

October 2020

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Wine on the Wagner

Saturday, October 24

Entire Wine List: \$20 per bottle

Pre-Fixe Small Plate Menu:

\$30 per person

Pre-Fixe Menu

- **First Course:** *Cheese Plate*
International cheese board with accompaniments
- **Second Course:** *Charcuterie*
Chef's selection of grilled & smoked pork with accompaniments
- **Third Course:** *Dessert Sampler*
Chef's selection of mini desserts

Reservations required.
843-856-9378

AROUND THE CLUB

The Grille Room

Dinner served from 5-8:30 p.m.

THURSDAY SPECIALS

See the special board for our \$20 Wine Bottle Specials

SIDE SALADS

Add to any entrée for \$5

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad**
Mixed greens with tomatoes, onions, cucumbers & choice of dressing

KIDS

Choose one side

- Grilled Cheese, \$6
 - Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

**May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

THURSDAY DINNER

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip

Appetizer

- **Pig Skins**

Stuffed with crispy pulled pork & smoked gouda, drizzled with bourbon bbq sauce & topped with scallion sour cream, \$9

Save the Date!

Breakfast

Breakfast Sandwiches Only
Monday – Friday, 8-11 a.m.
Full Breakfast
Saturday-Sunday, 8-11 a.m.

Sunday Brunch

Sunday, 8 a.m.-12 noon

Lunch

Daily, 11 a.m.-3 p.m.

Dinner

Thursdays, 5-8:30 p.m.

Fridays

Friday Night Food Trucks, 5-8 p.m.

October 18

FORE a Couples Golf Outing

October 24

Wine on the Wagner



Entrées

- **Bratwurst** with boiled potatoes, Sauerkraut with apples & onions and a side of grain mustard, \$16

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Fall Has Arrived!

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■ **Fish & Chips**

Breaded and fried cod with hand-cut fries, coleslaw & tartar sauce, \$18

■ **Madeira Chicken**

Chicken sautéed in a mushroom Madeira wine sauce, served over mashed potatoes with fresh steamed asparagus, \$17

■ **Steak Au Poivre**

Chef's choice topped with a classic peppercorn cream & fried onion straws on a bed of mashed potatoes, served with fresh steamed asparagus, \$21

Salads & Sandwiches

■ **Burger***

Have it with or without bacon. Choose from American, cheddar, Swiss or smoked gouda. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

■ **Chicken Sandwich**

Have it grilled or fried, with or without bacon. Choose from American, cheddar, Swiss or smoked gouda. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

■ **DW Salad**

Mixed greens, crumbled bleu cheese, dried cranberries, Mandarin oranges, candied walnuts, red onion & raspberry vinaigrette, \$9

Add to salad for \$5:

Chicken Breast: Grilled, fried, or blackened

Shrimp: Grilled, fried or blackened

Friday Night Food Trucks

Fridays, 4-7 p.m.
(may arrive earlier)

October 4: Area 51

October 9: Squeals on Wheels

October 16: Samira's Gyros & More

October 23: Happy Thai

October 30: Area 51

October Pool Updates

All three pools will remain open through October 31.

Daily hours of operation for all pools:

October 1-15, open 10 a.m.-7 p.m.
(lap swim 6:30-10 a.m.)

October 16-31, open 10 a.m.-6:30 p.m. (lap swim 7-10 a.m.)

Lifeguards and pool attendants will not be on premises during October.

The slide will not be in operation. Please practice safety while continuing to have fun.

Fitness Facility Updates

When entering the gym, please count the number current exercise participants to ensure the recommended maximum participant number of six people at a time is not exceeded.

A Note from Linda in Accounting

1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required. Without proper notice, your bill will continue to accrue until we have a written statement of intent to cancel your membership.

2 Please inform us of any personal information changes such as address, phone number, billing information, or email address in order to maintain accurate records for your convenience. Thank you!

EZ-Pay Billing is available for both Athletic and Golf Membership dues. To make monthly payment more convenient, simply provide us with a debit or credit card to automatically bill between the 1st and 5th every month. In order to set up EZ-Pay Billing, please contact Linda Jamison, Office Manager, at 843-856-9000 to set up your EZ-Pay account!

Please continue to practice safety by not coming to the gym if you are feeling ill or have been experiencing symptoms of Covid-19, wiping and cleaning equipment before and after use, washing your hands, and wearing face masks when entering and exiting the gym. We thank you for your patience as we continue to navigate this new style of fitness.

