

September 2017

# Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille  
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



## UPCOMING EVENTS

### Labor Day Party

Monday, September 4  
■ 11 a.m.-2 p.m.

Come join us for one last summer pool party. We will have pool games and prizes and DJ Doug playing all your favorite tunes at the main pool.

Admission is FREE. Make sure to bring your member card or credit card for delicious food and yummy cocktails from our Dunes West Snack Bar. Guest passes are a must if you want to bring friends and please don't forget your swipe cards

You must have your swipe card to enter into the pools. Absolutely **no glass** is allowed in the pool area. **Limit 5 guests per family.**

### Women Who Wine

Tuesday, September 12

\$22, Tax & gratuity included

#### Menu

■ **Goat Cheese & Walnut Salad:**  
Mixed greens, diced tomatoes, diced cucumbers & white wine vinaigrette



■ **Chicken Marsala**

Mushroom, garlic, marsala wine & thyme butter

■ **Bourbon Marinated Salmon:**

Pan-seared and brushed with bourbon marinade

■ **Roasted Rosemary Potatoes:**

Petite green beans & cherry tomatoes

#### Dessert

**Lemon Squares** with fresh whipped cream



### Book Club

September 12 ■ 7:30 p.m.

Club Members are welcome to join The Book Club at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting room or in a book club member's home. If you have any questions or would like to find out what this month's reading is, please contact Anna Ewing at [aewing@ameritech.net](mailto:aewing@ameritech.net).

### Save the Date!

#### Thursday Dinner

5-9 p.m. | RSVP 843-856-9378

#### September 4

Labor Day Party

#### September 10

Second Sunday Dinner

#### September 12

Women Who Wine Book Club

#### September 15

Wine on the Wagner

#### September 17

Couples Golf

#### November 11

20th Annual Dunes West Holiday Craft Show

### Wine on the Wagner

Friday, September 15 ■ 6 p.m.

#### Wine, beer, cocktails & great food

Overlooking our amazing sunset on Wagner Creek

\$20 per person Kids, 11 & under, \$12  
\*plus 11% tax & 20% gratuity

Call 843-856-9378 for reservations.  
*This event is family-style seating – no individual tables will be reserved.*

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*Fall golf is right  
around the corner!*

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This event will take place every month on a Friday or Saturday evening depending on availability.

### Great Wine Specials

Entire wine list is \$20 per bottle!

### Menu

- **Fruit, cheese & vegetable crudités**, 6-7 p.m.
- **Two chef-attended stations**, 7-8:30 p.m.
- **Stations rotating monthly including:** Carved meats, risotto, pasta, mashed potato, salad, shrimp & grits

### September Stations:

#### Taco Bar

Build your own tacos with a variety of ingredients including: Grilled chicken strips, grilled sirloin strips, fried shrimp

- Shredded cheddar, queso fresco, shredded smoked gouda, creamy queso dip
- Shredded lettuce, diced tomatoes, fresh cilantro
- Sour cream, salsa, guacamole, creamy lemon dill, goat cheese aioli

### Mexican Food Truck Sides

Mexican rice, black bean & roasted corn salsa, street corn, jalapeño slaw

- **Light Desserts**, 8:30-9:30 p.m.

## 20th Annual Dunes West Holiday Craft Show

Saturday, November 11

- 9 a.m.-4 p.m.

**Save the date** to join us at the Athletic Club for our holiday craft show. Over 45 vendors will be selling their crafts.

Crafts scheduled for sale include; jewelry, wood crafts, pottery, shells, ornaments, paintings, quilts, and much more. Food will be available for purchase. Do all your holiday shopping early, buy something for family or friends or something for yourself that you know you will like. If you have any questions call the Athletic Club at 843-881-8735 and ask for Neal or Betty.

