

June 2020

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



AROUND THE CLUB

DW Lunch

The Grille Room

Lunch served daily ■ 11 a.m.-3 p.m.

Salads

■ DW Salad

Mixed greens, crumbled bleu cheese, dried cranberries, candied walnuts, red onion & raspberry vinaigrette, \$9

■ Caesar Salad

Romaine lettuce, croutons & Parmesan cheese, \$9

Covid-19

Thank you for all your cooperation with the openings of the pools and reopening of the gym.

We know that the restrictions are a little challenging at the moment but things have been changing very quickly and we are hopeful the limitations will be eased in June.

Thank you all so much for playing golf and tennis in April and May and we are grateful to all of you who ordered take-out and are now dining in and out at the club.

Thank you again.



Add to salad for \$5

- Chicken Breast-grilled, fried or blackened
- Shrimp-grilled, fried or blackened
 - Salmon-plain, blackened or bourbon glazed

Burgers + Sandwiches

Served with one side.

■ Burger

Have it with or without bacon. Choose from American, cheddar, Swiss or smoked gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

■ Chicken Sandwich

Have it grilled or fried, with or without bacon, \$14

Choose from American, cheddar, Swiss or smoked gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries

■ Turkey Melt

Premium sliced turkey, bacon, gouda & cheddar on buttered & grilled white or wheat, \$14

■ Turkey Club

Premium sliced turkey, cheddar, bacon,

Save the Date!

Dinner

Thursdays, Fridays, Saturdays

Breakfast

Wednesday-Saturday, 8-11 a.m.

Sunday Brunch

Sundays, 10 a.m.-12 noon

Couples Golf

June 14

lettuce, tomato & mayo on toasted white or wheat bread, \$14

Baskets

Served with one side.

■ **Buffalo Shrimp:** Grilled or fried shrimp, tossed in wing sauce served with bleu cheese dressing, \$14

■ Chicken Strips

Grilled strips or fried tenders served with BBQ sauce or honey mustard, \$14

■ **Fried Green Tomatoes** with homemade secret sauce, \$14

■ Bacon Ranch Quesadilla

Grilled or fried chicken strips, bacon & cheddar cheese, with ranch dressing, \$14

Sides

- Hand-cut Fries ■ Tater Tots
- Onion Rings ■ Kettle Chips
- Sweet Potato Fries

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Take-out,
Dine Outside
or Dine Inside

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Kids

Served with one side.

- Grilled Cheese, \$6
- Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

The Grille Room

BREAKFAST

Breakfast Sandwiches Only

Monday & Tuesday

Breakfast Served

Wednesday-Sunday, 8-11 a.m.

Full Breakfast & Brunch

Menu Served Sunday, 8 a.m.-12 noon

SANDWICHES

■ BYO Egg Sandwich*

Choice of bacon or sausage, American, cheddar or pimento cheese on choice of English muffin, white, wheat or tortilla wrap, \$7

■ Southern Breakfast Sandwich*

Fried chicken breast, over easy egg, bacon & pimento cheese on buttered & grilled white or wheat bread, \$9

Grille Room Favorites

■ Golfer's Special*

Two eggs with choice of bacon or sausage, potatoes or grits & English muffin, white or wheat toast, \$11

■ BYO Omelet*

Three eggs filled with your choice of bacon, sausage, tomatoes, onions, American, smoked Gouda, cheddar, bleu or pimento cheese served with potatoes or grits & English muffin, white or wheat toast, \$12



■ Dunes West Frittata*

Eggs baked with potatoes, bacon, sausage, onions, peppers & cheddar cheese served with choice of English muffin, white or wheat toast, \$12

■ Big Dog Breakfast*

"Let the Big Dog Eat!" Two eggs, two bacon strips, two sausage patties, two pancakes, with choice of potatoes or grits & English muffin, white or wheat toast, \$12

■ **Pancakes:** Three buttermilk pancakes with bacon or sausage, \$10

■ **French Toast** with choice of bacon or sausage, \$10

SUNDAY BRUNCH BENES

Served with one breakfast side.

