7

First Friday

February 14

Valentine's Day Italian Dinner

■ **Southern Chicken Sandwich**

Grilled or fried, pimento cheese, pickles shredded lettuce & onion on a buttered & grilled brioche bun, \$14

■ **Mediterranean Salad**

Mixed greens, feta cheese, pasta salad, red onion & balsamic vinaigrette, \$9

■ **Add protein for \$5.**

Chicken Breast (grilled or fried)

Shrimp (blackened, grilled or fried)

Salmon (blackened or plain)

Grilled Portobello Mushroom

**May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

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*Bring Your Valentine
to the Club!*

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Valentine's Day Italian Dinner

Friday, February 14

Two Seatings*:

First Seating: 5:30-7:30 p.m.

Second Seating: 8 p.m.

**The 5:30 p.m. seating must be finished
by 7:30 p.m. to allow us to re-set the
dining room for the 8 p.m. seating*

High top bar tables and bar seating
will also be available by request
and/or when all tables have
been reserved.

\$30 Per Person**

Call 843-856-9378 for Reservations.

Buffet Menu

GF – Indicates the item is Gluten Free

■ Caesar Salad GF

Tossed with croutons & Parmesan
cheese. *GF Note: Croutons are not
gluten-free but will be on the side*



■ Antipasto GF

Assorted meats, cheeses
& marinated vegetables

■ Eggplant Napoleon

Breaded and fried eggplant layered
with ground beef, sausage, mozzarella
cheese & fresh herbs

■ Lemon & Asparagus Risotto GF

GF grilled chicken or shrimp available
by request for any guest limited to the
gluten-free entrée

■ Shrimp Scampi

Tossed with gemelli pasta in a white
wine, garlic, parsley butter

■ Chicken Marsala

Rosemary & mushroom marsala sauce

Dessert

■ Tiramisu with chocolate shavings

■ Flourless Chocolate Tort GF

with raspberry sauce & fresh cream

***11% Sales tax & 20% gratuity added
to the final bill.*

AROUND THE CLUB

Thursday Dinner

Dinner served 5-9 p.m.
The Grille Room

THURSDAY SPECIALS

See the special board for our:

Having a Party or Meeting?

Where will you have your holiday party
this year? Did you know that Club
Members can rent the Clubhouse Meeting
Room for private events? The Meeting
Room is a beautiful, spacious part of
the Clubhouse that can accommodate
up to 100 people. Members have
enjoyed renting this space for
birthday parties, meetings and other
social events. For details call or
email Neal at 843-881-8735 or
neal.cavallon@duneswestgolfclub.com
for an electronic copy. Available dates
can be held for 48 hours until Club staff
receives the completed application and
payment. Weekends are especially
popular, so book your event well ahead
of time and get ready to party!...
or have a quiet meeting.

Soup of the Day \$20 Wine Bottle Specials

SIDE SALADS

Add to any entrée for \$5

■ Caesar Salad with homemade croutons & Parmesan cheese

■ Romaine Wedge with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

■ House Salad

Mixed greens with tomatoes, onions,
cucumbers & choice of dressing

KIDS

Choose one side.

- Grilled cheese, \$6
- Burger, \$6
- Chicken tenders, \$6
- Cheese quesadilla, \$6

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A Note from Linda in Accounting

❶ If you plan on moving and canceling
your membership, please call Linda
at 843-856-9000 before your move.
A 30-day written notice is required and
if we don't have notice, your bill will
continue to accrue until we have a
statement by phone and in writing.

❷ Please inform us if you change
your email address. It is important that
we have the correct one on file for
billing purposes.

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for **all** things tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and Twitter Social Networks can be found on our website: www.duneswestgolfclub.com.



