

March 2018

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Women Who Wine

Tuesday, March 13

\$22

Tax & gratuity included

St. Patrick's Day Menu

■ Green Salad

Cucumbers, tomatoes, red onion
& shredded cheddar with green
goddess dressing

■ **Irish Soda Bread** served
with whipped honey butter

■ **Guinness Beef Stew**
with root vegetables

■ **Goat Cheese Chicken**
drizzled with Pesto Sauce

■ **Sautéed Vegetables**
Carrots, red potatoes & onions

Dessert

■ **Chocolate Irish Cream Cake**
with fresh whipped cream

Annual Easter Egg Hunt

Friday, March 30 ■ 1:30 p.m.

This hunt is for **ALL AGES!** There will
be separate age group hunts.

Join us for our Annual Easter
Eggstravaganza! Enjoy a special
appearance by the Easter Bunny
himself, a fun castle, tons of eggs to
find and five golden grand prize eggs!

**Parents: The egg hunt starts at
1:30 p.m. SHARP! We cannot issue
refunds for latecomers so
please plan accordingly.**

Save the Date!

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

March 20

Annual Easter Egg Hunt

March 1

Thursday Dinner

March 2

First Friday

March 11

Second Sunday

March 13

Book Club
Women Who Wine – St. Patrick's Day

March 16

Wine on the Wagner

April 1

Easter Brunch

Cost is \$8 per child. Reservations
are required! Sign up by March 26!
Call us at 843-881-8735 or email
neal.cavallon@duneswestgolfclub.com.

Book Club

March 13 ■ 7 p.m.

Club Members are welcome to join
The Book Club at The Club at Dunes
West. This club meets the second
Tuesday of every month in The Club's
Meeting room or in a book club
member's home. If you have any
questions or would like to find
out what this month's reading is,
please contact Anna Ewing at
aewing@ameritech.net.

AROUND THE CLUB

Thursday Dinner

Half price bottles of house wine

Appetizer

■ **Bacon Wrapped Scallops**

Brushed with a tangy BBQ sauce, \$8

*Come to The Club
for dinner!*

CONTINUED >>

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ Sautéed Chicken Saltimbocca

with prosciutto, garlic and sage in a white wine lemon butter sauce over smoked gouda mashed potatoes & fresh green beans, \$14

■ Lemon Shrimp

with Quinoa, baby peas, spinach, roasted red peppers & a lemon herb vinaigrette, \$16

■ Bone-In Pork Chop

with a raspberry demi-glace, smoked gouda mashed potatoes & fresh green beans, \$16

■ Steak Au Poivre

8 oz. Filet with a black pepper, brandy cream sauce, smoked gouda mashed potatoes & fresh green beans, \$22

■ Half Pound Burger

with choice of cheddar, Swiss, smoked Gouda or American cheese, \$10

■ Char-Grilled Chicken

Sandwich with choice of cheddar, Swiss, smoked Gouda or American cheese, \$10

Soup & Salad

Add to any entrée for \$3.

■ Soup of the Day

Ask your server for today's selection

■ **Caesar Salad** with homemade croutons & Parmesan cheese

■ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Wedge Salad with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

First Friday

Menu

Appetizer

■ Queso Dip

Homemade queso cheese dip & tortilla chips, \$8

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip. Add soup or salad to any entrée for \$3.

■ Prime Rib

8 oz. Queen-cut, \$17

12 oz. King-cut, \$21

Served with au jus, mashed potatoes & fresh green beans

■ Southern Fried Chicken

with mashed potatoes, gravy & fresh green beans, \$15

■ Blackened Seafood Pasta

Cajun shrimp & scallops sautéed with garlic, tomatoes & fresh parsley in a homemade seafood broth tossed with penne, \$17

A Note from Linda in Accounting

① If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.

② Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

③ Pools Open Next Month!

Be sure to pay your balance in full so we can activate your pool cards!

■ Bacon, Black & Bleu Burger

Blackened seasoning, crisp bacon & bleu cheese crumbles served with hand-cut fries, 12

■ Smoky Mountain Chicken Sandwich

Cheddar, bacon, bbq sauce & sliced tomatoes served with hand-cut fries, \$12

Second Sunday

The Second Sunday of every month

■ 4-8 p.m.

Tacos, Burgers & Brews

*\$2 Domestic bottled beer with the purchase of a burger or tacos!

