

February 2017

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Bridge Club

Mondays ■ 12:30 a.m.

The Dunes West Bridge Club meets upstairs at the Golf Clubhouse. To sign up please contact Patti Flint at pjf-putt@aol.com for February 6 and 20 and Susan Petinga at susanpetinga@gmail.com for February 13 and 27.



Dessert

Chocolate Banana Ice Cream
with fresh whipped cream.
Just two ingredients in this light frozen dessert: Bananas & cocoa powder

Women Who Wine

Tuesday, February 7 ■ 6:30 p.m.
\$22, tax & gratuity included

Dinner Menu

Focaccia with our signature dipping oil

Light Caesar Salad

Mixed greens, Parmesan crisps & a light lemon & olive oil dressing

Shrimp Pasta: Sautéed with julienne zucchini, squash, baby spinach, garlic & white wine, tossed with whole wheat penne, with shredded Parmesan

Caprese Chicken

Grilled chicken, marinated with fresh herbs, topped with slice tomato, fresh mozzarella & fresh basil

Oven Roasted Red Potatoes & Tomatoes with fresh rosemary



Valentine's Day Dinner

Tuesday, February 14 ■ 6:30 p.m.

Four-Course Dinner

\$42 per person
Call 843-856-9378 for reservations.

Appetizer

Oysters Rockefeller

Three oysters stuffed with spinach, Parmesan cheese, shallots, Pernot & garlic

Salad

Mixed Greens with dried cherries, goat cheese rolled in biscotti crumbs, cashews, red onion & a homemade champagne vinaigrette

Entrée (Your Choice)

9 oz. Filet with a Gorgonzola

Save the Date!

Thursday Dinner

5-9 p.m. | RSVP 843-856-9378

February 6

Bridge Club

February 7

Women Who Wine

February 13

Bridge Club

February 14

Valentine's Day Dinner
Book Club

February 20

Bridge Club

February 27

Bridge Club

red wine demi-glace over Fontina & chive mashed potatoes and fresh steamed asparagus

Baked Stuffed Shrimp

Four jumbo shrimp stuffed with scallops & crab, drizzled with garlic parsley butter, with fontina & chive mashed potatoes and fresh steamed asparagus

Dessert

Chocolate Molten Cake for Two

with fresh whipped cream & two chocolate dipped strawberries

CONTINUED » »

*Dine at the Club
this month!*

CONTINUED >>

Book Club

February 14 ■ 7:30 p.m.

Club Members are welcome to join The Book Club at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting room or in a book club member's home. If you have any questions or would like to find out what this month's reading is, contact Anna Ewing at aewing@ameritech.net.

AROUND THE CLUB

Thursday Dinner

Half price bottles of house wine

Appetizer

Fromage Bleu Mussels with smoky bacon, shallots, white wine, garlic & crumbled bleu cheese, \$9

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip. *Add to any entrée for \$3.*

Breaded Pork Scallopini

Topped with fresh mozzarella cheese and a mushroom Madeira reduction over garlic Parmesan mashed potatoes with fresh green beans, \$14

Fra Diavolo Mac & Cheese

with spicy andouille sausage, chicken, pepper jack & cheddar cheese topped with buttery panko & chive topping, \$15

Coffee Crusted Strip Steak

11oz. New York Strip with a ground

coffee, garlic, crushed red pepper rub with garlic Parmesan mashed potatoes with fresh green beans, \$20

Fried Seafood Platter

Shrimp, flounder & calamari, served with hand-cut fries, cole slaw & tartar sauce, \$18

Half Pound Burger

with choice of cheddar, Swiss, smoked Gouda or American cheese, \$10

Char-Grilled Chicken Sandwich

with choice of cheddar, Swiss, smoked Gouda or American cheese, \$10

Soup & Salad

Soup of the Day

Ask your server for today's selection

Caesar Salad with homemade croutons & Parmesan cheese

House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Wedge Salad with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