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APPETIZER

■ Shrimp Beignets

Savory, fluffy beignets stuffed with shrimp & Tasso ham, topped with whole grain mustard aioli, \$9

ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ **Chicken & Smoked Sausage Gumbo** topped with white rice & fresh parsley, \$16

■ Blackened Mahi Mahi

Lightly fried, served with mashed potatoes and Maque Choux (corn,

peppers, onions, fresh herbs and a touch of cream), \$17

■ Pork Grillades

Slow-cooked pork with a thick pork gravy, served over creamy grits with fresh steamed asparagus, \$16

■ Bourbon Street Strip Steak

10 oz. NY Strip with traditional New Orleans marinade, char-grilled and served on a bed of mashed potatoes with fresh steamed asparagus, \$22

■ Bacon Cheese Burger*

American cheese, crisp bacon, homemade secret sauce, pickles, shredded lettuce, tomato & onion on a buttered & grilled brioche bun, \$14

■ Southern Chicken Sandwich

Grilled or fried, Pimento cheese, pickles shredded lettuce & onion on a buttered & grilled brioche bun, \$14

■ Mediterranean Salad

Mixed greens, feta cheese, pasta salad, red onion & balsamic vinaigrette, \$9

Add protein for \$5

Chicken Breast (grilled or fried)
Shrimp (blackened, grilled or fried)
Salmon (blackened or plain)
Grilled Portobello Mushroom

**May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness*



*Repair your Divot
Plus One more!*

Eagle's Nest Friday Night Taco's Menu

Fridays ■ 5-9 p.m.

Special Drink Prices
Happy Hour Pricing All Night Long!

Tacos

\$4.50 each

*All tacos served in a soft flour tortilla.
Substitute a lettuce wrap at
no additional charge.*

■ Carne Asada

Marinated flank steak thinly sliced with caramelized sweet onions and drizzled with our house queso, topped with house salsa and creamy avocado.

■ Hawaiian Lettuce Wrap

Seared, seasoned pork belly, grilled pineapple salsa & siracha-lime carrot slaw

■ Buffalo Shrimp

Fried shrimp tossed in wing sauce, with bleu cheese crumbles, diced tomatoes, topped with house salsa, creamy avocado & drizzled with bleu cheese dressing

■ Chicken Taco of the Day

Ask your bartender for the night's selection

Bar Snacks

■ **Pimento Cheese** with Captain's Wafers®, \$6

■ Queso Dip

Tortilla chips & homemade queso dip, \$6

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*Enjoy your new
Rowing Machine!*



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Specialty Drink

■ Margarita

Ask your server for the
night's special, \$9

Winter Fitness Session

January 6 – April 4

The Winter fitness session has begun.
Start 2020 strong! Get involved with
our fitness classes and meet new
people while getting in shape.
We would love for you to join

Schedule

Monday:

Pilates 9 a.m.

Tuesday:

Cardio Sculpt 8:30 a.m.
Restorative Yoga 6:30 p.m.

Wednesday:

Pilates 9 a.m.
Restorative Yoga 6:30 p.m.

Thursday:

Cardio Sculpt 8:30 a.m.

Thursday:

Restorative Yoga, 6:30 p.m.

Friday:

Yoga for You, 9 a.m.

Saturday:

Mat Barre, 8:30 a.m.

Fee for Winter Fitness Session

Unlimited Classes:

\$145 per person. You will receive
3 months of unlimited classes, 6 days
per week! Only \$1.50 per class!

We are no longer offering the
night/weekend class option.

Drop-In Fee: \$10 (for those who just
want to come every now and then!)

Sign up today for our Winter
Fitness Session! 843-881-8735 or
neal.cavallon@duneswestgolfclub.com

*Please drop off payments either
in the black box on the office door in
the lobby or in the mail slot of the
Athletic Club.

2020 Pool Season – Important Information!

**Athletic & Premier Members –
Our pools will re-open on
Wednesday, April 1.**

The main pool slide will be closed
until Lifeguards are present.
Lifeguards and pool attendants

Did You Know?!?

