

March 2017



Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Dunes West Fine Art Show

March 9 ■ 5-8 p.m.
Held upstairs at the
Dunes West Golf Club

Featuring 13 Dunes West Artists

Meet the Artists and join them
at the reception

Hors d'oeuvres & cash bar



Dessert

■ **Chocolate Irish Cream Cake**
with fresh whipped cream

Book Club

March 14 ■ 7:30 p.m.

Club Members are welcome to join
The Book Club at The Club at Dunes
West. This club meets the second
Tuesday of every month in The Club's
Meeting room or in a book club
member's home. If you have any
questions or would like to find out
what this month's reading is,
please contact Anna Ewing at
aewing@ameritech.net.

Pig Roast

Saturday, March 18 ■ 6:30 p.m.

\$19.95 per person

Reservations 843-856-9378

Save the Date!

Thursday Dinner

5-9 p.m. | RSVP 843-856-9378

March 2

Thursday Dinner

March 2

First Friday

March 9

Dunes West Fine Art Show
Thursday Dinner

March 12

LGA Couples Golf Dinner

March 14

Women Who Wine
Book Club

March 16

Thursday Dinner

March 18

Pig Roast

March 23

Thursday Dinner

March 30

Thursday Dinner

Women Who Wine

Tuesday, March 14 ■ 6 p.m.
\$22, tax & gratuity included

St. Patrick's Day Menu

■ Green Salad

Cucumbers, tomatoes, red onion
& shredded cheddar with green
goddess dressing

■ Irish Soda Bread

Served with whipped honey butter

■ Guinness Beef Stew

with root vegetables

■ Goat Cheese Chicken

Drizzled with Pesto Sauce

■ Sautéed Vegetables

Carrots, red potatoes & onions



Menu

■ Whole Pig

Slow-roasted over 8 hours,
served with two BBQ sauces

■ Slow-Smoked Beef Brisket

with whiskey sauce

*What Happens at the Pig Roast,
stays at the Pig Roast!*

CONTINUED >>

■ **Homemade Mac & Cheese**

Our four-cheese blend, baked to perfection

■ **Bacon Bleu Cheese Slaw**

■ **Corn Bread** with honey butter

■ **Homemade Peach Cobbler** with fresh cream

AROUND THE CLUB

Thursday Dinner

March 2017

Half price bottles of house wine

Appetizer

Bacon Wrapped Scallops

Brushed with a tangy BBQ sauce, \$8

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip

Sautéed Chicken Saltimbocca

with prosciutto, garlic and sage in a white wine lemon butter sauce over smoked gouda mashed potatoes & fresh green beans, \$14

Lemon Shrimp with Quinoa, baby peas, spinach, roasted red peppers & a lemon herb vinaigrette, \$16

Bone-In Pork Chop with a raspberry demi glace, smoked gouda mashed potatoes & fresh green beans, \$16

Steak Au Poivre

8 oz. Filet with a black pepper, brandy cream sauce, smoked gouda mashed potatoes & fresh green beans, \$20

Half Pound Burger with choice of Cheddar, Swiss, Smoked Gouda or American cheese, \$10

Char-Grilled Chicken Sandwich with choice of cheddar, Swiss, smoked Gouda or American cheese, \$10

Soup & Salad

Add to any entrée for \$3

Soup of the Day

Ask your server for today's selection

Caesar Salad with homemade croutons & Parmesan cheese

House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Wedge Salad with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

First Friday

March 3

Member Happy Hour, 4-7 p.m.

Dinner, 5-9 p.m.

Live Music, 6-9:30 p.m.

Happy Hour, Music & Dinner!

Featuring:
Richard Baummer



A Note from Linda in Accounting

① If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.

② Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

Appetizer

Queso Dip

Homemade queso cheese dip & tortilla chips, \$8

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip. Add soup or salad to any entrée for \$3.

Prime Rib

8 oz. Queen Cut, \$16

12 oz. King Cut, \$19

Served with au jus, mashed potatoes & fresh green beans

Southern Fried Chicken

with mashed potatoes, gravy & fresh green beans, \$15

Blackened Seafood Pasta

Cajun Shrimp & Scallops sautéed with garlic, tomatoes & fresh parsley in a homemade seafood broth tossed with penne, \$17

Half Pound Burger / Chicken Sandwich with choice

of Cheddar, Swiss, smoked Gouda or American cheese, \$10

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Winter Fitness Session

Start 2017 strong! The Winter fitness session began January 9.

The session runs from
January 9- April 8.

Get involved with our fitness classes and meet new people while getting in shape. We would love for you to join.

Schedule

Monday:

Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.
PIYO, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

Friday:

Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.