■ Eggs Benedict*

Grilled ham & two poached eggs on an English muffin with hollandaise, \$14

■ Salmon Benedict*

Blackened salmon & two poached eggs on an English muffin with hollandaise, \$14

■ Southern Benedict*

Fried chicken breast, bacon, pimento cheese & two poached eggs on an English muffin with hollandaise, \$14

■ Benedict Burger*

Eight ounce burger, a poached egg, bacon & hollandaise served on a buttered & grilled brioche bun, \$14

A Note from Linda in Accounting

① If you plan on moving and canceling your membership, please call Linda at 856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.

② Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

Breakfast Sides

- Bacon ■ Sausage
- Grits ■ Potatoes
- Tater Tots ■ Fresh Fruit
- One Egg ■ White Toast
- Wheat Toast ■ English Muffin

KIDS BREAKFAST

- **Pancakes** with bacon or sausage, \$6
- **French Toast** with bacon or sausage, \$6
- **Two Eggs** with bacon or sausage & English muffin, white or wheat toast, \$6

June Dinner Menu

Thursday, Friday & Saturday ■ 5-8 p.m.
The Grille Room

Indoor Dining & Outdoor Dining
with Social Distancing

Take-Out & Curbside Pickup

Lunch

Served Daily, 11 a.m.-3 p.m.

Dinner

Thursday, Friday & Saturday, 5-8 p.m.

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*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

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Curbside pick up at the front door!

- 1 Call in your order, 843-856-9378
- 2 Call back when you pull up to pick it up.

Appetizers

■ Crab Cakes

Pan-seared, topped with a roasted red pepper & corn relish, drizzled with lemon aioli, \$9

■ Chips & Queso

Tortilla chips & homemade queso dip, \$6

Entrées

Entrées served with fresh baked focaccia and our signature garlic-Parmesan dipping oil.

■ **Fried Chicken** with mashed potatoes, homemade gravy & fresh green beans, \$15



Summer is here!

■ **Prime Rib** served with au jus, mashed potatoes & fresh green beans, 8 oz. Queen-Cut, \$17
12 oz. King-Cut, \$21

■ Grilled Lemon Shrimp

Over quinoa salad with baby peas, spinach, roasted red peppers & a lemon herb vinaigrette, \$17

■ Rack of Ribs

Brushed with bourbon BBQ sauce, with coleslaw & hand-cut fries. Half Rack, \$16 ■ Full Rack, \$20

■ Blue Buffalo Tacos

Three tacos with choice of grilled or fried shrimp, grilled or fried chicken, blue cheese crumbles, shredded lettuce, diced tomatoes, drizzled with bleu cheese dressing, served with chips & queso, \$15

Salads & Sandwiches

■ DW Salad

Mixed greens, crumbled bleu cheese, dried cranberries, Mandarin oranges, candied walnuts, red onion & raspberry vinaigrette, \$9

■ Caesar Salad

Romaine lettuce, croutons & Parmesan cheese, \$9

Add to salad for \$5

- Chicken Breast: Grilled, fried or blackened
- Shrimp: Grilled, fried or blackened
- Salmon: Plain, blackened or bourbon glazed

■ Burger

Have it with or without bacon. Choose from American, cheddar, Swiss or smoked gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

■ Chicken Sandwich

Have it grilled or fried, with or without bacon. Choose from American, Cheddar, Swiss or smoked gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

Kids

Served with tater tots.

- Hot Dog ■ Burger
- Grilled Cheese ■ Cheese Quesadilla
- Chicken Tenders
- Dessert of the day, \$6

Spring Fitness Session

May 20 – July 4

Classes are back on at the Athletic Club. Get involved with our fitness classes and meet new people while getting in shape. We would love for you to join.

Schedule

Monday:

Pilates, 9 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Restorative Yoga,
6:30 p.m.



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*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

*Complex Golf
June 14!*

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Wednesday:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Friday:

Yoga for You 9 a.m.

Fee for Spring Fitness Session

Unlimited Classes: \$75 per person

You will receive 1½ months of
unlimited classes, 6 days per week!
Only \$1.50 per class!

We are no longer offering the
night/weekend class option.

Drop-In Fee: \$10 (for those who just
want to come every now and then!)

