

March 2019

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Old Fashioned Fish Fry

Saturday, March 9
Cocktails, 6-7 p.m. ■ Dinner, 7 p.m.

Adults, \$23 per person*
Kids, 11 & under, \$12*

*Plus 11% sales tax & 20% gratuity.
Reservations 843-856-9378

MENU

- **Fried Flounder** with Cajun tartar sauce
- **Fried Shrimp** with cocktail sauce
- **Fried Calamari** with lemon parsley aioli
- **Char-grilled Chicken Breast** (for the land lovers) with lemon butter & fresh parsley
- **Hand-Cut Fries**
- **Traditional Cole Slaw**
- **Fresh Green Beans**
- **Hush Puppies** with honey butter
- **Pie Bar:** Apple, blueberry & cherry pies with fresh whipped cream

Save the Date Annual Easter Egg Hunt

Friday, April 19 ■ 1:30 p.m.
Stay tuned for details.



AROUND THE CLUB

DW Grille Thursday Dinner

Entire Wine List Now \$20
Thursday Night Only!

APPETIZERS

- **Bacon Wrapped Scallops**
Brushed with a tangy BBQ sauce, \$9
- **Beer Can Chili:** Ground beef, sausage, bacon & Sierra Nevada Pale Ale, topped with shredded cheddar & red onions, \$4 / \$7

ENTRÉES

- All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.*
- **Sautéed Chicken Saltimbocca:** Prosciutto, garlic and sage in a white wine lemon butter sauce over smoked gouda mashed potatoes & vegetable medley, \$15
 - **Lemon Shrimp** over quinoa salad with baby peas, spinach, roasted red peppers & a lemon herb vinaigrette, \$17

Save the Date!

New Eagle's Nest Menu

Every Friday | 5-9 p.m.

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

March 1

First Friday

March 9

Old Fashioned Fish Fry

March 10

Couples Golf

April 9

Annual Easter Egg Hunt

- **Grilled Meatloaf** on a bed of smoked gouda mashed potatoes, drizzled with a homemade whiskey BBQ sauce, with vegetable medley, \$15
- **BBQ & Grits:** Slow-cooked pulled pork, caramelized onions, Cheddar-Jack cheese on a bed of creamy bacon grits with Alabama white BBQ sauce, \$18
- **Dunes West Burger:** American cheese, cheddar cheese, crisp bacon & our homemade smoked aioli with shredded lettuce, tomato & onion on a buttered & grilled brioche bun, \$12
- **Charleston Chicken:** Grilled or fried chicken breast with pimento cheese, shredded lettuce & tomato, on a buttered & grilled brioche bun, \$12

SALAD

Add to any entrée for \$4.

- **Caesar Salad** with homemade croutons & Parmesan cheese

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*Dine with us at
The Grille &
Eagle's Nest!*

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- **Romaine Wedge** with crumbled Bleu cheese, diced tomatoes, bacon bits & Bleu cheese dressing
- **House Salad:** Mixed greens with tomatoes, onions, cucumbers & choice of dressing

SIGNATURE DRINKS

- **Southern Sour:** Woodford Reserve Bourbon with fresh lemon juice, honey infused simple syrup & a cherry, \$9
- **Charleston Tonic:** Charleston based Nippitaty Gin elder flower tonic & lime wedge, \$9
- **Dunes West Mule:** Tito's Vodka, Ginger Beer & lime juice, garnished with a lime, \$9

DW Grille First Friday

APPETIZERS

- **Queso Dip:** Homemade queso cheese dip & tortilla chips, \$8
- **Beer Can Chili:** Ground beef, sausage, bacon & Sierra Nevada Pale Ale, topped with shredded cheddar & red onions, \$4 / \$7

ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Prime Rib**
8 oz. Queen-cut, \$17
12 oz. King-cut, \$21
Served with au jus, mashed potatoes & fresh green beans
- **Chicken Valdostana**
Char-grilled chicken topped with prosciutto, fresh mozzarella & a white wine mushroom butter sauce with fresh basil, over mashed potatoes & fresh green beans, \$16