### AROUND THE CLUB

## Thursday Dinner

Half price bottles of house wine

### Appetizer

- **Southern Skins**

Potato skins filled with pimento cheese, topped with bacon bits & smoked paprika sour cream, \$8

### Entrées

*All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.*

- **Pasta Carbonara with Chicken** with pancetta, shallots, baby peas

## A Note from Linda in Accounting

- 1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

in a creamy Parmesan cheese sauce with black pepper, \$14

- **Grilled Ribeye:** 12 oz. ribeye topped with roasted garlic parsley butter served with scallion mashed potatoes & fresh green beans, \$20

- **Blackened Swordfish** brushed with garlic butter served with scallion mashed potatoes & fresh green beans, \$18

- **Baby Back Ribs:** Fall off the bone and brushed with a sweet & tangy BBQ sauce served with hand-cut fries & maple bacon baked beans. Half rack, \$14 /Full rack, \$19

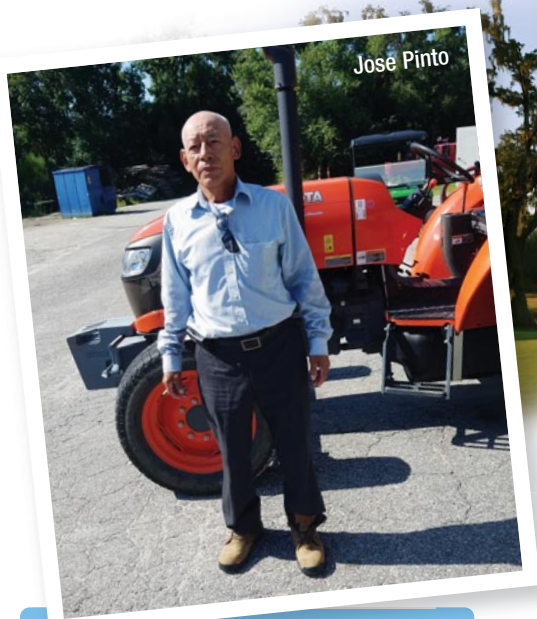
- **Fried Green Tomato Salad**

Mixed greens, goat cheese, red onion & cucumbers drizzled with creamy lemon dill dressing, \$9

- Add grilled, fried or blackened shrimp, \$4
- Bourbon-glazed or blackened salmon, \$5
  - Grilled or blackened chicken or chicken salad, \$3

- **Half Pound Burger** with choice of Cheddar, Swiss, smoked Gouda or American cheese, \$10

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*Congrats Jose on 20 years of service!*

## Thank you Jose!

Congratulations to **Jose Pinto** on 20 years working at Dunes West in our maintenance Department.

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- **Char-Grilled Chicken Sandwich** with choice of Cheddar, Swiss, smoked Gouda or American cheese, \$10

### Soup & Salad

Add to any entrée for \$3.

- **Soup of the Day**  
Ask your server for today's selection
- **Caesar Salad** with homemade croutons & Parmesan cheese
- **House Salad**  
Mixed greens with tomatoes, onions, cucumbers & choice of dressing
- **Wedge Salad** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

## First Friday

**Live Music:**  
Richard Baummer

### Appetizer

- **Queso Dip:** Homemade queso cheese dip & tortilla chips, \$8

### Entrées

*All entrées served with fresh baked focaccia with our signature garlic Parmesan dip. Add soup or salad to any entrée for \$3.*

- **Prime Rib**  
8 oz. Queen-cut, \$16  
12 oz. King-cut, \$20  
Served with au jus, mashed potatoes & fresh green beans
- **Chicken Saltimbocca** with prosciutto, garlic and sage in a white wine lemon butter sauce, served over penne pasta, \$15
- **Fried Seafood Platter:** Flounder, shrimp & calamari with lemon parsley aioli, cole slaw & hand-cut fries, \$19
- **Smokehouse Burger**  
Half pound burger with smoked Gouda, bacon, & caramelized onions, with hand-cut fries, \$12
- **Crispy Chicken Sandwich**  
Fried chicken breast topped with cheddar cheese, house made pickles, shredded lettuce, tomato & creamy mustard BBQ sauce with hand-cut fries, \$12

## Second Sunday Tacos, Burgers & Brews

Second Sunday ▪ 4-8 p.m.