First Friday

Menu Appetizer

Queso Dip

Homemade queso cheese dip & tortilla chips, \$8

Entrées

All entrées served with fresh baked focaccia with our signature

Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

garlic Parmesan dip. Add soup or salad to any entrée for \$3

Prime Rib

8 oz. Queen Cut, \$16

12 oz. King Cut, \$19

Served with au jus, mashed potatoes & fresh green beans

Southern Fried Chicken

with mashed potatoes, gravy & fresh green beans, \$15

Blackened Seafood Pasta

Cajun shrimp & scallops sautéed with garlic, tomatoes & fresh parsley in a homemade seafood broth tossed with penne, \$17

Half Pound Burger

with choice of Cheddar, Swiss, smoked Gouda or American cheese served with hand-cut fries, \$10

Chicken Sandwich

with choice of cheddar, Swiss, smoked Gouda or American cheese served with hand-cut fries, \$10

CONTINUED >>

A Note from Linda in Accounting

❶ If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move.

A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.

❷ Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

CONTINUED »»

Dear Boat Storage Members

Thank you for choosing to store your boat at Dunes West. It is that time of the new year when we will be billing your member accounts the 2017 Annual Boat Storage fee of \$780, **no increase** from 2016.

For all members with EZ-PAY you will see the charge as being paid in full on February 28 along with any other charges you incurred in February.

For all members who receive a statement in the mail please make your payment in full by March 15.

Thank you and happy boating!

Winter Fitness Session

January 9-April 8

The Winter fitness session began January 9. Start 2017 strong!

Get involved with our fitness classes and meet new people while getting in shape. Join us!

Schedule

Monday:

Yoga, 8 a.m.

Core Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

PIYO, 6:30 p.m.

Friday:

Yoga, 8 a.m.

Core Conditioning, 9:15 a.m.

Saturday:

Saturday Surprise,
8:30 a.m.

Fee for Winter Fitness Session

Unlimited Classes: \$145 per person

You will receive 3 months of unlimited classes, 6 days per week!

Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come every now and then!)

Sign up today for our Winter Fitness Session! 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

*Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club. Your fitness card will be mailed to you within one week of payment.

Get Fit at the Club!

Swim Season 2017- Important Information!

Athletic & Premier Members

Our pools will re-open on from Saturday, April 1 until September 30.

New this year: To improve safety and security for all members and their families all parents and legal guardians will have to have their picture taken on our iPad system. This picture as well as your Fitness Access Cards will be needed to gain entry into the Main Pool behind the Clubhouse and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

Dry Storage Payment Due March 1

If you have any questions regarding your statement, please contact Linda at 843-856-9000 or Neal Cavallon at 843-881-8735 or at neal.cavallon@duneswestgolfclub.com.

Congrats John Lunn!



Hole-in-One

John Lunn

1/16/2017 ■ Hole #6

109 yards ■ 7-Iron

allows you to come to either club property only.

Decal Pick-Up Hours:

Monday-Friday, 8:30 a.m.-4:30 p.m.
at the Golf Club Pro Shop and
the Office Upstairs.

You can also pick up the decals
in the Dunes West Pro Shop
during the weekends.

CONTINUED >>>

Save the Dates for Summer Camps

It's not too early to start planning kids' activities for the summer:

KE Camps

June 5-July 28

Do you want to know where your child will have the most enjoyable and rewarding summer? At camp!

Camp is that special place where friendship, fun and festivities coincide to create memories that will last well beyond the summer months. Camp Dunes West, for campers ages 4-10, is that special place. The best part... it is right here at our Club!

Camp Dunes West offers a traditional day camp experience in the convenient and familiar setting of our club atmosphere. At camp, your child will have the opportunity to participate in a variety of exciting activities including swimming, group tennis instruction, arts & crafts, Fun with Foods, team building, Super Science Projects, a weekly community service project, Wacky Wednesday theme days, camp traditions, special events, and more.

It is never too early to start planning for summer vacation. Therefore, registration for Camp Dunes West is now open to both Club Members and Non-Members. Registration is flexible and you may enroll for as many days or weeks at a time as you like.