Dine-in or Take-out
(Sorry, no beer to go!)

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*EZ-Pay...
Contact Linda*

CONTINUED >>

Appetizers

■ Queso Dip

Homemade Queso cheese dip
& tortilla chips, \$8

■ Fried Green Tomatoes

Topped with pimento cheese,
chopped bacon & sweet
chili sauce, \$8

Burgers

*All burgers come with
choice of one side.*

Add bacon to any burger for \$1.50

Add our signature sauce for .50¢

■ Drunken Goat Burger

Goat cheese, red wine onions,
mixed greens, tomato & onion, \$10

■ Grilled Cheeseburger

American cheese on buttered
& grilled white bread, \$10

■ Three Cheese Burger

American, cheddar & smoked
gouda with our signature sauce,
lettuce, tomato & onion, \$10

■ Charleston Burger

Topped with a fried green tomato,
pimento cheese, lettuce, onion
& spicy mayo, \$10

■ Cheeseburger

American, Swiss, smoked gouda,
cheddar, goat, Bleu, pimento or
queso, with lettuce, tomato
& onion, \$10

TACOS

Three soft taco's with black bean
& roasted corn salad

■ Mexicano

Grilled chicken, queso fresco,
shredded lettuce, diced tomatoes,
fresh cilantro, jalapeños & sour
cream, \$10

■ Americano

Shaved sirloin steak, shredded
cheddar, chile aioli, shredded
lettuce & diced tomato, \$10

■ Spicy BBQ Chicken

Breaded & fried chicken chunks,
homemade sriracha BBQ sauce,
pimento cheese, coleslaw
& fresh cilantro, \$10

■ Salmon

Blackened salmon, goat cheese,
fresh cilantro, diced tomato
& goat cheese aioli, \$10

■ Buffalo

Breaded & fried chicken or
shrimp with bleu cheese crumbles,
shredded lettuce, diced tomato
& bleu cheese dressing, \$10

■ Vegetarian

Fried green tomatoes, goat cheese,
shredded lettuce, jalapeños, fresh



cilantro & creamy lemon
dill sauce, \$10

Soup & Salad

Add to any entrée for \$3.

■ Soup of the Day

Ask your server for today's selection.

■ **Caesar Salad** with homemade
croutons & Parmesan cheese

■ House Salad

Mixed greens with tomatoes, onions,
cucumbers & choice of dressing

Wine on the Wagner

Friday, March 16 ■ 6 p.m.

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Did You Know?!?

We offer EZ Pay Billing for both your
Athletic & Golf Dues! You simply
need to provide us with a debit or
credit card to draft from, and after-
wards you can sit back, relax and
never worry about another bill again!

Simply call Linda Jamison, Office
Manager, and provide her with your
debit or credit card number and
updated email address. We will pull
the funds for your monthly dues
between the 1st and 5th of each
month and send you an email
showing how much was deducted.

How easy is that?! Give us a call
today to set up your EZ Pay account!
843-856-9000

Boat Season is Here!

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Wine, beer, cocktails & great food overlooking our amazing sunset on Wagner Creek

Adults, \$20 ■ Kids, 11 & under, \$12

Call 843-856-9378 for reservations.

This event will take place every month on a Friday or Saturday evening depending on availability

Great Wine Specials
Entire wine list is \$20 per bottle!

Menu

■ **Fruit, Cheese & Vegetable Crudités**, 6-7 p.m.

■ **Two chef attended stations**, 7-8:30 p.m.

Stations rotating monthly including carved meats, risotto, pasta, mashed potato, salad, shrimp & grits

MARCH STATIONS:

■ **Carving Station**

Slow-cooked beef brisket & smoked pork loin with dinner rolls, bourbon bbq sauce, bacon chutney, spicy mustard & mayo

■ **Shrimp & Grits Station** with toppers including cheddar cheese, butter, sour cream, bacon & chives,

■ **Light Desserts**, 8:30-9:30 p.m.

**plus 11% tax & 20% gratuity*

This event is family-style seating – no individual tables will be reserved.



Dry Storage Payment Due March 1

If you have any questions regarding your statement, please contact Linda at 843-856-9000 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

Winter Fitness Session

January 8 – April 7

Let us help you with your New Year's Resolutions! The Winter fitness session began January 8. Start 2018 strong! Get involved with our fitness classes and meet new people while getting in shape. We would love for you to join.

