

August 2018

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Second Sunday

Beef, Bird & Brews

August 12 ■ 4-8 p.m.

*\$2 Domestic bottled beer
with the purchase of an entrée!

Dine-in or Take-out
(Sorry, no beer to go!)

Appetizers

■ Queso Dip

Homemade queso cheese
dip & tortilla chips, \$8

■ New England Clam Chowdah

Homemade queso cheese
dip & tortilla chips, \$4/\$7

■ Beef or Bird

A burger or chicken sandwich served
on a buttered & grilled brioche bun
with shredded lettuce, tomato
& onion, \$12

Choose one:

- 8 oz. Burger ■ Grilled Chicken Breast
- Fried Chicken Breast

Choose up to two toppings:

- American cheese ■ Cheddar cheese
- Bleu cheese crumbles ■ Smoked gouda ■ Pimento cheese
- Bacon ■ Sunny side up egg
- Sautéed onions



Choose one side:

- French fries ■ Sweet potato fries
- Onion rings ■ Cole slaw
- Kettle chips ■ Fresh-cut fruit

SALADS

■ Grille Room Steak Salad

Sirloin steak, mixed greens, diced
tomatoes, cucumbers & crumbled bleu
cheese, tossed with our homemade
mustard vinaigrette, \$12

■ Blackened Shrimp Caesar Salad

Romaine lettuce, croutons &
Parmesan cheese, \$12

Back-to-School Bash

Saturday August 11 ■ 11-2 p.m.

School starts in just a few days!
Bring your kids out for one final
HOORAH before hitting the books.
We will have an inflated water slide,
lots of games and music!

Admission is **free**. Guest passes are a
must if you want to bring friends and
please don't forget your swipe cards

You must have your swipe card to
enter into the pools. Absolutely
no glass is allowed in the pool area.
limit 6 guests per family.

Save the Date!

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

August 3

First Friday

August 11

Second Sunday
Back-to-School Bash

August 18

Pig Roast

August 18

Whiskey Prime Dinner

Book Club

August 14 ■ 7 p.m.

Club Members are welcome to join
The Book Club at The Club at Dunes
West. This club meets the second
Tuesday of every month at 7 p.m. in
The Club's Meeting room or in a book
club member's home. If you have any
questions or would like to find out
what this month's reading is, contact
Anna Ewing at aewing@ameritech.net.

Pig Roast

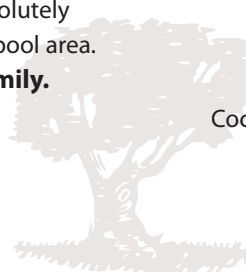
Saturday, August 18

Cocktails, 6-7 p.m. ■ Dinner, 7 p.m.

Adults, \$22

Kids, 11 & under, \$12

Reservations 843-856-9378



Join us for
Whiskey Prime Dinner
August 25!

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Menu

■ Whole Pig

Slow roasted over eight hours,
served with two BBQ sauces

■ Slow-Smoked Beef Brisket

with whiskey sauce

■ Homemade Mac & Cheese

Our four-cheese blend,
baked to perfection

■ Bacon Bleu Cheese Slaw

Corn bread with honey butter

■ Strawberry Trifle with fresh cream

*What Happens at the Pig Roast,
stays at the Pig Roast!*

Whiskey Prime Dinner

Saturday, August 25 ■ 7 p.m.

Two American classics come together
for this specialty dinner event! Enjoy
a 4-course dinner, each paired with a
great American whiskey or bourbon.

\$75 per person*

First Course

Charcuterie Plate

Candied & peppered bacon,
prosciutto, char-grilled bbq smoked
sausage, bourbon-spiked pulled pork,
toasted garlic focaccia points, grain
mustard, mini dill pickles.

Second Course

Steak House Chopped Salad

Shredded romaine, smoky bacon,
gorgonzola cheese, dried tomatoes,
banana peppers & a homemade green
peppercorn buttermilk dressing.

Third Course

14 oz. Prime Rib with au jus &
creamy horseradish, smoked gouda
& scallion twice baked potatoes
wrapped in bacon and haricot verts,
tossed with garlic & cherry tomatoes.

Fourth Course

Chocolate Brioche Bread Pudding

with sweet bourbon glaze.

*plus 11% sales tax & 20% gratuity

AROUND THE CLUB

Eagle's Nest

Monday Night Football

Starting Monday, September 10

Kitchen Open, 5-9 p.m.