\*\$2 Domestic bottled beer with the purchase of a burger or tacos!



Dine-In or Take-Out  
(Sorry, no beer to go!)

### Appetizers

- **Queso Dip**  
Homemade Queso cheese dip & tortilla chips, \$8
- **Fried Green Tomatoes**  
Topped with pimento cheese, chopped bacon & sweet chili sauce, \$8

### Burgers

*All burgers come with choice of one side.*

- **Drunken Goat Burger**  
Goat cheese, red wine onions, mixed greens, tomato & onion, \$10
- **Grilled Cheeseburger**  
American cheese on buttered & grilled white bread, \$10
- **Three Cheese Burger**  
American, cheddar & smoked gouda with our signature sauce, lettuce, tomato & onion, \$10
- **Charleston Burger**  
Topped with a fried green tomato, pimento cheese, lettuce, onion & spicy mayo, \$10
- **Cheeseburger**  
American, Swiss, smoked gouda, cheddar, goat, Bleu, pimento or queso, with lettuce, tomato & onion, \$10

Add bacon to any burger for \$1.50

Add our signature sauce for .50¢

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Pool closes September 30  
for the season

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## Tacos

Three soft taco's with black bean & roasted corn salad

- **Mexicano:** Grilled chicken, queso fresco, shredded lettuce, diced tomatoes, fresh cilantro, jalapeños & sour cream, \$10
- **Americano:** Shaved sirloin steak, shredded cheddar, Chile aioli, shredded lettuce & diced tomato, \$10
- **Spicy BBQ Chicken:** Breaded & fried chicken chunks, homemade Sriracha BBQ sauce, pimento cheese, cole slaw & fresh cilantro, \$10
- **Salmon:** Blackened salmon, goat cheese, fresh cilantro, diced tomato & goat cheese aioli, \$10
- **Buffalo:** Breaded & fried chicken or shrimp with bleu cheese crumbles, shredded lettuce, diced tomato & bleu cheese dressing, \$10
- **Vegetarian:** Fried green tomatoes, goat cheese, shredded lettuce, jalapeños, fresh cilantro & creamy lemon dill sauce, \$10

## Soup & Salad

Add to any entrée for \$3.

- **Soup of the Day:** Ask your server for today's selection
- **Caesar Salad** with homemade croutons & Parmesan cheese
- **House Salad:** Mixed greens with tomatoes, onions, cucumbers & choice of dressing

## Summer Fitness Session

**Summer Fitness Session** continues until October 6.

**Fall Fitness Session** begins October 9.

**Free week of classes October 9-14.** Come try any of our fitness classes for free! Get involved with our fitness classes and meet new people while getting in shape. Join us.

## Schedule

**Monday:**  
Yoga, 8 a.m.  
Body Conditioning, 9:15 a.m.

**Tuesday:**  
Cardio Sculpt, 8:30 a.m.

**Wednesday:**  
Pilates, 9 a.m.

**Thursday:**  
Cardio Sculpt, 8:30 a.m.  
PIYO, 6:30 p.m.

**Friday:**  
Yoga, 8 a.m.  
Body Conditioning, 9:15 a.m.

**Saturday:**  
Saturday Surprise, 8 a.m.

### Fee for Summer Fitness Session

Unlimited Classes, \$145 per person  
You will receive 3 months of unlimited classes, 6 days per week!  
Only \$1.50 per class!

We are no longer offering the night/weekend class option.

## Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!  
843-856-9000.



**Drop-In Fee:** \$10 (for those who just want to come every now and then!)

Sign up today for our Summer Fitness Session! 843-881-8735 or [neal.cavallon@duneswestgolfclub.com](mailto:neal.cavallon@duneswestgolfclub.com).