Saturday:

Saturday Surprise 8:30 a.m.

Fee for Winter Fitness Session

Unlimited Classes, \$145 per person

You will receive 3 months of
unlimited classes, 6 days per week!

Only \$1.50 per class!

We are no longer offering the
night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come
every now and then!)

Sign up today for our Winter Fitness
Session! 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

*Please drop off payments either
in the black box on the office door
in the lobby or in the mail slot of the
Athletic Club. Your fitness card will
be mailed to you within one week
of payment.

Bridge Club

Mondays ■ 12:30 a.m.

The Dunes West Bridge Club meets
every Monday upstairs at the
Golf Clubhouse. Ladies Locker
room used if there is an event
scheduled upstairs

Contact Dianne Schuller at
dlsdaboss@aol.com or Sandi Jacob
niginati@gmail.com.

*Getting ready
for Pool Season!*

« Adult Pool Rebuild is under way” Expect it to
be open on time and ready for April 1st, 2017.

Swim Season 2017 – Important Information!

Athletic & Premier Members –

Our pools will re-open on Saturday,
April 1. Our season ends this year
on September 30.

New This Year – To improve safety
and security for all members and
their families all parents and legal
guardians will have to have their
picture taken on our iPad system.
This picture as well as your Fitness
Access Cards will be needed to gain
entry into the Main Pool behind the
Clubhouse and the Thomas Lynch
Hall Pool. If you do not have your

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Did You Know?!?

We offer EZ Pay Billing for both your
Athletic & Golf Dues! You simply need
to provide us with a debit or credit card
to draft from, and afterwards you can
sit back, relax and never worry about
another bill again!

Simply call Linda Jamison, Office
Manager, and provide her with your debit
or credit card number and updated email
address. We will pull the funds for your
monthly dues between the 1st and 5th
of each month and send you an email
showing how much was deducted.

How easy is that?! Give us a call today
to set up your EZ Pay account!
843-856-9000.

Congrats Dave!

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card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are **ELECTRONIC** again this year.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

Save the Dates for Summer Camps

**It's not too early to start
planning kids' activities
for the summer!:**

2017 KE Camps

June 5-July 28

Do you want to know where your child will have the most enjoyable and rewarding

summer? At camp! Camp is that special place where friendship, fun and festivities coincide to create memories that will last well beyond the summer months. Camp Dunes West, for campers ages 4-10, is that special place. The best part... it is right here at our Club!

Camp Dunes West offers a traditional day camp experience in the convenient and familiar setting of our club atmosphere. At camp, your child will have the opportunity to participate in a variety of exciting activities including swimming, group tennis instruction, arts & crafts, fun with foods, team building, super science projects, a weekly community service project, Wacky Wednesday theme days, camp traditions, special events, and more.

It is never too early to start planning for summer vacation. Therefore, registration for Camp Dunes West is now open to both Club Members and Non-Members. Registration is flexible and you may enroll for as many days or weeks at a time as you like.

The structured camp program operates from 9 a.m.-4 p.m., Monday-Friday, with complimentary

before and after-care available. Camp Dunes West prides itself on its dedicated, talented and CPR/First Aid certified all-adult staff. Campers will benefit from an incredibly spirited, responsible and creative team of counselors whose number one goal is to provide a fun, safe and inclusive camp environment.

Please call KECamps at 877-671-2267 or visit them at www.kecamps.com to inquire or enroll! Early Bird discounts are available for registrations received by March 1 so join the fun today!

2017 British Soccer Camp

June 5-9

Improve your game with the most popular soccer camp in the USA and Canada.

Incredible Coaching staff, Challenger's 1000 touches curriculum, develop new skills and refine existing ones, play with more confidence and have more fun.

For more information visit www.challengersports.com.

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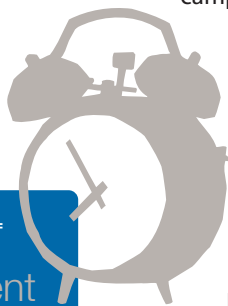
Hole-in-One

Dave Popagoda

Hole-in-one on number 17, 196 yards used a 2-utility club. Witnesses were Robbie Fertal and Mr. Baldo.

Dry Storage Payment Due March 1

If you have any questions regarding your statement, please call Linda at 843-856-9000 or Neal Cavallon at 843-881-8735 or email us at neal.cavallon@duneswestgolfclub.com.



Summer
is here!



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2017 Junior Golf Camp

June 12-16 ■ 8:30-10 a.m.
Call 843-856-9000 for details.