Bar Open until end of game

Kitchen Menu

■ Wings

Choose: Buffalo, Dry Ranch,
BBQ, Buffalo Ranch

Choose: Bleu Cheese or
Ranch Dressing

6 for \$8 ■ 12 for \$12

Add: Celery & Carrot Sticks \$1
Extra Dressing: \$0.50

■ Pulled Pork Sliders

Slow-cooked Boston Butt drizzled
with homemade bourbon BBQ
sauce, topped with cole slaw
& served with Kettle chips,
3 for \$10

■ Buffalo Shrimp Basket

with bleu cheese dressing,
celery & carrot sticks, 8 for \$12



A Note from Linda in Accounting

1. If you plan on moving and canceling
your membership, please call Linda
at 843-856-9000 before your move.
A 30-day written notice is required and
if we don't have notice, your bill will
continue to accrue until we have a
statement by phone and in writing.
2. Please inform us if you change your
email address. It is important that we have
the correct one on file for billing purposes.
3. Be sure to pay your balance in full so
we can activate your pool cards!

■ Lettuce Wraps

Ginger-soy marinated chicken & carrot
slaw, drizzled with homemade satay,
served with Thai chili dipping sauce,
3 for \$12

■ Fried Cookie Dough Bites

drizzled with a homemade bourbon
cream sauce, \$5

■ Bar Snacks

Available until end of game

■ **Pimento Cheese** with
Captain's wafers, \$6

■ Soft Pretzel

Homemade Sierra Nevada
beer cheese dip, \$7

■ Queso Dip

Tortilla chips & homemade
queso dip, \$8

Thursday Dinner

Half price bottles
of house wine

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Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

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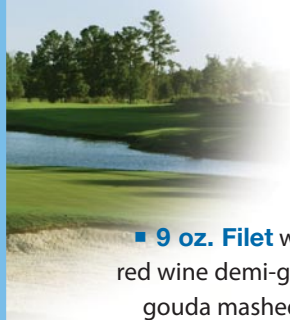
Appetizer

- **Egg Yolk Carpaccio** with sautéed pork belly, shallots, white wine & garlic, topped with fried shoestring potatoes, \$9

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Chipotle Fried Shrimp** drizzled with a smoky lime aioli, garnished with chopped scallions, with hand-cut fries & cole slaw, \$17
- **Blackened Chicken with Avocado Cream Sauce** on a bed of smoked gouda mashed potatoes, with fresh green beans, \$14
- **Baby Back Ribs**
Fall off the bone and brushed with a sweet & tangy BBQ sauce served with scallion mashed potatoes & fresh green beans,
Half rack, \$14 ▪ Full rack, \$19



Fold of Honor will be August 7!

- **9 oz. Filet** with a gorgonzola red wine demi-glace, smoked gouda mashed potatoes & char-grilled asparagus, \$21

▪ Grille Room Salad

Mixed greens, diced tomatoes, cucumbers & crumbled bleu cheese, tossed with our homemade mustard vinaigrette with choice of sirloin steak, chicken, shrimp or bourbon-glazed salmon, \$12

▪ Dunes West Burger

American cheese, cheddar cheese, crisp bacon & our homemade smoked aioli with shredded lettuce, tomato & onion on a buttered & grilled brioche bun, \$12

▪ Charleston Chicken

Grilled or fried chicken breast with pimento cheese, shredded lettuce & tomato on a buttered & grilled brioche bun, \$12



Soup & Salad

Add to any entrée for \$3.

▪ Soup of the Day

Ask your server for today's selection

- **Caesar Salad** with homemade croutons & Parmesan cheese

▪ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

- **Wedge Salad** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip. Add soup or salad to any entrée for \$3.

▪ Prime Rib

Served with au jus, mashed potatoes & fresh green beans,
8 oz. Queen Cut, \$17
12 oz. King Cut, \$21

▪ Orange-Glazed Chicken

Boneless, skinless chicken breast marinated with honey, orange zest & soy sauce over white rice, with fresh green beans, \$15

▪ Low Country Boil

Shrimp, smoked sausage, corn on the cobb & potatoes in a homemade seafood broth, \$16

▪ Mushroom Demi Burger

Smoked gouda and mushroom demi-glace served with hand-cut fries, \$12

▪ Chicken & Waffle Sandwich

Fried chicken breast drizzled with

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First Friday Menu

Appetizer

▪ Queso Dip

Homemade queso cheese dip & tortilla chips, \$8

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

*The pool is still open
-enjoy!*

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red pepper maple glaze between
two homemade waffles served with
hand-cut fries, \$12

**Please drop off payments either in the
black box on the office door in the lobby
or in the mail slot of the Athletic Club.*



Summer Fitness Session

July 9-October 5

Get involved with our fitness classes
and meet new people while getting in
shape. We would love for you to join.

Schedule

Monday:

Body Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.

Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

Yoga, 6:30 p.m.

Friday:

Body Conditioning, 9:15 a.m.

Fee for Summer Fitness Session
Unlimited Classes: \$145 per person

You will receive 3 months of
unlimited classes, 6 days per week!
Only \$1.50 per class!

