

August 2017

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Book Club

August 8 ■ 7 p.m.

Club Members are welcome to join The Book Club at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting room or in a book club member's home. If you have any questions or would like to find out what this month's reading is, please contact Anna Ewing at aewing@ameritech.net.

Back-to-School Bash

Saturday August 12 ■ 11-2 p.m.

School starts in just a few days! Bring your kids out for one final HOORAH before hitting the books. We will have an inflated water slide, lots of games and DJ Doug jammin' music to tickle your fancy!

Admission is FREE. Guest passes are a must if you want to bring friends and please don't forget your swipe cards

You must have your swipe card to enter into the pools. Absolutely **no glass** is allowed in the pool area.

Limit 5 guests per family.

Wine on the Wagner

Saturday, August 19 ■ 6 p.m.

Wine, Beer, Cocktails & Great Food

Overlooking our amazing sunset on Wagner Creek

This event will take place every month on a Friday or Saturday evening depending on availability

Adults, \$20 ■ Kids, 11 & under, \$12
Call 843-856-9378 for reservations.

Great Wine Specials

Entire wine list is \$20 per bottle!

Menu

- Fruit, cheese & vegetable crudités, 6-7 p.m.
- Two chef attended stations, 7-8:30 p.m.

Stations rotating monthly including: Carved meats, risotto, pasta, mashed potato, salad, shrimp & grits

August Stations: Tossed Salad Station

Build your own salad:

Romaine, mixed greens, cucumbers, tomatoes, olives, bell peppers, rotini pasta, garbanzo beans, pepperoncini peppers, cheddar cheese, goat cheese, bleu cheese, homemade croutons, sunflower seeds & dried cranberries.

Save the Date!

Thursday Dinner

5-9 p.m. | RSVP 843-856-9378

August 4

First Fridays

August 8

Book Club

August 12

Back-to-School Bash

August 13

Second Sunday

August 19

Wine on the Wagner



The chef will then toss your salad with a homemade dressing of your choice: Champagne vinaigrette, creamy lemon dill, roasted garlic & shallot

■ Pasta Station

Shrimp Scampi with Gemelli

Pasta: Grilled chicken & whole wheat penne pasta tossed with cherry tomatoes, garlic & olive oil

■ **Light Desserts**, 8:30-9:30 p.m.

CONTINUED » »

Have dinner
at the club!

CONTINUED >>

AROUND THE CLUB

First Friday

Friday, August 4

Live Music: Chris Crosby

Appetizer

■ Queso Dip

Homemade queso cheese dip
& tortilla chips, \$8

Entrées

*All entrées served with fresh
baked focaccia with our
signature garlic Parmesan dip.*

*Add soup or salad to any
entrée for \$3.*

■ Prime Rib

8 oz. Queen-Cut, \$16

12 oz. King-Cut, \$20

Served with au jus, mashed potatoes
& fresh green beans

■ Fried Green Tomato & Chicken Napoleon

Pounded, breaded and lightly
fried breast of chicken layered
with pimento cheese & fried green
tomatoes, on a bed of mashed
potatoes drizzled with a homemade
creamy lemon dill sauce, \$15

■ Asian Glazed Salmon

Ginger, garlic & soy marinated
and glazed salmon, pan-seared
and served on a bed of scallion rice
with fresh green beans, \$19

■ Breakfast Burger

Half pound burger with American
cheese, bacon and a sunny side up
egg, with hand-cut fries, \$12

■ Crispy Chicken Sandwich

Fried chicken breast topped with
cheddar cheese, house made pickles,
shredded lettuce, tomato &
creamy mustard BBQ sauce with
hand-cut fries, \$12

Thursday Dinner

Half price bottles of house wine

Appetizer

■ **Egg Yolk Carpaccio** with
sautéed pork belly, shallots &
garlic, topped with fried
shoestring potatoes, \$9

Entrées

*All entrées served with fresh
baked focaccia with our signature
garlic Parmesan dip.*

■ Blackened Chicken with Avocado Cream Sauce

On a bed of smoked gouda
mashed potatoes, with char-grilled
asparagus, \$14

■ Chipotle Fried Shrimp

On a bed of petite peas & rice,
drizzled with a smoky lime aioli,
garnished with chopped
scallions, \$16

■ Sausage & Broccoli Rabe

Tossed with orecchiette pasta, garlic,
crushed red pepper & white wine, with
Parmesan cheese, \$16

■ **9 oz. Filet** with a gorgonzola
red wine demi glace, on a bed
of smoked gouda mashed potatoes,
with char-grilled asparagus, \$21

Did You Know?!?