2017 Car Decals Are In

2017 Car Decals for Residents
Outside the Gate or Non-Residents
Residents who live outside the gates
of Dunes West and Non-Residents
are required to have a club car decal
on their vehicle when entering into
the gates of Dunes West. This decal
allows you to come to either club
property only.

Decal Pick-Up Hours:

Monday-Friday, 8:30 a.m.-4:30 p.m.
at the Golf Club Pro Shop and
the Office Upstairs

You can also pick up the decals
in the Dunes West Pro Shop during
the weekends.

Follow Us on Facebook & Twitter

**Did you know that we
have Facebook/Twitter
Accounts for different
features of the clubs?**

Dunes West Golf Club:

You'll find out all you need to know
about golf specials, special dinner
menus, member socials, special
events and more! Information
about pool events, tennis socials,
fitness updates and more
posted here.

Dunes West Tennis: This is our
newest page and is for ALL things
Tennis! Jack, our Director of Tennis,
will be posting updates and
pictures of tournaments and
socials. It's a great way to keep
in touch with fellow players and
to ask Jack specific questions
regarding lessons, camps
and clinics!

We hope you "Like" some or all of
these pages! It's a great way for us
to keep you in the loop in real time.

A link to both the Facebook
and Twitter social networks
can be found on our website:
www.duneswestgolfclub.com.

GOLF NEWS

LGA Couples Golf Dinner

Sunday, March 12 ■ Following Golf

\$22

Tax & gratuity included

St. Patrick's Day Menu

■ Green Salad

Cucumbers, tomatoes, red onion
& shredded cheddar with green
goddess dressing

Irish Soda Bread

Served with whipped honey butter

■ Corned Beef & Cabbage

with steamed carrots & potatoes

■ Chambray Chicken

Stuffed with chopped broccoli,
aged cheddar cheese topped with
a white wine beurre blanc

■ Mashed Potatoes

Dessert

■ Irish Parfait

Pound cake layered with fresh
whipped cream & green crème
de menthe



March



Wednesday

Thursday

Friday

Saturday

1

2

3

4

SMGA, 9:30-10:33
LGA 9 & Lunch,
11-11:18
LGA, Dinner
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.

SMGA, 9:30-10:33
LGA, 9:03-9:21
First Friday Dinner –
RSVPs 843-856-9378
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

MGA, 7:15-8
Kitchen closing at
2 p.m. and
Bar Closing at 4 p.m.
due to a private
event scheduled
Saturday Surprise,
8:30 a.m.

5

6

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8

9

10

11

MGA,
7:15-7:42

SMGA,
9:30-10:33
LGA, 9:03-9:21
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.

SMGA,
9:30-10:33
LGA 9 & Lunch,
11-11:18
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA String Me Along,
8:00
SLIP, 9:30-9:48
GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Dunes West Fine
Art Show
Cardio Sculpt,
8:30 a.m.

SMGA,
9:30-10:33
LGA, 9:03-9:21
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

MGA, 7:15-8
Saturday Surprise,
8:30 a.m.

12

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18

*Daylight
Saving Time
starts*

MGA, 7:15-7:42
LGA Couples 1 p.m.
followed by
LGA Couples Dinner

SMGA,
9:30-10:33
LGA, 7:51-8:09
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Women Who Wine
Dinner RSVP: Diana Rath
dinnerwithdiana@
gmail.com
Cardio Sculpt, 8:30 a.m.
Book Club, 7:30 p.m.

SMGA,
8:27-9:30
LGA, 9-Hole
Tournament, 9:39
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.

*St. Patrick's
Day*

SMGA, 9:30-10:33
LGA, 9:03-9:21
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

MGA, 7:15-8
Pig Roast RSVP
843-856-9378
Saturday Surprise,
8:30 a.m.

19

20

21

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23

25

MGA,
7:15-7:42

SMGA,
8:18-9:21
LGA T's & F's,
7:15-8:09
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.

SMGA Member-
Member,
8:00 & 1:06
LGA 9 & Lunch,
11-11:18
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thursday Dinner -
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.

SMGA Member-
Member, 8:00
LGA, 9:21-9:39
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

MGA, 7:15-8
Bar Closing at 4 p.m.
due to a private event
scheduled
Saturday Surprise,
8:30 a.m.

26

27

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30

31

MGA,
7:15-7:42
Bar Closing at 4 p.m.
due to a private event
scheduled

SMGA,
8:18-9:21
LGA, 7:51-8:09
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

LGA 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.

SMGA, 8:18-9:21
LGA 9 & Lunch,
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GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.

SMGA, 8:18-9:21
LGA, 9:30-9:48
Member-Member
Dinner
Yoga, 8 a.m.
Core Conditioning
9:15 a.m.