

September 2018

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENT

Labor Day Party

Monday, September 3

Come join us for one last summer pool party. We will have pool games and prizes at the main pool 11-1 p.m.

Admission is **free**. Make sure to bring your Member card or credit card for delicious food and yummy cocktails from our Dunes West Snack Bar. Guest passes are a must if you want to bring friends and please don't forget your swipe cards

You must have your swipe card to enter into the pools. Absolutely **no glass** is allowed in the pool area.
Limit 5 guests per family.

Book Club

Tuesday, September 11 ■ 7 p.m.

Club Members are welcome to join The Book Club at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting room or in a book club member's home. If you have any questions or would like to find out what this month's reading is, please contact Anna Ewing at aeewing@ameritech.net.



Oyster Roast & BBQ

Friday, September 28

Oysters, 6:30-7:30 p.m. ■ Veranda
Low Country Buffet, 7:30-9 p.m.

Adults, \$24.95⁺⁺
Kids, 11 & under, \$12.50⁺⁺

MENU

■ Low Country Boil

Shrimp, smoked sausage, corn & potatoes in a homemade seafood broth

■ BBQ Chicken

Oven-roasted and basted with our homemade bourbon BBQ sauce

■ Jalapeño Corn Bread

with honey butter

■ Smoked Gouda Mac & Cheese

■ Coleslaw

■ Apple Cranberry Cobbler

with fresh cream

Save the Date!

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

September 3

Labor Day Party

September 7

DW Grille First Friday

September 9

DW Grille Second Sunday

September 10

Eagle's Nest,
Monday Night Football Starts

September 11

Book Club

September 28

Oyster Roast / BBQ

November 10

22nd Annual Dunes West
Holiday Craft Show

Save the Date: 22nd Annual Dunes West Holiday Craft Show

Saturday, November 10 ■ 9-4 p.m.

Save the date to join us at the Athletic Club. Over 50 vendors will be selling their crafts. Crafts scheduled for sale include;

Pool Closes September 30!

CONTINUED

jewelry, wood crafts, pottery, shells, ornaments, paintings, quilts, and much more. Food will be available for purchase. Do all your holiday shopping early, buy something for family or friends or something for yourself that you know you will like. If you have any questions call the Athletic Club at 843-881-8735 and ask for Neal or Betty.

AROUND THE CLUB

Eagle's Nest

Monday Night Football

Starting Monday, September 10

- Kitchen Open, 5-9 p.m.
- Bar open until end of game

Kitchen Menu

■ Wings

6 for \$8 or 12 for \$12

Choose:

Buffalo, Dry Ranch, BBQ, Buffalo Ranch

Choose: Bleu Cheese or Ranch Dressing

Celery & Carrot Sticks, \$1

Extra Dressing, \$0.50

■ Pulled Pork Sliders

Slow-cooked Boston Butt drizzled with homemade Bourbon BBQ sauce, topped with coleslaw & served with Kettle Chips, 3 for \$10



■ Fried Shrimp Basket

Choice of garlic shrimp with lemon aioli or buffalo shrimp with bleu cheese, served with seasoned, 8 for \$12

■ Lettuce Wraps

Ginger-Soy marinated chicken & carrot slaw, drizzled with homemade peanut satay, served with Thai chili dipping sauce, 3 for \$12

Bar Snacks Available until End of Game

■ Pimento Cheese

with Captain's Wafers, \$6

■ Soft Pretzel

Homemade Sierra Nevada Beer cheese dip, \$7

■ Queso Dip

Tortilla chips & homemade queso dip, \$8

DW Grille Thursday Dinner

Every Thursday Night

Half price bottles of house wine

Appetizers

■ Arancini

Fried risotto stuffed with prosciutto, mozzarella cheese and petite peas with marinara & gorgonzola cream dipping sauces, \$9

A Note from Linda in Accounting

① If you plan on moving and canceling your membership, please call Linda at 856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.

② Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

New England Clam Chowdah!

with Captain's Wafers, \$4 /\$7

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ Mimi's Lasagna

Layered with homemade béchamel & pork Bolognese, topped with mozzarella cheese, \$16

■ Shrimp Fra Diavolo

Sautéed in a spicy tomato broth with garlic, capers & onions, tossed with fettuccini, \$18

■ Chicken Parmesan

Topped with marinara sauce & fresh mozzarella, served on a bed of fettuccini Alfredo, \$15

■ Steak Pizzaiola

Ask your server for the Chef's Steak selection, topped with a fresh tomato slice, fresh mozzarella & fresh basil, with a rosemary demi-glace & oven roasted potatoes, \$21

CONTINUED



Fall is around the corner!

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■ Dunes West Burger

American cheese, cheddar cheese, crisp bacon & our homemade smoked aioli with shredded lettuce, tomato & onion on a buttered & grilled brioche bun, \$12

■ Charleston Chicken

Grilled or fried chicken breast with pimento cheese, shredded lettuce & tomato, on a buttered & grilled brioche bun, \$12

■ Caesar Salad

Romaine lettuce, croutons & Parmesan cheese with choice of chicken, shrimp or bourbon-glazed salmon, \$12

Soup / Salad

Add to any entrée for \$4.