We offer EZ Pay Billing for both
your Athletic & Golf Dues! You
simply need to provide us with a
debit or credit card to draft from, and
afterwards you can sit back, relax and
never worry about another bill again!

Simply call Linda Jamison, Office
Manager, and provide her with your
debit or credit card number and
updated email address. We will pull
the funds for your monthly dues
between the 1st and 5th of each
month and send you an email
showing how much was deducted.

How easy is that?! Give us a call
today to set up your EZ Pay account!
843-856-9000.

■ Caesar Salad

Romaine lettuce, homemade
croutons, creamy Caesar dressing
& Parmesan cheese, \$7

- Add grilled or blackened chicken, \$3
 - Add grilled, fried or
blackened shrimp, \$4
 - Add bourbon-glazed
or blackened salmon \$5

■ **Half Pound Burger** with choice
of Cheddar, Swiss, smoked Gouda
or American cheese, \$10

■ **Char-Grilled Chicken Sandwich**
with choice of Cheddar, Swiss, smoked
Gouda or American cheese, \$10

Soup & Salad

Add to any entrée for \$3.

■ Soup of the Day

Ask your server for today's selection

■ **Caesar Salad** with homemade
croutons & Parmesan cheese

CONTINUED >>

Moving?
Call Linda, 843-856-9000

A Note from Linda in Accounting

❶ If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.

❷ Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.



CONTINUED >>>

▪ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

▪ **Wedge Salad** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

Second Sunday

Second Sundays ▪ 4-8 p.m.

Come watch PGA Championship!
Tacos, Burgers & Brews

*\$2 Domestic bottled beer with the purchase of a burger or tacos!



Dine-In or Take-Out
(Sorry, no beer to go!)

Appetizers

▪ Queso Dip

Homemade Queso cheese dip & tortilla chips, \$8

▪ Fried Green Tomatoes

Topped with pimento cheese, chopped bacon & sweet chili sauce, \$8

Burgers

All burgers come with choice of one side.

Add bacon to any burger, \$1.50

Add our signature sauce, .50¢

▪ Drunken Goat Burger

Goat cheese, red wine onions, mixed greens, tomato & onion, \$10

▪ Grilled Cheeseburger

American cheese on buttered & grilled white bread, \$10

▪ Three Cheese Burger

American, cheddar & smoked gouda with our signature sauce, lettuce, tomato & onion, \$10

▪ Charleston Burger

Topped with a fried green tomato, pimento cheese, lettuce, onion & spicy mayo, \$10

▪ Cheeseburger

American, Swiss, smoked gouda, cheddar, goat, bleu, pimento or queso, with lettuce, tomato & onion, \$10

Tacos

Three soft taco's with black bean & roasted corn salad

▪ Mexicano

Grilled chicken, queso fresco, shredded lettuce, diced tomatoes, fresh cilantro, jalapeños & sour cream, \$10

▪ Americano

Shaved sirloin steak, shredded cheddar, Chile aioli, shredded lettuce & diced tomato, \$10

▪ Spicy BBQ Chicken

Breaded & fried chicken chunks, homemade Sriracha BBQ sauce, pimento cheese, cole slaw & fresh cilantro, \$10

▪ Salmon

Blackened salmon, goat cheese, fresh cilantro, diced tomato & goat cheese aioli, \$10

▪ Buffalo

Breaded & fried chicken or shrimp with bleu cheese crumbles, shredded lettuce, diced tomato & bleu cheese dressing, \$10

▪ Vegetarian

Fried green tomatoes, goat cheese, shredded lettuce, jalapeños, fresh cilantro & creamy lemon dill sauce, \$10

Soup & Salad

Add to any entrée for \$3.

▪ Soup of the Day

Ask your server for today's selection.

▪ **Caesar Salad** with homemade croutons & Parmesan cheese

CONTINUED >>>

*Folds of Honor
August 8*

CONTINUED >>

■ **House Salad**

Mixed greens with tomatoes, onions, cucumbers & choice of dressing.

Summer Fitness Session

The session runs from
July 10-October 7

Come join our Summer Fitness Session. Get involved with our fitness classes and meet new people while getting in shape. We would love for you to join.

Schedule

Monday:

Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.
PIYO, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

Friday:

Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.

Saturday:

Saturday Surprise 8 a.m.

Fee for Spring Fitness Session

Unlimited Classes:

\$145 per person

You will receive 3 months of unlimited classes, 6 days per week!

Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come every now and then!)

Sign up today for our Summer Fitness Session! 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

*Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.



Aqua Aerobics

Session #2 will started July 17
(8 weeks)

Monday & Wednesday: 4-5 p.m.
Thomas Lynch Hall Pool

Tuesday & Thursday: 4-5 p.m.
Hartford Village Pool

This high energy water fitness work out combines cardio, toning and stretching for an excellent work out.