We are no longer offering the
night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come
every now and then!)

Sign up today for our Summer Fitness
Session! 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

Aqua Aerobics 2018

Session 2 runs from
July 16 – September 7 (8 weeks)

Monday & Friday ■ 10:30-11:30 a.m.

Thomas Lynch Hall Pool

Tuesday & Thursday ■ 4-5 p.m.

Hartford Village Pool

Try these fun and beneficial classes.
This water fitness work out combines
cardio, toning and stretching for an
excellent work out. Excellent for
cross-training, the water allows you
to work out more effectively with
less impact to the joints.

Second Session Fees

July 16-September 7: \$80 per person

as your Fitness Access Cards will be
needed to gain entry into the Main
Pool behind the Clubhouse and the
Thomas Lynch Hall Pool. If you do not
have your card, you will not be able to
enter into the Pool Gates. Please be
prepared to give the Pool Attendant
your swipe card so that they can check
you into the pool. Guest Passes are
electronic again this year.

The Lifeguards and Pool Attendants
are being hired and managed by
American Pool Management
Company/Atkinson Pools. If you
have any questions, comments
or suggestions you may contact them
at 843-568-5371 or Neal Cavallon
at 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

Swim Season 2018 – Important Information!

Athletic & Premier Members:

Pools will close for the season
on September 30.

Pool Hours: 10 a.m.-8 p.m., every day
The Main Pool (Lap swimming only):
6-10 a.m.

New This Year: To improve safety
and security for all members and their
families all parents and legal guardians
will have to have their picture taken on
our iPad system. This picture as well

2018 Car Decals

2018 Car Decals for Residents Outside the Gate or Non-Residents

Residents who live outside the gates
of Dunes West and Non-Residents
are required to have a club car decal
on their vehicle when entering into
the gates of Dunes West. This decal
allows you to come to either club
property only.

If you cannot make our office hours to
pick up your decal, please email us at
linda.jamison@duneswestgolfclub.com
and state your name, address and
number of vehicles in your household.

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Mark Bogart



Mike Hassen



Jim Seney

Congrats!

Hole-in-One!

Mark Bogart (member)

June 24 ■ Hole# 12, 152 yards ■ 6-iron

Witnesses: Nicholas Bogart,
Alex Levin, German Levin

Mike Hassen

July 18 ■ Hole #6, 109 Yards ■ 9-Iron

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We will be happy to mail them to you.

Decal Pick-Up Hours:

Monday-Friday 8:30 a.m.-3:30 p.m.
Golf Club Office Upstairs

You can also pick up the decals in
the Dunes West Pro Shop during
the weekends.

GOLF NEWS

2018 MGA Club Championship Results

Overall

1st Place Net: Jim Seney, 140

2nd Place Net: Mike Smith, 144

1st Place Gross: Robbie De Rojas, 152

1st Place Blue: Joe Gallagher, 143

Saturday

1st Place Low Net: Mike McCraw, 66

2nd Place Low Net: Jim Seney, 68

1st Place Low Gross: Jim Seney, 76

1st Place Blue Tee: Joe Gallagher, 71

Sunday

1st Place Low Net: Kevin Doyle, 71

2nd Place Low Net:

Robbie De Rojas, 71

1st Place Low Gross:

Robbie De Rojas, 73

1st Place Blue Tee: Bill Schneider, 70

Congratulations to all the winners!

MGA Championship

Congratulations to **Jim Seney**, our
2018 MGA Champion. Two good
rounds, 76 and 80 were enough to
win by 4 shots. 2nd place went
to a new comer to the MGA.

Congratulations **Mike Smith** who
shot his best round both days,
88 and 88. Blue champion was **Joe
Gallagher** so Congrats to Joe as well.

2018 Ladies Club Championship

August 24 & 25

Friday Start, 7:15 a.m.

Saturday Start, 8:57 a.m. (est.)

Lunch & Awards Saturday

Prizes

- Overall gross & net winner
- Flight winners (Flights based
on field size & handicaps)
- Overall club champion wins
 - Trophy ■ Parking space
- Gift certificate ■ Round cards
- Closest-to-the-pins each day

\$55 + Cart fees

Open to all Dunes West Members.

Deadline Tuesday August 21

Sign up in the Pro Shop.

2018 Men's Club Championship

August 24 & 26

4 Flights

Champion – Net(Gold) – Net (Blue)
– Senior

Champion – Black Tees (Gross)

Senior, 50 & older – Gold Tees (Gross)

Net Gold– Gold Tees (80% hdcp)

Net Blue – Blue Tees(80% hdcp)

- Closest-to-the-Pins / Day Skins
 - Sunday Awards Lunch

\$90 + Cart fees/ \$5/day skins

Guests at Events Extra

Sign up in the Pro Shop.