*\*Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.*

## Swim Season 2017 – Important Information!

### Athletic & Premier Members –

Our season ends this year on September 30.

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*Tennis anyone!?*

## 2017 Car Decals Are In

### 2017 Car Decals for Residents outside the Gate or Non-Residents

Residents who live outside the gates of Dunes West and Non-Residents are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

If you cannot make our office hours to pick up your decal, please email us at [Linda.Jamison@duneswestgolfclub.com](mailto:Linda.Jamison@duneswestgolfclub.com) and state your name, address and number of vehicles in your household. We will be happy to mail them to you.

#### Decal Pick-Up Hours:

Monday-Friday, 8:30 a.m.-3:30 p.m.  
at the Golf Club Office Upstairs

You can also pick up the decals in the Dunes West Pro Shop during the weekends.

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Pool schedule changes (main pool). Due to the start of school the slide and lifeguards will only be available on weekends and holidays.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or [neal.cavallon@duneswestgolfclub.com](mailto:neal.cavallon@duneswestgolfclub.com).

We are looking forward to a fun and safe pool season this year. Please note the slide rules and gate access information below:

**Pool Gate Access:** You will use your Fitness Access Cards to gain entry into the Main Pool behind the Clubhouse, Hartford Village Adults Only Pool and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year. You will not be provided any paper passes. Please discard any old paper passes as they cannot be used.

As a reminder – only Members are allowed into the pool area – Guests MUST be with a Member at all times!

## Guest Pass Procedure

*Please see Guest Pass Section in the newsletter! See you at the pool!*

- **Pool Hours** are from 10 a.m.- 8 p.m. The Main Pool is open for lap swim from 6-10 a.m.
- **Swim Diapers:** Please make sure that your child is wearing the proper swim attire if they are not potty trained. Swim diapers are required.
- **Slide Rules/Hours:** The slide at the main pool will be open on weekends only starting April 23 until school is out of session. After school is out for the summer, we hope to have the slide open daily.
- You must be at least 42" inches tall to ride the Slide; no exceptions.
- No child is allowed to use "floaties" or any other water toys or flotation devices on the Slide.

- No one is allowed to catch children at the bottom of the Slide.

### Guest Pass Procedure

Guest Passes work one of two ways:

- ❶ You can bring your guests to the pool gate and upon arrival, the pool attendant will deduct one guest pass per guest from your account.
- ❷ If you know in advance that you will have family/friends visiting for long periods of time, you can call us Monday-Friday at 843-881-8735 and leave a message with a) your first and last name, b) your guests first and last names (ALL of the guests), c) the period of time that they will be visiting (example 3/21-25).

We can use one guest pass per 5 family/friends for a one week period of time if you call ahead. Pool Attendants are not authorized to give you guest passes this way; only office staff can authorize long-term passes.

\*Guest Passes received after 12 p.m. on any given day will not go into effect until the following day. Guest Passes received after 12 p.m. on Fridays will not go into effect until Monday morning.\*

Family Members receive 20 guest passes per year. Single Members receive 10 guest passes per year. Guest passes will not be transferable into the next year.

If you need additional passes, you can buy these at \$5 per day or \$15 per week (7 passes). We can

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# Junior Clinics



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bill these passes directly to your monthly statement.

If you bring a guest to the pool and you have run out of passes, the pool attendant will make a note on your account and you will be charged accordingly per pass if you have not purchased additional guest passes.

## Follow Us on Facebook & Twitter

**Did you know that we have Facebook/Twitter Accounts for different features of the clubs?**

**Dunes West Golf Club:** You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

**Dunes West Tennis:** This is our newest page and is for ALL things Tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.



A link to both the Facebook and Twitter social networks can be found on our website: [www.duneswestgolfclub.com](http://www.duneswestgolfclub.com).

