

May 2018

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Women Who Wine

Kentucky Derby Menu

Tuesday, May 8

\$22

Tax & gratuity included

- **Derby Salad** with Romaine, red onion, mandarin oranges & berries with a homemade poppy seed dressing

▪ Carving Station

Featuring:

- **Bourbon marinated pork loin** with a sweet chutney
- **Herb Encrusted Sirloin** with a creamy horseradish
- **Roasted Potatoes** with fresh herbs & olive oil
- **Green Beans Almondine**

Dessert

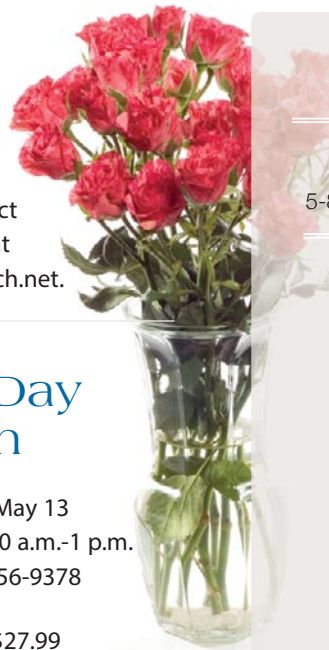
- **Chocolate Bourbon Pecan Pie**
Served with fresh whipped cream

Book Club

May 8 ■ 7 p.m.

Club Members are welcome to join The Book Club at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting room or in a book club member's home. If you have any

questions or would like to find out what this month's reading is, please contact Anna Ewing at aeewing@ameritech.net.



Mother's Day Brunch

Sunday, May 13

Reservations: 10 a.m.-1 p.m.

Call 843-856-9378

Adults, \$27.99

Children Under 12, \$14.99

All Mom's receive

a complimentary Mimosa

Buffet Brunch Menu

- **Assorted Mini Quiche**
- **Fresh Fruit** with chocolate fondue
- **Scrambled Eggs with Cheese**
- **Bacon & Sausage**
- **Breakfast Potatoes**
- **Mini Pancakes** with strawberries, whipped cream, maple syrup and whipped butter
- **Strawberry & Feta Salad** with red onions & fresh mint
- **Salmon Pasta Salad**
Pulled salmon with petite peas, red bell peppers, tossed in a homemade creamy lemon dill dressing

Save the Date!

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

May 3

Ladies Member-Guest

May 8

Women Who Wine
Book Club

May 13

Mother's Day Brunch

May 17-19

Men's Member Invitational

May 19

Summer Pool Kickoff Party

- **Carving Station** with roasted top round & smoked pork loin
assorted mini desserts
- **Coffee & Juice Included**

AROUND THE CLUB

Eagle's Nest

Come check out our new bar, The Eagle's Nest, for a drink and an appetizer on any of the following seven nights in May!

Friday, May 4

Saturday, May 5

Friday, May 11

Saturday, May 12

Member-Guest Time!



CONTINUED >>

Thursday, May 17 (No Thursday Dinner due to a wedding at the club)
Friday, May 18
Saturday, May 19
Sunday, May 20
Saturday, May 26
Sunday, May 27

■ **Pimento Cheese** with Captain's wafers, 6

■ **Soft Pretzel:** Homemade Sierra Nevada beer cheese dip, 7

■ **Queso Dip:** Tortilla chips & homemade queso dip, 8

Spring Fitness Session

April 9 – July 7

The Spring fitness session began April 9. Get ready for pool season! Get involved with our fitness classes and



Clubhouse News

- No First Friday due to a wedding at the club on May 4.
- No Second Sunday due to wedding on May 13.
- No Thursday Dinner on May 17 due to a private event at the club.
- No Wine on the Wagner due to a full event schedule on Friday & Saturday nights in May.

meet new people while getting in shape. We would love for you to join.

Schedule

Monday:

Yoga, 8 a.m.
Body Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.
PIYO, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

Friday:

Yoga, 8 a.m.
Body Conditioning, 9:15 a.m.

Saturday:

High/Low Challenge, 8 a.m.

Fee for Spring Fitness Session

Unlimited Classes:

\$145 per person
You will receive three months of unlimited classes, six days per week! Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come every now and then!)

Sign up today for our Spring Fitness Session! 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

Summer Kick-Off Party!

Saturday, May 19

■ 11:30 a.m.-1:30 p.m.

You don't want to miss our **Summer Kick-Off Party!** We will kick off Summer 2018 with a bang at the Main Pool.

Jump castle, games for the kids, competitions with great prizes! Don't forget your swipe cards to enter into the pool and get here early for the best seats!

*Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.

Aqua Aerobics 2018

Session 1 starts May 14 – July 6 (8 weeks)

Monday & Friday:

Thomas Lynch Hall Pool,
10:30-11:30 a.m.