2018 Jr. Programs

July 30-August 3 ■ 8:30-10 a.m.

Friday, 8:30-10:30 a.m.

Ages 6-16

Members, \$115 ■ Non-Members, \$125

Includes:

- Refreshments, instruction, contests
- Rules & etiquette ■ Friday play day
 - Each participant will receive:
golf hat, golf towel, divot tool

Sign up in the Pro Shop, 843-856-9000.

Limited to 24 juniors.

August

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*Tis the season
for golf!*



5

MGA,
7:15-7:42

6

Aerification
– Course Closed
Body Conditioning,
9:15 a.m.
Aqua Fitness,
10:30 a.m.
Thomas Lynch
Hall Pool

7

Aerification
– Course Closed
Cardio Sculpt,
8:30 a.m.
Aqua Fitness, 4 p.m.
Hartford Village Pool
Yoga, 6:30 p.m.

8

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
Yoga, 6:30 p.m.

9

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Aqua Fitness, 4 p.m.
Hartford Village Pool
Thursday Dinner,
5-8 p.m. RSVPs
843-856-9378
Yoga, 6:30 p.m.

10

SMGA, 8:18-9:12
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.
Aqua Fitness,
10:30 a.m.
Thomas Lynch
Hall Pool

MGA, 7:15-8
Back-to-School
Bash,
11-2 p.m.
Main Pool

12

MGA, 7:15-7:42
Second Sunday Dinner
– Beef, Bird & Brews
4-8 p.m. RSVPs
843-856-9378



MGA,
7:15-7:42

13

SMGA, 8:18-9:12
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.
Aqua Fitness, 10:30 a.m.
Thomas Lynch Hall Pool
Golf League,
3:57-5:36

14

LGA, 7:42-8:09
Cardio Sculpt, 8:30 a.m.
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Aqua Fitness, 4 p.m.
Hartford Village Pool
Yoga, 6:30 p.m.

15

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
Yoga, 6:30 p.m.

16

LGA, 7:42-8:09
Cardio Sculpt, 8:30 a.m.
SLIP, 9:03-9:21
GOB, 9:30-9:57
Aqua Fitness, 4 p.m.
Hartford Village Pool
Thursday Dinner,
5-8 p.m. RSVPs
843-856-9378
Yoga, 6:30 p.m.

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SMGA Chapman,
8:18-9:39
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.
Aqua Fitness, 10:30 a.m.
Thomas Lynch Hall Pool

18

MGA, 7:15-8
Pig Roast, 6 p.m.
RSVPs 843-856-9378
Eagle's Nest Open
at 5 p.m.!

20

SMGA, 8:18-9:12
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.
Aqua Fitness, 10:30 a.m.
Thomas Lynch Hall Pool
Golf League,
3:57-5:36

21

LGA Play Day,
7:42-8:09
Cardio Sculpt, 8:30 a.m.
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Aqua Fitness, 4 p.m.
Hartford Village Pool
Yoga, 6:30 p.m.

22

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
Yoga, 6:30 p.m.

23

LGA, 7:42-8:09
Cardio Sculpt, 8:30 a.m.
SLIP, 9:03-9:21
GOB, 9:30-9:57
Aqua Fitness, 4 p.m.
Hartford Village Pool
Thursday Dinner,
5-8 p.m. RSVPs
843-856-9378
Yoga, 6:30 p.m.

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SMGA, 8:18-9:12
Club Championship,
7:15-8:09
Body Conditioning,
9:15 a.m.
Aqua Fitness, 10:30 a.m.
Thomas Lynch Hall Pool
Club Championship
Dinner

25

Club Championship,
7:15 a.m.
LGA Championship, 8:54
Whiskey Prime Dinner
7 p.m. RSVPs
843-856-9378

26

Club Championship,
7:15 a.m.
Club Championship
Lunch

27

SMGA, 8:18-9:12
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.
Aqua Fitness, 10:30 a.m.
Thomas Lynch Hall Pool
Golf League,
3:57-5:36

28

LGA, 7:42-8:09
Cardio Sculpt, 8:30 a.m.
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Aqua Fitness, 4 p.m.
Hartford Village Pool
Yoga, 6:30 p.m.

29

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
Yoga, 6:30 p.m.

30

LGA, 7:42-8:09
Cardio Sculpt, 8:30 a.m.
SLIP, 9:03-9:21
GOB, 9:30-9:57
Aqua Fitness, 4 p.m.
Hartford Village Pool
Thursday Dinner,
5-8 p.m. RSVPs
843-856-9378
Yoga, 6:30 p.m.

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SMGA, 8:18-9:12
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.
Aqua Fitness, 10:30 a.m.
Thomas Lynch Hall Pool