Schedule

Monday:

Yoga, 8 a.m.

Body Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.

PIYO, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

Friday:

Yoga, 8 a.m.

Body Conditioning, 9:15 a.m.

Saturday:

High/Low Challenge, 8:30 a.m.

Our Saturday Fitness Class has changed! **We are happy to introduce High/Low Challenge:**

This class will be held outside weather permitting. This class will challenge you with cardio drills (no running necessary), strength (with and without weights) stability and stretch. Some classes will be held at Laurel Hills Park in Park West and participants will be notified by email 24 hours prior to class.

Fee for Winter Fitness Session Unlimited Classes:

\$145 per person

You will receive three months of unlimited classes, 6 days per week!

Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come every now and then!)

Sign up today for our Winter Fitness Session! 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

*Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.



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Swim Season 2018 Important Information!

Athletic & Premier Members –

**Our pools will re-open on
Sunday, April 1.**

New This Year – To improve safety and security for all members and their families all parents and legal guardians will have to have their picture taken on our iPad system. This picture as well as your Fitness Access Cards will be needed to gain entry into the Main Pool behind the Clubhouse and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 881-8735 or neal.cavallon@duneswestgolfclub.com.

Save the Dates for 2018 Summer Camps

It's not too early to start planning
kids' activities for the summer:

KE Camps

June 4 – July 27

Do you want to know where your child will have the most enjoyable and rewarding summer? At camp! Camp is that special place where friendship, fun and festivities coincide to create memories that will last well beyond the summer months. Camp Dunes West, for campers ages 4-10, is that special place. The best part...it is right here at our Club!

Camp Dunes West offers a traditional day camp experience in the convenient and familiar setting of our club atmosphere. At camp, your child will have the opportunity to participate in a variety of exciting activities including swimming, group tennis instruction, arts & crafts, fun with foods, team building, super science projects, a weekly community service project, Wacky Wednesday theme days, camp traditions, special events, and more.

It is never too early to start planning for summer vacation. Therefore, registration for Camp Dunes West is now open to both Club Members and Non-Members. Registration is flexible and you may enroll for as many days or weeks at a time as you like.



In Memoriam

Erin Thomas

We lost a friend and co-worker in February. From all of us who had the privilege and genuine pleasure of knowing Erin over her 12 years at Dunes West, we are so deeply saddened to have lost her. She will be missed beyond words. Her smile and energy were infectious and we are all better people for having her in our lives. She will always be with us.

Services will be held at Snee Farm Country Club On Saturday March 3 at 11a.m. with a reception to follow.

The structured camp program operates from 9 a.m.-4 p.m., Monday-Friday, with complimentary before and after-care available. Camp Dunes West prides itself on its dedicated, talented and CPR/First Aid certified all-adult staff. Campers will benefit from an incredibly spirited, responsible and creative team of counselors whose number one goal is to provide a fun, safe and inclusive camp environment.

Please call KECamps at 877-671-2267 or visit them at www.kecamps.com to inquire or enroll! Early bird discounts are available for registrations received by March 1 so join the fun today!

British Soccer Camp

June 4-8

Improve your game with the most popular soccer camp in the USA and Canada.

*Congrats
Larry!*

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Incredible coaching staff,
Challenger's 1000 touches
curriculum, develop new skills and
refine existing ones, play with more
confidence and have more fun.

For more information visit
www.challengersports.com.



Hole-in-One

Larry Bach

February 8

Hole 12 ■ 9-iron ■ 134 yards

Witness:

Greg Klettke

2018 Car Decals Are In

2018 Car Decals for Residents
Outside the Gate or Non-Residents
Residents who live outside the gates
of Dunes West and Non-Residents
are required to have a club car decal
on their vehicle when entering into
the gates of Dunes West. This decal
allows you to come to either club
property only.

If you cannot make our office hours
to pick up your decal, email us at
linda.jamison@duneswestgolfclub.com
and state your name, address and
number of vehicles in your
household. We will be happy
to mail them to you.

Decal Pick-Up Hours:

Monday-Friday 8:30 a.m.-3:30 p.m.

Golf Club Office Upstairs

You can also pick up the decals in
the Dunes West Pro Shop during
the weekends.