We offer EZ Pay Billing for both your
Athletic & Golf Dues! You simply need
to provide us with a debit or credit card to
draft from, and afterwards you can
sit back, relax and never worry
about another bill again!

Simply call Linda Jamison, Office
Manager, and provide her with your
debit or credit card number and
updated email address. We will pull the
funds for your monthly dues between the
1st and 5th of each month and send
you an email showing how much
was deducted.

How easy is that?! Give us a call
today to set up your EZ Pay
account! 843-856-9000

will start, weekends only, April 11, and
then full time May 25 –August 9.

New This Year – To improve safety
and security for all members and their
families all parents and legal guardians
will have to have their picture taken on
our iPad system. This picture as well as
your Fitness Access Cards will be need-
ed to gain entry into the Main Pool
behind the Clubhouse and the Thomas
Lynch Hall Pool. If you do not have
your card, you will not be able to enter
into the Pool Gates. Please be prepared
to give the Pool Attendant your swipe
card so that they can check you into
the pool. Guest Passes are **electronic**
again this year.

The Lifeguards and Pool Attendants
are being hired and managed by
American Pool Management
Company/Atkinson Pools. If you
have any questions, comments
or suggestions you may contact
them at 843-568-5371.

Dry Storage Payment Due March 1

If you have any questions regarding
your statement, please call Linda at
843-856-9000 or Neal Cavallon
at 843-881-8735 or email us at
neal.cavallon@duneswestgolfclub.com.

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The Newly Resurfaced Tennis



Please call KECamps at 877-671-2267 or visit them at www.kecamps.com to inquire or enroll! Early Bird discounts are available for registrations received by March 1 so join the fun today!

theme days, camp traditions, special events, and more.

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Save the Dates for Summer Camps

It's not too early to start planning kids' activities for the summer:

KE Camps 2020

June 8 – July 31

Do you want to know where your child will have the most enjoyable and rewarding summer? At camp! Camp is that special place where friendship, fun and festivities coincide to create memories that will last well beyond the summer months. Camp Dunes West, for campers ages 4-10, is that special place. The best part...it is right here at our Club!

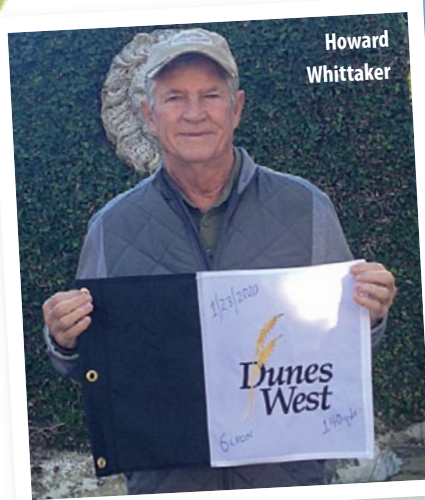
Camp Dunes West offers a traditional day camp experience in the convenient and familiar setting of our club atmosphere. At camp, your child will have the opportunity to participate in a variety of exciting activities including swimming, group tennis instruction, arts & crafts, fun with foods, team building, super science projects, a weekly community service project, wacky wednesday



It is never too early to start planning for summer vacation. Therefore,

registration for Camp Dunes West is now open to both Club Members and Non-Members. Registration is flexible and you may enroll for as many days or weeks at a time as you like.

The structured camp program operates from 9 a.m.-4 p.m., Monday-Friday, with before and after-care available. Camp Dunes West prides itself on its dedicated, talented and CPR/First Aid certified all-adult staff. Campers will benefit from an incredibly spirited, responsible and creative team of counselors whose number one goal is to provide a fun, safe and inclusive camp environment.



Howard Whittaker

2020 Car Decals Are In

2020 Car Decals for Residents Outside the Gate or Non-Residents Residents who live outside the gates of Dunes West and Non-Residents are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

Decal Pick-Up Hours:

Monday-Friday ■ 9 a.m.-3:30 p.m.