Tuesday & Thursday:

Hartford Village Pool
4-5 p.m.

Trial week May 14-18:

Come try these fun and beneficial classes. You will only be charged for the session if you enjoy and continue with the classes.

This water fitness work out combines cardio, toning and stretching for an excellent work out. Excellent for cross-training, the water allows you to work out more effectively with less impact to the joints.

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Swim Team Fun!

A Note from Linda in Accounting

- 1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.
- 3 Be sure to pay your balance in full so we can activate your pool cards!



your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

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Session Fees:

May 14-July 6: \$80 per person

July 16-September 7:
\$80 per person

2018 Pool Season

Important Information!

**Athletic & Premier Members –
Pools are open.**

New This Year – To improve safety and security for all members and their families all parents and legal guardians will have to have their picture taken on our iPad system. This picture as well as your Fitness Access Cards will be needed to gain entry into the Main Pool behind the Clubhouse and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant

Swordfish Practices

Our Dunes West Swordfish will begin practicing at the Thomas Lynch Hall Pool starting April 30. Their practice times are Monday-Friday, 4-6 p.m.

Starting June 4, once school is out of session, swim team practice will be held in the morning, from 7:30-10 a.m., before the pool opens.

2018 Car Decals Are In

2018 Car Decals for Residents Outside the Gate or Non-Residents Residents who live outside the gates of Dunes West and Non-Residents are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

If you cannot make our office hours to pick up your decal, please email us at linda.jamison@duneswestgolfclub.com

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Summer Swim Team 2018

Do you have a child that loves to swim?

Come find out about the Dunes West family run swim team. For kids 5-18 years old. Your child will improve their swimming skills and learn the fun of being on a team. Practice starts April 30. Meet season runs from June 5-July 15.

For more information or to register online visit www.duneswestswordfish.com.

For questions about meetings, contact Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.



Dry Storage Payments Past Due

If you have any questions regarding your statement, please call Linda at 843-856-9000 or Neal Cavallon at 843-881-8735 or email us at neal.cavallon@duneswestgolfclub.com.

Save the Date for Camp!

CONTINUED >>

and state your name, address and number of vehicles in your household. We will be happy to mail them to you.

Decal Pick-Up Hours:

Monday-Friday, 8:30 a.m.-3:30 p.m.

Golf Club Office Upstairs

You can also pick up the decals in the Dunes West Pro Shop during the weekends.

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for **all** things Tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and Twitter social networks can be found at duneswestgolfclub.com.

Thursday Dinner

Half price bottles of house wine

Appetizer

▪ Southern Skins

Potato skins filled with pimento cheese, topped with bacon bits and smoked paprika sour cream, 9

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

▪ Pasta Carbonara with Chicken

Pancetta, shallots, baby peas in a creamy Parmesan cheese sauce with black pepper, 15

▪ Filet

8 oz. cut topped with garlic parsley butter, served with scallion mashed potatoes & fresh green beans, 21

Add: *Bleu cheese crumbles & fried onion straws for an additional \$2.*

▪ Catch of the Day

Ask your server for the chef's selection, Market price

▪ Baby Back Ribs

Fall off the bone and brushed with a sweet & tangy BBQ sauce served with scallion mashed potatoes & fresh green beans
Half rack, 14 / Full rack, 19

▪ Fried Green Tomato Salad

Mixed greens, goat cheese, red onion & cucumbers drizzled with creamy lemon dill dressing, 9

Add:

- Grilled, fried or blackened shrimp, \$4
- Bourbon glazed or blackened salmon \$5
- Grilled or blackened chicken

Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

or chicken salad \$3

▪ **Half Pound Burger** with choice of Cheddar, Swiss, Smoked Gouda or American cheese, 10

▪ **Char-Grilled Chicken Sandwich** with choice of Cheddar, Swiss, smoked Gouda or American cheese, 10

Soup & Salad

Add to any entrée for \$3.

▪ Soup of the Day

Ask your server for today's selection

▪ **Caesar Salad** with homemade croutons & Parmesan cheese

▪ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

▪ **Wedge Salad** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing



LGA Queen Bee Results

- 1st Place:** Ana Carlson, 60
- 2nd Place:** Susie Koch, 64
- 3rd Place:** Sheila Moses, 65
- 4th Place:** Gwen Paro, 65

CONTINUED >>

Save the Dates for Summer Camps

It's not too early to start planning kids' activities for the summer:

KE Camps 2018

June 4 – July 27

Do you want to know where your child will have the most enjoyable and rewarding summer? At camp! Camp is that special place where friendship, fun and festivities coincide to create memories that will last well beyond the summer months. Camp Dunes West, for campers ages 4-10, is that special place. The best part... it is right here at our Club!