Junior Golf Clinics

June 11-15
August 13-17

Follow Us on Facebook & Twitter

**Did you know that we
have Facebook/Twitter
Accounts for different
features of the clubs?**

Dunes West Golf Club: You'll
find out all you need to know about
golf specials, special dinner menus,
member socials, special events and
more! Information about pool
events, tennis socials, fitness updates
and more posted here.

Dunes West Tennis: This is our
newest page and is for **all** things
Tennis! Jack, our Director of Tennis,
will be posting updates and pictures
of tournaments and socials. It's a
great way to keep in touch with
fellow players and to ask Jack
specific questions regarding
lessons, camps and clinics!

We hope you "Like" some or all of
these pages! It's a great way for us to
keep you in the loop in real time.

A link to both the Facebook and
Twitter social networks can be
found on our website:
www.duneswestgolfclub.com.

Dunes West Summer Swim Team 2018

Do you have a child that loves
to swim? Dunes West Swordfish
Introduction Meetings:

March 18 ■ 3 p.m.

March 19 & 21 ■ 6:30-7:30 p.m.
Athletic Club Meeting rooms

Come talk to the coaches and board
members with your questions.

Come find out about the Dunes West
family run swim team. For kids 5-18
years old. Practice starts April 30.
Meet Season runs from
June 5-July 15.

Your child will improve their
swimming skills and learn the
fun of being on a team.

For more information or
to register online visit
duneswestswordfish.com.

For questions about meetings
please contact Neal Cavallon
at 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

March

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*Tis the season
for golf!*



1

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378

2

SMGA, 9:30-10:24
LGA, 9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
First Friday Dinner –
Live Music with Matt
& Larry – Prime Rib
RSVP 843-856-9378

3

MGA, 7:15-8
High/Low
Challenge,
8:30 a.m.

4

MGA,
7:15-7:42
LGA Skills
Challenge,
2 p.m.

5

SMGA,
9:30-10:24
LGA, 9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

6

LGA,
8:27-8:54
SLIP,
9:03-9:21
GOB,
10:06-10:33
Cardio Sculpt,
8:30 a.m.

7

SMGA,
9:30-10:24
LGA 9 & Lunch,
11-11:18
Pilates,
9 a.m.
PIYO,
6:30 p.m.

8

LGA Opening Day,
8:09-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378

9

SMGA,
9:30-10:24
LGA,
9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

10

MGA, 7:15-8
High/Low
Challenge,
8:30 a.m.

11

MGA,
7:15-7:42
Second Sunday
Dinner – Taco's
Burgers
& Brews – RSVP
843-856-9378

12

SMGA,
9:30-10:24
LGA, 9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

13

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.
Book Club, 7 p.m.
Women Who Wine Dinner
RSVP Diana Rath
dinnerwithdiana@gmail.com

14

SMGA,
9:30-10:24
LGA 9 & Lunch,
11-11:18
Pilates, 9 a.m.
PIYO,
6:30 p.m.

15

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378

16

SMGA,
9:30-10:24
LGA, 9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
Wine on the Wagner
RSVP 843-856-9378

17

MGA, 7:15-8
High/Low
Challenge,
8:30 a.m.

*Daylight
Savings Begins*

*St. Patrick's
Day*



18

MGA,
7:15-7:42

19

SMGA,
9:30-10:24
LGA, 9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

20

LGA, 8-8:27
SLIP, 9:03-9:21
GOB,
10:06-10:33
Cardio Sculpt,
8:30 a.m.

21

SMGA
Member-Member,
8:00
LGA 9 & Lunch,
11-11:18
Pilates, 9 a.m.
PIYO, 6:30 p.m.

22

LGA, 8:09-8:54
SLIP, 9:03-9:21
GOB,
10:06-10:33
Cardio Sculpt,
8:30 a.m.
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378

23

SMGA
Member-Member,
8:00
LGA,
7:33-7:51
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

24

MGA, 7:15-8
High/Low
Challenge,
8:30 a.m.

25

MGA,
7:15-7:42

26

SMGA,
9:30-10:24
LGA, 9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

27

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.

28

SMGA,
9:30-10:24
LGA 9 & Lunch,
11-11:18
Pilates, 9 a.m.
PIYO, 6:30 p.m.

29

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt,
8:30 a.m.
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378

30

SMGA, 9:30-10:24
LGA, 9:03-9:21
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
Annual Easter Egg
Hunt, 1:30 p.m.
Athletic Club

31

MGA, 7:15-8
High/Low
Challenge,
8:30 a.m.

Good Friday