### GOLF NEWS

## Couples Golf 2017

### Schedule

**September 17** ■ 1 p.m. shotgun 18-Hole ■ Net Best ball per couple

#### November 5

■ 12:30 p.m.

18-Hole ■ Captain's choice – 4 men/4 women drives – no men 2nd shot if chosen

*\*Golf Fees only – No prizes*

## Couples Golf Dinner

Sunday, September 17

\$15 per person, *plus tax & gratuity*



- Caesar Salad
- Pasta Station: Sausage, peppers, onions & penne pasta with homemade marinara
- Tortellini Alfredo
- Homemade cookies & brownies

## 2017 Ladies Club Championship

Friday & Saturday, September 8 & 9

Friday, 7:33 a.m.

Saturday, 8:09 a.m.

Lunch & Awards Saturday

\$55 + Cart fees

Open to all Dunes West Members  
We look forward to a large field of competitors. Sign up in the Pro Shop.

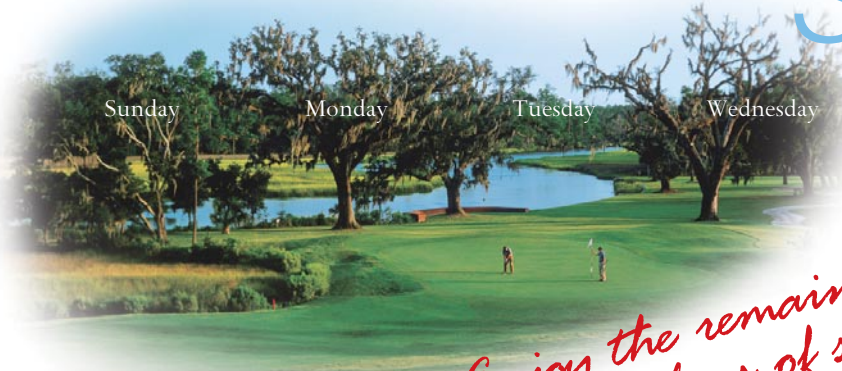
### Prizes:

- Overall Gross & Net Winner & Flight Winners (Flights based on field size & handicaps)
- Closest-to-the-pins each day

**Deadline:** Monday, September 4.

(Men's Club Championship played August 26 & 27)

# September



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*Enjoy the remaining days of summer!*



1  
LGA, 7:51-8:09  
Yoga, 8 a.m.  
SMGA, 8:18-9:21  
Body Conditioning, 9:15 a.m.  
First Friday dinner – Live music with Richard Baummer & prime rib RSVP 843-856-9378

2  
MGA, 7:15-8  
Saturday Surprise, 8 a.m.

3  
MGA, 7:15-7:42

4  
• MGA, 7:15-8  
• Yoga, 8 a.m.  
• LGA, 8:09-8:27  
• SMGA, 8:36-9:39  
• Body Conditioning, 9:15 a.m.  
• Labor Day Party Main Pool, 11-2 p.m.  
• Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.  
*Labor Day!*

5  
LGA Play Day, 7:42-8:36  
SLIP, 9:03-9:21  
GOB, 9:30-9:57  
Hackers Golf, 3:30  
Cardio Sculpt, 8:30 a.m.  
Aqua Fitness Hartford Village Pool, 4 p.m.

6  
SMGA, 8:18-9:21  
Pilates, 9 a.m.  
LGA 9 & Lunch, 9:39-9:57  
Aqua Fitness Thomas Lynch Hall Pool, 4 p.m.  
PIYO, 6:30 p.m.