■ Soup

Ask your server for today's selections

Romaine Wedge with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

■ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

■ **Caesar Salad** with homemade croutons & Parmesan cheese



DW Signature Drinks

■ Basil Basil

Basil Hayden Bourbon with basil infused simple syrup, lime juice & club soda, \$8

■ Basil Nip

Charleston based Nippitay Gin with basil infused simple syrup, lime juice & tonic water, \$8

DW Grille First Friday

Appetizers

■ Queso Dip

Homemade queso cheese dip & tortilla chips, \$8

■ **New England Clam Chowdah!** with Captain's Wafers®, \$4/\$7

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ **Prime Rib** served with au jus, mashed potatoes & fresh green beans
8 oz. Queen-cut, \$17
12 oz. King-cut, \$21

■ **Chicken Saltimbocca** with prosciutto, garlic and sage in a white wine lemon butter sauce, served over penne pasta, \$15

■ Fried Seafood Platter

Flounder, shrimp & calamari with lemon parsley aioli, coleslaw & hand-cut fries, \$19

■ Smokehouse Burger

Half pound burger with smoked Gouda, bacon, & caramelized onions, with hand cut fries, \$12

■ Crispy Chicken Sandwich

Fried chicken breast topped with cheddar cheese, house made pickles, shredded lettuce, tomato & creamy mustard BBQ sauce with hand-cut fries, \$12

Soup / Salad

Add to any entrée for \$4.

■ Soup

Ask your server for today's selections.

■ **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

■ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

CONTINUED

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

*Dine with us on
Second Sunday*

CONTINUED

- **Caesar Salad** with homemade croutons & Parmesan cheese

DW Signature Drinks

- **Basil Basil**

Basil Hayden Bourbon with basil infused simple syrup, lime juice & club soda, \$8

- **Basil Nip**

Charleston based Nippitaty Gin with basil infused simple syrup, lime juice & tonic water, \$8

DW Grille Second Sunday

Appetizers

- **Queso Dip**

Homemade queso cheese dip & tortilla chips, \$8

- **New England
Clam Chowdah!**

with Captain's Wafers, \$4/\$7

- **Beef or Bird**

Burger or Chicken Sandwich
served on a buttered & grilled brioche bun with shredded lettuce, tomato & onion, \$12

Choose One:

- 8 oz. Burger
- Grilled chicken breast
- Fried chicken breast



Choose Up to Two Toppings:

- American cheese
- Cheddar cheese
- Bleu cheese crumbles
- Smoked Gouda
- Pimento cheese
- Bacon
- Sunny side up egg
- Sautéed onions

Choose One Side:

- French fries
- Sweet potato fries
- Onion rings
- Coleslaw
- Kettle chips
- Fresh-cut fruit

Salads

Add grilled chicken, shrimp or bourbon marinated salmon to any salad for \$4.

- **Grille Room Salad**

Mixed greens, diced tomatoes, cucumbers & crumbled bleu cheese, tossed with our homemade mustard vinaigrette, \$8

Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account! 843-856-9000

- **Caesar Salad**

Romaine lettuce, croutons & Parmesan cheese, \$8

DW Signature Drinks

- **Basil Basil**

Basil Hayden Bourbon with basil infused simple syrup, lime juice & club soda, \$8

- **Basil Nip**

Charleston based Nippitaty Gin with basil infused simple syrup, lime juice & tonic water, \$8





*Stay fit
at the club*

Sign up today for our
Summer Fitness Session!
843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

**Please drop off payments either in the
black box on the office door in the lobby
or in the mail slot of the Athletic Club.*

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Summer Fitness Session

July 9 – October 5

Summer Fitness Session continues
until October 5. Get involved with our
fitness classes and meet new people
while getting in shape. We would love
for you to join.

Schedule

Monday:

Body Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Friday:

Body Conditioning, 9:15 a.m.

Fee for Summer Fitness Session

Unlimited Classes, \$145 per person
You will receive 3 months
of unlimited classes, 6 days per week!
Only \$1.50 per class!

We are no longer offering the
night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come
every now and then!)

Swim Season 2018

Athletic & Premier Members,

- Pools will close for the season
on September 30.
- Pool Hours are from 10 a.m.-8 p.m.
every day.
- The Main Pool is open early from
6-10 a.m. for lap swimming only.

New This Year – To improve safety
and security for all members and their
families all parents and legal guardians
will have to have their picture taken
on our iPad system. This picture as well
as your Fitness Access Cards will be
needed to gain entry into the Main
Pool behind the Clubhouse and the
Thomas Lynch Hall Pool. If you do not
have your card, you will not be able to
enter into the Pool Gates. Please be
prepared to give the Pool Attendant
your swipe card so that they can check
you into the pool. Guest Passes are
electronic again this year.