Reminders on children in the fitness facility: No children under 13 may be in the fitness facility at any time for any reason. Children ages 13-17 must be with an adult 18 years of age or older.

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Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

*Thanks for Supporting
Folds of Honor!*

Wednesdays:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursdays:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Fridays:

Yoga for You, 9 a.m.

Saturdays:

Mat Barre, 8:30 a.m.

Please email Hannah at
hannah.iliff@duneswestgolfclub.com
to enroll and for your fall session.

Mr. & Mrs. McPartland

- Mr. & Mrs. Ellis

- Frank Moore

- Mr. Montillo

- Ms. Spitznas

- Mr. & Mrs. Artale

- Mr. & Mrs. Moran

- Ms. Linda Thomas

- Mr. & Mrs. Graham

- Mr. & Mrs. Hasson

- Mr. & Mrs. Shaw

- Mr. & Mrs. Schneider

- Mr. & Mrs. Heidenreich

- Kevin Zemnickas

- Mr. Cuddeback

- Mr. & Mrs. McLaughlin

- Mr. & Mrs. Rankin

- Mr. & Mrs. Reeves

- Neal Stanley & Mirella Abbo

- Mr. & Mrs. Rose

- Mr. & Mrs. Rankin

- Kayak Fishing Charleston

- Mr. & Mrs. Schloss

- Mr. & Mrs. Gorczyca

- Mr. & Mrs. Smith

- Dr. & Mrs. Jackowski

- Pleasant Family Dentistry

- Mr. & Mrs. Thompson

- MBKB Corp

- Dr. & Mrs. Heiber

- Mr. & Mrs. Fraggos

- SMGA

- Mr. & Mrs. Bass

- Ms. Hontz

- Ms. Caroe

- Mr. & Mrs. Eggert

- Mr. & Mrs. Johnson

- Mr. & Mrs. Jensen

- Mr. & Mrs. Koch

- Mr. & Mrs. Sullivan

- Mr. & Mrs. Sills

- Mr. & Mrs. West

- Mr. & Mrs. McElhaney

- Mr. & Mrs. Hurley

- Mr. & Mrs. Boyer

- Mr. Howard PGA Hope

GOLF NEWS

Folds of Honor Thank You!

A huge "Thank You" for all your continued support.

Raised: \$7,900

- Mr. & Mrs. Fish

- Mr. & Mrs. Zinaich

- Mr. & Mrs. Hamman

- Mr. & Mrs. Flatley

- Mr. & Mrs. Clark

- Mr. & Mrs. Caruana

- Mr. & Mrs. Connell

- Mr. Bradley

- Mr. & Mrs. Ristau

- Mr. & Mrs. Richmond

- Mr. & Mrs. Willis

- Mr. & Mrs. Zagorski

- Mr. & Mrs. Wyant

- Mr. & Mrs. Spickerman

- Mr. & Mrs. deRojas

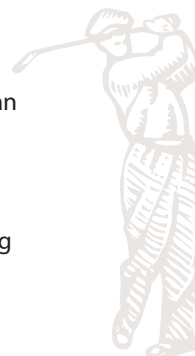
- The Feeny Family

- Mr. & Mrs. Bigelow

- Mr. & Mrs. Rosenberg

- Mr. & Mrs. Leventis

- Mr. & Mrs. Wiggins



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Fall Fitness Classes Session

October 5-January 1

Free Week October 5-10

Unlimited Fall Session: \$145

Drop-in Class Fee: \$10/class

Fall Fitness Class Schedule

Mondays:

Pilates, 9 a.m.

Tuesdays:

Cardio Sculpt, 8:30 a.m.

Restorative Yoga 6:30 p.m.

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Folds of Honor Marathon!