Golf Club Office Upstairs

You can also pick up the decals in the Dunes West Pro Shop anytime.

Hole-in-one

Congrats Howard Whittaker on his hole-in-one!

- Hole #12
- 6-iron
- 140-Yard Par-3

February

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

MGA, 7:15-8,
10:24-10:42
LGA, 9:12-9:21
GOB, 9:57-10:15
Mat Barre,
8:30 a.m.

*See you
at the Club!*



2

3

4

5

6

7

8

MGA,
8:45-8:54

*Groundhog
Day*

SMGA, 9:30-10:24
LGA, 8:45-9:21
Pilates, 9 a.m.

CGA 4-Ball Course Open,
3:30 p.m.
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.



SMGA, 9:30-10:24
LGA 9 & Lunch, 11-11:45
Pilates, 9 a.m.
Restorative Yoga, 6:30
p.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Night Dinner
RSVPs 843-856-9378

SMGA, 9:30-10:24
LGA, 8:45-9:21
Yoga for You, 9 a.m.
First Friday Dinner - Live
Music with Richard
Baummer - RSVPs
843-856-9378
Eagle's Nest NOT OPEN
Due to First Friday
Dinner

MGA, 7:15-8,
10:24-10:42
LGA, 9:12-9:21
GOB, 9:57-10:15
Mat Barre,
8:30 a.m.

9

10

12

13

14

15

MGA,
8:45-8:54

SMGA,
9:30-10:24
LGA, 8:45-9:21
Pilates, 9 a.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.
Restorative Yoga,
6:30 p.m.

SMGA, 9:30-10:24
LGA 9 & Lunch,
11-11:45
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Night Dinner
RSVPs 843-856-9378

SMGA, 9:30-10:24
LGA, 8:45-9:21
Yoga for You, 9 a.m.
Valentine's Day Italian Dinner
Buffet - RSVPs 843-856-9378
Eagle's Nest TACOS ARE BACK!
5-9 p.m. Happy Hour Drinks
All Night Long

MGA, 7:15-8,
10:24-10:42
LGA, 9:12-9:21
GOB, 9:57-10:15
Mat Barre,
8:30 a.m.

*Valentine's
Day*

16

17

18

19

20

21

22

MGA,
8:45-8:54



*President's
Day*

SMGA,
9:30-10:24
LGA, 8:45-9:21
MGA, 7:15-8
Pilates, 9 a.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30
p.m.

SMGA, 9:30-10:24
LGA 9 & Lunch, 11-11:45
Pilates, 9 a.m.
Restorative Yoga, 6:30
p.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Night Dinner
RSVPs 843-856-9378

SMGA Joker Stableford,
9:30-10:51
LGA, 8:45-9:21
Yoga for You, 9 a.m.
Eagle's Nest
TACOS ARE BACK!
5-9 p.m. Happy Hour
Drinks All Night Long

MGA Kickoff, 8:27
LGA, 10:33-10:42
GOB, 11:18-11:36
Mat Barre,
8:30 a.m.

23

24

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MGA Kickoff,
8:27

SMGA,
9:30-10:24
LGA, 8:45-9:21
Pilates, 9 a.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.
Restorative Yoga,
6:30 p.m.

Mardi Gras

SMGA,
9:30-10:24
LGA 9 & Lunch,
11-11:45
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

*Ash
Wednesday*

Music Movement,
9 a.m.
Cardio Sculpt,
8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Night Dinner
RSVPs 843-856-9378

SMGA,
9:30-10:24
LGA, 8:45-9:21
Yoga for You, 9 a.m.
Eagle's Nest
TACOS ARE BACK!
5-9 p.m. Happy Hour
Drinks All Night Long

MGA, 7:15-8,
10:24-10:42
LGA, 9:12-9:21
GOB, 9:57-10:15
Mat Barre,
8:30 a.m.