- **Blackened Seafood Pasta**
Cajun shrimp & scallops sautéed with garlic, tomatoes & fresh parsley in a homemade seafood broth tossed with penne, \$17
- **Bacon, Black & Bleu Burger**
Blackened seasoning, crisp bacon & bleu cheese crumbles, served with hand-cut fries, \$12
- **Smoky Mountain Chicken Sandwich:** Cheddar, bacon, BBQ sauce & sliced tomatoes, served with hand-cut fries, \$12

SALAD

Add to any entrée for \$4.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad:** Mixed greens with tomatoes, onions, cucumbers & choice of dressing

SIGNATURE DRINKS

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- **Dunes West Mule:** Tito's Vodka, Ginger Beer & lime juice, garnished with a lime, \$9

Eagle's Nest Friday Night Menu

Fridays ■ 5-9 p.m.
Special Drink Prices
Happy Hour Pricing All Night Long!

A Note from Linda in Accounting

- 1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.
- 3 Pools open next month! Be sure to pay your balance in full so we can activate your pool cards!

\$3.50 TACOS

- **Carne Asada:** Marinated flank steak, sliced thin, with shredded Jack cheese, diced tomatoes, diced red onion, shredded lettuce & drizzled with a homemade avocado cream sauce
- **BBQ Chicken:** Char-grilled chicken strips, with shredded Jack cheese, diced tomatoes, diced red onion, shredded lettuce & drizzled with bourbon BBQ sauce
- **Garlic Shrimp:** Fried shrimp tossed in garlic parsley butter, diced tomatoes, diced red onion, shredded lettuce & drizzled with a homemade garlic aioli
- **Charleston Veggie:** Fried green tomato, pimento cheese, diced red onion, shredded lettuce & drizzled with creamy lemon dill sauce
- **Lettuce Wraps:** Ginger-soy marinated chicken & carrot slaw, drizzled with homemade peanut satay, served with Thai chili dipping sauce

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Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000



Pool time is here!

will have to have their picture taken on our iPad system. This picture as well as your Fitness Access Cards will be needed to gain entry into the Main Pool behind the Clubhouse and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.



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BAR SNACKS

- **Pimento Cheese** with Captain's Wafers, 6
- **Soft Pretzel:** Homemade Sierra Nevada beer cheese dip, 7
- **Queso Dip:** Tortilla chips & Homemade queso dip, \$8

2019 Pool Season

Important Information!

Athletic & Premier Members –

Our pools will re-open on Sunday, March 23. Spring Break is early this year so we are opening the pools early.

The main pool slide will be closed until Lifeguards are present. Lifeguards and pool attendants will start, weekends only, April 13, and full time May 25.

This Year: To improve safety and security for all members and their families all parents and legal guardians

Winter Fitness Session

January 7 – April 6

Let us help you with your New Year's Resolutions! Start 2019 strong! Get involved with our fitness classes and meet new people while getting in shape. We would love for you to join:

Monday:

Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Friday:

Body Conditioning, 9:15 a.m.

Saturday:

Mat Barre, 8:30 a.m.

Fee for Winter Fitness Session

Unlimited Classes: \$145 per person
You will receive 3 months of unlimited classes, 6 days per week!
Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10 (for those who just want to come every now and then!)

Sign up today for our Winter Fitness Session! 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

**Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.*

Save the Dates for Summer Camps

It's not too early to start planning kids' activities for the summer:

KE Camps 2019

June 10 – August 2

Do you want to know where your child will have the most enjoyable and rewarding summer? At camp! Camp is that special place where friendship, fun and festivities coincide to create memories that will last well beyond

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Congrats Tom!



Hole-in-One

Tom Rose ■ Hole #12
134 Yards ■ 8-Iron
January 29, 2019

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the summer months. Camp Dunes West, for campers ages 4-10, is that special place. The best part...it is right here at our Club!

Camp Dunes West offers a traditional day camp experience in the convenient and familiar setting of our club atmosphere. At camp, your child will have the opportunity to participate in a variety of exciting activities including swimming, group tennis instruction, arts & crafts, fun with foods, team building, super science projects, a weekly community service project, wacky wednesday theme days, camp traditions, special events, and more.

It is never too early to start planning for summer vacation. Therefore, registration for Camp Dunes West is now open to both Club Members and Non-Members. Registration is flexible and you may enroll for as many days or weeks at a time as you like.