Camp Dunes West offers a traditional day camp experience in the convenient and familiar setting of our club atmosphere. At camp, your child will have the opportunity to participate in a variety of exciting activities including swimming, group tennis instruction, arts & crafts, fun with foods, team building, super science projects, a weekly community service project, Wacky Wednesday theme days, camp traditions, special events, and more.

It is never too early to start planning for summer vacation. Therefore,



Congrats Ladies!

Junior Tennis

June 11-July 30
Monday-Friday ■ 9 a.m.-12 p.m.
Ages 5-12

It is our goal each week to provide a safe and fun environment for your child or children to learn the game of tennis. They will learn the rules and strokes through a variety of games promised to keep their attention. We will be using low compression balls and shorter courts to help speed up the learning process. Also, as part of the camp, the campers will go to the pool each day for the last half hour of the day to cool off. If it rains we will play games and watch movies. Special events include water gun Wednesdays, prizes, report cards, and pizza party on Fridays. The cost is \$150 per camper per week. We are currently offering an early registration discount if you sign up and pay by April 30 then the cost will be \$135 per camper per week.

Please note that if you have a tennis account already set up simply log into your account and click on 'Activities' then 'Junior Programs.' If you have friends please forward this email to them. In order to create an account please click here and click 'Customer Sign Up' to create an account. Please set up your kids as a secondary on your account. The system will ask for a credit card during the sign up process. Once you have created an account just follow the above instructions on how to find the camps. If you have any questions regarding camps please text Jack at 843-345-2995.

registration for Camp Dunes West is now open to both Club Members and Non-Members. Registration is flexible and you may enroll for as many days or weeks at a time as you like.

The structured camp program operates Monday-Friday, 9 a.m.-4 p.m., with complimentary before and after-care available. Camp Dunes West prides itself on its dedicated, talented and CPR/First Aid certified all-adult staff. Campers will benefit from an incredibly spirited, responsible and creative team of counselors whose number one goal is to provide a fun, safe and inclusive camp environment.

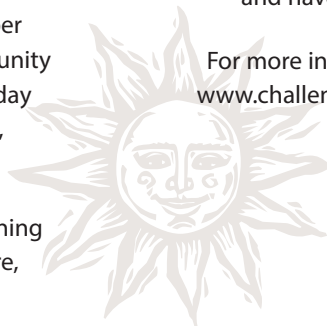
Please call KECamps at 877-671-2267 or visit them at www.kecamps.com to inquire or enroll! Early Bird discounts are available for registrations received by March 1 so join the fun today!

British Soccer Camp

June 4-8

Improve your game with the most popular soccer camp in the USA and Canada. Incredible coaching staff, Challenger's 1000 touches curriculum, develop new skills and refine existing ones, play with more confidence and have more fun.

For more information visit www.challengersports.com.



Congrats!

2018 Men's Member
Member Winners Roger
Hawks & Bill Schneider

CONTINUED >>



Hole-In-One

Ron Ellis

March 24 ■ Hole #17

164 yards ■ 4 Rescue

GOLF NEWS

2018 Jr. Programs

June 11-15 ■ July 30-August 3

8:30-10 a.m.

8:30-10:30 a.m. Friday

Ages 6-16

Members, \$115

Non-Members, \$125

Includes: Refreshments, Instruction,
Contests, Rules & Etiquette,
Friday Play Day

Each participant will receive:

Golf hat, golf towel, divot tool

Sign up in the Pro Shop 843-856-9000.
Limited to 24 Juniors

Ladies Member/Guest

Keep Calm & Golf On

May 3 ■ 8:09 a.m. Shotgun

\$95 guest/\$75 member

May sign up as a foursome
or twosome.

Sign-up deadline April 15.

No refunds after April 18.

Sign up sheets in the Pro Shop.

Chairwomen:

Deb Stossel ■ Kelly Garrison

Couples Golf Schedule 2018

May 6 ■ 1 p.m. Shotgun

18 Holes

July 15 ■ 3:30 p.m.

9 Consecutive Holes

August 19 ■ 3:30 p.m.

9 Consecutive Holes

November 4 ■ 12:30 p.m.

18 Holes

Golf fees paid individually.

\$5 per couple prize fee.