The Lifeguards and Pool Attendants are
being hired and managed by American
Pool Management Company/Atkinson
Pools. If you have any questions,
comments or suggestions you may
contact them at 843-568-5371 or
Neal Cavallon at 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

2018 Car Decals Are In

2018 Car Decals for Residents
Outside the Gate or Non-Residents
Residents who live outside the gates
of Dunes West and Non-Residents are
required to have a club car decal on
their vehicle when entering into the
gates of Dunes West. This decal
allows you to come to either club
property only.

If you cannot make our office hours
to pick up your decal, email us at
linda.jamison@duneswestgolfclub.com
and state your name, address and
number of vehicles in your household.
We will be happy to mail them to you.

Decal Pick-Up Hours:

Monday-Friday ■ 8:30 a.m.-3:30 p.m.
Golf Club Office Upstairs
You can also pick up the decals
in the Dunes West Pro Shop during
the weekends.

GOLF NEWS

2018 MGA Match Play Results

Finals Match

Adrian Wewers over
Bill Schneider 4 & 2

3rd & 4th Place Match

Ed Larue over
Michael Baldo 2 & 1

September

Sunday

Monday

Tuesday

Wednesday

Thursday

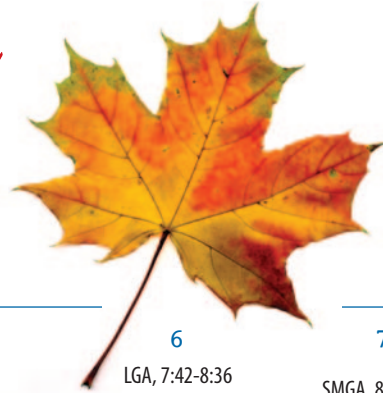
Friday

Saturday

1

MGA, 7:15-8

*Tis the season
for golf!*



2

MGA,
7:15-7:42

3

SMGA, 8:36-9:39
LGA, 8:09-8:27
MGA, 7:15-8
Body Conditioning,
9:15 a.m.
Labor Day Party
Main Pool, 11-1 p.m.

Labor Day

4

LGA, 8-8:18
SLIP, 9:03-9:21
GOB, 9:30-9:57
SOCMO, 1 p.m.
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

5

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

6

LGA, 7:42-8:36
SLIP, 9:03-9:21
GOB, 9:30-9:57
MGA, 6:03-6:12
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m.
RSVPs 843-856-9378

7

SMGA, 8:45-9:57
LGA, 7:51-8:36
Body Conditioning,
9:15 a.m.
First Friday Dinner with
Music by Michael
Thompson-RSVP
843-856-9378

8

Dunes West/Rivertowne
Challenge,
7:15-9:03
& 11:18-1:06

9

MGA,
7:15-7:42
Second Sunday Dinner
Beef, Bird & Brew
4-8 p.m.
RSVPs 843-856-9378

10

SMGA, 8:18-9:12
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.
Eagle's Nest Open!
Monday Night Football
Menu served 5-9 p.m.

11

LGA Champ, 7:42-8:54
10:06-10:24
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Book Club, 7 p.m.

12

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Rock the Bald, 1 p.m.
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

13

LGA Champ, 7:42-8:54
10:06-10:24
SLIP, 9:03-9:21
GOB, 9:30-9:57
MGA, 6:03-6:12
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m.
RSVPs 843-856-9378

14

SMGA Black & White,
8:18-9:12
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.

15

MGA, 7:15-8

16

MGA, 7:15-7:42
Golf Zoo, 9:30
Couples Golf, 1 p.m.

17

SMGA, 8:27-9:21
CALGA, 9:30
Body Conditioning,
9:15 a.m.
Eagle's Nest Open!
Monday Night Football
Menu served 5-9 p.m.

18

LGA, 8-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

19

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

20

LGA, 8-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
MGA, 6:03-6:12
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner
5-8 p.m.
RSVPs 843-856-9378

21

SMGA, 8:18-9:39
LGA, 7:51-8:09
Body Conditioning,
9:15 a.m.

22

MGA, 7:15-8



23

MGA,
7:15-7:42

24

OVERSEEDING
— COURSE CLOSED
Body Conditioning,
9:15 a.m.
Eagle's Nest Open!
Monday Night Football
Menu served 5-9 p.m.

25

LGA, 9:03-9:30
SLIP, 9:39-9:57
GOB, 10:06-10:33
Hackers Golf, 3:30
Cardio Sculpt,
8:30 a.m.
Restorative Yoga,
6:30 p.m.

26

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:21-9:39
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

27

LGA, 8-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
MGA, 6:03-6:12
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner
5-8 p.m.
RSVPs 843-856-9378

28

SMGA 8-8:54
LGA, 7:33-7:51
Body Conditioning,
9:15 a.m.
Oyster Roast
BBQ RSVPs
843-856-9378

29

MGA,
7:15-8

30

MGA,
7:15-7:42