The structured camp program operates from 9 a.m.- 4 p.m., Monday-Friday, with before and after-care available. Camp Dunes West prides itself on its dedicated, talented and CPR/First Aid certified all-adult staff. Campers will benefit from an incredibly spirited, responsible and creative team of counselors whose number one goal is to provide a fun, safe and inclusive camp environment.

Please call KECamps at 877-671-2267 or visit them at www.kecamps.com to inquire or enroll! Early Bird discounts are available for registrations received by March 1 so join the fun today!

2019 Car Decals Are In

Residents who live outside the gates of Dunes West and Non-Residents members are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

If you cannot make our office hours to pick up your decal, please email us at linda.jamison@duneswestgolfclub.com and state your name, address and number of vehicles in your household. We will be happy to mail them to you.

Decal Pick-Up Hours:

Monday-Friday ■ 8:30 a.m.-3:30 p.m.

Golf Club Office Upstairs

You can also pick up the decals in the Dunes West Pro Shop during the weekends.

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for ALL things Tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you 'Like' some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and Twitter social networks can be found on our website: www.duneswestgolfclub.com.

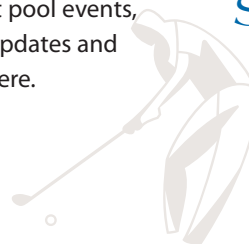
Dry Storage Payment Due March 1

If you have any questions regarding your statement, please call Linda at 856-9000 or Neal Cavallon at 843-881-8735 or email us at neal.cavallon@duneswestgolfclub.com.

GOLF NEWS

Save these Date: Couples Golf

March 10 ■ April 14
May 5 ■ June 9



March



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Join us for a great 2019!



1

2

SMGA, 9:30-10:24
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
First Friday with Michael Thompson RSVPs 843-856-9378
\$3.50 Tacos in the Eagle's Nest 5-9 p.m.!

MGA, 7:15-8
Mat Barre, 8:30 a.m.

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MGA, 7:15-7:42

SMGA, 9:30-10:24
LGA, 8:45-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Christ Our King, 1 p.m.
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Mardi Gras!

SMGA, 9:30-10:24
LGA 9 & Lunch, 11-11:45t
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Ash Wednesday

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

SMGA, 9:30-10:24
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
\$3.50 Tacos in the Eagle's Nest 5-9 p.m.!

MGA, 7:15-8
Mat Barre, 8:30 a.m.
Fish Fry
RSVPs 843-856-9378

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MGA, 7:15-7:42
Couples Golf, 1 p.m.

Daylight Savings Time Begins



St. Patrick's Day

SMGA, 9:30-10:24
LGA, 8:45-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.
Couples Golf Dinner

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Wine & Dine Dinner (Ladies only) RSVPs 843-856-9378

SMGA, 9:30-10:24
LGA 9 & Lunch, 11-11:45
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

SMGA, 9:30-10:24
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
\$3.50 Tacos in the Eagle's Nest 5-9 p.m.!

MGA
Member-Member, 7:30
Mat Barre, 8:30 a.m.

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MGA
Member-Member, 8

SMGA, 9:30-10:24
LGA, 8:45-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

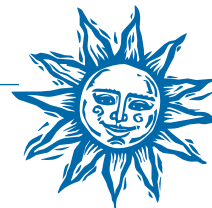
LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

SMGA
Member-Member, 8-9:21 & 1:06-2:27
LGA 9 & Lunch, 11-11:45
Pilates, 9 a.m.
Restorative Yoga, 6:30 a.m.

LGA, 8:18-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

SMGA
Member-Member, 9:30-10:06
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.
\$3.50 Tacos in the Eagle's Nest 5-9 p.m.!

MGA, 7:15-8
Mat Barre, 8:30 a.m.
All Pools Open, 10 a.m.-8 p.m.



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MGA, 7:15-7:42

SMGA, 9:30-10:24
LGA, 8:45-9:21
Body Conditioning, 9:15 a.m.

LGA, 8:27-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga

SMGA, 9:30-10:24
LGA 9 & Lunch, 10:33-11:09
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

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Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

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\$3.50 Tacos in the Eagle's Nest 5-9 p.m.!

MGA, 7:15-8
Mat Barre, 8:30 a.m.

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MGA, 7:15-7:42