2018 Member – Member Results

Saturday

1st Place:

Kevin Doyle, Mike Hamilton, 62

2nd Place:

Carlos Jensen, Jim Clark, 62

Sunday

1st Place:

Bill Schneider, Roger Hawkes, 66

2nd Place:

Mike Smith, Scott Huffstetler, 66

Overall Winners:

1st Place:

Bill Schneider, Roger Hawkes,

64, 66, 130

2nd Place:

Marshall Miller, Ron McCullough,
64, 66, 130

Men's Member Invitational

May 17, 18 & 19

\$500 Per Team

Includes:

- Guest fees for Friday & Saturday
- Closet-to-the-pin contests for Friday & Saturday
- Hole-in-one prizes
- Stag night dinner for participants on Thursday with 2-hour open bar
- Breakfast and lunch for participants on Friday & Saturday
- Multiple drink tickets
- Award ceremony with food/drinks for participants and wives on Sunday
- Trophies, prize money, gift bags

Not included but will be charged to Members Account

- Member Cart Fees of \$47.50

Not Included but paid on day of play

- Optional mini tournament on Thursday \$20 per team for prizes plus \$27 + tax guest fee & \$19 member cart fee

Not Included – Must be paid in CASH when purchased

- Pot of gold tickets \$50 per ticket

May



Sunday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

2

3

4

5

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt,
8:30 a.m.

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA Member-Guest,
8:09
Tee Open, 1 p.m.
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378
Cardio Sculpt,
8:30 a.m.

SMGA, 8:18-9:12
LGA, 7:51-8:09
Eagle's Nest Open
for Apps & Drinks
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

MGA 7:15-8
Eagle's Nest Open
for Apps & Drinks
High/Low Challenge,
8 a.m.

Cinco de Mayo

6

7

8

9

10

11

12

MGA,
7:15-7:42
Couple's
Golf Dinner

SMGA, 8:18-9:12
LGA, 7:51-8:09
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Women Who Wine
Dinner RSVP Diana Rath
dinnerwithdiana@
gmail.com
Cardio Sculpt,
8:30 a.m.
Book Club, 7 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378
Cardio Sculpt,
8:30 a.m.

SMGA Red/White/Blue,
8:18-9:39
LGA, 7:51-8:09
Eagle's Nest Open
for Apps & Drinks
Yoga, 8 a.m.
Body
Conditioning,
9:15 a.m.

MGA 7:15-8
Eagle's Nest Open
for Apps & Drinks
High/Low
Challenge,
8 a.m.



*National
Nurses Day*

13

14

15

16

17

18

19

MGA, 7:15-7:42
Mother's Day Brunch
10 a.m.-1 p.m. RSVPs
843-856-9378

SMGA, 8:18-9:12
LGA, 7:51-8:09
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
Aqua Aerobics Thomas
Lynch Hall Pool,
10:30 a.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt,
8:30 a.m.
Aqua Aerobics
Hartford Village Pool,
4 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Men's Member/Guest, 1 p.m.
No Thursday Dinner Due to
a Private Event at the Club
Eagle's Nest Open
for Apps & Drinks
Cardio Sculpt, 8:30 a.m.
Aqua Aerobics Hartford
Village Pool, 4 p.m.

Men's Member/Guest –
Course Closed
Eagle's Nest Open
for Apps & Drinks
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
Aqua Aerobics Thomas
Lynch Hall Pool,
10:30 a.m.

Men's Member
Guest – Course Open,
4:24 p.m.
Eagle's Nest Open
for Apps & Drinks
High/Low Challenge,
8 a.m.
Summer Kick-Off
Party Main Pool,
11:30 a.m.-1:30 p.m.

Mother's Day



20

21

22

23

24

25

26

MGA,
7:15-7:42
Eagle's Nest Open
for Apps & Drinks

SMGA, 8:18-9:12
LGA, 7:51-8:09
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
Aqua Aerobics
Thomas Lynch Hall
Pool,
10:30 a.m.

LGA, 8:09-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt,
8:30 a.m.
Aqua Aerobics
Hartford Village Pool,
4 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378
Cardio Sculpt,
8:30 a.m.
Aqua Aerobics Hartford
Village Pool, 4 p.m.

SMGA, 8:18-9:12
LGA, 7:51-8:09
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
Aqua Aerobics Thomas
Lynch Hall Pool,
10:30 a.m.

MGA 7:15-8
Eagle's Nest Open
for Apps & Drinks
High/Low Challenge,
8 a.m.

27

28

29

30

31

MGA,
7:15-7:42
Eagle's Nest Open
for Apps & Drinks

SMGA, 8:36-9:30
LGA, 8:09-8:27
MGA 7:15-8
Yoga, 8 a.m.
Body Conditioning,
9:15 a.m.
Aqua Aerobics Thomas
Lynch Hall Pool, 10:30 a.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt,
8:30 a.m.
Aqua Aerobics
Hartford Village Pool,
4 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
PIYO, 6:30 p.m.

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner
5-8 p.m. RSVPs
843-856-9378
Cardio Sculpt,
8:30 a.m.
Aqua Aerobics
Hartford Village Pool, 4 p.m.
Lunt Group, 12:21-12:39

*'Tis the season
for golf!*

Memorial Day