7  
• LGA, 8:27-8:54  
• Cardio Sculpt, 8:30 a.m.  
• SLIP, 9:03-9:21  
• GOB, 9:30-9:57  
Aqua Fitness Hartford Village Pool, 4 p.m.  
Thursday Dinner 5-9 p.m. RSVPs 843-856-9378

8  
Ladies Club Championship, 7:33-8:09  
Yoga, 8 a.m.  
SMGA, 8:18-9:21  
Core Conditioning, 9:15 a.m.

9  
MGA, 7:15-8  
Saturday Surprise, 8 a.m.  
Ladies Club Championship, 8:09-8:45

10  
Dunes West/Rivertowne Challenge, 7:15-9:03  
Second Sunday Dinner – Tacos, Burgers & Brews! RSVPs 843-856-9378

*Grandparents Day*

11  
LGA, 7:51-8:09  
Yoga, 8 a.m.  
SMGA, 8:18-9:21  
Core Conditioning, 9:15 a.m.  
ACEC, 12:30 p.m.

12  
•SLIP, 8:27-8:45  
•LGA, 8:27-8:54  
•Cardio Sculpt, 8:30 a.m.  
•GOB, 8:54-9:21  
Ladies State, 9:30  
Hackers Golf, 3:30  
Book Club, 7:30 p.m.  
Women Who Wine Dinner - RSVP dinnerwithdiana@gmail.com

13  
SMGA, 8:18-9:21  
LGA 9 Tournament, 9:30 a.m.  
Pilates, 9 a.m.  
PIYO, 6:30 p.m.

14  
LGA, 8:27-8:54  
Cardio Sculpt, 8:30 a.m.  
SLIP, 9:03-9:21  
GOB, 9:30-9:57  
Thursday Dinner 5-9 p.m. RSVPs 843-856-9378

15  
LGA, 7:51-8:09  
Yoga, 8 a.m.  
SMGA Black & White, 8:18  
Core Conditioning, 9:15 a.m.  
Wine on the Wagner RSVPs 843-856-9000

16  
MGA, 7:15-8  
Saturday Surprise, 8 a.m.

17  
MGA, 7:15-7:42  
Couples Golf, 1 p.m.

18  
Yoga, 8 a.m.  
SMGA, 8:18-9:21  
Core Conditioning, 9:15 a.m.  
LGA Champ, 9:30-10:24

19  
Cardio Sculpt, 8:30 a.m.  
ABC Tournament, 11 a.m.  
COURSE CLOSED

20  
SMGA, 8:27-9:21 Back 9  
LGA 9-Hole Tournament, 9:30  
Pilates, 9 a.m.  
PIYO, 6:30 p.m.

21  
LGA Champ, 8-8:54  
SLIP, 9:03-9:21  
GOB, 9:30-9:57  
MGA, 6:03-6:12  
Cardio Sculpt, 8:30 a.m.  
Thursday Dinner 5-9 p.m. RSVPs 843-856-9378

22  
LGA, 7:51-8:09  
Yoga, 8 a.m.  
SMGA, 8:18-9:21  
Body Conditioning, 9:15 a.m.

23  
MGA, 7:15-8  
Saturday Surprise, 8 a.m.

24  
MGA, 7:15-7:42

25  
Overseeding – COURSE CLOSED  
Yoga, 8 a.m.  
Core Conditioning, 9:15 a.m.

26  
Cardio Sculpt, 8:30 a.m.  
LGA, 9:03-9:30  
SLIP, 9:39-9:57  
GOB, 10:06-10:33  
Hackers Golf, 3:30

27  
SMGA 8:18-9:21  
LGA 9 & Lunch, 9:39-9:57  
Pilates, 9 a.m.  
PIYO, 6:30 p.m.

28  
LGA, 8:27-8:54  
SLIP, 9:03-9:21  
GOB, 9:30-9:57  
MGA, 6:03-6:12  
Cardio Sculpt, 8:30 a.m.  
Thursday Dinner 5-9 p.m. RSVPs 843-856-9378

29  
LGA, 7:51-8:09  
Yoga, 8 a.m.  
SMGA, 8:18-9:21  
Body Conditioning, 9:15 a.m.

30  
MGA, 7:15-8  
Saturday Surprise, 8 a.m.  
End of Pool Season