Sign up today for our Winter Fitness
Session! 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

**Please drop off payments either in the
black box on the office door in the lobby
or in the mail slot of the Athletic Club.*

KE Camps 2020

June 29-July 31

Please call KECamps at 877-671-2267
or visit them at www.kecamps.com to
inquire or enroll! Early Bird discounts
are available for registrations received
by March 1 so join the fun today!

Hole-in-One

Congrats **Brian Dante!**

Hole #6 ■ 5 Hybrid

■ 142 Yards ■ April 29, 2020

2020 Pool Season – Important Information!

Athletic & Premier Members:

New This Year: To improve safety
and security for all members and their
families all parents and legal guardians
will have to have their picture taken
on our iPad system. This picture as well
as your Fitness Access Cards will be
needed to gain entry into the Main
Pool behind the Clubhouse and the
Thomas Lynch Hall Pool. If you do not
have your card, you will not be able to
enter into the Pool Gates. Please be
prepared to give the Pool Attendant
your swipe card so that they can check
you into the pool. Guest Passes are
electronic again this year.

The Lifeguards and Pool Attendants
are being hired and managed by
American Pool Management
Company/Atkinson Pools. If you
have any questions, comments
or suggestions you may contact
them at 843-568-5371.

Follow Us on Facebook & Twitter

**Did you know that we have
Facebook/Twitter Accounts
for different features of
the clubs?**

Dunes West Golf Club:

You'll find out all you need
to know about golf specials,
special dinner
menus, member

A Note from Linda in Accounting:

❶ If you plan on moving and canceling
your membership, please call Linda
at 843-856-9000 before your move.
A 30-day written notice is required and
if we don't have notice, your bill will
continue to accrue until we have a
statement by phone and in writing.

❷ Please inform us if you change
your email address. It is important that
we have the correct one on file for
billing purposes.

Aqua Fitness Classes & Swordfish Summer Swim Team Cancelled

Unfortunately due to the current
Governors Executive orders it
is not possible to have our
Aqua Fitness Classes and
Summer Swim Team
this summer.

socials, special events and more!
Information about pool events, tennis
socials, fitness updates and more
posted here.

Dunes West Tennis: This is our
newest page and is for **all** things
Tennis! Jack, our Director of Tennis,
will be posting updates and pictures
of tournaments and socials. It's a great
way to keep in touch with fellow
players and to ask Jack specific
questions regarding lessons,
camps and clinics!

We hope you "Like" some or all of these
pages! It's a great way for us to keep
you in the loop in real time.

A link to both the Facebook and
Twitter social networks can be
found on our website:
www.duneswestgolfclub.com.

June

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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**COURSE CLOSED
AERIFICATION**
Pilates, 9 a.m.



**COURSE CLOSED
AERIFICATION**
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

**COURSE CLOSED
AERIFICATION**
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

**COURSE CLOSED
AERIFICATION**
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

**COURSE CLOSED
AERIFICATION**
Yoga for You, 9 a.m.
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

MGA 7:15-8
LGA, 9:12-9:21
GOB, 9:30-9:48
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

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MGA, 7:15-7:42

SMGA 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

LGA, 7:42-8:18
SLIP, 9:03-9:21
GOB, 9:30-9:48
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch, 9:39-10:24
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Open For Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

SMGA Ryder Cup, 8:18-9:39
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Open For Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

MGA, 7:15-8
LGA, 9:12-9:21
GOB, 9:30-9:48
Open For Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

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Flag Day

MGA, 7:15-7:42
Couples Golf, 1 p.m. - Fried Chicken Dinner After Golf

SMGA 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:48
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch, 9:39-10:24
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.
No dinner due to private event at the club.

MGA Champ, 7:15-9:03
LGA, 9:21-9:30
GOB 10:06-10:24
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378



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Father's Day

MGA Champ, 7:15-9:03

SMGA, 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:48
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch, 9:39-10:24
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

MGA, 7:15-8
LGA, 9:12-9:21
GOB, 9:30-9:48
Open for Dinner, Takeout & Curbside Pickup - Reservations 843-856-9378

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30

MGA, 7:15-7:42

SMGA, 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:48
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.



'Tis the season for golf!