Hole-in-One

Justin Sweat

9/18/2020 ■ Hole #6

126 Yards ■ Pw

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- Thomas Smith
- Mr. & Mrs. Tykal
- Mr. & Mrs. Hardee
- Mr. & Mrs. McGinty
- Mr. & Mrs. Oyster
 - Mr. Cull
- Mr. Mark McCabe
- Ms. Franne Schwarb
- Mr. Christopher English
 - Mr. Diercks
 - Mr. & Mrs. Brown
 - Mr. & Mrs. Huffman
- Mr. & Mrs. Bruce Thompson
 - Mr. Estebo
 - Mr. McDermott
- The Shaver Family
- Ms. Sheryl Smith
- Mr. & Mrs. LaVista
- Mr. Charles McGee
- Mrs. Natalie Garrett
- Mr. & Mrs. Majaraja



Folds of Honor Results

- Teed off at 6:18 a.m., finished at 8:20 p.m. (14 hours & 2 minutes)
- Played 252 holes (14 Rounds)
- Average Round played in 60.14 minutes
- Used 6 Titleist Pro V1's
- **Scores by Round:** 77, 77, 70, 75, 75, 78, 79, 78, 78, 73, 81, 80, 74, 72
- **Average Score:** 76.21 (Par 72)
 - Highest Score: 81
 - Lowest Score: 70
 - Birdies: 15
 - Eagles: 0
 - Pars: 165
- **Best Stretch of Holes:** Rounds 3 and 13 played front nine 3 under par

Consumed: 7 Gatorades,
6 Waters, 2 Protein Bars,
1 PB&J Sandwich &
Peanut M&Ms

Thank you all for the support!

FORE a Couples Golf Outing

Sunday, October 18
Shot gun start, 1 p.m.
Dunes West Golf & River Club

Golfers of all skill levels are encouraged and always welcome!
Dinner to follow at the club.

Deadline October 15 by noon.
Any cancellations after noon on the 15th, dinner will be charged to your account.

Sign up sheet is located in the Pro Shop or call 843-856-9000.
It's all about getting out with friends and having fun!



October



Sunday



Wednesday

Thursday

Friday

Saturday

4

5

6

7

8

9

10

MGA, 7:15-7:42

SMGA, 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

LGA MEM/MEM, 8:18
SLIP, 10:42-11:00
GOB, 11:09-11:36
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:39-10:15
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

LGA, 8:27-9:12
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner
5-8:30 p.m. RSVPs
Recommended
843-856-9378



SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Food Truck – Squeals on
Wheels, 4-7 p.m.

MGA, 7:15-8:00
Whispering Marsh,
1:30 p.m.
Mat Barre, 8:30 a.m.

11

12

13

14

15

17

MGA, 7:15-7:42

SMGA, 9:03-9:57
LGA, 8:18-8:54
MGA, 7:15-8:09
Pilates, 9 a.m.

Columbus Day

Closed Overseeding
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

Closed Overseeding
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

LGA, 8:27-9:12
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner
5-8:30 p.m. RSVPs
Recommended
843-856-9378

SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Food Truck –
Samira's Gyros & More,
4-7 p.m.

MGA, 7:15-8:00
LGA, 9:12-9:21
GOB, 9:57-10:15
Mat Barre, 8:30 a.m.

18

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MGA, 7:15-7:42
Couples Golf, 1 p.m.
Couples Golf Dinner

SMGA, 9:30-10:24
LGA, 8:45-9:21
Pilates, 9 a.m.

LGA, 8:18-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

SMGA, 9:30-10:24
LGA 9 & Lunch,
11:00-11:45
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.



LGA, 8:27-9:12
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner
5-8:30 p.m. RSVPs
Recommended
843-856-9378

SMGA, 9:30-10:24
LGA, 8:45-9:21
Yoga for You, 9 a.m.
Food Truck – Happy
Thai, 4-7 p.m.

MGA, 7:15-8:00
LGA, 9:12-9:21
GOB, 9:57-10:15
Mat Barre, 8:30 a.m.
Wine on the
Wagner Event
Reservations Required
843-856-9378

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27

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31

MGA, 7:15-7:42

SMGA Championship,
9:30-11:00
LGA, 8:45-9:21
Pilates, 9 a.m.

LGA, 8:18-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

SMGA Championship,
9:30-10:51
LGA 9 & Lunch,
11:00-11:45
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

LGA, 8:18-9:03
SLIP, 9:39-9:57
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner
5-8:30 p.m. RSVPs
Recommended
843-856-9378

SMGA Championship,
9:30-10:51
LGA, 8:45-9:21
Yoga for You, 9 a.m.
Food Truck – Area 51,
4-7 p.m.

MGA, 7:15-8:00
LGA, 9:12-9:21
GOB, 10:06-10:24
Mat Barre, 8:30 a.m.

Happy Halloween!