Excellent for cross-training, the water allows you to work out more effectively with less impact to the joints.

Session Fees:

July 17 – September 7
\$80 per person



2017 Car Decals Are In

2017 Car Decals for Residents Outside the Gate or Non-Residents

Residents who live outside the gates of Dunes West and Non-Residents are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

Decal Pick-Up Hours:

Monday-Friday ■ 8:30 a.m.-4:30 p.m.
at the Golf Club Pro Shop and the Office Upstairs

You can also pick up the decals in the Dunes West Pro Shop during the weekends.

Swim Season 2017 – Important Information!

Athletic & Premier Members –

Our season ends this year on September 30.

New this Year! To improve safety and security for all members and their families all parents and legal guardians will have to have their picture taken on our iPad system. This picture as well as your Fitness Access Cards will be needed to gain entry into the Main Pool behind the Clubhouse and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant

CONTINUED >>



David Papagoda



Jerad Shaffer

Congrats MGA Championship Winners!

2nd Place Low Net:
Jerad Shaffer, David Hicks, 72

1st Place Low Gross:
Jerad Shaffer, 74

Sunday

1st Place Low Net:
David Papagoda, 67

2nd Place Low Net:
Mark Estebo, 69

1st Place Low Gross:
David Papagoda, Jerad Shaffer,
Arnold Andrews, 77

Congratulations to all the winners!

CONTINUED >>

your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and Twitter social networks can be found on our website: www.duneswestgolfclub.com.

GOLF NEWS

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for ALL things Tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a

2017 MGA Championship

Net Winner is Overall Winner:
David Papagoda

Overall:

1st Place Net:
David Papagoda, 141

2nd Place Net:
Jerad Shaffer, 147

1st Place Gross:
Jerad Shaffer, 151

Saturday

1st Place Low Net:
Jeff Taylor, 70

Couples Golf
Sunday, August 20
\$10 BYO Taco Bar*
**plus tax & gratuity*

- Soft tortillas
- Mexican rice & beans
- Taco Fillers:
 - Grilled chicken, grilled sirloin strips
 - Shredded cheddar cheese, queso fresco
 - Shredded lettuce, diced tomatoes, fresh cilantro, jalapeños, sour cream & salsa



August



Tuesday Wednesday Thursday Friday Saturday

1 2 3 4 5

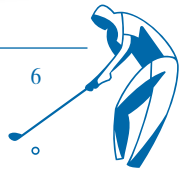
LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA, 8:18-9:21
LGA 9 & Lunch, 9:39-9:57
Pilates, 9 a.m.
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA 8:18-9:21
LGA, 7:51-8:09
Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.
First Friday!

MGA, 7:15-8
Saturday Surprise, 8 a.m.



6

7

8

9

10

11

12

MGA, 7:15-7:42

Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.
Book Club, 7 p.m.

SMGA, 8:18-9:21
LGA 9 & Lunch, 9:39-9:57
Pilates, 9 a.m.
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA, 8:18-9:21
LGA, 7:51-8:09
Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.

MGA, 7:15-8
Saturday Surprise, 8 a.m.
Back-to-School Bash Main Pool, 11-2 p.m.

AERIFICATION – COURSE CLOSED

13

14

15

16

17

18

19

MGA, 7:15-7:42
Second Sunday!

SMGA, 8:18-9:21
LGA, 7:42-8
Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA, 8:18-9:21
LGA 9 & Lunch, 9:39-9:57
Pilates, 9 a.m.
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA Chapman, 8:18-9:21
LGA, 7:51-8:09
Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.

MGA, 7:15-8
Saturday Surprise, 8 a.m.
Wine on the Wagner!



20

21

22

23

24

25

26

MGA, 7:15-7:42
Couples Golf

SMGA, 8:18-9:21
LGA, 7:42-8
Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA Play Day, 7:42-8:36
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA, 8:18-9:21
LGA 9 & Lunch, 9:39-9:57
Pilates, 9 a.m.
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA, 8:18-9:21
LGA, 7:51-8:09
Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.

Club Championship, 7:15 a.m.
Saturday Surprise, 8 a.m.

27

28

29

30

31

Club Championship, 7:15 a.m.

SMGA, 8:18-9:21
LGA, 7:42-8
Yoga, 8 a.m.
Core Conditioning, 9:15 a.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

SMGA, 8:18-9:21
LGA 9 & Lunch, 9:39-9:57
Pilates, 9 a.m.
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Hartford Village Pool, 4 p.m.

It's the season for golf!