The structured camp program operates from 9 a.m.-4 p.m, Monday-Friday, with complimentary before and after-care available. Camp Dunes

West prides itself on its dedicated, talented and CPR/First Aid certified all-adult staff. Campers will benefit from an incredibly spirited, responsible and creative team of counselors whose number one goal is to provide a fun, safe and inclusive camp environment.

Please call KECamps at 877-671-2267 or visit them at www.kecamps.com to inquire or enroll! Early Bird discounts are available for registrations received by March 1 so join the fun today!

British Soccer Camp

June 5-9

Improve your game with the most popular soccer camp in the USA and Canada. Incredible Coaching staff, Challenger's 1000 touches curriculum, develop new skills and refine existing ones, play with more confidence and have more fun.

For more information visit
www.challengersports.com.

Junior Golf Camp

June 12-16 ■ 8:30-10 a.m.

2017 Car Decals Are In

2017 Car Decals for Residents Outside the Gate or Non-Residents

Residents who live outside the gates of Dunes West and Non-Residents are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for **all** things tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and

February

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Bring your sweetie to the Club!

1

SMGA,
9:30-10:33
LGA 9 & Lunch,
10:42-11
Pilates, 9 a.m.

2

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.
PIYO, 6:30 p.m.

3

LGA, 9:03-9:21
SMGA, 9:30-10:33
First Friday Dinner –
RSVPs 843-856-9378
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

4

MGA, 7:15-7:42
MGA, 9:03-9:21
Bar Closing at 4 p.m.
due to a private event
scheduled
Saturday Surprise,
8:30 a.m.

Groundhog Day

5

MGA,
7:15-7:42
MGA,
9:03-9:12

6

LGA, 9:03-9:21
SMGA,
9:30-10:33
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

7

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Women Who Wine
Dinner RSVP:
Diana Rath
dinnerwithdiana
@gmail.com
Cardio Sculpt,
8:30 a.m.

8

SMGA,
9:30-10:33
LGA 9 & Lunch,
10:42-11
Pilates, 9 a.m.

9

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.
PIYO, 6:30 p.m.

10

LGA, 9:03-9:21
SMGA, 9:30-10:33
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

11

MGA, 7:15-7:42
MGA, 9:03-9:21
Bar Closing at 4 p.m.
due to a private event
scheduled
Saturday Surprise,
8:30 a.m.

12

MGA,
7:15-7:42
MGA,
9:03-9:12

13

LGA, 7:51-8:09
SMGA,
9:30-10:33
Yoga, 9 a.m.
Core Conditioning,
9:15 a.m.

14

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Valentines Day Dinner
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.
Book Club, 7:30 p.m.

15

SMGA,
9:30-10:33
LGA 9 & Lunch,
10:42-11
Pilates, 9 a.m.

16

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.
PIYO, 6:30 p.m.

17

LGA, 9:03-9:21
SMGA, 9:30-10:33
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

18

MGA, 7:15-7:42
MGA, 9:03-9:21
Bar closing at 4 p.m.
due to a private event
scheduled
Saturday Surprise,
8:30 a.m.

19

MGA,
7:15-7:42
MGA,
9:03-9:12
Bar closing at 4 p.m.
due to a private event
scheduled

20

MGA, 7:15-7:42
LGA, 7:51-8:09
Yoga, 8 a.m.
SMGA,
9:30-10:33
Core Conditioning,
9:15 a.m.

21

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.

22

SMGA,
9:30-10:33
LGA 9 & Lunch,
10:42-11
Pilates, 9 a.m.

23

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thursday Dinner –
RSVPs 843-856-9378
Cardio Sculpt,
8:30 a.m.
PIYO, 6:30 p.m.

24

SMGA, 9:30
Joker Stableford LGA,
9:03-9:21
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

25

MGA, Kickoff,
8:36
Saturday Surprise,
8:30 a.m.

President's Day

26

MGA Kickoff,
8:36

27

SMGA,
9:30-10:33
LGA, 7:51-8:09
Yoga, 8 a.m.
Core Conditioning,
9:15 a.m.

28

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.

Mardi Gras